

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 1 Women 18-24 800 LC Metre Freestyle

| Name | Age | Team | Finals Time | Points |
|------------------|------------------|----------------------|------------------|--------|
| 1 Joanna Lill | 21 | BLACKTOWN CITY | 11:26.79 | 10 |
| 35.65 | 1:16.84 (41.19) | 1:59.70 (42.86) | 2:43.40 (43.70) | |
| 3:27.09 (43.69) | 4:10.74 (43.65) | 4:54.84 (44.10) | 5:39.73 (44.89) | |
| 6:24.31 (44.58) | 7:08.26 (43.95) | 7:52.08 (43.82) | 8:35.30 (43.22) | |
| 9:18.50 (43.20) | 10:02.47 (43.97) | 10:44.56 (42.09) | 11:26.79 (42.23) | |
| 2 Alexia Green | 22 | MORNINGTON PENINSULA | 11:57.80 | 9 |
| 37.90 | 1:21.31 (43.41) | 2:05.60 (44.29) | 2:51.14 (45.54) | |
| 3:36.59 (45.45) | 4:22.34 (45.75) | 5:07.63 (45.29) | 5:54.23 (46.60) | |
| 6:40.04 (45.81) | 7:26.76 (46.72) | 8:12.20 (45.44) | 8:57.88 (45.68) | |
| 9:43.46 (45.58) | 10:30.02 (46.56) | 11:14.51 (44.49) | 11:57.80 (43.29) | |
| 3 Lotti Fox | 24 | CLAREMONT | 13:04.46 | 8 |
| 44.52 | 1:34.26 (49.74) | 2:25.66 (51.40) | 3:17.11 (51.45) | |
| 4:07.87 (50.76) | 4:59.47 (51.60) | 5:50.71 (51.24) | 6:42.70 (51.99) | |
| 7:32.47 (49.77) | 8:22.52 (50.05) | 9:11.32 (48.80) | 10:01.94 (50.62) | |
| 10:49.55 (47.61) | 11:38.18 (48.63) | 12:22.28 (44.10) | 13:04.46 (42.18) | |

Event 1 Women 25-29 800 LC Metre Freestyle

| | | | | |
|---------------------|-------------------|--------------------|--------------------|----|
| 1 Megan Clark | 26 | PENRITH | 12:23.44 | 10 |
| 39.14 | 1:23.70 (44.56) | 2:08.82 (45.12) | 2:55.59 (46.77) | |
| 3:41.43 (45.84) | 4:28.66 (47.23) | 5:15.26 (46.60) | 6:03.23 (47.97) | |
| 6:50.14 (46.91) | 7:38.47 (48.33) | 8:26.20 (47.73) | 9:14.91 (48.71) | |
| 10:03.12 (48.21) | 10:51.50 (48.38) | 11:38.04 (46.54) | 12:23.44 (45.40) | |
| 2 Amy Small | 29 | NOARLUNGA | 13:41.44 | 9 |
| 42.30 | 1:31.42 (49.12) | 2:21.63 (50.21) | 3:13.37 (51.74) | |
| 4:04.15 (50.78) | 4:56.59 (52.44) | 5:48.46 (51.87) | 6:41.09 (52.63) | |
| 7:33.59 (52.50) | 8:26.71 (53.12) | 9:20.17 (53.46) | 10:13.89 (53.72) | |
| 11:06.69 (52.80) | 11:59.60 (52.91) | 12:52.16 (52.56) | 13:41.44 (49.28) | |
| 3 Stephanie Neville | 28 | SUPERFINS WA | 15:50.47 | 8 |
| 52.10 | 1:48.93 (56.83) | 2:49.20 (1:00.27) | 3:46.43 (57.23) | |
| 4:46.87 (1:00.44) | 5:47.03 (1:00.16) | 6:48.16 (1:01.13) | 7:50.48 (1:02.32) | |
| 8:51.90 (1:01.42) | 9:52.30 (1:00.40) | 10:54.37 (1:02.07) | 11:55.88 (1:01.51) | |
| 12:57.79 (1:01.91) | 13:57.45 (59.66) | 14:55.60 (58.15) | 15:50.47 (54.87) | |

Event 1 Women 30-34 800 LC Metre Freestyle

| | | | | |
|--------------------|-----------------|------------------|------------------|----|
| 1 Jayde Richardson | 32 | HOBART DOLPHINS | 10:49.64 | 10 |
| 35.16 | 1:13.65 (38.49) | 1:53.44 (39.79) | 2:33.45 (40.01) | |
| 3:14.13 (40.68) | 3:54.64 (40.51) | 4:35.96 (41.32) | 5:17.54 (41.58) | |
| 5:59.00 (41.46) | 6:40.57 (41.57) | 7:22.57 (42.00) | 8:04.60 (42.03) | |
| 8:46.63 (42.03) | 9:28.54 (41.91) | 10:10.11 (41.57) | 10:49.64 (39.53) | |

Event 1 Women 35-39 800 LC Metre Freestyle

| | | | | |
|-----------------|------------------|---------------------------|------------------|----|
| 1 Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 9:54.26 | 10 |
| 33.03 | 1:09.37 (36.34) | 1:45.96 (36.59) | 2:23.00 (37.04) | |
| 3:00.02 (37.02) | 3:37.45 (37.43) | 4:14.77 (37.32) | 4:52.28 (37.51) | |
| 5:29.86 (37.58) | 6:07.63 (37.77) | 6:45.44 (37.81) | 7:23.52 (38.08) | |
| 8:01.53 (38.01) | 8:39.48 (37.95) | 9:17.35 (37.87) | 9:54.26 (36.91) | |
| 2 Erin Abson | 37 | LAVERTON WYNDHAM AQUATICS | 11:28.30 | 9 |
| 34.78 | 1:14.42 (39.64) | 1:55.38 (40.96) | 2:37.65 (42.27) | |
| 3:20.20 (42.55) | 4:03.33 (43.13) | 4:46.59 (43.26) | 5:31.02 (44.43) | |
| 6:15.91 (44.89) | 7:01.07 (45.16) | 7:47.09 (46.02) | 8:32.63 (45.54) | |
| 9:18.62 (45.99) | 10:03.95 (45.33) | 10:47.34 (43.39) | 11:28.30 (40.96) | |
| 3 Suzie Haddad | 39 | BLACKTOWN CITY | 12:27.21 | 8 |
| 39.02 | 1:22.32 (43.30) | 2:06.10 (43.78) | 2:52.01 (45.91) | |
| 3:37.07 (45.06) | 4:23.91 (46.84) | 5:10.32 (46.41) | 5:57.91 (47.59) | |
| 6:44.88 (46.97) | 7:33.55 (48.67) | 8:21.74 (48.19) | 9:11.06 (49.32) | |
| 9:59.55 (48.49) | 10:49.53 (49.98) | 11:38.63 (49.10) | 12:27.21 (48.58) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 1 Women 35-39 800 LC Metre Freestyle)

| | | | | | |
|---|-------------------|------------------|------------------|------------------|---|
| 4 | Pippa Featherston | 39 | DARWIN BUFFALOS | 12:30.27 | 7 |
| | 39.80 | 1:24.08 (44.28) | 2:10.04 (45.96) | 2:56.28 (46.24) | |
| | 3:42.45 (46.17) | 4:29.48 (47.03) | 5:16.76 (47.28) | 6:04.21 (47.45) | |
| | 6:51.72 (47.51) | 7:40.58 (48.86) | 8:28.31 (47.73) | 9:16.73 (48.42) | |
| | 10:05.22 (48.49) | 10:53.99 (48.77) | 11:42.50 (48.51) | 12:30.27 (47.77) | |

Event 1 Women 40-44 800 LC Metre Freestyle

| | | | | | |
|----|-----------------------|------------------|--------------------|------------------|----|
| 1 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 10:07.13 | 10 |
| | 35.59 | 1:13.60 (38.01) | 1:51.84 (38.24) | 2:30.13 (38.29) | |
| | 3:08.37 (38.24) | 3:46.66 (38.29) | 4:24.55 (37.89) | 5:02.90 (38.35) | |
| | 5:41.07 (38.17) | 6:19.29 (38.22) | 6:57.53 (38.24) | 7:36.01 (38.48) | |
| | 8:14.23 (38.22) | 8:52.50 (38.27) | 9:30.38 (37.88) | 10:07.13 (36.75) | |
| 2 | Lauren Bradley | 40 | ETTALONG PELICANS | 11:52.43 | 9 |
| | 38.17 | 1:21.73 (43.56) | 2:06.85 (45.12) | 2:52.36 (45.51) | |
| | 3:37.49 (45.13) | 4:23.48 (45.99) | 5:08.90 (45.42) | 5:54.19 (45.29) | |
| | 6:39.76 (45.57) | 7:24.73 (44.97) | 8:10.07 (45.34) | 8:55.21 (45.14) | |
| | 9:40.54 (45.33) | 10:25.26 (44.72) | 11:09.90 (44.64) | 11:52.43 (42.53) | |
| 3 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 12:00.68 | 8 |
| | 37.38 | 1:20.87 (43.49) | 2:05.26 (44.39) | 2:49.27 (44.01) | |
| | 3:33.95 (44.68) | 4:18.61 (44.66) | 5:03.66 (45.05) | 5:49.38 (45.72) | |
| | 6:35.12 (45.74) | 7:21.32 (46.20) | 8:07.86 (46.54) | 8:55.12 (47.26) | |
| | 9:41.82 (46.70) | 10:28.55 (46.73) | 11:14.74 (46.19) | 12:00.68 (45.94) | |
| 4 | Karen Williams | 40 | ROCKINGHAM | 12:07.56 | 7 |
| | 38.33 | 1:20.63 (42.30) | 2:04.43 (43.80) | 2:49.86 (45.43) | |
| | 3:35.11 (45.25) | 4:20.87 (45.76) | 5:06.90 (46.03) | 5:52.92 (46.02) | |
| | 6:40.14 (47.22) | 7:27.26 (47.12) | 8:14.45 (47.19) | 9:01.63 (47.18) | |
| | 9:48.85 (47.22) | 10:36.22 (47.37) | 11:22.80 (46.58) | 12:07.56 (44.76) | |
| 5 | Shannon Bowron | 44 | ROCKINGHAM | 12:10.29 | 6 |
| | 38.84 | 1:23.24 (44.40) | 2:08.01 (44.77) | 2:54.13 (46.12) | |
| | 3:39.50 (45.37) | 4:25.92 (46.42) | 5:11.33 (45.41) | 5:57.59 (46.26) | |
| | 6:43.44 (45.85) | 7:30.10 (46.66) | 8:16.97 (46.87) | 9:03.80 (46.83) | |
| | 9:50.42 (46.62) | 10:37.56 (47.14) | 11:24.58 (47.02) | 12:10.29 (45.71) | |
| 6 | Susanne Milenkevich | 44 | RIVER CITY | 13:16.36 | 5 |
| | 42.31 | 1:29.35 (47.04) | 2:18.50 (49.15) | 3:08.03 (49.53) | |
| | 3:58.26 (50.23) | 4:49.08 (50.82) | 5:39.46 (50.38) | 6:30.08 (50.62) | |
| | 7:20.97 (50.89) | 8:12.46 (51.49) | 9:03.58 (51.12) | 9:54.72 (51.14) | |
| | 10:45.44 (50.72) | 11:37.45 (52.01) | 12:28.23 (50.78) | 13:16.36 (48.13) | |
| 7 | Cassandra Whittome | 41 | COCKBURN | 13:21.20 | 4 |
| | 42.36 | 1:29.78 (47.42) | 2:19.43 (49.65) | 3:10.42 (50.99) | |
| | 4:01.55 (51.13) | 4:52.87 (51.32) | 5:43.76 (50.89) | 6:34.68 (50.92) | |
| | 7:26.37 (51.69) | 8:17.14 (50.77) | 9:08.10 (50.96) | 10:00.11 (52.01) | |
| | 10:51.13 (51.02) | 11:42.19 (51.06) | 12:32.80 (50.61) | 13:21.20 (48.40) | |
| 8 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 13:23.54 | 3 |
| | 43.47 | 1:32.93 (49.46) | 2:24.67 (51.74) | 3:16.67 (52.00) | |
| | 4:08.11 (51.44) | 5:00.42 (52.31) | 5:51.63 (51.21) | 6:44.44 (52.81) | |
| | 7:34.81 (50.37) | 8:26.65 (51.84) | 9:16.65 (50.00) | 10:07.08 (50.43) | |
| | 10:58.54 (51.46) | 11:49.52 (50.98) | 12:38.50 (48.98) | 13:23.54 (45.04) | |
| 9 | Erin Fisher | 42 | SWIM WEST | 13:27.01 | 2 |
| | 44.46 | 1:32.98 (48.52) | 2:21.81 (48.83) | 3:12.65 (50.84) | |
| | 4:03.25 (50.60) | | 5:46.40 () | 6:38.19 (51.79) | |
| | 7:29.79 (51.60) | 8:21.47 (51.68) | 9:13.71 (52.24) | 10:05.69 (51.98) | |
| | 10:57.26 (51.57) | | 12:40.34 () | 13:27.01 (46.67) | |
| 10 | Kristina Caldwell | 42 | IPSWICH CITY | 14:26.74 | 1 |
| | 47.06 | 1:39.35 (52.29) | 2:33.91 (54.56) | 3:29.31 (55.40) | |
| | 4:24.35 (55.04) | 5:19.86 (55.51) | 6:15.80 (55.94) | 7:11.65 (55.85) | |
| | 8:07.71 (56.06) | 9:04.13 (56.42) | 9:59.90 (55.77) | 10:55.39 (55.49) | |
| | 11:50.72 (55.33) | 12:45.99 (55.27) | 13:38.59 (52.60) | 14:26.74 (48.15) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Women 40-44 800 LC Metre Freestyle)**

| | | | |
|--------------------|--------------------|--------------------|--------------------|
| 11 Rachel Duggin | 44 SUPERFINS WA | 17:37.23 | 1 |
| 1:02.61 | 2:07.44 (1:04.83) | 3:13.14 (1:05.70) | 4:19.45 (1:06.31) |
| 5:25.44 (1:05.99) | 6:31.63 (1:06.19) | 7:38.25 (1:06.62) | 8:45.08 (1:06.83) |
| 9:52.05 (1:06.97) | 10:59.40 (1:07.35) | 12:06.05 (1:06.65) | 13:12.19 (1:06.14) |
| 14:18.20 (1:06.01) | 15:25.16 (1:06.96) | 16:31.64 (1:06.48) | 17:37.23 (1:05.59) |

Event 1 Women 45-49 800 LC Metre Freestyle

| | | | |
|---------------------|--------------------|------------------|------------------|
| 1 Kristy Brackstone | 45 CLAREMONT | 10:02.66 | 10 |
| 33.46 | 1:09.81 (36.35) | 1:46.69 (36.88) | 2:24.08 (37.39) |
| 3:01.73 (37.65) | 3:39.52 (37.79) | 4:17.44 (37.92) | 4:55.70 (38.26) |
| 5:33.94 (38.24) | 6:12.40 (38.46) | 6:50.71 (38.31) | 7:29.26 (38.55) |
| 8:07.72 (38.46) | 8:46.49 (38.77) | 9:25.14 (38.65) | 10:02.66 (37.52) |
| 2 Fiona Reed | 48 NORTH SYDNEY | 10:47.35 | 9 |
| 35.05 | 1:14.29 (39.24) | 1:54.06 (39.77) | 2:34.31 (40.25) |
| 3:14.95 (40.64) | 3:55.97 (41.02) | 4:36.93 (40.96) | 5:17.95 (41.02) |
| 5:59.06 (41.11) | 6:40.56 (41.50) | 7:21.98 (41.42) | 8:03.80 (41.82) |
| 8:45.49 (41.69) | 9:26.38 (40.89) | 10:07.30 (40.92) | 10:47.35 (40.05) |
| 3 Kim Wellington | 48 PHOENIX | 11:33.01 | 8 |
| 37.24 | 1:18.35 (41.11) | 2:01.31 (42.96) | 2:44.99 (43.68) |
| 3:28.02 (43.03) | 4:12.04 (44.02) | 4:55.08 (43.04) | 5:39.41 (44.33) |
| 6:23.31 (43.90) | 7:07.38 (44.07) | 7:51.43 (44.05) | 8:35.60 (44.17) |
| 9:19.90 (44.30) | 10:04.79 (44.89) | 10:48.87 (44.08) | 11:33.01 (44.14) |
| 4 Amy Dickinson | 46 SEASIDE PIRATES | 11:45.47 | 7 |
| 37.67 | 1:20.14 (42.47) | 2:03.81 (43.67) | 2:48.14 (44.33) |
| 3:32.27 (44.13) | 4:16.72 (44.45) | 5:01.32 (44.60) | 5:45.89 (44.57) |
| 6:31.12 (45.23) | 7:16.09 (44.97) | 8:01.96 (45.87) | 8:47.04 (45.08) |
| 9:32.25 (45.21) | 10:17.17 (44.92) | 11:01.44 (44.27) | 11:45.47 (44.03) |
| 5 Dana Richards | 48 ROCKINGHAM | 11:49.72 | 6 |
| 38.95 | 1:22.31 (43.36) | 2:06.32 (44.01) | 2:51.05 (44.73) |
| 3:35.94 (44.89) | 4:20.97 (45.03) | 5:06.00 (45.03) | 5:51.38 (45.38) |
| 6:36.35 (44.97) | 7:21.60 (45.25) | 8:06.73 (45.13) | 8:51.86 (45.13) |
| 9:36.44 (44.58) | 10:21.80 (45.36) | 11:06.30 (44.50) | 11:49.72 (43.42) |
| 6 Rebecca Draper | 46 NORTHERN | 12:35.01 | 5 |
| 40.91 | 1:26.79 (45.88) | 2:13.50 (46.71) | 3:01.12 (47.62) |
| 3:48.73 (47.61) | 4:36.42 (47.69) | 5:24.27 (47.85) | 6:12.15 (47.88) |
| 6:59.83 (47.68) | 7:48.10 (48.27) | 8:35.88 (47.78) | 9:24.13 (48.25) |
| 10:12.35 (48.22) | 11:00.64 (48.29) | 11:48.36 (47.72) | 12:35.01 (46.65) |
| 7 Anke Schwedat | 46 CLAREMONT | 12:39.10 | 4 |
| 42.16 | 1:29.59 (47.43) | 2:17.68 (48.09) | 3:05.83 (48.15) |
| 3:54.10 (48.27) | 4:42.06 (47.96) | 5:30.26 (48.20) | 6:18.99 (48.73) |
| 7:07.34 (48.35) | 7:55.81 (48.47) | 8:43.64 (47.83) | 9:31.56 (47.92) |
| 10:19.25 (47.69) | 11:07.07 (47.82) | 11:54.15 (47.08) | 12:39.10 (44.95) |

Event 1 Women 50-54 800 LC Metre Freestyle

| | | | |
|------------------------|---------------------|------------------|------------------|
| 1 Anita Lendvay | 53 GENESIS AQUATICS | 11:08.30 | 10 |
| 35.92 | 1:16.21 (40.29) | 1:57.86 (41.65) | 2:39.60 (41.74) |
| 3:21.05 (41.45) | 4:02.83 (41.78) | 4:44.27 (41.44) | 5:25.84 (41.57) |
| 6:07.89 (42.05) | 6:49.85 (41.96) | 7:32.66 (42.81) | 8:16.00 (43.34) |
| 8:59.63 (43.63) | 9:44.42 (44.79) | 10:27.23 (42.81) | 11:08.30 (41.07) |
| 2 Rebecca Mather-Brown | 51 DARWIN STINGERS | 11:09.04 | 9 |
| 35.69 | 1:15.52 (39.83) | 1:56.64 (41.12) | 2:38.55 (41.91) |
| 3:20.26 (41.71) | 4:02.63 (42.37) | 4:44.89 (42.26) | 5:27.50 (42.61) |
| 6:10.43 (42.93) | 6:53.21 (42.78) | 7:36.37 (43.16) | 8:19.21 (42.84) |
| 9:02.08 (42.87) | 9:44.94 (42.86) | 10:28.06 (43.12) | 11:09.04 (40.98) |
| 3 Deanne Sanderson | 50 BELGRAVIA | 11:19.04 | 8 |
| 37.15 | 1:18.60 (41.45) | 2:00.85 (42.25) | 2:43.70 (42.85) |
| 3:26.73 (43.03) | 4:09.63 (42.90) | 4:52.55 (42.92) | 5:36.08 (43.53) |
| 6:19.13 (43.05) | 7:02.16 (43.03) | 7:45.72 (43.56) | 8:28.94 (43.22) |
| 9:12.32 (43.38) | 9:55.47 (43.15) | 10:38.00 (42.53) | 11:19.04 (41.04) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Women 50-54 800 LC Metre Freestyle)**

| | | | | | |
|----|--------------------|--------------------|----------------------|--------------------|---|
| 4 | Tracey Zammit | 53 | MIAMI | 11:43.13 | 7 |
| | 37.64 | 1:18.79 (41.15) | 2:01.42 (42.63) | 2:44.76 (43.34) | |
| | 3:28.39 (43.63) | 4:12.63 (44.24) | 4:56.81 (44.18) | 5:41.47 (44.66) | |
| | 6:26.43 (44.96) | 7:11.31 (44.88) | 7:56.47 (45.16) | 8:41.72 (45.25) | |
| | 9:27.20 (45.48) | 10:12.92 (45.72) | 10:58.73 (45.81) | 11:43.13 (44.40) | |
| 5 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 12:08.48 | 6 |
| | 39.43 | 1:23.58 (44.15) | 2:08.86 (45.28) | 2:54.59 (45.73) | |
| | 3:40.44 (45.85) | 4:26.40 (45.96) | 5:12.61 (46.21) | 5:59.01 (46.40) | |
| | 6:45.10 (46.09) | 7:31.38 (46.28) | 8:18.06 (46.68) | 9:04.48 (46.42) | |
| | 9:50.81 (46.33) | 10:37.28 (46.47) | 11:23.05 (45.77) | 12:08.48 (45.43) | |
| 6 | Jodie Newman | 54 | MIAMI | 12:24.50 | 5 |
| | 40.71 | 1:26.07 (45.36) | 2:12.19 (46.12) | 2:59.06 (46.87) | |
| | 3:45.56 (46.50) | 4:32.43 (46.87) | 5:19.86 (47.43) | 6:06.87 (47.01) | |
| | 6:54.15 (47.28) | 7:41.52 (47.37) | 8:29.15 (47.63) | 9:17.08 (47.93) | |
| | 10:04.42 (47.34) | 10:52.39 (47.97) | 11:40.28 (47.89) | 12:24.50 (44.22) | |
| 7 | Carol Keane | 52 | DARWIN STINGERS | 12:38.53 | 4 |
| | 40.79 | 1:25.95 (45.16) | 2:12.52 (46.57) | 3:00.53 (48.01) | |
| | 3:49.16 (48.63) | 4:39.05 (49.89) | 5:27.81 (48.76) | 6:17.00 (49.19) | |
| | 7:05.75 (48.75) | 7:54.49 (48.74) | 8:42.96 (48.47) | 9:31.16 (48.20) | |
| | 10:19.06 (47.90) | 11:07.02 (47.96) | 11:53.93 (46.91) | 12:38.53 (44.60) | |
| *8 | Katrin Buchta | 54 | GERMANY | 13:48.57 | 3 |
| | 43.73 | 1:33.69 (49.96) | 2:24.89 (51.20) | 3:18.07 (53.18) | |
| | 4:10.74 (52.67) | 5:04.37 (53.63) | 5:56.15 (51.78) | 6:49.29 (53.14) | |
| | 7:41.25 (51.96) | 8:35.02 (53.77) | 9:27.66 (52.64) | 10:21.13 (53.47) | |
| | 11:13.74 (52.61) | 12:07.07 (53.33) | 12:58.94 (51.87) | 13:48.57 (49.63) | |
| *8 | Heike Rahmann | 50 | GLAMOURHEAD SHARKS | 15:15.19 | 3 |
| | | 1:37.49 () | | 3:32.51 () | |
| | | 5:30.67 () | | 7:28.93 () | |
| | | 9:27.41 () | | 11:24.70 () | |
| | | 13:21.69 () | 15:15.19 (1:53.50) | | |
| 9 | Kerryn Blanch | 51 | BLACKTOWN CITY | 15:17.10 | 2 |
| | 49.58 | 1:45.90 (56.32) | 2:44.19 (58.29) | 3:41.71 (57.52) | |
| | 4:39.51 (57.80) | 5:37.00 (57.49) | | 7:32.92 () | |
| | 8:31.79 (58.87) | 9:30.16 (58.37) | 10:28.34 (58.18) | 11:26.32 (57.98) | |
| | 12:24.59 (58.27) | 13:22.12 (57.53) | 14:19.62 (57.50) | 15:17.10 (57.48) | |
| 10 | Charmaine Groppler | 51 | WARRINGAH | 15:55.24 | 1 |
| | 49.77 | 1:46.33 (56.56) | 2:44.94 (58.61) | 3:45.15 (1:00.21) | |
| | 4:46.04 (1:00.89) | 5:46.74 (1:00.70) | 6:47.94 (1:01.20) | 7:48.94 (1:01.00) | |
| | 8:49.98 (1:01.04) | 9:50.46 (1:00.48) | 10:52.22 (1:01.76) | 11:53.21 (1:00.99) | |
| | 12:54.70 (1:01.49) | 13:56.46 (1:01.76) | 14:57.43 (1:00.97) | 15:55.24 (57.81) | |
| 11 | LiQun Hussey | 54 | NOOSA | 16:00.95 | 1 |
| | 51.18 | 1:47.79 (56.61) | 2:46.90 (59.11) | 3:47.69 (1:00.79) | |
| | 4:49.02 (1:01.33) | 5:51.27 (1:02.25) | 6:54.33 (1:03.06) | 7:56.06 (1:01.73) | |
| | 8:58.45 (1:02.39) | 9:59.86 (1:01.41) | 11:02.79 (1:02.93) | 12:04.91 (1:02.12) | |
| | 13:06.24 (1:01.33) | 14:06.58 (1:00.34) | 15:06.02 (59.44) | 16:00.95 (54.93) | |
| 12 | Zara Tai | 53 | BLACKTOWN CITY | 17:14.64 | 1 |
| | 50.41 | 1:46.38 (55.97) | 2:46.62 (1:00.24) | 3:49.34 (1:02.72) | |
| | 4:55.12 (1:05.78) | 6:00.45 (1:05.33) | 7:06.52 (1:06.07) | 8:14.29 (1:07.77) | |
| | 9:22.21 (1:07.92) | 10:29.10 (1:06.89) | 11:38.64 (1:09.54) | 12:46.69 (1:08.05) | |
| | 13:53.80 (1:07.11) | 15:02.89 (1:09.09) | 17:14.64 (2:11.75) | | |
| 13 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 18:36.86 | 1 |
| | 1:02.20 | 2:12.73 (1:10.53) | 3:22.93 (1:10.20) | 4:34.55 (1:11.62) | |
| | 5:43.63 (1:09.08) | 6:55.79 (1:12.16) | 8:04.19 (1:08.40) | 9:16.34 (1:12.15) | |
| | 10:23.99 (1:07.65) | 11:37.59 (1:13.60) | 12:47.91 (1:10.32) | 14:02.21 (1:14.30) | |
| | 15:12.43 (1:10.22) | 16:25.01 (1:12.58) | 17:31.24 (1:06.23) | 18:36.86 (1:05.62) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 1 Women 55-59 800 LC Metre Freestyle**

| | | | | | |
|----|---------------------|------------------|-----------------------|------------------|----|
| 1 | Anne Henderson | 56 | HOBART AQUATIC | 11:06.06 | 10 |
| | 36.44 | 1:17.70 (41.26) | 1:58.90 (41.20) | 2:41.04 (42.14) | |
| | 3:22.55 (41.51) | 4:04.53 (41.98) | 4:46.54 (42.01) | 5:29.10 (42.56) | |
| | 6:11.20 (42.10) | 6:54.10 (42.90) | 7:35.86 (41.76) | 8:18.48 (42.62) | |
| | 9:00.60 (42.12) | 9:43.04 (42.44) | 10:24.35 (41.31) | 11:06.06 (41.71) | |
| 2 | Sharon Beaver | 57 | ADELAIDE | 11:45.49 | 9 |
| | 39.07 | 1:22.62 (43.55) | 2:06.69 (44.07) | 2:50.77 (44.08) | |
| | 3:34.78 (44.01) | 4:19.45 (44.67) | 5:03.53 (44.08) | 5:48.08 (44.55) | |
| | 6:32.49 (44.41) | 7:17.19 (44.70) | 8:02.23 (45.04) | 8:47.77 (45.54) | |
| | 9:32.78 (45.01) | 10:17.99 (45.21) | 11:02.08 (44.09) | 11:45.49 (43.41) | |
| 3 | Megan Tetley | 56 | CLAREMONT | 11:51.87 | 8 |
| | 38.37 | 1:20.41 (42.04) | 2:03.59 (43.18) | 2:47.98 (44.39) | |
| | 3:31.83 (43.85) | 4:16.26 (44.43) | 5:00.93 (44.67) | 5:46.48 (45.55) | |
| | 6:31.49 (45.01) | 7:17.53 (46.04) | 8:02.82 (45.29) | 8:48.59 (45.77) | |
| | 9:34.48 (45.89) | 10:20.87 (46.39) | 11:06.60 (45.73) | 11:51.87 (45.27) | |
| 4 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 12:35.95 | 7 |
| | 42.11 | 1:28.75 (46.64) | 2:16.42 (47.67) | 3:04.77 (48.35) | |
| | 3:53.29 (48.52) | 4:41.88 (48.59) | 5:30.58 (48.70) | 6:19.20 (48.62) | |
| | 7:07.45 (48.25) | 7:55.97 (48.52) | 8:44.68 (48.71) | 9:33.10 (48.42) | |
| | 10:19.76 (46.66) | 11:07.63 (47.87) | 11:52.93 (45.30) | 12:35.95 (43.02) | |
| 5 | Nelleke Dien Walker | 59 | POWERPOINTS | 12:41.21 | 6 |
| | 42.41 | 1:29.99 (47.58) | 2:18.35 (48.36) | 3:06.22 (47.87) | |
| | 3:53.82 (47.60) | 4:42.52 (48.70) | 5:30.76 (48.24) | 6:19.43 (48.67) | |
| | 7:07.42 (47.99) | 7:55.90 (48.48) | 8:43.45 (47.55) | | |
| | 10:18.91 () | 11:07.18 (48.27) | 11:55.31 (48.13) | 12:41.21 (45.90) | |
| 6 | Sharon Newstead | 59 | MALVERN MARLINS | 13:01.93 | 5 |
| | 42.21 | 1:30.37 (48.16) | 2:19.32 (48.95) | 3:08.63 (49.31) | |
| | 3:58.48 (49.85) | 4:48.51 (50.03) | 5:38.78 (50.27) | 6:29.81 (51.03) | |
| | 7:19.65 (49.84) | 8:09.90 (50.25) | 8:59.50 (49.60) | 9:48.69 (49.19) | |
| | 10:38.71 (50.02) | 11:28.27 (49.56) | 12:16.89 (48.62) | 13:01.93 (45.04) | |
| 7 | Jayna Gordon | 58 | DARWIN STINGERS | 13:06.55 | 4 |
| | 43.85 | 1:32.26 (48.41) | 2:21.24 (48.98) | 3:10.85 (49.61) | |
| | 4:00.06 (49.21) | 4:50.18 (50.12) | 5:40.25 (50.07) | 6:30.48 (50.23) | |
| | 7:20.16 (49.68) | 8:10.15 (49.99) | 8:59.43 (49.28) | 9:49.34 (49.91) | |
| | 10:39.01 (49.67) | 11:29.28 (50.27) | 12:19.00 (49.72) | 13:06.55 (47.55) | |
| 8 | Wendy McMurtrie | 57 | PORT MACQUARIE | 13:24.87 | 3 |
| | 44.69 | 1:34.90 (50.21) | 2:25.11 (50.21) | 3:16.03 (50.92) | |
| | 4:06.17 (50.14) | 4:57.00 (50.83) | 5:48.40 (51.40) | 6:39.80 (51.40) | |
| | 7:30.87 (51.07) | 8:22.41 (51.54) | 9:13.29 (50.88) | 10:04.63 (51.34) | |
| | 10:55.65 (51.02) | 11:46.35 (50.70) | 12:36.73 (50.38) | 13:24.87 (48.14) | |
| 9 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 13:50.95 | 2 |
| | 43.57 | 1:34.55 (50.98) | 2:26.57 (52.02) | 3:19.35 (52.78) | |
| | 4:11.48 (52.13) | 5:04.31 (52.83) | 5:56.77 (52.46) | 6:49.70 (52.93) | |
| | 7:42.15 (52.45) | 8:35.82 (53.67) | 9:28.28 (52.46) | 10:21.40 (53.12) | |
| | 11:13.80 (52.40) | 12:06.79 (52.99) | 12:59.79 (53.00) | 13:50.95 (51.16) | |
| 10 | Andrea Phillips | 55 | SURREY PARK SEAHORSES | 15:12.09 | 1 |
| | 47.97 | 1:40.90 (52.93) | 2:37.50 (56.60) | 3:34.99 (57.49) | |
| | 4:32.99 (58.00) | 5:31.93 (58.94) | 6:30.51 (58.58) | 7:28.94 (58.43) | |
| | 8:27.86 (58.92) | 9:26.36 (58.50) | 10:24.79 (58.43) | 11:22.73 (57.94) | |
| | 12:20.89 (58.16) | 13:19.41 (58.52) | 14:16.59 (57.18) | 15:12.09 (55.50) | |
| 11 | Yvonne Egan | 59 | POWERPOINTS | 15:13.67 | 1 |
| | 49.30 | 1:44.96 (55.66) | 2:41.77 (56.81) | 3:39.70 (57.93) | |
| | 4:37.31 (57.61) | 5:35.64 (58.33) | 6:33.76 (58.12) | 7:32.91 (59.15) | |
| | 8:30.93 (58.02) | 9:29.87 (58.94) | 10:28.04 (58.17) | 11:25.77 (57.73) | |
| | 12:24.74 (58.97) | 13:22.54 (57.80) | 14:20.22 (57.68) | 15:13.67 (53.45) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 1 Women 60-64 800 LC Metre Freestyle

| | | | | | |
|----|----------------------|------------------|--------------------------|------------------|----|
| 1 | Jeanette Brits | 63 | MANLY | 10:02.66 | 10 |
| | 32.53 | 1:08.86 (36.33) | 1:46.09 (37.23) | 2:24.11 (38.02) | |
| | 3:02.00 (37.89) | 3:40.25 (38.25) | 4:18.34 (38.09) | 4:56.90 (38.56) | |
| | 5:35.32 (38.42) | 6:13.76 (38.44) | 6:52.03 (38.27) | 7:30.79 (38.76) | |
| | 8:09.05 (38.26) | 8:47.60 (38.55) | 9:25.82 (38.22) | 10:02.66 (36.84) | |
| *2 | Carola Khouri | 62 | UNITED STATES OF AMERICA | 10:27.64 | 9 |
| | 35.46 | 1:13.71 (38.25) | 1:53.30 (39.59) | 2:33.10 (39.80) | |
| | 3:13.07 (39.97) | 3:52.82 (39.75) | 4:32.59 (39.77) | 5:12.41 (39.82) | |
| | 5:52.18 (39.77) | 6:31.97 (39.79) | 7:11.66 (39.69) | 7:51.29 (39.63) | |
| | 8:31.38 (40.09) | 9:10.99 (39.61) | 9:50.09 (39.10) | 10:27.64 (37.55) | |
| *2 | Joanne Sutcliffe | 64 | PHOENIX | 11:01.08 | 9 |
| | 36.69 | 1:16.91 (40.22) | 1:57.52 (40.61) | 2:38.54 (41.02) | |
| | 3:19.61 (41.07) | 4:01.00 (41.39) | 4:42.69 (41.69) | 5:24.59 (41.90) | |
| | 6:06.79 (42.20) | 6:49.01 (42.22) | 7:31.43 (42.42) | 8:13.90 (42.47) | |
| | 8:56.29 (42.39) | 9:38.55 (42.26) | 10:21.04 (42.49) | 11:01.08 (40.04) | |
| 3 | Bridget Young | 60 | ROCKINGHAM | 11:09.73 | 8 |
| | 36.69 | 1:16.96 (40.27) | 1:58.47 (41.51) | 2:40.71 (42.24) | |
| | 3:22.74 (42.03) | 4:05.17 (42.43) | 4:47.60 (42.43) | 5:29.98 (42.38) | |
| | 6:12.74 (42.76) | 6:55.50 (42.76) | 7:37.97 (42.47) | 8:20.87 (42.90) | |
| | 9:03.22 (42.35) | 9:45.98 (42.76) | 10:28.42 (42.44) | 11:09.73 (41.31) | |
| 4 | Janette Dickey | 64 | MALVERN MARLINS | 11:33.18 | 7 |
| | 37.85 | 1:19.63 (41.78) | 2:02.62 (42.99) | 2:46.29 (43.67) | |
| | 3:29.74 (43.45) | 4:14.16 (44.42) | 4:58.50 (44.34) | 5:41.73 (43.23) | |
| | 6:25.53 (43.80) | 7:09.34 (43.81) | 7:54.76 (45.42) | 8:39.38 (44.62) | |
| | 9:23.74 (44.36) | 10:08.10 (44.36) | 10:52.34 (44.24) | 11:33.18 (40.84) | |
| 5 | Amanda Duggan | 64 | HOBART DOLPHINS | 11:35.32 | 6 |
| | 36.33 | 1:17.13 (40.80) | 1:58.95 (41.82) | 2:41.60 (42.65) | |
| | 3:24.53 (42.93) | 4:08.50 (43.97) | 4:52.93 (44.43) | 5:37.53 (44.60) | |
| | 6:22.18 (44.65) | 7:07.38 (45.20) | 7:52.05 (44.67) | 8:37.29 (45.24) | |
| | 9:21.95 (44.66) | 10:07.31 (45.36) | 10:51.90 (44.59) | 11:35.32 (43.42) | |
| 6 | Sue Tompkins | 61 | SEASIDE PIRATES | 12:12.26 | 5 |
| | 42.09 | 1:26.75 (44.66) | 2:12.04 (45.29) | 2:58.17 (46.13) | |
| | 3:44.07 (45.90) | 4:30.23 (46.16) | 5:17.28 (47.05) | 6:03.38 (46.10) | |
| | 6:49.22 (45.84) | 7:34.87 (45.65) | 8:21.83 (46.96) | 9:08.56 (46.73) | |
| | 9:55.03 (46.47) | 10:41.78 (46.75) | 11:28.30 (46.52) | 12:12.26 (43.96) | |
| 7 | Donna Rickwood | 62 | HOBART AQUATIC | 12:17.74 | 4 |
| | 40.25 | 1:26.23 (45.98) | 2:12.89 (46.66) | 2:59.42 (46.53) | |
| | 3:45.72 (46.30) | 4:32.65 (46.93) | 5:19.68 (47.03) | 6:06.27 (46.59) | |
| | 6:53.29 (47.02) | 7:39.97 (46.68) | 8:27.07 (47.10) | 9:13.90 (46.83) | |
| | 10:00.58 (46.68) | 10:47.10 (46.52) | 11:33.87 (46.77) | 12:17.74 (43.87) | |
| 8 | Julia Atkins | 61 | WARRINGAH | 13:20.05 | 3 |
| | 44.11 | 1:33.88 (49.77) | 2:24.11 (50.23) | 3:14.75 (50.64) | |
| | 4:05.11 (50.36) | 4:55.95 (50.84) | 5:46.36 (50.41) | 6:37.37 (51.01) | |
| | 7:27.93 (50.56) | 8:19.40 (51.47) | 9:10.56 (51.16) | 10:01.36 (50.80) | |
| | 10:51.69 (50.33) | 11:42.35 (50.66) | 12:31.93 (49.58) | 13:20.05 (48.12) | |
| 9 | Robyn Richards | 62 | SUNSHINE COAST | 13:58.89 | 2 |
| | 47.85 | 1:41.50 (53.65) | 2:33.54 (52.04) | 3:25.92 (52.38) | |
| | 4:19.45 (53.53) | 5:12.13 (52.68) | 6:06.49 (54.36) | 6:58.46 (51.97) | |
| | 7:51.86 (53.40) | 8:44.27 (52.41) | 9:36.69 (52.42) | 10:30.68 (53.99) | |
| | 11:21.73 (51.05) | 12:15.25 (53.52) | 13:08.29 (53.04) | 13:58.89 (50.60) | |
| 10 | Alexandra Tregonning | 63 | CLAREMONT | 14:08.59 | 1 |
| | 47.80 | 1:40.07 (52.27) | 2:32.95 (52.88) | 3:26.71 (53.76) | |
| | 4:20.50 (53.79) | 5:14.97 (54.47) | 6:08.81 (53.84) | 7:02.49 (53.68) | |
| | 7:55.97 (53.48) | 8:49.31 (53.34) | 9:42.23 (52.92) | 10:37.10 (54.87) | |
| | 11:30.49 (53.39) | 12:24.27 (53.78) | 13:17.94 (53.67) | 14:08.59 (50.65) | |
| 11 | Wendy Kingma | 63 | GOULBURN VALLEY CROCS | 14:12.51 | 1 |
| | 44.36 | 1:35.20 (50.84) | 2:28.10 (52.90) | 3:21.77 (53.67) | |
| | 4:14.64 (52.87) | 5:08.84 (54.20) | 6:02.52 (53.68) | 6:57.25 (54.73) | |
| | 7:51.31 (54.06) | 8:46.61 (55.30) | | 10:36.62 () | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

11:31.14 (54.52)

12:25.63 (54.49)

13:20.25 (54.62)

14:12.51 (52.26)

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 1 Women 60-64 800 LC Metre Freestyle)

| | | | | | |
|----|---------------------|--------------------|-----------------------|--------------------|---|
| 12 | Fiona Hogarth | 60 | DARWIN STINGERS | 14:40.99 | 1 |
| | 47.60 | 1:41.24 (53.64) | 2:36.33 (55.09) | 3:32.59 (56.26) | |
| | 4:28.68 (56.09) | 5:25.54 (56.86) | 6:21.62 (56.08) | 7:18.00 (56.38) | |
| | 8:12.98 (54.98) | 9:09.35 (56.37) | 10:05.91 (56.56) | 11:02.16 (56.25) | |
| | 11:57.72 (55.56) | 12:53.98 (56.26) | 13:48.84 (54.86) | 14:40.99 (52.15) | |
| 13 | Linda Hogg | 62 | NOOSA | 14:52.88 | 1 |
| | 48.23 | 1:42.37 (54.14) | 2:37.52 (55.15) | 3:33.60 (56.08) | |
| | 4:30.43 (56.83) | 5:27.53 (57.10) | 6:23.78 (56.25) | 7:20.90 (57.12) | |
| | 8:17.84 (56.94) | 9:14.61 (56.77) | 10:11.09 (56.48) | 11:08.40 (57.31) | |
| | 12:04.82 (56.42) | 13:01.67 (56.85) | 13:58.18 (56.51) | 14:52.88 (54.70) | |
| 14 | Sue Lyon | 60 | SURREY PARK SEAHORSES | 15:43.24 | 1 |
| | | | | 7:45.55 () | |
| | | | | 11:44.70 () | |
| | 12:56.08 (1:11.38) | 15:43.24 (2:47.16) | | | |
| 15 | Kaylene Hinchliffe | 60 | DARWIN STINGERS | 16:02.19 | 1 |
| | 50.50 | 1:49.23 (58.73) | 2:48.40 (59.17) | 3:48.54 (1:00.14) | |
| | 4:50.07 (1:01.53) | 5:52.03 (1:01.96) | 6:53.29 (1:01.26) | 7:54.25 (1:00.96) | |
| | 8:56.01 (1:01.76) | 9:56.87 (1:00.86) | 10:58.65 (1:01.78) | 12:00.71 (1:02.06) | |
| | 13:02.55 (1:01.84) | 14:02.73 (1:00.18) | 15:04.47 (1:01.74) | 16:02.19 (57.72) | |
| 16 | Margaret Fell | 63 | BLACKTOWN CITY | 16:06.09 | 1 |
| | 51.31 | 1:49.31 (58.00) | 2:48.44 (59.13) | | |
| | 4:51.57 () | | 6:54.33 () | | |
| | 8:57.04 () | 9:59.04 (1:02.00) | 11:00.68 (1:01.64) | | |
| | | 14:06.32 () | 15:08.65 (1:02.33) | 16:06.09 (57.44) | |
| 17 | Donna Campbell | 62 | TUGGERANONG | 17:37.01 | 1 |
| | 55.76 | 2:00.54 (1:04.78) | 3:06.16 (1:05.62) | 4:13.61 (1:07.45) | |
| | 5:21.32 (1:07.71) | 6:29.00 (1:07.68) | 7:34.88 (1:05.88) | 8:44.04 (1:09.16) | |
| | 9:51.87 (1:07.83) | 11:00.96 (1:09.09) | 12:07.15 (1:06.19) | 13:14.39 (1:07.24) | |
| | 14:21.70 (1:07.31) | 15:29.07 (1:07.37) | 16:33.72 (1:04.65) | 17:37.01 (1:03.29) | |
| 18 | Anne Gillian | 63 | HOBART DOLPHINS | 18:51.36 | 1 |
| | 1:03.02 | 2:12.39 (1:09.37) | 3:22.17 (1:09.78) | | |
| | 5:45.14 () | 6:56.30 (1:11.16) | | 9:20.91 () | |
| | 10:32.72 (1:11.81) | 11:47.21 (1:14.49) | 12:59.23 (1:12.02) | 14:12.18 (1:12.95) | |
| | 15:23.34 (1:11.16) | | 17:48.86 () | 18:51.36 (1:02.50) | |
| 19 | Kathleen Wainwright | 63 | CARINE | 24:36.46 | 1 |
| | 1:11.43 | 2:38.81 (1:27.38) | 4:10.02 (1:31.21) | 5:41.32 (1:31.30) | |
| | 7:14.48 (1:33.16) | 8:46.31 (1:31.83) | 10:20.01 (1:33.70) | 11:55.59 (1:35.58) | |
| | 13:31.68 (1:36.09) | 15:07.94 (1:36.26) | 16:42.47 (1:34.53) | 18:18.45 (1:35.98) | |
| | 19:54.79 (1:36.34) | 21:31.88 (1:37.09) | 23:07.12 (1:35.24) | 24:36.46 (1:29.34) | |

Event 1 Women 65-69 800 LC Metre Freestyle

| | | | | | |
|---|-------------------|------------------|----------------------|------------------|----|
| 1 | Yvonne Mutton | 66 | NOOSA | 12:11.07 | 10 |
| | 40.68 | 1:25.79 (45.11) | 2:12.09 (46.30) | 2:58.79 (46.70) | |
| | 3:45.26 (46.47) | 4:31.97 (46.71) | 5:18.08 (46.11) | 6:04.20 (46.12) | |
| | 6:50.19 (45.99) | 7:36.36 (46.17) | 8:22.33 (45.97) | 9:08.80 (46.47) | |
| | 9:55.25 (46.45) | 10:41.78 (46.53) | 11:27.06 (45.28) | 12:11.07 (44.01) | |
| 2 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 12:18.28 | 9 |
| | 40.35 | 1:26.27 (45.92) | 2:13.34 (47.07) | 3:00.38 (47.04) | |
| | 3:47.96 (47.58) | 4:34.98 (47.02) | 5:22.80 (47.82) | 6:10.05 (47.25) | |
| | 6:57.05 (47.00) | 7:43.93 (46.88) | 8:30.77 (46.84) | 9:17.59 (46.82) | |
| | 10:03.62 (46.03) | 10:49.32 (45.70) | 11:35.10 (45.78) | 12:18.28 (43.18) | |
| 3 | Heather Whitehead | 65 | BEATTY PARK | 12:24.67 | 8 |
| | 42.22 | 1:28.16 (45.94) | 2:14.49 (46.33) | 3:01.68 (47.19) | |
| | 3:48.26 (46.58) | 4:35.71 (47.45) | 5:22.93 (47.22) | 6:10.22 (47.29) | |
| | 6:57.23 (47.01) | 7:44.64 (47.41) | 8:31.98 (47.34) | 9:19.01 (47.03) | |
| | 10:05.80 (46.79) | 10:53.31 (47.51) | 11:39.48 (46.17) | 12:24.67 (45.19) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Women 65-69 800 LC Metre Freestyle)**

| | | | | | |
|----|--------------------|--------------------|------------------------|--------------------|---|
| 4 | Moira Wigley | 65 | DARWIN BUFFALOS | 12:30.83 | 7 |
| | 40.49 | 1:25.97 (45.48) | 2:13.22 (47.25) | 3:00.93 (47.71) | |
| | 3:49.35 (48.42) | 4:37.33 (47.98) | 5:24.96 (47.63) | 6:12.34 (47.38) | |
| | 6:59.60 (47.26) | 7:48.12 (48.52) | 8:35.18 (47.06) | 9:23.03 (47.85) | |
| | 10:10.51 (47.48) | 10:57.97 (47.46) | 11:44.86 (46.89) | 12:30.83 (45.97) | |
| 5 | Eleanor Parsons | 69 | CLAREMONT | 12:43.47 | 6 |
| | 42.20 | 1:28.99 (46.79) | 2:16.32 (47.33) | 3:03.80 (47.48) | |
| | 3:51.61 (47.81) | 4:39.45 (47.84) | 5:27.49 (48.04) | 6:15.64 (48.15) | |
| | 7:03.74 (48.10) | 7:52.26 (48.52) | 8:40.97 (48.71) | 9:29.75 (48.78) | |
| | 10:18.93 (49.18) | 11:07.39 (48.46) | 11:56.26 (48.87) | 12:43.47 (47.21) | |
| 6 | Pip Hawson | 65 | CLAREMONT | 13:25.14 | 5 |
| | 44.81 | 1:34.41 (49.60) | 2:24.81 (50.40) | 3:17.22 (52.41) | |
| | 4:08.93 (51.71) | 5:00.06 (51.13) | 5:50.44 (50.38) | 6:42.04 (51.60) | |
| | 7:32.68 (50.64) | 8:24.61 (51.93) | 9:15.05 (50.44) | 10:06.88 (51.83) | |
| | 10:57.25 (50.37) | 11:47.63 (50.38) | 12:37.64 (50.01) | 13:25.14 (47.50) | |
| 7 | Gay Bradley | 69 | COTTON TREE | 13:44.17 | 4 |
| | 44.51 | 1:34.57 (50.06) | 2:26.28 (51.71) | 3:18.62 (52.34) | |
| | 4:10.50 (51.88) | 5:02.98 (52.48) | 5:55.10 (52.12) | 6:47.65 (52.55) | |
| | 7:39.92 (52.27) | 8:32.36 (52.44) | 9:25.22 (52.86) | 10:18.47 (53.25) | |
| | 11:10.89 (52.42) | 12:02.98 (52.09) | 12:54.79 (51.81) | 13:44.17 (49.38) | |
| 8 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | 14:56.00 | 3 |
| | 47.66 | 1:42.91 (55.25) | 2:38.80 (55.89) | 3:35.30 (56.50) | |
| | 4:34.42 (59.12) | 5:31.43 (57.01) | | 7:26.07 () | |
| | 8:22.97 (56.90) | 9:18.87 (55.90) | 10:15.89 (57.02) | 11:10.78 (54.89) | |
| | 12:09.23 (58.45) | 13:07.14 (57.91) | 14:04.42 (57.28) | 14:56.00 (51.58) | |
| 9 | Vida Goodvach | 69 | DARWIN STINGERS | 15:49.21 | 2 |
| | 52.16 | 1:51.11 (58.95) | 2:50.85 (59.74) | 3:51.33 (1:00.48) | |
| | 4:51.55 (1:00.22) | 5:51.67 (1:00.12) | 6:52.30 (1:00.63) | 7:51.75 (59.45) | |
| | 8:52.76 (1:01.01) | 9:52.68 (59.92) | 10:53.01 (1:00.33) | 11:52.65 (59.64) | |
| | 12:53.30 (1:00.65) | 13:52.75 (59.45) | 14:52.88 (1:00.13) | 15:49.21 (56.33) | |
| 10 | Lesley de Lorenzo | 68 | PENRITH | 16:28.23 | 1 |
| | 54.91 | 1:54.66 (59.75) | 2:57.91 (1:03.25) | 3:59.57 (1:01.66) | |
| | 5:02.26 (1:02.69) | 6:05.24 (1:02.98) | 7:08.30 (1:03.06) | 8:09.89 (1:01.59) | |
| | 9:12.29 (1:02.40) | 10:13.80 (1:01.51) | 11:16.67 (1:02.87) | 12:18.91 (1:02.24) | |
| | 13:21.08 (1:02.17) | 14:23.67 (1:02.59) | 15:27.47 (1:03.80) | 16:28.23 (1:00.76) | |
| 11 | Philippa Sawyer | 68 | LANE COVE | 20:10.76 | 1 |
| | 1:00.22 | 2:13.11 (1:12.89) | 3:28.52 (1:15.41) | 4:46.26 (1:17.74) | |
| | 6:04.05 (1:17.79) | 7:22.82 (1:18.77) | 8:40.31 (1:17.49) | 9:59.03 (1:18.72) | |
| | 11:15.67 (1:16.64) | 12:33.94 (1:18.27) | 13:51.13 (1:17.19) | 15:07.68 (1:16.55) | |
| | 16:24.14 (1:16.46) | 17:41.24 (1:17.10) | 18:58.05 (1:16.81) | 20:10.76 (1:12.71) | |
| 12 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 20:36.95 | 1 |
| | 1:05.66 | 2:24.34 (1:18.68) | 3:42.93 (1:18.59) | 5:02.43 (1:19.50) | |
| | 6:21.89 (1:19.46) | 7:39.15 (1:17.26) | 8:58.52 (1:19.37) | 10:18.17 (1:19.65) | |
| | 11:36.11 (1:17.94) | 12:54.21 (1:18.10) | 14:14.51 (1:20.30) | 15:33.48 (1:18.97) | |
| | 16:52.05 (1:18.57) | 18:10.12 (1:18.07) | 19:27.53 (1:17.41) | 20:36.95 (1:09.42) | |

Event 1 Women 70-74 800 LC Metre Freestyle

| | | | | | |
|---|------------------|------------------|------------------------------|------------------|----|
| 1 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 14:23.65 | 10 |
| | 47.39 | 1:40.89 (53.50) | 2:36.36 (55.47) | 3:31.54 (55.18) | |
| | 4:28.44 (56.90) | 5:23.62 (55.18) | 6:17.13 (53.51) | 7:13.02 (55.89) | |
| | 8:05.91 (52.89) | 9:01.52 (55.61) | 9:54.17 (52.65) | 10:50.65 (56.48) | |
| | 11:43.67 (53.02) | 12:38.34 (54.67) | 13:30.83 (52.49) | 14:23.65 (52.82) | |
| 2 | Janet Sayers | 73 | DONCASTER DOLPHINS | 14:51.50 | 9 |
| | 47.32 | 1:41.60 (54.28) | 2:37.61 (56.01) | 3:33.64 (56.03) | |
| | 4:30.44 (56.80) | 5:26.83 (56.39) | 6:23.88 (57.05) | 7:21.28 (57.40) | |
| | 8:18.90 (57.62) | 9:16.83 (57.93) | 10:14.70 (57.87) | 11:11.29 (56.59) | |
| | 12:07.26 (55.97) | 13:03.54 (56.28) | 13:58.65 (55.11) | 14:51.50 (52.85) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Women 70-74 800 LC Metre Freestyle)**

| | | | | | |
|---|--------------------|--------------------|----------------------|--------------------|---|
| 3 | Maree Tuff | 73 | MORNINGTON PENINSULA | 15:16.26 | 8 |
| | 50.04 | 1:46.53 (56.49) | 2:44.75 (58.22) | 3:41.88 (57.13) | |
| | 4:39.89 (58.01) | 5:37.61 (57.72) | 6:37.82 (1:00.21) | 7:34.15 (56.33) | |
| | 8:32.36 (58.21) | 9:30.49 (58.13) | 10:29.72 (59.23) | 11:26.06 (56.34) | |
| | 12:24.31 (58.25) | 13:22.68 (58.37) | 14:21.32 (58.64) | 15:16.26 (54.94) | |
| 4 | Jacky Shields | 70 | NOOSA | 15:54.21 | 7 |
| | 47.82 | 1:45.07 (57.25) | 2:45.41 (1:00.34) | 3:47.33 (1:01.92) | |
| | 4:48.30 (1:00.97) | 5:49.91 (1:01.61) | 6:51.01 (1:01.10) | 7:51.85 (1:00.84) | |
| | 8:51.95 (1:00.10) | 9:54.02 (1:02.07) | 10:55.08 (1:01.06) | 11:55.95 (1:00.87) | |
| | 12:56.18 (1:00.23) | 13:56.80 (1:00.62) | 14:57.45 (1:00.65) | 15:54.21 (56.76) | |
| 5 | Pauline Tauschke | 70 | DARWIN STINGERS | 19:21.40 | 6 |
| | 59.22 | 2:13.11 (1:13.89) | 3:27.05 (1:13.94) | 4:42.37 (1:15.32) | |
| | 5:57.55 (1:15.18) | 7:11.95 (1:14.40) | 8:25.91 (1:13.96) | 9:37.44 (1:11.53) | |
| | 10:50.87 (1:13.43) | 12:04.29 (1:13.42) | 13:19.27 (1:14.98) | 14:33.57 (1:14.30) | |
| | 15:46.95 (1:13.38) | 17:00.70 (1:13.75) | 18:11.97 (1:11.27) | 19:21.40 (1:09.43) | |
| 6 | Helen Rubin | 72 | RYDE | 22:02.40 | 5 |
| | 1:16.32 | 2:36.56 (1:20.24) | 3:57.01 (1:20.45) | 5:19.29 (1:22.28) | |
| | 6:39.10 (1:19.81) | 8:02.15 (1:23.05) | 9:24.29 (1:22.14) | 10:47.65 (1:23.36) | |
| | 12:10.75 (1:23.10) | 13:35.11 (1:24.36) | 14:59.31 (1:24.20) | 16:24.21 (1:24.90) | |
| | 17:49.95 (1:25.74) | 19:14.85 (1:24.90) | 22:02.40 (2:47.55) | | |

Event 1 Women 75-79 800 LC Metre Freestyle

| | | | | | |
|---|--------------------|--------------------|--------------------|--------------------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 14:02.08 | 10 |
| | 47.86 | 1:39.09 (51.23) | 2:31.13 (52.04) | 3:24.03 (52.90) | |
| | 4:17.46 (53.43) | 5:11.59 (54.13) | 6:05.37 (53.78) | 6:59.96 (54.59) | |
| | 7:53.43 (53.47) | 8:46.90 (53.47) | 9:40.08 (53.18) | 10:33.67 (53.59) | |
| | 11:26.48 (52.81) | 12:19.50 (53.02) | 13:11.76 (52.26) | 14:02.08 (50.32) | |
| 2 | Narelle Phillips | 77 | BELGRAVIA | 16:10.55 | 9 |
| | 52.29 | 1:51.32 (59.03) | 2:52.17 (1:00.85) | 3:53.25 (1:01.08) | |
| | 4:54.65 (1:01.40) | 5:55.86 (1:01.21) | 6:57.44 (1:01.58) | 7:59.57 (1:02.13) | |
| | 9:00.76 (1:01.19) | 10:02.15 (1:01.39) | 11:03.49 (1:01.34) | 12:04.74 (1:01.25) | |
| | 13:06.92 (1:02.18) | 14:08.35 (1:01.43) | 15:10.01 (1:01.66) | 16:10.55 (1:00.54) | |
| 3 | Marion Dreyer | 77 | ETTALONG PELICANS | 20:57.05 | 8 |
| | 1:10.81 | 2:28.84 (1:18.03) | 3:45.07 (1:16.23) | 5:03.13 (1:18.06) | |
| | 6:20.38 (1:17.25) | 7:39.76 (1:19.38) | 8:59.38 (1:19.62) | 10:19.55 (1:20.17) | |
| | 11:39.11 (1:19.56) | 12:59.24 (1:20.13) | 14:20.53 (1:21.29) | 15:41.07 (1:20.54) | |
| | 17:01.80 (1:20.73) | 18:21.01 (1:19.21) | 19:39.44 (1:18.43) | 20:57.05 (1:17.61) | |
| 4 | Anne Besser | 78 | NOOSA | 21:14.91 | 7 |
| | 1:08.74 | 2:27.26 (1:18.52) | 3:44.68 (1:17.42) | 5:03.89 (1:19.21) | |
| | 6:23.26 (1:19.37) | 7:43.65 (1:20.39) | 9:02.77 (1:19.12) | 10:23.65 (1:20.88) | |
| | 11:43.90 (1:20.25) | 13:04.55 (1:20.65) | 14:25.84 (1:21.29) | 15:48.86 (1:23.02) | |
| | 17:09.43 (1:20.57) | 18:30.12 (1:20.69) | 19:53.44 (1:23.32) | 21:14.91 (1:21.47) | |
| 5 | Janice Carlile | 77 | DONCASTER DOLPHINS | 21:38.38 | 6 |
| | 1:13.47 | 2:35.60 (1:22.13) | 3:57.95 (1:22.35) | 5:19.04 (1:21.09) | |
| | 6:41.92 (1:22.88) | 8:03.99 (1:22.07) | 9:26.09 (1:22.10) | 10:47.88 (1:21.79) | |
| | 12:10.59 (1:22.71) | 13:32.02 (1:21.43) | 14:54.52 (1:22.50) | 16:16.95 (1:22.43) | |
| | 17:37.56 (1:20.61) | 19:00.16 (1:22.60) | 20:22.55 (1:22.39) | 21:38.38 (1:15.83) | |

Event 1 Women 80-84 800 LC Metre Freestyle

| | | | | | |
|---|--------------------|--------------------|----------------------|--------------------|----|
| 1 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 16:45.63 | 10 |
| | 57.83 | 2:00.02 (1:02.19) | 3:02.93 (1:02.91) | 4:05.98 (1:03.05) | |
| | 5:09.25 (1:03.27) | 6:12.29 (1:03.04) | 7:14.60 (1:02.31) | 8:18.52 (1:03.92) | |
| | 9:22.34 (1:03.82) | 10:25.04 (1:02.70) | 11:27.31 (1:02.27) | 12:30.24 (1:02.93) | |
| | 13:35.05 (1:04.81) | 14:40.54 (1:05.49) | 15:42.47 (1:01.93) | 16:45.63 (1:03.16) | |
| 2 | Jan Croft | 81 | NOOSA | 16:51.55 | 9 |
| | 53.20 | 1:53.43 (1:00.23) | 2:56.19 (1:02.76) | 4:00.27 (1:04.08) | |
| | 5:04.04 (1:03.77) | 6:08.73 (1:04.69) | 7:12.88 (1:04.15) | 8:17.82 (1:04.94) | |
| | 9:21.94 (1:04.12) | 10:26.25 (1:04.31) | 11:30.39 (1:04.14) | 12:36.50 (1:06.11) | |
| | 13:41.60 (1:05.10) | 16:51.55 (3:09.95) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 1 Women 85-89 800 LC Metre Freestyle

| | | | | | | |
|--------------------|--------------------|--------------------|--------------------|--|----------|----|
| 1 Anne Walker | 87 DARWIN STINGERS | | | | 19:30.71 | 10 |
| 1:01.64 | 2:15.46 (1:13.82) | 3:28.07 (1:12.61) | | | | |
| 5:55.11 () | 7:11.40 (1:16.29) | 8:22.81 (1:11.41) | 9:37.19 (1:14.38) | | | |
| 10:49.74 (1:12.55) | 12:06.68 (1:16.94) | 13:18.78 (1:12.10) | 14:34.21 (1:15.43) | | | |
| 15:47.76 (1:13.55) | 17:03.09 (1:15.33) | 18:16.12 (1:13.03) | 19:30.71 (1:14.59) | | | |
| 2 Barbara Pearce | 87 MARION | | | | 23:42.33 | 9 |
| 1:26.83 | 2:56.26 (1:29.43) | 4:26.88 (1:30.62) | 5:58.59 (1:31.71) | | | |
| 7:31.92 (1:33.33) | 9:03.73 (1:31.81) | 10:35.68 (1:31.95) | 12:06.41 (1:30.73) | | | |
| 13:35.31 (1:28.90) | 15:03.69 (1:28.38) | 16:33.76 (1:30.07) | 18:02.37 (1:28.61) | | | |
| 19:30.89 (1:28.52) | 21:00.22 (1:29.33) | 22:26.52 (1:26.30) | 23:42.33 (1:15.81) | | | |
| 3 Valerie Hristova | 85 DARWIN STINGERS | | | | 27:00.33 | 8 |
| 1:27.27 | 3:04.90 (1:37.63) | 4:45.66 (1:40.76) | 6:28.35 (1:42.69) | | | |
| 8:11.84 (1:43.49) | 9:56.18 (1:44.34) | 11:39.56 (1:43.38) | 13:24.67 (1:45.11) | | | |
| 15:07.42 (1:42.75) | 16:50.86 (1:43.44) | 18:38.33 (1:47.47) | 20:18.82 (1:40.49) | | | |
| 22:01.30 (1:42.48) | 23:41.55 (1:40.25) | 25:25.95 (1:44.40) | 27:00.33 (1:34.38) | | | |

Event 1 Women 90-94 800 LC Metre Freestyle

| | | | | | | |
|--------------------|-----------------------|--------------------|--------------------|--|----------|----|
| 1 Dorothy Dickey | 94 DONCASTER DOLPHINS | | | | 20:28.40 | 10 |
| 1:06.91 | 2:18.95 (1:12.04) | 3:34.24 (1:15.29) | 4:51.54 (1:17.30) | | | |
| 6:10.64 (1:19.10) | 7:26.27 (1:15.63) | 8:45.16 (1:18.89) | 10:02.44 (1:17.28) | | | |
| | 12:39.35 () | 13:57.12 (1:17.77) | 15:16.94 (1:19.82) | | | |
| 16:35.42 (1:18.48) | 17:52.76 (1:17.34) | 19:11.94 (1:19.18) | 20:28.40 (1:16.46) | | | |

Event 1 Men 18-24 800 LC Metre Freestyle

| | | | | | | |
|-------------------|--------------------|------------------|------------------|--|----------|----|
| 1 Oscar Callander | 22 DARWIN BUFFALOS | | | | 10:07.32 | 10 |
| 30.65 | 1:06.99 (36.34) | 1:44.17 (37.18) | 2:21.57 (37.40) | | | |
| 2:59.39 (37.82) | 3:37.99 (38.60) | 4:16.45 (38.46) | 4:55.01 (38.56) | | | |
| 5:34.10 (39.09) | 6:13.58 (39.48) | 6:52.73 (39.15) | 7:32.05 (39.32) | | | |
| 8:11.52 (39.47) | 8:50.62 (39.10) | 9:30.17 (39.55) | 10:07.32 (37.15) | | | |
| 2 Thomas Micallef | 21 BLACKTOWN CITY | | | | 11:26.89 | 9 |
| 35.16 | 1:15.47 (40.31) | 1:57.47 (42.00) | 2:40.32 (42.85) | | | |
| 3:23.75 (43.43) | 4:07.95 (44.20) | 4:52.38 (44.43) | 5:37.15 (44.77) | | | |
| 6:22.06 (44.91) | 7:07.21 (45.15) | 7:52.21 (45.00) | 8:37.16 (44.95) | | | |
| 9:22.02 (44.86) | 10:06.69 (44.67) | 10:49.67 (42.98) | 11:26.89 (37.22) | | | |

Event 1 Men 25-29 800 LC Metre Freestyle

| | | | | | | |
|------------------|----------------------|------------------|------------------|--|----------|----|
| 1 Dean Abbott | 29 RACKLEY SWIM TEAM | | | | 11:25.65 | 10 |
| 34.09 | 1:12.33 (38.24) | 1:51.90 (39.57) | 2:33.35 (41.45) | | | |
| 3:15.58 (42.23) | 3:58.70 (43.12) | 4:42.52 (43.82) | 5:27.00 (44.48) | | | |
| 6:11.06 (44.06) | 6:56.00 (44.94) | 7:41.23 (45.23) | 8:27.09 (45.86) | | | |
| 9:12.67 (45.58) | 9:59.77 (47.10) | 10:45.40 (45.63) | 11:25.65 (40.25) | | | |
| 2 James Burt | 28 SUPERFINS WA | | | | 15:18.96 | 9 |
| 50.93 | 1:46.78 (55.85) | 2:45.26 (58.48) | 3:41.65 (56.39) | | | |
| 4:40.47 (58.82) | 5:37.85 (57.38) | 6:36.01 (58.16) | 7:34.85 (58.84) | | | |
| 8:33.94 (59.09) | 9:32.80 (58.86) | 10:30.03 (57.23) | 11:28.31 (58.28) | | | |
| 12:26.28 (57.97) | 13:25.17 (58.89) | 14:22.75 (57.58) | 15:18.96 (56.21) | | | |

Event 1 Men 35-39 800 LC Metre Freestyle

| | | | | | | |
|------------------|----------------------|------------------|------------------|--|----------|----|
| 1 Justin Giles | 36 GYMPIE GOLD FINNS | | | | 9:28.12 | 10 |
| 29.23 | 1:04.23 (35.00) | 1:39.55 (35.32) | 2:15.59 (36.04) | | | |
| 2:51.64 (36.05) | 3:27.99 (36.35) | 4:04.21 (36.22) | 4:41.30 (37.09) | | | |
| 5:17.59 (36.29) | 5:54.46 (36.87) | 6:30.60 (36.14) | 7:06.93 (36.33) | | | |
| 7:42.79 (35.86) | 8:19.16 (36.37) | 8:53.72 (34.56) | 9:28.12 (34.40) | | | |
| 2 Dylan Coop | 38 SUPERFINS WA | | | | 13:42.47 | 9 |
| 46.87 | 1:37.12 (50.25) | 2:28.81 (51.69) | 3:21.60 (52.79) | | | |
| 4:14.03 (52.43) | 5:06.80 (52.77) | 5:58.78 (51.98) | 6:50.77 (51.99) | | | |
| 7:41.50 (50.73) | 8:33.36 (51.86) | 9:25.91 (52.55) | 10:17.45 (51.54) | | | |
| 11:09.66 (52.21) | 12:00.41 (50.75) | 12:52.43 (52.02) | 13:42.47 (50.04) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Men 35-39 800 LC Metre Freestyle)**

| | | | | | |
|---|--------------------|--------------------|--------------------|--------------------|---|
| 3 | Nathan Curry | 38 | SUPERFINS WA | 15:52.85 | 8 |
| | 48.62 | 1:42.71 (54.09) | 2:38.22 (55.51) | 3:34.01 (55.79) | |
| | 4:31.93 (57.92) | 5:32.32 (1:00.39) | 6:34.90 (1:02.58) | | |
| | 8:41.88 () | 9:45.33 (1:03.45) | 10:47.23 (1:01.90) | 11:49.77 (1:02.54) | |
| | 12:51.47 (1:01.70) | 13:54.28 (1:02.81) | 14:53.60 (59.32) | 15:52.85 (59.25) | |
| 4 | Matthew Barndon | 38 | CARINE | 17:15.66 | 7 |
| | 51.80 | 1:51.21 (59.41) | 2:52.58 (1:01.37) | 3:54.77 (1:02.19) | |
| | 4:59.14 (1:04.37) | 6:04.05 (1:04.91) | 7:09.42 (1:05.37) | 8:18.62 (1:09.20) | |
| | 9:24.91 (1:06.29) | 10:32.72 (1:07.81) | 11:40.03 (1:07.31) | 12:48.14 (1:08.11) | |
| | 13:55.76 (1:07.62) | 15:02.90 (1:07.14) | 16:09.86 (1:06.96) | 17:15.66 (1:05.80) | |

Event 1 Men 40-44 800 LC Metre Freestyle

| | | | | | |
|---|-----------------|-----------------|------------------|------------------|----|
| 1 | David Kellam | 43 | POWERPOINTS | 10:45.06 | 10 |
| | 32.91 | 1:09.99 (37.08) | 1:48.42 (38.43) | 2:27.50 (39.08) | |
| | 3:07.66 (40.16) | 3:49.24 (41.58) | 4:30.89 (41.65) | 5:12.18 (41.29) | |
| | 5:53.55 (41.37) | 6:36.40 (42.85) | 7:19.51 (43.11) | 8:01.63 (42.12) | |
| | 8:43.84 (42.21) | 9:26.19 (42.35) | 10:06.77 (40.58) | 10:45.06 (38.29) | |

Event 1 Men 45-49 800 LC Metre Freestyle

| | | | | | |
|---|------------------|-----------------|---------------------|------------------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 10:02.82 | 10 |
| | 31.78 | 1:07.60 (35.82) | 1:43.17 (35.57) | 2:19.64 (36.47) | |
| | 2:56.15 (36.51) | 3:34.00 (37.85) | 4:11.65 (37.65) | 4:50.04 (38.39) | |
| | 5:29.00 (38.96) | 6:08.24 (39.24) | 6:47.49 (39.25) | 7:27.48 (39.99) | |
| | 8:06.79 (39.31) | 8:46.30 (39.51) | 9:26.02 (39.72) | 10:02.82 (36.80) | |
| 2 | Chris Grueninger | 46 | SUTHERLAND SANDBERN | 10:03.99 | 9 |
| | 33.11 | 1:09.83 (36.72) | 1:47.99 (38.16) | 2:26.33 (38.34) | |
| | 3:04.70 (38.37) | 3:43.33 (38.63) | 4:21.76 (38.43) | 5:00.51 (38.75) | |
| | 5:38.91 (38.40) | 6:17.46 (38.55) | 6:55.77 (38.31) | 7:34.14 (38.37) | |
| | 8:12.24 (38.10) | 8:50.46 (38.22) | 9:27.57 (37.11) | 10:03.99 (36.42) | |

Event 1 Men 50-54 800 LC Metre Freestyle

| | | | | | |
|---|-----------------|------------------|--------------------|------------------|----|
| 1 | Bradley Halicek | 51 | BLACKTOWN CITY | 10:14.15 | 10 |
| | 32.72 | 1:08.62 (35.90) | 1:46.55 (37.93) | 2:25.37 (38.82) | |
| | 3:04.27 (38.90) | 3:43.35 (39.08) | 4:22.79 (39.44) | 5:02.01 (39.22) | |
| | 5:41.23 (39.22) | 6:20.57 (39.34) | 6:59.01 (38.44) | 7:38.11 (39.10) | |
| | 8:16.85 (38.74) | 8:56.51 (39.66) | 9:36.14 (39.63) | 10:14.15 (38.01) | |
| 2 | Damien Eyre | 51 | RIVERTON | 10:28.27 | 9 |
| | 34.22 | 1:12.48 (38.26) | 1:51.44 (38.96) | 2:30.74 (39.30) | |
| | 3:10.25 (39.51) | 3:49.88 (39.63) | 4:29.57 (39.69) | 5:09.63 (40.06) | |
| | 5:49.42 (39.79) | 6:29.29 (39.87) | 7:09.73 (40.44) | 7:50.19 (40.46) | |
| | 8:30.34 (40.15) | 9:10.73 (40.39) | 9:50.04 (39.31) | 10:28.27 (38.23) | |
| 3 | James Watson | 50 | SEASIDE PIRATES | 10:52.06 | 8 |
| | 34.45 | 1:14.01 (39.56) | 1:54.34 (40.33) | 2:34.97 (40.63) | |
| | 3:16.30 (41.33) | 3:57.82 (41.52) | 4:39.85 (42.03) | 5:21.45 (41.60) | |
| | 6:03.35 (41.90) | 6:45.27 (41.92) | 7:27.44 (42.17) | 8:09.51 (42.07) | |
| | 8:51.37 (41.86) | 9:32.71 (41.34) | 10:13.55 (40.84) | 10:52.06 (38.51) | |
| 4 | Adrian Tonkin | 53 | DARWIN STINGERS | 11:07.91 | 7 |
| | 37.26 | 1:18.86 (41.60) | 2:01.54 (42.68) | 2:44.34 (42.80) | |
| | | 4:09.37 () | | 5:33.92 () | |
| | 6:16.21 (42.29) | | 7:39.80 () | 8:21.58 (41.78) | |
| | 9:03.77 (42.19) | 9:45.79 (42.02) | 11:07.91 (1:22.12) | | |
| 5 | Robert Bailey | 54 | MIAMI | 11:51.33 | 6 |
| | 36.63 | 1:17.05 (40.42) | 1:59.52 (42.47) | 2:42.71 (43.19) | |
| | 3:26.46 (43.75) | 4:11.05 (44.59) | 4:56.05 (45.00) | 5:40.82 (44.77) | |
| | 6:26.62 (45.80) | 7:12.64 (46.02) | 7:59.81 (47.17) | 8:47.14 (47.33) | |
| | 9:34.53 (47.39) | 10:20.87 (46.34) | 11:06.68 (45.81) | 11:51.33 (44.65) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 1 Men 50-54 800 LC Metre Freestyle)

| | | | | | |
|---|--------------------|--------------------|--------------------|--------------------|---|
| 6 | Tony Burt | 54 | MALVERN MARLINS | 12:02.78 | 5 |
| | 40.79 | 1:26.26 (45.47) | 2:12.83 (46.57) | 2:59.73 (46.90) | |
| | 3:46.31 (46.58) | 4:32.57 (46.26) | 5:19.32 (46.75) | 6:06.30 (46.98) | |
| | 6:51.86 (45.56) | 7:37.46 (45.60) | 8:23.12 (45.66) | 9:08.33 (45.21) | |
| | 9:53.26 (44.93) | 10:38.08 (44.82) | 11:21.71 (43.63) | 12:02.78 (41.07) | |
| 7 | Carlos Quevedo | 53 | TSA | 12:25.25 | 4 |
| | 39.12 | 1:23.29 (44.17) | 2:08.00 (44.71) | 2:54.32 (46.32) | |
| | 3:40.33 (46.01) | 4:26.51 (46.18) | 5:14.28 (47.77) | 6:01.75 (47.47) | |
| | 6:50.04 (48.29) | 7:38.78 (48.74) | 8:27.13 (48.35) | 9:16.63 (49.50) | |
| | 10:05.22 (48.59) | 10:54.33 (49.11) | 11:41.76 (47.43) | 12:25.25 (43.49) | |
| 8 | Andrew Goldswain | 53 | SUPERFINS WA | 17:35.29 | 3 |
| | 54.39 | 1:58.72 (1:04.33) | 3:04.80 (1:06.08) | 4:12.27 (1:07.47) | |
| | 5:21.54 (1:09.27) | 6:30.74 (1:09.20) | 7:39.94 (1:09.20) | 8:49.28 (1:09.34) | |
| | 9:52.33 (1:03.05) | 10:58.74 (1:06.41) | | 13:14.32 () | |
| | | 15:30.45 () | 16:35.54 (1:05.09) | 17:35.29 (59.75) | |
| 9 | Phillip Smith | 54 | SUPERFINS WA | 22:27.49 | 2 |
| | 1:15.90 | 2:35.03 (1:19.13) | 3:56.85 (1:21.82) | 5:18.47 (1:21.62) | |
| | 6:42.38 (1:23.91) | 8:04.46 (1:22.08) | 9:30.25 (1:25.79) | 10:54.29 (1:24.04) | |
| | 12:20.23 (1:25.94) | 13:45.87 (1:25.64) | 15:12.35 (1:26.48) | 16:37.65 (1:25.30) | |
| | 18:03.31 (1:25.66) | 19:31.90 (1:28.59) | 20:58.74 (1:26.84) | 22:27.49 (1:28.75) | |

Event 1 Men 55-59 800 LC Metre Freestyle

| | | | | | |
|---|-----------------|------------------|------------------|------------------|----|
| 1 | Darren Turner | 58 | PENRITH | 9:50.37 | 10 |
| | | | 1:42.62 () | 2:18.99 (36.37) | |
| | 2:55.68 (36.69) | 3:32.70 (37.02) | 4:09.98 (37.28) | 4:47.14 (37.16) | |
| | 5:25.35 (38.21) | 6:03.20 (37.85) | 6:41.25 (38.05) | 7:19.15 (37.90) | |
| | 7:57.11 (37.96) | 8:35.12 (38.01) | 9:13.81 (38.69) | 9:50.37 (36.56) | |
| 2 | Stephen Hawkins | 59 | WARRINGAH | 11:18.41 | 9 |
| | 36.28 | 1:16.50 (40.22) | | 2:40.10 () | |
| | 3:22.31 (42.21) | 4:04.82 (42.51) | 4:47.16 (42.34) | 5:29.57 (42.41) | |
| | 6:12.02 (42.45) | 6:54.70 (42.68) | 7:37.33 (42.63) | 8:20.25 (42.92) | |
| | 9:03.24 (42.99) | 9:47.38 (44.14) | 10:31.80 (44.42) | 11:18.41 (46.61) | |
| 3 | Stephen Wills | 56 | RIVERTON | 11:43.49 | 8 |
| | 38.36 | 1:21.45 (43.09) | 2:05.50 (44.05) | 2:49.94 (44.44) | |
| | 3:34.21 (44.27) | 4:19.13 (44.92) | 5:03.77 (44.64) | 5:48.19 (44.42) | |
| | 6:32.46 (44.27) | 7:16.80 (44.34) | 8:01.38 (44.58) | 8:45.50 (44.12) | |
| | 9:30.20 (44.70) | 10:15.14 (44.94) | 10:59.71 (44.57) | 11:43.49 (43.78) | |
| 4 | Ian McLeod | 55 | NORTH SHORE | 11:45.89 | 7 |
| | 39.54 | 1:22.84 (43.30) | 2:07.42 (44.58) | 2:52.61 (45.19) | |
| | 3:37.83 (45.22) | 4:22.89 (45.06) | 5:07.81 (44.92) | 5:52.34 (44.53) | |
| | 6:37.12 (44.78) | 7:21.25 (44.13) | 8:05.75 (44.50) | 8:50.62 (44.87) | |
| | 9:36.17 (45.55) | 10:20.96 (44.79) | 11:06.00 (45.04) | 11:45.89 (39.89) | |

Event 1 Men 60-64 800 LC Metre Freestyle

| | | | | | |
|---|------------------|------------------|----------------------|------------------|----|
| 1 | Peter Williamson | 61 | POWERPOINTS | 11:15.92 | 10 |
| | 37.06 | 1:19.09 (42.03) | 2:01.60 (42.51) | 2:45.04 (43.44) | |
| | 3:27.92 (42.88) | 4:10.97 (43.05) | 4:53.49 (42.52) | 5:35.89 (42.40) | |
| | 6:17.71 (41.82) | 6:59.91 (42.20) | 7:41.67 (41.76) | 8:24.05 (42.38) | |
| | 9:07.00 (42.95) | 9:50.09 (43.09) | 10:32.97 (42.88) | 11:15.92 (42.95) | |
| 2 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 11:26.26 | 9 |
| | 37.65 | 1:18.22 (40.57) | 2:01.15 (42.93) | | |
| | | | | 5:37.95 () | |
| | | 7:06.40 () | 11:26.26 (4:19.86) | | |
| 3 | Glen Walker | 63 | PENRITH | 11:35.82 | 8 |
| | 38.44 | 1:20.72 (42.28) | 2:04.20 (43.48) | 2:48.08 (43.88) | |
| | 3:31.83 (43.75) | 4:16.08 (44.25) | 5:00.58 (44.50) | 5:44.75 (44.17) | |
| | 6:28.67 (43.92) | 7:13.05 (44.38) | 7:57.07 (44.02) | 8:41.27 (44.20) | |
| | 9:25.08 (43.81) | 10:09.30 (44.22) | 10:53.69 (44.39) | 11:35.82 (42.13) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Men 60-64 800 LC Metre Freestyle)**

| | | | | | |
|-----|------------------|------------------|----------------------|------------------|---|
| 4 | Paul White | 62 | ATLANTIS | 11:42.71 | 7 |
| | 39.83 | 1:23.22 (43.39) | 2:06.92 (43.70) | 2:51.11 (44.19) | |
| | 3:34.96 (43.85) | 4:19.25 (44.29) | 5:03.46 (44.21) | 5:47.89 (44.43) | |
| | 6:32.75 (44.86) | 7:17.40 (44.65) | 8:02.26 (44.86) | 8:46.90 (44.64) | |
| | 9:31.30 (44.40) | 10:16.90 (45.60) | 11:00.70 (43.80) | 11:42.71 (42.01) | |
| 5 | Tony Tooher | 62 | WARRINGAH | 12:25.76 | 6 |
| | 42.25 | 1:29.37 (47.12) | 2:17.29 (47.92) | 3:05.77 (48.48) | |
| | 3:52.49 (46.72) | 4:39.71 (47.22) | 5:26.58 (46.87) | 6:13.78 (47.20) | |
| | 7:00.61 (46.83) | 7:47.71 (47.10) | 8:35.09 (47.38) | 9:22.27 (47.18) | |
| | 10:09.89 (47.62) | 10:57.50 (47.61) | 11:43.15 (45.65) | 12:25.76 (42.61) | |
| 6 | Robert Wilson | 62 | MORNINGTON PENINSULA | 12:43.11 | 5 |
| | 41.03 | 1:28.04 (47.01) | 2:16.09 (48.05) | 3:05.18 (49.09) | |
| | 3:54.37 (49.19) | 4:43.15 (48.78) | 5:31.97 (48.82) | 6:18.59 (46.62) | |
| | 7:08.56 (49.97) | 7:57.71 (49.15) | 8:44.86 (47.15) | 9:33.39 (48.53) | |
| | 10:23.78 (50.39) | 11:11.15 (47.37) | 11:58.64 (47.49) | 12:43.11 (44.47) | |
| 7 | David Cowie | 63 | POWERPOINTS | 12:53.91 | 4 |
| | 42.73 | 1:30.81 (48.08) | 2:19.61 (48.80) | 3:09.58 (49.97) | |
| | 3:59.36 (49.78) | 4:49.10 (49.74) | 5:38.67 (49.57) | 6:27.54 (48.87) | |
| | 7:16.45 (48.91) | 8:06.07 (49.62) | 8:54.68 (48.61) | 9:42.88 (48.20) | |
| | 10:30.60 (47.72) | 11:19.62 (49.02) | 12:07.66 (48.04) | 12:53.91 (46.25) | |
| 8 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 12:58.98 | 3 |
| | 42.16 | 1:28.91 (46.75) | 2:16.24 (47.33) | 3:05.27 (49.03) | |
| | 3:53.40 (48.13) | 4:42.79 (49.39) | 5:31.22 (48.43) | 6:21.18 (49.96) | |
| | 7:10.80 (49.62) | 8:02.30 (51.50) | 8:51.40 (49.10) | 9:41.57 (50.17) | |
| | 10:31.26 (49.69) | 11:21.32 (50.06) | 12:11.71 (50.39) | 12:58.98 (47.27) | |
| 9 | Richard Hughes | 62 | CLAREMONT | 13:10.37 | 2 |
| | 41.93 | 1:30.30 (48.37) | 2:18.96 (48.66) | 3:09.23 (50.27) | |
| | 3:58.45 (49.22) | 4:48.74 (50.29) | 5:38.66 (49.92) | 6:29.01 (50.35) | |
| | 7:18.52 (49.51) | 8:09.28 (50.76) | 8:59.83 (50.55) | 9:50.60 (50.77) | |
| | 10:41.51 (50.91) | 11:31.66 (50.15) | 12:21.35 (49.69) | 13:10.37 (49.02) | |
| 10 | John Fisher | 61 | PENRITH | 14:05.75 | 1 |
| | 47.01 | 1:40.22 (53.21) | 2:32.94 (52.72) | 3:26.59 (53.65) | |
| | 4:19.71 (53.12) | 5:13.35 (53.64) | 6:07.10 (53.75) | 7:02.00 (54.90) | |
| | 7:54.93 (52.93) | 8:49.21 (54.28) | 9:43.02 (53.81) | 10:37.17 (54.15) | |
| | 11:31.33 (54.16) | 12:26.01 (54.68) | 13:16.78 (50.77) | 14:05.75 (48.97) | |
| --- | Allan Samuels | 60 | TSA | DQ | |
| | 35.78 | 1:15.57 (39.79) | 1:55.84 (40.27) | 2:36.92 (41.08) | |
| | 3:18.47 (41.55) | 4:00.34 (41.87) | 4:41.91 (41.57) | 5:23.88 (41.97) | |
| | 6:05.65 (41.77) | 6:47.36 (41.71) | 7:39.96 (52.60) | 8:25.48 (45.52) | |

Event 1 Men 65-69 800 LC Metre Freestyle

| | | | | | |
|---|--------------------|------------------|------------------|------------------|----|
| 1 | John Papple | 65 | DARWIN STINGERS | 12:03.67 | 10 |
| | 36.58 | 1:19.18 (42.60) | 2:04.87 (45.69) | 2:51.14 (46.27) | |
| | 3:37.02 (45.88) | 4:23.31 (46.29) | 5:09.11 (45.80) | 5:56.00 (46.89) | |
| | 6:42.67 (46.67) | 7:29.73 (47.06) | 8:16.04 (46.31) | 9:02.96 (46.92) | |
| | 9:49.89 (46.93) | 10:36.77 (46.88) | 11:21.52 (44.75) | 12:03.67 (42.15) | |
| 2 | Stephen de Lorenzo | 68 | PENRITH | 12:18.79 | 9 |
| | 42.37 | 1:28.57 (46.20) | 2:14.72 (46.15) | | |
| | 3:47.44 () | | 5:20.85 () | 6:07.64 (46.79) | |
| | 6:53.92 (46.28) | 7:40.38 (46.46) | 8:27.30 (46.92) | 9:13.66 (46.36) | |
| | 10:00.68 (47.02) | | 11:34.94 () | 12:18.79 (43.85) | |
| 3 | Hobe Horton | 67 | MIAMI | 12:24.11 | 8 |
| | 40.18 | 1:26.84 (46.66) | 2:13.25 (46.41) | 3:00.68 (47.43) | |
| | 3:48.03 (47.35) | 4:34.90 (46.87) | 5:21.71 (46.81) | 6:09.27 (47.56) | |
| | 6:56.51 (47.24) | 7:43.51 (47.00) | 8:31.06 (47.55) | 9:19.66 (48.60) | |
| | 10:06.88 (47.22) | 10:54.38 (47.50) | 11:41.15 (46.77) | 12:24.11 (42.96) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 1 Men 65-69 800 LC Metre Freestyle)

| | | | | | |
|----|--------------------|--------------------|---------------------|--------------------|---|
| 4 | Owen Sinden | 69 | BLACKTOWN CITY | 12:44.09 | 7 |
| | 41.71 | 1:27.57 (45.86) | 2:15.01 (47.44) | 3:03.52 (48.51) | |
| | 3:52.06 (48.54) | 4:41.50 (49.44) | 5:30.27 (48.77) | 6:19.96 (49.69) | |
| | 7:08.77 (48.81) | 7:58.12 (49.35) | 8:46.43 (48.31) | 9:35.40 (48.97) | |
| | 10:23.00 (47.60) | 11:11.62 (48.62) | 11:58.55 (46.93) | 12:44.09 (45.54) | |
| 5 | Keith Bourdon | 67 | WARRINGAH | 12:46.34 | 6 |
| | 42.33 | 1:30.12 (47.79) | 2:19.27 (49.15) | 3:09.03 (49.76) | |
| | 3:57.83 (48.80) | 4:47.29 (49.46) | 5:35.17 (47.88) | 6:23.40 (48.23) | |
| | 7:11.24 (47.84) | 7:59.85 (48.61) | 8:47.66 (47.81) | 9:36.00 (48.34) | |
| | 10:23.67 (47.67) | 11:12.45 (48.78) | 12:00.16 (47.71) | 12:46.34 (46.18) | |
| 6 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 13:00.50 | 5 |
| | | | 5:36.58 () | 6:28.18 (51.60) | |
| | | 8:09.68 () | 8:58.63 (48.95) | 9:48.75 (50.12) | |
| | 10:37.77 (49.02) | 11:27.80 (50.03) | 12:16.12 (48.32) | 13:00.50 (44.38) | |
| 7 | Peter Clements | 65 | ADELAIDE | 13:18.94 | 4 |
| | 45.24 | 1:37.10 (51.86) | 2:26.41 (49.31) | 3:17.71 (51.30) | |
| | 4:06.57 (48.86) | 4:58.43 (51.86) | 5:47.61 (49.18) | 6:39.50 (51.89) | |
| | 7:28.43 (48.93) | 8:20.42 (51.99) | 9:09.38 (48.96) | 10:00.93 (51.55) | |
| | 10:50.08 (49.15) | 11:41.45 (51.37) | 12:29.91 (48.46) | 13:18.94 (49.03) | |
| 8 | Neil Newman | 68 | BELGRAVIA | 13:21.60 | 3 |
| | 42.82 | 1:29.73 (46.91) | 2:19.42 (49.69) | 3:09.11 (49.69) | |
| | 3:59.20 (50.09) | 4:50.09 (50.89) | 5:41.10 (51.01) | 6:32.45 (51.35) | |
| | 7:23.36 (50.91) | 8:15.15 (51.79) | 9:06.42 (51.27) | 9:58.02 (51.60) | |
| | 10:49.71 (51.69) | 11:41.54 (51.83) | 12:33.19 (51.65) | 13:21.60 (48.41) | |
| 9 | Anthony Horadam | 67 | BLACKTOWN CITY | 13:59.24 | 2 |
| | 46.18 | 1:38.26 (52.08) | 2:30.40 (52.14) | 3:22.55 (52.15) | |
| | 4:14.63 (52.08) | 5:07.55 (52.92) | 6:00.11 (52.56) | 6:53.15 (53.04) | |
| | 7:45.98 (52.83) | 8:39.45 (53.47) | 9:32.23 (52.78) | 10:25.78 (53.55) | |
| | 11:18.74 (52.96) | 12:14.12 (55.38) | 13:07.03 (52.91) | 13:59.24 (52.21) | |
| 10 | John Barrett | 66 | RATS OF TOBRUK | 14:44.86 | 1 |
| | 50.36 | 1:46.41 (56.05) | 2:42.54 (56.13) | 3:39.64 (57.10) | |
| | 4:35.83 (56.19) | 5:31.49 (55.66) | 6:27.91 (56.42) | 7:23.93 (56.02) | |
| | 8:18.48 (54.55) | 9:14.39 (55.91) | 10:10.34 (55.95) | 11:06.55 (56.21) | |
| | 12:02.18 (55.63) | 12:58.20 (56.02) | 13:52.00 (53.80) | 14:44.86 (52.86) | |
| 11 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 17:03.60 | 1 |
| | 49.44 | 1:51.79 (1:02.35) | 2:56.16 (1:04.37) | 4:02.06 (1:05.90) | |
| | 5:08.17 (1:06.11) | 6:14.87 (1:06.70) | 7:20.05 (1:05.18) | 8:26.96 (1:06.91) | |
| | 9:31.63 (1:04.67) | 10:38.04 (1:06.41) | 11:42.62 (1:04.58) | 12:48.59 (1:05.97) | |
| | 13:53.32 (1:04.73) | 14:59.57 (1:06.25) | 16:04.60 (1:05.03) | 17:03.60 (59.00) | |

Event 1 Men 70-74 800 LC Metre Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----|
| 1 | Ian Young | 72 | MARION | 11:32.90 | 10 |
| | 38.90 | 1:20.70 (41.80) | 2:03.35 (42.65) | 2:46.96 (43.61) | |
| | 3:30.05 (43.09) | 4:13.81 (43.76) | 4:57.77 (43.96) | | |
| | 6:25.79 () | 7:09.93 (44.14) | 7:54.29 (44.36) | 8:38.51 (44.22) | |
| | 9:22.55 (44.04) | 10:07.29 (44.74) | 10:50.72 (43.43) | 11:32.90 (42.18) | |
| 2 | Don Taylor | 74 | TOOWOOMBA | 12:28.06 | 9 |
| | 41.17 | 1:26.30 (45.13) | 2:12.20 (45.90) | 2:58.94 (46.74) | |
| | 3:45.82 (46.88) | 4:32.93 (47.11) | 5:20.11 (47.18) | 6:07.54 (47.43) | |
| | 6:55.35 (47.81) | 7:42.49 (47.14) | 8:30.85 (48.36) | 9:18.40 (47.55) | |
| | 10:06.40 (48.00) | 10:54.72 (48.32) | 11:42.77 (48.05) | 12:28.06 (45.29) | |
| 3 | David Tarran | 74 | LANE COVE | 14:57.71 | 8 |
| | 47.90 | 1:44.70 (56.80) | 2:42.73 (58.03) | 3:40.92 (58.19) | |
| | 4:37.45 (56.53) | 5:35.30 (57.85) | 6:34.25 (58.95) | 7:32.25 (58.00) | |
| | 8:29.90 (57.65) | 9:27.95 (58.05) | 10:23.83 (55.88) | 11:21.11 (57.28) | |
| | 12:17.28 (56.17) | 13:14.50 (57.22) | 14:07.88 (53.38) | 14:57.71 (49.83) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Men 70-74 800 LC Metre Freestyle)**

| | | | | | |
|---|--------------------|--------------------|--------------------|--------------------|---|
| 4 | Charles Croft | 74 | ARMADALE | 15:30.49 | 7 |
| | 49.65 | 1:46.13 (56.48) | 2:43.47 (57.34) | 3:43.31 (59.84) | |
| | 4:44.55 (1:01.24) | 5:43.11 (58.56) | 6:43.58 (1:00.47) | 7:42.01 (58.43) | |
| | 8:39.73 (57.72) | 9:38.97 (59.24) | 10:37.14 (58.17) | 11:37.83 (1:00.69) | |
| | 12:35.55 (57.72) | 13:34.96 (59.41) | 14:33.18 (58.22) | 15:30.49 (57.31) | |
| 5 | Ian Johnston | 72 | MERRYLANDS | 17:11.45 | 6 |
| | 52.19 | 1:52.87 (1:00.68) | 2:56.69 (1:03.82) | 4:01.76 (1:05.07) | |
| | 5:08.54 (1:06.78) | 6:13.27 (1:04.73) | 7:19.39 (1:06.12) | 8:25.57 (1:06.18) | |
| | 9:32.07 (1:06.50) | 10:37.67 (1:05.60) | 11:43.87 (1:06.20) | 12:50.12 (1:06.25) | |
| | 13:56.56 (1:06.44) | 15:02.25 (1:05.69) | 16:07.66 (1:05.41) | 17:11.45 (1:03.79) | |
| 6 | Ross Hall | 71 | MANLY | 21:19.81 | 5 |
| | 1:07.91 | 2:27.79 (1:19.88) | 3:45.77 (1:17.98) | 5:05.34 (1:19.57) | |
| | 6:26.40 (1:21.06) | 7:47.59 (1:21.19) | 9:09.77 (1:22.18) | 10:32.12 (1:22.35) | |
| | 11:54.50 (1:22.38) | 13:16.54 (1:22.04) | 14:38.85 (1:22.31) | 16:01.12 (1:22.27) | |
| | 17:23.82 (1:22.70) | 18:45.75 (1:21.93) | 20:07.01 (1:21.26) | 21:19.81 (1:12.80) | |

Event 1 Men 75-79 800 LC Metre Freestyle

| | | | | | |
|---|--------------------|--------------------|----------------------------|--------------------|----|
| 1 | Gerry Tucker | 75 | MALVERN MARLINS | 12:02.61 | 10 |
| | 40.02 | 1:25.23 (45.21) | 2:11.30 (46.07) | 2:57.67 (46.37) | |
| | 3:44.17 (46.50) | 4:30.41 (46.24) | 5:16.42 (46.01) | 6:02.59 (46.17) | |
| | 6:48.58 (45.99) | 7:34.48 (45.90) | 8:20.68 (46.20) | 9:06.44 (45.76) | |
| | 9:52.32 (45.88) | 10:37.49 (45.17) | 11:21.71 (44.22) | 12:02.61 (40.90) | |
| 2 | Graham Croft | 76 | CLAREMONT | 12:33.34 | 9 |
| | 40.50 | 1:26.82 (46.32) | 2:13.82 (47.00) | 3:02.44 (48.62) | |
| | 3:50.29 (47.85) | 4:38.32 (48.03) | 5:25.82 (47.50) | 6:14.25 (48.43) | |
| | 7:02.07 (47.82) | 7:50.27 (48.20) | 8:37.97 (47.70) | 9:26.05 (48.08) | |
| | 10:13.77 (47.72) | 11:02.22 (48.45) | 11:49.52 (47.30) | 12:33.34 (43.82) | |
| 3 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 13:47.36 | 8 |
| | 44.64 | 1:34.78 (50.14) | 2:26.13 (51.35) | 3:18.37 (52.24) | |
| | 4:11.04 (52.67) | 5:04.03 (52.99) | 5:56.81 (52.78) | 6:49.89 (53.08) | |
| | 7:43.25 (53.36) | 8:36.76 (53.51) | 9:30.12 (53.36) | 10:22.33 (52.21) | |
| | 11:14.24 (51.91) | 12:06.55 (52.31) | 12:58.77 (52.22) | 13:47.36 (48.59) | |
| 4 | Michael Ferguson | 76 | LANE COVE | 13:57.30 | 7 |
| | | 1:37.80 () | | 3:23.60 () | |
| | | 5:11.92 () | | 6:58.07 () | |
| | | 8:44.15 () | | 10:30.54 () | |
| | | 12:15.95 () | 13:57.30 (1:41.35) | | |
| 5 | Ewen Templeton | 76 | DONCASTER DOLPHINS | 15:46.90 | 6 |
| | 51.89 | 1:49.76 (57.87) | 2:51.03 (1:01.27) | 3:51.09 (1:00.06) | |
| | 4:51.07 (59.98) | 5:49.41 (58.34) | 6:48.74 (59.33) | 7:48.03 (59.29) | |
| | 8:47.27 (59.24) | 9:46.28 (59.01) | 10:46.76 (1:00.48) | 11:47.13 (1:00.37) | |
| | 12:48.61 (1:01.48) | 13:48.45 (59.84) | 14:49.98 (1:01.53) | 15:46.90 (56.92) | |
| 6 | John Bell | 77 | CARINE | 16:44.80 | 5 |
| | 52.49 | 1:51.07 (58.58) | 2:51.06 (59.99) | 3:52.28 (1:01.22) | |
| | | 5:58.63 () | 7:02.93 (1:04.30) | 8:07.05 (1:04.12) | |
| | 9:12.03 (1:04.98) | 10:17.78 (1:05.75) | 11:23.68 (1:05.90) | 12:28.66 (1:04.98) | |
| | 13:33.74 (1:05.08) | 14:39.28 (1:05.54) | 15:44.31 (1:05.03) | 16:44.80 (1:00.49) | |

Event 1 Men 80-84 800 LC Metre Freestyle

| | | | | | |
|---|-------------------|--------------------|--------------------|--------------------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 14:52.49 | 10 |
| | 45.96 | 1:39.96 (54.00) | 2:36.87 (56.91) | 3:32.28 (55.41) | |
| | 4:28.80 (56.52) | 5:25.79 (56.99) | 6:23.56 (57.77) | 7:20.84 (57.28) | |
| | 8:18.01 (57.17) | 9:15.75 (57.74) | 10:12.84 (57.09) | 11:10.10 (57.26) | |
| | 12:07.01 (56.91) | 13:03.68 (56.67) | 14:01.02 (57.34) | 14:52.49 (51.47) | |
| 2 | Michael Peedom | 80 | TUGGERANONG | 16:00.08 | 9 |
| | 50.39 | 1:50.47 (1:00.08) | 2:52.39 (1:01.92) | 3:55.66 (1:03.27) | |
| | 4:57.99 (1:02.33) | 6:01.12 (1:03.13) | 7:02.84 (1:01.72) | 8:05.66 (1:02.82) | |
| | 9:06.66 (1:01.00) | 10:09.26 (1:02.60) | 11:10.48 (1:01.22) | 12:12.67 (1:02.19) | |
| | 13:12.66 (59.99) | 14:10.50 (57.84) | 15:07.98 (57.48) | 16:00.08 (52.10) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 1 Men 80-84 800 LC Metre Freestyle)**

| | | | | | |
|---|--------------------|--------------------|----------------------|--------------------|---|
| 3 | David Craig | 80 | WARRINGAH | 19:28.06 | 8 |
| | 52.64 | 1:57.42 (1:04.78) | 3:04.71 (1:07.29) | 4:14.68 (1:09.97) | |
| | 5:23.35 (1:08.67) | 6:36.37 (1:13.02) | 7:49.75 (1:13.38) | 9:05.75 (1:16.00) | |
| | 10:21.13 (1:15.38) | 11:38.80 (1:17.67) | 12:54.25 (1:15.45) | 14:12.56 (1:18.31) | |
| | 15:30.82 (1:18.26) | | 18:12.09 () | 19:28.06 (1:15.97) | |
| 4 | Geoff Robinson | 84 | NORTH MACKAY SINKERS | 20:49.82 | 7 |
| | 1:11.60 | 2:27.33 (1:15.73) | 3:46.43 (1:19.10) | 5:05.85 (1:19.42) | |
| | 6:24.97 (1:19.12) | 7:43.71 (1:18.74) | 9:01.16 (1:17.45) | 10:20.47 (1:19.31) | |
| | 11:40.90 (1:20.43) | 13:01.41 (1:20.51) | 14:20.52 (1:19.11) | 15:40.11 (1:19.59) | |
| | 16:59.05 (1:18.94) | 18:17.66 (1:18.61) | 19:37.18 (1:19.52) | 20:49.82 (1:12.64) | |
| 5 | Graham Campbell | 80 | WARRINGAH | 22:54.62 | 6 |
| | 1:14.07 | 2:39.31 (1:25.24) | 4:07.05 (1:27.74) | 5:34.28 (1:27.23) | |
| | 7:02.24 (1:27.96) | 8:30.44 (1:28.20) | 9:57.31 (1:26.87) | 11:25.26 (1:27.95) | |
| | 12:53.79 (1:28.53) | 14:22.96 (1:29.17) | 15:50.09 (1:27.13) | 17:17.14 (1:27.05) | |
| | 18:43.33 (1:26.19) | 20:10.95 (1:27.62) | 21:35.65 (1:24.70) | 22:54.62 (1:18.97) | |

Event 1 Men 90-94 800 LC Metre Freestyle

| | | | | | |
|---|--------------------|--------------------|--------------------|-------------------|----|
| 1 | Peter Coultie | 94 | MALVERN MARLINS | 35:40.06 | 10 |
| | 1:59.89 | 4:17.02 (2:17.13) | 6:30.59 (2:13.57) | 8:46.84 (2:16.25) | |
| | 10:56.89 (2:10.05) | 13:20.83 (2:23.94) | 15:27.51 (2:06.68) | | |
| | 20:00.13 () | | 24:28.12 () | | |
| | 29:06.49 () | 31:24.52 (2:18.03) | 35:40.06 (4:15.54) | | |

Event 2 Women 100-119 200 LC Metre Medley Relay

| | | | | | |
|---|-------------------------|----------------------------|-----------------------------|--------------------------|----|
| 1 | BLACKTOWN CITY | A | | 3:07.87 | 20 |
| | 1) Bronwyn Stockley W26 | 2) Veronica Fuccenecco W20 | 3) Annika-Lee Skulander W34 | 4) Jessica Valentine W37 | |
| | 42.20 | 1:20.24 (38.04) | 2:14.71 (54.47) | 3:07.87 (53.16) | |

Event 2 Women 120-159 200 LC Metre Medley Relay

| | | | | | |
|---|--------------------------|------------------------|--------------------------|--------------------------|----|
| 1 | CLAREMONT | A | | 2:22.67 | 20 |
| | 1) Suzanna Olsen W32 | 2) Stacia Kirk W43 | 3) Anna Eisenhauer W40 | 4) Lotti Fox W24 | |
| | | 1:13.97 () | 1:48.17 (34.20) | 2:22.67 (34.50) | |
| 2 | DARWIN STINGERS | A | | 2:41.01 | 18 |
| | 1) Jayde Freeman W25 | 2) Shannon Coutts W23 | 3) Kate Conway W39 | 4) Danielle Cooper W36 | |
| | 39.31 | 1:28.74 (49.43) | 2:09.70 (40.96) | 2:41.01 (31.31) | |
| 3 | BLACKTOWN CITY | A | | 2:44.51 | 16 |
| | 1) Joanna Lill W21 | 2) Belinda Meek W35 | 3) Suzie Haddad W39 | 4) Kerry-Ann Michels W57 | |
| | 40.22 | 1:23.90 (43.68) | 2:04.71 (40.81) | 2:44.51 (39.80) | |
| 4 | SUPERFINS WA | A | | 4:37.11 | 14 |
| | 1) Charlotte Britton W33 | 2) Courtney Marano W34 | 3) Stephanie Neville W28 | 4) Carys Munks W30 | |
| | | 3:12.53 () | 4:37.11 (1:24.58) | | |

Event 2 Women 160-199 200 LC Metre Medley Relay

| | | | | | |
|---|--------------------------|--------------------------|-----------------------------|------------------------|----|
| 1 | POWERPOINTS | A | | 2:12.91 | 20 |
| | 1) Anna Lucchesi W35 | 2) Sal Cuming W56 | 3) Lisandra De Carvalho W46 | 4) Jennie Bucknell W58 | |
| | 35.49 | 1:15.48 (39.99) | 1:45.08 (29.60) | 2:12.91 (27.83) | |
| 2 | TSA | A | | 2:16.71 | 18 |
| | 1) Chloe Hogan W29 | 2) Christina Scolaro W56 | 3) Kady Ibell W28 | 4) Nola Macaulay W55 | |
| | 37.39 | 1:14.85 (37.46) | 1:45.06 (30.21) | 2:16.71 (31.65) | |
| 3 | CLAREMONT | A | | 2:26.74 | 16 |
| | 1) Kristy Brackstone W45 | 2) Rebecca Kierath W30 | 3) Nicola Corsbie W62 | 4) Anke Schwedat W46 | |
| | 36.82 | 1:15.18 (38.36) | 1:51.78 (36.60) | 2:26.74 (34.96) | |
| 4 | DARWIN STINGERS | A | | 2:27.01 | 14 |
| | 1) Bryannon Ruskin W42 | 2) Belinda Peacocke W48 | 3) Michelle Coleman W44 | 4) Stacey Kopf W46 | |
| | 37.81 | 1:20.32 (42.51) | 1:56.33 (36.01) | 2:27.01 (30.68) | |
| 5 | ROCKINGHAM | A | | 2:35.89 | 12 |
| | 1) Shannon Bowron W44 | 2) Karen Williams W40 | 3) Dana Richards W48 | 4) Bridget Young W60 | |
| | 41.20 | 1:23.39 (42.19) | 2:00.24 (36.85) | 2:35.89 (35.65) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 2 Women 160-199 200 LC Metre Medley Relay)**

| | | | |
|-----------------------|------------------------|-------------------------|--------------------------|
| 6 SUPERFINS WA | A | 3:54.84 | 10 |
| 1) Rachel Duggin W44 | 2) Dianne Saunders W40 | 3) Nicole Patterson W41 | 4) Mischa Beckett W41 |
| 1:18.43 | 2:05.22 (46.79) | 3:54.84 (1:49.62) | |
| --- COMPOSITE RELAY | A | X3:13.28 | |
| 1) Rebecca Lamont W42 | 2) Tracey Hersey W63 | 3) Annabelle West W22 | 4) Candice Carpenter W41 |
| 57.99 | 1:53.19 (55.20) | 2:29.39 (36.20) | 3:13.28 (43.89) |

Event 2 Women 200-239 200 LC Metre Medley Relay

| | | | |
|--------------------------|------------------------|-----------------------------|---------------------------|
| 1 TUGGERANONG | A | 2:33.23 | 20 |
| 1) Elizabeth Merenda W44 | 2) Katrina Burgess W57 | 3) Kylie Lane W47 | 4) Caz Makin W56 |
| 34.83 | 1:20.10 (45.27) | 1:59.27 (39.17) | 2:33.23 (33.96) |
| 2 CLAREMONT | A | 2:41.15 | 18 |
| 1) Vivienne Anthony W65 | 2) Patricia Burton W54 | 3) Carri Forrester W45 | 4) Michelle Hogue W57 |
| 41.94 | 1:25.67 (43.73) | 2:01.23 (35.56) | 2:41.15 (39.92) |
| 3 MORNINGTON PENINSULA | A | 2:41.64 | 16 |
| 1) Deborah Tuck W62 | 2) Donna Gadsby W65 | 3) Rachel Nevinson W51 | 4) Paris McGrath W24 |
| 46.06 | 1:30.43 (44.37) | 2:12.27 (41.84) | 2:41.64 (29.37) |
| 4 DARWIN STINGERS | A | 2:51.32 | 14 |
| 1) Tamara Stenhouse W63 | 2) Jenny McMahon W50 | 3) Rebecca Mather-Brown W51 | 4) Catherine Way W46 |
| 49.65 | 1:35.59 (45.94) | 2:12.63 (37.04) | 2:51.32 (38.69) |
| 5 MALVERN MARLINS | A | 3:04.11 | 12 |
| 1) Beth Ashwood W64 | 2) Kathryn Rogers W52 | 3) Sharon Newstead W59 | 4) Lorraine Aw W54 |
| 54.22 | 1:37.75 (43.53) | 2:19.50 (41.75) | 3:04.11 (44.61) |
| 6 NORTH SHORE | A | 3:04.48 | 10 |
| 1) Alison Sparks W25 | 2) Lesley Buchanan W73 | 3) Michelle Waite W48 | 4) Michelle Magnusson W56 |
| 35.80 | 1:34.09 (58.29) | 2:11.34 (37.25) | 3:04.48 (53.14) |
| 7 ETTALONG PELICANS | A | 3:55.62 | 8 |
| 1) Marion Dreyer W77 | 2) Sarah George W38 | 3) Lauren Bradley W40 | 4) Anne Birt W78 |
| 1:29.30 | 2:20.08 (50.78) | 3:55.62 (1:35.54) | |

Event 2 Women 240-279 200 LC Metre Medley Relay

| | | | |
|-------------------------|-------------------------------|-------------------------|-----------------------------|
| 1 MALVERN MARLINS | A | 2:35.46 | 20 |
| 1) Janette Jeffrey W74 | 2) Nicky Kerr W49 | 3) Elana McNeil W59 | 4) Daphne Briggs W62 |
| 43.27 | 1:22.72 (39.45) | 2:01.30 (38.58) | 2:35.46 (34.16) |
| 2 MIAMI | A | 2:49.64 | 18 |
| 1) Tracey Zammit W53 | 2) Lindy Salter W80 | 3) Colette Southam W59 | 4) Jodie Newman W54 |
| 39.64 | 1:34.95 (55.31) | 2:13.77 (38.82) | 2:49.64 (35.87) |
| 3 CLAREMONT | A | 3:04.55 | 16 |
| 1) Pip Hawson W65 | 2) Megan Tetley W56 | 3) Alison Farmer W59 | 4) Alexandra Tregonning W63 |
| 45.22 | 1:30.67 (45.45) | 2:24.26 (53.59) | 3:04.55 (40.29) |
| 4 SURREY PARK SEAHORSES | A | 3:12.38 | 14 |
| 1) Andrea Phillips W55 | 2) Jacqui Ellison W70 | 3) Kelly Paul W57 | 4) Linda Gunzburg W64 |
| 47.65 | 1:44.68 (57.03) | 2:30.88 (46.20) | 3:12.38 (41.50) |
| 5 DARWIN STINGERS | A | 3:12.57 | 12 |
| 1) Jacinta Stirrat W64 | 2) Anne Marie Cruickshank W61 | 3) Fiona Hogarth W60 | 4) Louise Jones W60 |
| 54.74 | 1:39.78 (45.04) | 2:33.31 (53.53) | 3:12.57 (39.26) |
| 6 BELGRAVIA | A | 3:17.58 | 10 |
| 1) Narelle Phillips W77 | 2) Vicki Newman W66 | 3) Marsha Reddiex W81 | 4) Deanne Sanderson W50 |
| 53.31 | 1:48.81 (55.50) | 3:17.58 (1:28.77) | |
| 7 MORNINGTON PENINSULA | A | 3:19.90 | 8 |
| 1) Roslyn Mclean W81 | 2) Maree Tuff W73 | 3) Alexia Green W22 | 4) Susan Grimshaw W68 |
| 58.67 | 1:56.97 (58.30) | 2:34.94 (37.97) | 3:19.90 (44.96) |
| 8 GLAMOURHEAD SHARKS | A | 3:29.45 | 6 |
| 1) Anke Kohfahl W66 | 2) Teresa Kelly W63 | 3) Caroline Symons W63 | 4) Di Woods W64 |
| 50.92 | 1:48.72 (57.80) | 2:46.28 (57.56) | 3:29.45 (43.17) |
| 9 SAPPHIRE COAST | A | 3:35.72 | 4 |
| 1) Patricia Helmore W73 | 2) Gail Milroy W70 | 3) Ailie McKendrick W43 | 4) Donna Uren W64 |
| 1:00.17 | 2:02.12 (1:01.95) | 2:46.68 (44.56) | 3:35.72 (49.04) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 2 Women 240-279 200 LC Metre Medley Relay)**

| | | | |
|-------------------------|---------------------------|---------------------------|-----------------------|
| 10 NOOSA | A | 3:56.93 | 2 |
| 1) Lois Hill W81 | 2) Linda Hogg W62 | 3) LiQun Hussey W54 | 4) Anne Besser W78 |
| 58.94 | 1:57.92 (58.98) | 3:56.93 (1:59.01) | |
| --- DARWIN STINGERS | B | x4:19.85 | |
| 1) Pauline Tauschke W70 | 2) Kaylene Hinchliffe W60 | 3) Tahnee Afuhaamango W42 | 4) Maggie Roberts W87 |
| 1:08.31 | 2:55.40 () | 4:19.85 (1:24.45) | |

Event 2 Women 280-319 200 LC Metre Medley Relay

| | | | |
|------------------------------|-------------------------|----------------------------|-----------------------|
| 1 POWERPOINTS | A | 3:01.45 | 20 |
| 1) Rosa Montague W77 | 2) Marijke Alderson W77 | 3) Nelleke Dien Walker W59 | 4) Mary Sontrop W67 |
| 49.93 | 1:42.87 (52.94) | 2:23.72 (40.85) | 3:01.45 (37.73) |
| 2 CLAREMONT | A | 3:06.52 | 18 |
| 1) Susan Swire-Thompson W70 | 2) Joy Johnson W66 | 3) Eleanor Parsons W69 | 4) Robyn Smith W75 |
| 41.08 | 1:40.03 (58.95) | 2:26.32 (46.29) | 3:06.52 (40.20) |
| 3 DONCASTER DOLPHINS | A | 3:07.76 | 16 |
| 1) Neroli Nixon W63 | 2) Susan Harbottle W74 | 3) Margie Moore W72 | 4) Janet Sayers W73 |
| 44.56 | 2:27.03 () | 3:07.76 (40.73) | |
| 4 NOOSA | A | 3:14.70 | 14 |
| 1) Jacky Shields W70 | 2) Helen Malar W70 | 3) Yvonne Mutton W66 | 4) Jan Croft W81 |
| 57.11 | 1:46.99 (49.88) | 2:26.99 (40.00) | 3:14.70 (47.71) |
| 5 MALVERN MARLINS | A | 3:19.69 | 12 |
| 1) Carol Spencer-Gardner W70 | 2) Janette Gooley W74 | 3) Janette Dickey W64 | 4) Joan Simpson W78 |
| 48.95 | 1:49.51 (1:00.56) | 2:29.16 (39.65) | 3:19.69 (50.53) |
| 6 WARRINGAH | A | 3:57.40 | 10 |
| 1) Wendy Cooper W71 | 2) Bridget Cook W80 | 3) Julia Atkins W61 | 4) Helen Campbell W76 |
| 47.95 | 2:18.01 (1:30.06) | 3:57.40 (1:39.39) | |

Event 2 Women 320-359 200 LC Metre Medley Relay

| | | | |
|--------------------|----------------------|----------------------|-------------------------|
| 1 DARWIN STINGERS | A | 4:45.30 | 20 |
| 1) Anne Walker W87 | 2) Gail Gronholt W80 | 3) Vida Goodvach W69 | 4) Valerie Hristova W85 |
| 1:13.46 | 2:25.07 (1:11.61) | 3:25.40 (1:00.33) | 4:45.30 (1:19.90) |

Event 3 Men 72-99 200 LC Metre Medley Relay

| | | | |
|-----------------------|--------------------|------------------------|--------------------|
| 1 DARWIN BUFFALOS | A | 2:04.65 | 20 |
| 1) Khaden Mallett M20 | 2) Dylan Mende M19 | 3) Oscar Callander M22 | 4) Timothy Few M32 |

Event 3 Men 100-119 200 LC Metre Medley Relay

| | | | |
|------------------------|----------------------|-------------------------|-------------------------|
| 1 DARWIN STINGERS | A | 2:05.32 | 20 |
| 1) Logan Ruskin M19 | 2) Zane Zehntner M19 | 3) Samuel Bricknell M24 | 4) Adrian Tonkin M53 |
| 2 BLACKTOWN CITY | A | 2:12.41 | 18 |
| 1) Thomas Micallef M21 | 2) Adam Ward M27 | 3) Anthony Dragovic M39 | 4) Phoenix Galistan M23 |
| --- SUPERFINS WA | A | DQ | |
| 1) James Burt M28 | 2) Joseph Salt M24 | 3) Dylan Coop M38 | 4) Dylan Broadway M28 |

Event 3 Men 120-159 200 LC Metre Medley Relay

| | | | |
|----------------------|---------------------|-----------------------|-------------------------|
| 1 GLAMOURHEAD SHARKS | A | 1:59.78 | 20 |
| 1) Todd Patrick M45 | 2) Joseph Howe M26 | 3) Mitchell Brown M34 | 4) Brent Greene M40 |
| 2 DONCASTER DOLPHINS | A | 2:02.70 | 18 |
| 1) Brad Johnson M47 | 2) Sam Radford M48 | 3) Ofir Kuberman M34 | 4) Ryan Jamieson M30 |
| 3 SUPERFINS WA | A | 3:20.22 | 16 |
| 1) Gregory Black M35 | 2) Nathan Curry M38 | 3) Geoffrey Keron M32 | 4) Andrew Goldswain M53 |

Event 3 Men 160-199 200 LC Metre Medley Relay

| | | | |
|-----------------------|------------------------|----------------------|-----------------------|
| 1 POWERPOINTS | A | 1:59.49 | 20 |
| 1) David Kellam M43 | 2) Koe Davidson M44 | 3) Radu Coicici M33 | 4) Bryce Anderson M49 |
| 33.38 | 1:08.02 (34.64) | 1:34.10 (26.08) | 1:59.49 (25.39) |
| 2 NORTH SHORE | A | 2:05.88 | 18 |
| 1) Joshua P Baker M40 | 2) Craig Magnusson M59 | 3) David Almeida M31 | 4) Ian McLeod M55 |
| 33.33 | 1:08.38 (35.05) | 1:36.97 (28.59) | 2:05.88 (28.91) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 3 Men 160-199 200 LC Metre Medley Relay)**

| | | | | | |
|---|----------------------|---------------------------|----------------------|--------------------|----|
| 3 | GLAMOURHEAD SHARKS | A | | 2:09.32 | 16 |
| | 1) Jack Collings M28 | 2) Kodie Webb M46 | 3) Jason Buckner M52 | 4) Paul Whelan M44 | |
| | 32.24 | 1:09.70 (37.46) | 1:40.51 (30.81) | 2:09.32 (28.81) | |
| 4 | MIAMI | A | | 2:17.77 | 14 |
| | 1) Noah Southam M32 | 2) Kristopher Watkins M46 | 3) Robert Bailey M54 | 4) Hobe Horton M67 | |
| | 37.41 | 1:12.82 (35.41) | 1:44.25 (31.43) | 2:17.77 (33.52) | |

Event 3 Men 200-239 200 LC Metre Medley Relay

| | | | | | |
|-----|------------------------|----------------------------|-------------------------------|---------------------------|----|
| 1 | TSA | A | | 2:06.11 | 20 |
| | 1) Martin Banks M56 | 2) Sean Giuricin M41 | 3) Allan Samuels M60 | 4) William O'Leary M63 | |
| | 32.34 | 1:07.28 (34.94) | 1:38.06 (30.78) | 2:06.11 (28.05) | |
| 2 | BLACKTOWN CITY | A | | 2:12.62 | 18 |
| | 1) Bradley Halicek M51 | 2) Jason Gronowicz M50 | 3) Robert Burgess M46 | 4) Owen Sinden M69 | |
| | 32.25 | 1:11.37 (39.12) | 1:40.32 (28.95) | 2:12.62 (32.30) | |
| 3 | PENRITH | A | | 2:16.56 | 16 |
| | 1) Stuart Mackay M49 | 2) Steven Vermey M45 | 3) Louis Whant M46 | 4) John Fisher M61 | |
| | 32.13 | 1:08.23 (36.10) | 1:36.78 (28.55) | 2:16.56 (39.78) | |
| 4 | POWERPOINTS | A | | 2:19.74 | 14 |
| | 1) Brett Davidson M57 | 2) Geoffrey Toogood M65 | 3) Nigel Fanning M49 | 4) Tom Arthur M59 | |
| | 34.80 | 1:20.06 (45.26) | 1:48.61 (28.55) | 2:19.74 (31.13) | |
| 5 | SUTHERLAND SANDBERN | A | | 2:21.26 | 12 |
| | 1) Michael Poot M57 | 2) Chris Grueninger M46 | 3) Matthew Dredge M50 | 4) David O'Brien M56 | |
| | 40.15 | 1:18.42 (38.27) | 1:51.90 (33.48) | 2:21.26 (29.36) | |
| 6 | GLAMOURHEAD SHARKS | A | | 2:31.21 | 10 |
| | 1) Alan Godfrey M67 | 2) Brendan Knox M38 | 3) Alberto Caceres Castro M42 | 4) Charles Williams M65 | |
| | 40.39 | 1:24.51 (44.12) | 1:58.21 (33.70) | 2:31.21 (33.00) | |
| 7 | MORNINGTON PENINSULA | A | | 2:43.29 | 8 |
| | 1) Robert Wilson M62 | 2) Anthony Catto-Smith M70 | 3) Eduan du Preez M22 | 4) Andrew Prendergast M74 | |
| | 44.85 | 1:37.90 (53.05) | 2:08.10 (30.20) | 2:43.29 (35.19) | |
| --- | DARWIN STINGERS | A | | DQ | |
| | 1) Haydn Valle M35 | 2) Stephen Greenall M59 | 3) Cameron Dawe M53 | 4) Brian Gallagher M67 | |
| | 35.52 | 1:15.63 (40.11) | 1:50.10 (34.47) | DQ (42.46) | |

Event 3 Men 240-279 200 LC Metre Medley Relay

| | | | | | |
|---|------------------------|--------------------------|-----------------------------|---------------------------|----|
| 1 | CLAREMONT | A | | 2:13.66 | 20 |
| | 1) Paul Blackbeard M66 | 2) Anthony Dunne M61 | 3) Kieren Jon Lawrenson M50 | 4) Graham Croft M76 | |
| | 38.03 | 1:12.09 (34.06) | 1:42.14 (30.05) | 2:13.66 (31.52) | |
| 2 | PENRITH | A | | 2:19.26 | 18 |
| | 1) Darren Turner M58 | 2) Glen Walker M63 | 3) Trent Lawrence M53 | 4) Stephen de Lorenzo M68 | |
| | 34.67 | 1:15.55 (40.88) | 1:45.17 (29.62) | 2:19.26 (34.09) | |
| 3 | DARWIN STINGERS | A | | 2:31.26 | 16 |
| | 1) John Papple M65 | 2) Paul Gibson M71 | 3) Ian Pollock M56 | 4) Robert Patterson M77 | |
| | 42.50 | 1:27.17 (44.67) | 2:00.10 (32.93) | 2:31.26 (31.16) | |
| 4 | POWERPOINTS | A | | 2:44.74 | 14 |
| | 1) Alan Denton M66 | 2) Michael Daly M70 | 3) Peter Williamson M61 | 4) David Cowie M63 | |
| | 50.68 | 1:34.92 (44.24) | 2:07.90 (32.98) | 2:44.74 (36.84) | |
| 5 | DONCASTER DOLPHINS | A | | 2:45.86 | 12 |
| | 1) Terry Moore M73 | 2) Rod Clarke M78 | 3) Juergen Langfeldt M52 | 4) Ewen Templeton M76 | |
| | | 1:34.67 () | 2:02.76 (28.09) | 2:45.86 (43.10) | |
| 6 | MANLY | A | | 2:47.70 | 10 |
| | 1) Stephen Lamy M75 | 2) Tony Goodwin M87 | 3) Daniel Phillpot M37 | 4) Ross Hall M71 | |
| | 40.18 | 1:28.21 (48.03) | 2:47.70 (1:19.49) | | |
| 7 | WARRINGAH | A | | 3:09.55 | 8 |
| | 1) Paul Johnson M57 | 2) Anthony Gallagher M69 | 3) Stephen Hawkins M59 | 4) Graham Campbell M80 | |
| | 38.43 | 1:32.81 (54.38) | 2:08.87 (36.06) | 3:09.55 (1:00.68) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 3 Men 280-319 200 LC Metre Medley Relay**

| | | | | |
|---|-----------------------|----------------------|--------------------------|-----------------------|
| 1 | WARRINGAH | A | 2:46.58 | 20 |
| | 1) Tony Tooher M62 | 2) Keith Bourdon M67 | 3) Gordon Whyte M72 | 4) David Craig M80 |
| | 39.94 | 1:23.34 (43.40) | 2:01.85 (38.51) | 2:46.58 (44.73) |
| 2 | SURREY PARK SEAHORSES | A | 2:48.95 | 18 |
| | 1) Tom Fanning M70 | 2) Shane Austin M70 | 3) Darryl Flukes M63 | 4) Peter Lord M77 |
| | 46.64 | 1:35.76 (49.12) | 2:09.73 (33.97) | 2:48.95 (39.22) |
| 3 | MALVERN MARLINS | A | 3:09.99 | 16 |
| | 1) Patrick Galvin M91 | 2) John Stanton M77 | 3) Tony Burt M54 | 4) Trevor Skinner M76 |
| | 57.38 | 1:52.81 (55.43) | 2:35.14 (42.33) | 3:09.99 (34.85) |
| 4 | DARWIN STINGERS | A | 3:50.49 | 14 |
| | 1) Peter Caust M75 | 2) Robert Magin M80 | 3) Michael O'Donnell M69 | 4) John Pollock M85 |
| | | 2:12.55 () | 2:54.21 (41.66) | 3:50.49 (56.28) |

Event 4 Women 18-24 200 LC Metre Breaststroke

| | | | | |
|---|----------------|-----------------|-----------------|-----------------|
| 1 | Annabelle West | 22 NIGHTCLIFF | 3:01.80 | 10 |
| | 39.50 | 1:26.52 (47.02) | 2:14.13 (47.61) | 3:01.80 (47.67) |

Event 4 Women 25-29 200 LC Metre Breaststroke

| | | | | |
|---|-------------|-----------------|-----------------|-----------------|
| 1 | Kady Ibell | 28 TSA | 2:56.37 | 10 |
| | 39.49 | 1:25.04 (45.55) | 2:09.79 (44.75) | 2:56.37 (46.58) |
| 2 | Chloe Hogan | 29 TSA | 3:28.79 | 9 |
| | 47.66 | 1:41.54 (53.88) | 2:37.12 (55.58) | 3:28.79 (51.67) |

Event 4 Women 30-34 200 LC Metre Breaststroke

| | | | | |
|---|----------------------|--------------------|-------------------|-------------------|
| 1 | Rebecca Kierath | 30 CLAREMONT | 3:08.20 | 10 |
| | 40.78 | 1:27.28 (46.50) | 2:16.82 (49.54) | 3:08.20 (51.38) |
| 2 | Amanda Tully | 33 DARWIN STINGERS | 3:09.08 | 9 |
| | 42.00 | 1:29.76 (47.76) | 2:19.61 (49.85) | 3:09.08 (49.47) |
| 3 | Annika-Lee Skulander | 34 BLACKTOWN CITY | 4:19.68 | 8 |
| | 59.78 | 2:06.91 (1:07.13) | 3:13.70 (1:06.79) | 4:19.68 (1:05.98) |
| 4 | Samantha Oliva | 34 BEERWAH | 5:14.16 | 7 |
| | 1:04.75 | 2:28.95 (1:24.20) | 3:51.79 (1:22.84) | 5:14.16 (1:22.37) |

Event 4 Women 35-39 200 LC Metre Breaststroke

| | | | | |
|---|------------------|------------------------------|-------------------|-------------------|
| 1 | Shelley Devers | 38 GYMPIE GOLD FINS | 2:52.99 | 10 |
| | 37.32 | 1:21.05 (43.73) | 2:06.58 (45.53) | 2:52.99 (46.41) |
| 2 | Erin Abson | 37 LAVERTON WYNDHAM AQUATICS | 3:08.92 | 9 |
| | 41.47 | 1:28.21 (46.74) | 2:18.16 (49.95) | 3:08.92 (50.76) |
| 3 | Rachael Cooper | 35 GUILDFORD AND KALAMUNDA | 3:21.47 | 8 |
| | 46.79 | 1:37.68 (50.89) | 2:29.86 (52.18) | 3:21.47 (51.61) |
| 4 | Julia Barnes | 39 GOULBURN VALLEY CROCS | 3:43.07 | 7 |
| | 49.69 | 1:45.11 (55.42) | 2:43.65 (58.54) | 3:43.07 (59.42) |
| 5 | Kate Conway | 39 DARWIN STINGERS | 3:46.43 | 6 |
| | 50.49 | 1:48.06 (57.57) | 2:47.68 (59.62) | 3:46.43 (58.75) |
| 6 | Suzie Haddad | 39 BLACKTOWN CITY | 3:47.01 | 5 |
| | 52.13 | 1:50.13 (58.00) | 2:48.91 (58.78) | 3:47.01 (58.10) |
| 7 | Hannah Mathieson | 35 BRUNSWICK BELUGAS | 3:58.09 | 4 |
| | 51.36 | 1:53.82 (1:02.46) | 2:55.29 (1:01.47) | 3:58.09 (1:02.80) |

Event 4 Women 40-44 200 LC Metre Breaststroke

| | | | | |
|---|---------------------|----------------------|-----------------|-----------------|
| 1 | Stacia Kirk | 43 CLAREMONT | 3:06.67 | 10 |
| | 42.06 | 1:30.02 (47.96) | 2:18.82 (48.80) | 3:06.67 (47.85) |
| 2 | Michelle Coleman | 44 DARWIN STINGERS | 3:26.20 | 9 |
| | 43.29 | | 2:30.47 () | 3:26.20 (55.73) |
| 3 | Lauren Bradley | 40 ETTALONG PELICANS | 3:29.67 | 8 |
| | 47.82 | 1:41.23 (53.41) | 2:34.42 (53.19) | 3:29.67 (55.25) |
| 4 | Susanne Milenkevich | 44 RIVER CITY | 3:41.41 | 7 |
| | 49.79 | 1:45.60 (55.81) | 2:42.74 (57.14) | 3:41.41 (58.67) |
| 5 | Erin Fisher | 42 SWIM WEST | 3:47.14 | 6 |
| | 52.67 | 1:53.42 (1:00.75) | 2:50.95 (57.53) | 3:47.14 (56.19) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 4 Women 40-44 200 LC Metre Breaststroke)**

| | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|---|
| 6 | Kristi Ruus | 40 | TUGGERANONG | 3:53.14 | 5 |
| | 53.38 | 1:52.95 (59.57) | 2:53.78 (1:00.83) | 3:53.14 (59.36) | |
| 7 | Kristina Caldwell | 42 | IPSWICH CITY | 3:54.20 | 4 |
| | 53.97 | 1:55.67 (1:01.70) | 2:56.92 (1:01.25) | 3:54.20 (57.28) | |
| 8 | Dianne Saunders | 40 | SUPERFINS WA | 3:54.29 | 3 |
| | 49.73 | 1:51.07 (1:01.34) | 2:52.74 (1:01.67) | 3:54.29 (1:01.55) | |
| 9 | Ailie McKendrick | 43 | SAPPHIRE COAST | 4:14.36 | 2 |
| | 59.13 | 2:04.27 (1:05.14) | 3:11.63 (1:07.36) | 4:14.36 (1:02.73) | |

Event 4 Women 45-49 200 LC Metre Breaststroke

| | | | | | |
|---|-------------------|-------------------|--------------------|-------------------|----|
| 1 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 3:00.62 | 10 |
| | 39.84 | 1:25.60 (45.76) | 2:13.26 (47.66) | 3:00.62 (47.36) | |
| 2 | Kristy Brackstone | 45 | CLAREMONT | 3:19.94 | 9 |
| | 46.47 | 1:36.71 (50.24) | 2:28.37 (51.66) | 3:19.94 (51.57) | |
| 3 | Belinda Peacocke | 48 | DARWIN STINGERS | 3:26.40 | 8 |
| | 43.34 | 1:34.82 (51.48) | 2:30.93 (56.11) | 3:26.40 (55.47) | |
| 4 | Fiona Griffin | 46 | BOLD PARK | 3:49.22 | 7 |
| | 50.66 | 1:48.71 (58.05) | 2:49.08 (1:00.37) | 3:49.22 (1:00.14) | |
| 5 | Catherine Wilson | 49 | BUNNA-BARRA | 3:59.87 | 6 |
| | 51.07 | 1:51.44 (1:00.37) | 2:55.71 (1:04.27) | 3:59.87 (1:04.16) | |
| 6 | Bec Wright | 49 | BUNNA-BARRA | 5:23.70 | 5 |
| | 1:10.93 | 2:35.12 (1:24.19) | 4:01.40 (1:26.28) | 5:23.70 (1:22.30) | |

Event 4 Women 50-54 200 LC Metre Breaststroke

| | | | | | |
|----|--------------------|-------------------|--------------------|-------------------|----|
| 1 | Christine Sefton | 54 | MYALL | 3:31.97 | 10 |
| | 44.74 | 1:37.69 (52.95) | 2:34.61 (56.92) | 3:31.97 (57.36) | |
| 2 | Kathryn Rogers | 52 | MALVERN MARLINS | 3:33.15 | 9 |
| | 47.93 | 1:42.10 (54.17) | 2:37.38 (55.28) | 3:33.15 (55.77) | |
| 3 | Patricia Burton | 54 | CLAREMONT | 3:44.60 | 8 |
| | 51.42 | 1:47.75 (56.33) | 2:46.26 (58.51) | 3:44.60 (58.34) | |
| 4 | Deanne Sanderson | 50 | BELGRAVIA | 3:47.44 | 7 |
| | 51.80 | 1:49.41 (57.61) | 2:48.54 (59.13) | 3:47.44 (58.90) | |
| 5 | Heidi Roche | 52 | SEASIDE PIRATES | 3:50.10 | 6 |
| | 53.40 | 1:52.45 (59.05) | 2:51.14 (58.69) | 3:50.10 (58.96) | |
| 6 | Jackie Gardiner | 50 | PERTH CITY | 3:51.97 | 5 |
| | 52.97 | 1:51.55 (58.58) | 2:51.23 (59.68) | 3:51.97 (1:00.74) | |
| 7 | Lorraine Aw | 54 | MALVERN MARLINS | 4:03.75 | 4 |
| | 56.58 | 2:01.04 (1:04.46) | 3:02.35 (1:01.31) | 4:03.75 (1:01.40) | |
| 8 | LiQun Hussey | 54 | NOOSA | 4:07.67 | 3 |
| | 56.79 | 2:00.04 (1:03.25) | 3:05.66 (1:05.62) | 4:07.67 (1:02.01) | |
| 9 | Kerryn Blanch | 51 | BLACKTOWN CITY | 4:29.98 | 2 |
| | 1:01.22 | 2:10.29 (1:09.07) | 3:19.48 (1:09.19) | 4:29.98 (1:10.50) | |
| 10 | Charmaine Groppler | 51 | WARRINGAH | 5:01.26 | 1 |
| | 1:04.29 | 2:21.50 (1:17.21) | 3:40.05 (1:18.55) | 5:01.26 (1:21.21) | |
| 11 | Zara Tai | 53 | BLACKTOWN CITY | 5:20.58 | 1 |
| | 1:11.28 | 2:33.56 (1:22.28) | 3:57.07 (1:23.51) | 5:20.58 (1:23.51) | |
| 12 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 8:07.55 | 1 |
| | 1:49.74 | 3:56.56 (2:06.82) | 6:02.91 (2:06.35) | 8:07.55 (2:04.64) | |

Event 4 Women 55-59 200 LC Metre Breaststroke

| | | | | | |
|---|-------------------|-----------------|-----------------------|-----------------|----|
| 1 | Christina Scolaro | 56 | TSA | 3:07.71 | 10 |
| | 42.83 | 1:31.98 (49.15) | 2:19.94 (47.96) | 3:07.71 (47.77) | |
| 2 | Nola Macaulay | 55 | TSA | 3:19.36 | 9 |
| | 44.50 | 1:35.44 (50.94) | 2:27.58 (52.14) | 3:19.36 (51.78) | |
| 3 | Rachel Trenaman | 55 | BEATTY PARK | 3:34.05 | 8 |
| | 47.01 | 1:41.51 (54.50) | 2:37.87 (56.36) | 3:34.05 (56.18) | |
| 4 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 3:39.89 | 7 |
| | 49.63 | 1:46.48 (56.85) | 2:43.73 (57.25) | 3:39.89 (56.16) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 4 Women 55-59 200 LC Metre Breaststroke)**

| | | | | | |
|---|-----------------|-------------------|-------------------|-------------------|---|
| 5 | Katrina Burgess | 57 | TUGGERANONG | 3:45.00 | 6 |
| | 51.89 | 1:49.08 (57.19) | 2:47.50 (58.42) | 3:45.00 (57.50) | |
| 6 | Wendy McMurtrie | 57 | PORT MACQUARIE | 3:59.51 | 5 |
| | 53.42 | 1:55.53 (1:02.11) | 2:57.99 (1:02.46) | 3:59.51 (1:01.52) | |
| 7 | Clairly Lance | 58 | PERTH CITY | 4:12.24 | 4 |
| | 57.77 | 2:01.49 (1:03.72) | 3:06.49 (1:05.00) | 4:12.24 (1:05.75) | |

Event 4 Women 60-64 200 LC Metre Breaststroke

| | | | | | |
|---|------------------------|-------------------|------------------------|-------------------|----|
| 1 | Nicola Corsbie | 62 | CLAREMONT | 3:24.37 | 10 |
| | 46.27 | 1:37.51 (51.24) | 2:30.63 (53.12) | 3:24.37 (53.74) | |
| 2 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 3:41.63 | 9 |
| | 51.27 | 1:49.45 (58.18) | 2:48.03 (58.58) | 3:41.63 (53.60) | |
| 3 | Sue Tompkins | 61 | SEASIDE PIRATES | 3:45.48 | 8 |
| | 52.34 | 1:49.59 (57.25) | 2:47.90 (58.31) | 3:45.48 (57.58) | |
| 4 | Meryl Churchill | 61 | RATS OF TOBRUK | 3:52.01 | 7 |
| | 53.33 | 1:53.12 (59.79) | 2:52.55 (59.43) | 3:52.01 (59.46) | |
| 5 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 3:55.51 | 6 |
| | 55.61 | 1:56.04 (1:00.43) | 2:56.89 (1:00.85) | 3:55.51 (58.62) | |
| 6 | Julia Atkins | 61 | WARRINGAH | 4:21.64 | 5 |
| | 59.56 | 2:07.61 (1:08.05) | 3:16.60 (1:08.99) | 4:21.64 (1:05.04) | |
| 7 | Donna Campbell | 62 | TUGGERANONG | 4:36.41 | 4 |
| | 1:03.33 | 2:16.05 (1:12.72) | 3:28.06 (1:12.01) | 4:36.41 (1:08.35) | |

Event 4 Women 65-69 200 LC Metre Breaststroke

| | | | | | |
|---|------------------|-------------------|------------------------|-------------------|----|
| 1 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 3:32.61 | 10 |
| | 49.04 | 1:44.48 (55.44) | 2:39.81 (55.33) | 3:32.61 (52.80) | |
| 2 | Fiona Redgrove | 68 | HOBART DOLPHINS | 4:00.04 | 9 |
| | 56.37 | 1:56.75 (1:00.38) | 2:59.23 (1:02.48) | 4:00.04 (1:00.81) | |
| 3 | Vivienne Anthony | 65 | CLAREMONT | 4:00.54 | 8 |
| | 52.14 | 1:53.64 (1:01.50) | 2:58.17 (1:04.53) | 4:00.54 (1:02.37) | |
| 4 | Gay Bradley | 69 | COTTON TREE | 4:00.99 | 7 |
| | 53.45 | 1:53.98 (1:00.53) | 2:58.50 (1:04.52) | 4:00.99 (1:02.49) | |
| 5 | Vicki Newman | 66 | BELGRAVIA | 4:24.45 | 6 |
| | 59.98 | 2:06.73 (1:06.75) | 3:15.70 (1:08.97) | 4:24.45 (1:08.75) | |
| 6 | Therese Crollick | 67 | RIVER CITY | 4:43.20 | 5 |
| | 1:03.65 | 2:16.07 (1:12.42) | 3:29.73 (1:13.66) | 4:43.20 (1:13.47) | |
| 7 | Joy Johnson | 66 | CLAREMONT | 4:51.83 | 4 |
| | 1:07.64 | 2:22.18 (1:14.54) | 3:38.35 (1:16.17) | 4:51.83 (1:13.48) | |
| 8 | Pamela Dawes | 66 | WARRINGAH | 5:14.11 | 3 |
| | 1:12.22 | 2:35.55 (1:23.33) | 3:58.52 (1:22.97) | 5:14.11 (1:15.59) | |
| 9 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 6:15.53 | 2 |
| | 1:25.45 | 3:07.01 (1:41.56) | 4:45.90 (1:38.89) | 6:15.53 (1:29.63) | |

Event 4 Women 70-74 200 LC Metre Breaststroke

| | | | | | |
|---|-----------------|-------------------|------------------------------|-------------------|----|
| 1 | Janette Jeffrey | 74 | MALVERN MARLINS | 3:43.02 | 10 |
| | 50.72 | 1:48.58 (57.86) | 2:46.39 (57.81) | 3:43.02 (56.63) | |
| 2 | Pam Munday | 73 | OAK FLATS | 3:52.06 | 9 |
| | 53.29 | 1:51.44 (58.15) | 2:51.07 (59.63) | 3:52.06 (1:00.99) | |
| 3 | Carol Russell | 72 | COOGEE-RANDWICK | 4:04.08 | 8 |
| | 53.04 | 1:57.23 (1:04.19) | 3:00.94 (1:03.71) | 4:04.08 (1:03.14) | |
| 4 | Helen Malar | 70 | NOOSA | 4:16.91 | 7 |
| | 1:02.03 | 2:10.66 (1:08.63) | 3:15.41 (1:04.75) | 4:16.91 (1:01.50) | |
| 5 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 4:18.52 | 6 |
| | 59.93 | 2:06.01 (1:06.08) | 3:15.34 (1:09.33) | 4:18.52 (1:03.18) | |
| 6 | Jacqui Ellison | 70 | SURREY PARK SEAHORSES | 4:19.54 | 5 |
| | 58.35 | 2:04.86 (1:06.51) | 3:12.29 (1:07.43) | 4:19.54 (1:07.25) | |
| 7 | Lesley Buchanan | 73 | NORTH SHORE | 4:31.30 | 4 |
| | 1:01.28 | 2:10.38 (1:09.10) | 3:20.14 (1:09.76) | 4:31.30 (1:11.16) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 4 Women 70-74 200 LC Metre Breaststroke)**

| | | | | | |
|----|---------------------|-------------------|----------------------|-------------------|---|
| 8 | Catherine Alexander | 70 | TUGGERANONG | 4:46.59 | 3 |
| | 1:06.30 | 2:18.62 (1:12.32) | 3:35.01 (1:16.39) | 4:46.59 (1:11.58) | |
| 9 | Maree Tuff | 73 | MORNINGTON PENINSULA | 4:50.42 | 2 |
| | 1:05.78 | 2:21.65 (1:15.87) | 3:38.86 (1:17.21) | 4:50.42 (1:11.56) | |
| 10 | Janette Goey | 74 | MALVERN MARLINS | 5:03.27 | 1 |
| | | 2:29.70 () | 3:50.35 (1:20.65) | 5:03.27 (1:12.92) | |

Event 4 Women 75-79 200 LC Metre Breaststroke

| | | | | | |
|---|------------------|-------------------|-------------------|-------------------|----|
| 1 | Marijke Alderson | 77 | POWERPOINTS | 4:16.45 | 10 |
| | 58.77 | 2:05.57 (1:06.80) | 3:12.18 (1:06.61) | 4:16.45 (1:04.27) | |
| 2 | Marion Dreyer | 77 | ETTALONG PELICANS | 8:01.25 | 9 |
| | 1:46.72 | 3:50.56 (2:03.84) | 5:54.94 (2:04.38) | 8:01.25 (2:06.31) | |

Event 4 Women 80-84 200 LC Metre Breaststroke

| | | | | | |
|---|---------------|-------------------|---------------------|-------------------|----|
| 1 | Lindy Salter | 80 | MIAMI | 4:33.53 | 10 |
| | 1:02.41 | 2:13.58 (1:11.17) | 3:24.46 (1:10.88) | 4:33.53 (1:09.07) | |
| 2 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 5:36.26 | 9 |
| | 1:15.33 | 2:46.13 (1:30.80) | 4:13.86 (1:27.73) | 5:36.26 (1:22.40) | |
| 3 | Gail Gronholt | 80 | DARWIN STINGERS | 5:36.37 | 8 |
| | 1:19.64 | 2:50.26 (1:30.62) | 4:17.56 (1:27.30) | 5:36.37 (1:18.81) | |
| 4 | Bridget Cook | 80 | WARRINGAH | 7:11.22 | 7 |
| | 1:32.16 | 3:28.11 (1:55.95) | 5:19.35 (1:51.24) | 7:11.22 (1:51.87) | |

Event 4 Women 85-89 200 LC Metre Breaststroke

| | | | | | |
|---|----------------|-------------------|------------------------|-------------------|----|
| 1 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 6:13.82 | 10 |
| | 1:21.97 | 3:03.39 (1:41.42) | 4:41.57 (1:38.18) | 6:13.82 (1:32.25) | |
| 2 | Maggie Roberts | 87 | DARWIN STINGERS | 6:55.68 | 9 |
| | 1:34.67 | 3:23.96 (1:49.29) | 5:07.63 (1:43.67) | 6:55.68 (1:48.05) | |

Event 4 Men 18-24 200 LC Metre Breaststroke

| | | | | | |
|---|------------------|-------------------|----------------------|-------------------|----|
| 1 | Jack Worthington | 20 | PENRITH | 2:48.40 | 10 |
| | 37.18 | 1:19.99 (42.81) | 2:03.88 (43.89) | 2:48.40 (44.52) | |
| 2 | Samuel Bricknell | 24 | DARWIN STINGERS | 2:57.93 | 9 |
| | 37.97 | 1:23.20 (45.23) | 2:09.63 (46.43) | 2:57.93 (48.30) | |
| 3 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 3:00.81 | 8 |
| | 39.99 | 1:27.26 (47.27) | 2:14.73 (47.47) | 3:00.81 (46.08) | |
| 4 | Dylan Mende | 19 | DARWIN BUFFALOS | 3:05.39 | 7 |
| | 35.68 | 1:21.57 (45.89) | 2:11.82 (50.25) | 3:05.39 (53.57) | |
| 5 | Joseph Salt | 24 | SUPERFINS WA | 4:41.91 | 6 |
| | 1:01.03 | 2:13.09 (1:12.06) | 3:26.67 (1:13.58) | 4:41.91 (1:15.24) | |

Event 4 Men 25-29 200 LC Metre Breaststroke

| | | | | | |
|---|-------------|-----------------|--------------------|-----------------|----|
| 1 | Joseph Howe | 26 | GLAMOURHEAD SHARKS | 2:47.29 | 10 |
| | 36.37 | 1:20.02 (43.65) | 2:04.67 (44.65) | 2:47.29 (42.62) | |

Event 4 Men 30-34 200 LC Metre Breaststroke

| | | | | | |
|---|----------------|-------------------|-------------------|-------------------|----|
| 1 | Noah Southam | 32 | MIAMI | 3:04.93 | 10 |
| | 40.17 | 1:26.08 (45.91) | 2:14.74 (48.66) | 3:04.93 (50.19) | |
| 2 | Rhys Fisher | 31 | DEVONPORT DEVILS | 3:25.05 | 9 |
| | 43.94 | 1:35.32 (51.38) | 2:30.02 (54.70) | 3:25.05 (55.03) | |
| 3 | Timothy Few | 32 | DARWIN BUFFALOS | 3:34.38 | 8 |
| | 43.42 | 1:35.92 (52.50) | 2:33.88 (57.96) | 3:34.38 (1:00.50) | |
| 4 | Geoffrey Keron | 32 | SUPERFINS WA | 4:07.32 | 7 |
| | 57.35 | 1:59.12 (1:01.77) | 3:02.92 (1:03.80) | 4:07.32 (1:04.40) | |

Event 4 Men 35-39 200 LC Metre Breaststroke

| | | | | | |
|---|----------------|-----------------|------------------|-----------------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 2:37.82 | 10 |
| | 34.88 | 1:15.55 (40.67) | 1:56.74 (41.19) | 2:37.82 (41.08) | |
| 2 | Bradley Thomas | 39 | PENRITH | 2:41.08 | 9 |
| | 34.40 | 1:14.78 (40.38) | 1:56.75 (41.97) | 2:41.08 (44.33) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 4 Men 35-39 200 LC Metre Breaststroke)**

| | | | | | |
|---|------------------|-------------------|--------------------|-------------------|---|
| 3 | Daniel Phillipot | 37 | MANLY | 2:46.33 | 8 |
| | 37.76 | 1:19.43 (41.67) | 2:03.26 (43.83) | 2:46.33 (43.07) | |
| 4 | Mark McDonald | 37 | BLACKTOWN CITY | 3:36.50 | 7 |
| | 46.34 | 1:42.22 (55.88) | 2:39.31 (57.09) | 3:36.50 (57.19) | |
| 5 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 3:42.43 | 6 |
| | 49.22 | 1:45.42 (56.20) | 2:43.00 (57.58) | 3:42.43 (59.43) | |
| 6 | Gregory Black | 35 | SUPERFINS WA | 3:58.04 | 5 |
| | 55.20 | 1:54.88 (59.68) | 2:56.58 (1:01.70) | 3:58.04 (1:01.46) | |
| 7 | Nathan Curry | 38 | SUPERFINS WA | 4:11.25 | 4 |
| | 56.30 | 1:57.19 (1:00.89) | 3:04.06 (1:06.87) | 4:11.25 (1:07.19) | |

Event 4 Men 40-44 200 LC Metre Breaststroke

| | | | | | |
|---|------------------------|-----------------|------------------------|-----------------|----|
| 1 | Joshua P Baker | 40 | NORTH SHORE | 2:50.69 | 10 |
| | 37.56 | 1:20.79 (43.23) | 2:05.33 (44.54) | 2:50.69 (45.36) | |
| 2 | Koe Davidson | 44 | POWERPOINTS | 2:55.05 | 9 |
| | 38.25 | 1:22.86 (44.61) | 2:09.61 (46.75) | 2:55.05 (45.44) | |
| 3 | Edwin Auzins | 43 | MOLONGLO WATER DRAGONS | 3:01.78 | 8 |
| | 40.45 | 1:27.58 (47.13) | 2:15.92 (48.34) | 3:01.78 (45.86) | |
| 4 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 3:08.97 | 7 |
| | 40.87 | 1:28.74 (47.87) | 2:18.47 (49.73) | 3:08.97 (50.50) | |
| 5 | Varant Jambazian | 41 | MERRYLANDS | 3:40.86 | 6 |
| | 48.34 | 1:46.10 (57.76) | 2:44.07 (57.97) | 3:40.86 (56.79) | |

Event 4 Men 45-49 200 LC Metre Breaststroke

| | | | | | |
|---|--------------------|-----------------|--------------------|-----------------|----|
| 1 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 2:58.75 | 10 |
| | 40.69 | 1:25.83 (45.14) | 2:12.18 (46.35) | 2:58.75 (46.57) | |
| 2 | Stuart Mackay | 49 | PENRITH | 2:59.21 | 9 |
| | 37.79 | 1:22.17 (44.38) | 2:09.78 (47.61) | 2:59.21 (49.43) | |
| 3 | Steven Vermey | 45 | PENRITH | 3:00.15 | 8 |
| | 39.48 | 1:24.31 (44.83) | 2:11.67 (47.36) | 3:00.15 (48.48) | |
| 4 | Sam Radford | 48 | DONCASTER DOLPHINS | 3:02.01 | 7 |
| | 39.89 | 1:26.80 (46.91) | 2:15.38 (48.58) | 3:02.01 (46.63) | |
| 5 | Kristopher Watkins | 46 | MIAMI | 3:03.46 | 6 |
| | 38.34 | 1:26.76 (48.42) | 2:16.22 (49.46) | 3:03.46 (47.24) | |

Event 4 Men 50-54 200 LC Metre Breaststroke

| | | | | | |
|---|----------------------|-------------------|-------------------|-------------------|----|
| 1 | Kieren Jon Lawrenson | 50 | CLAREMONT | 2:47.20 | 10 |
| | 37.07 | 1:19.84 (42.77) | 2:04.00 (44.16) | 2:47.20 (43.20) | |
| 2 | Carlos Quevedo | 53 | TSA | 3:21.69 | 9 |
| | 45.71 | 1:36.94 (51.23) | 2:29.93 (52.99) | 3:21.69 (51.76) | |
| 3 | Tony Burt | 54 | MALVERN MARLINS | 3:29.12 | 8 |
| | 49.04 | 1:43.44 (54.40) | 2:37.39 (53.95) | 3:29.12 (51.73) | |
| 4 | Jason Gronowicz | 50 | BLACKTOWN CITY | 3:29.20 | 7 |
| | 44.48 | 1:37.68 (53.20) | 2:34.81 (57.13) | 3:29.20 (54.39) | |
| 5 | Paul Lendvay | 50 | GENESIS AQUATICS | 3:33.23 | 6 |
| | 47.24 | 1:40.87 (53.63) | 2:37.39 (56.52) | 3:33.23 (55.84) | |
| 6 | Sandeep Gulia | 51 | PENRITH | 4:00.23 | 5 |
| | 50.61 | 1:51.37 (1:00.76) | 2:54.60 (1:03.23) | 4:00.23 (1:05.63) | |
| 7 | Andrew Goldswain | 53 | SUPERFINS WA | 4:49.18 | 4 |
| | 1:08.61 | 2:22.65 (1:14.04) | 3:33.72 (1:11.07) | 4:49.18 (1:15.46) | |
| 8 | Phillip Smith | 54 | SUPERFINS WA | 5:21.72 | 3 |
| | 1:15.01 | 2:38.05 (1:23.04) | 3:58.32 (1:20.27) | 5:21.72 (1:23.40) | |

Event 4 Men 55-59 200 LC Metre Breaststroke

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|----|
| 1 | Craig Magnusson | 59 | NORTH SHORE | 2:51.43 | 10 |
| | 38.36 | 1:21.10 (42.74) | 2:05.33 (44.23) | 2:51.43 (46.10) | |
| 2 | Brett Davidson | 57 | POWERPOINTS | 3:07.71 | 9 |
| | 42.83 | 1:31.24 (48.41) | 2:19.44 (48.20) | 3:07.71 (48.27) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 4 Men 55-59 200 LC Metre Breaststroke)**

| | | | | | |
|---|-----------------|-------------------|-------------------|-----------------|---|
| 3 | Peter Bubrzycki | 59 | COCKBURN | 3:14.71 | 8 |
| | 42.00 | 1:32.66 (50.66) | 2:24.37 (51.71) | 3:14.71 (50.34) | |
| 4 | Warren Midgley | 59 | TOOWOOMBA | 3:59.57 | 7 |
| | 52.12 | 1:55.44 (1:03.32) | 2:59.83 (1:04.39) | 3:59.57 (59.74) | |

Event 4 Men 60-64 200 LC Metre Breaststroke

| | | | | | |
|---|-------------------|-----------------|-------------------|-------------------|----|
| 1 | Anthony Dunne | 61 | CLAREMONT | 2:58.57 | 10 |
| | 40.27 | 1:24.59 (44.32) | 2:11.06 (46.47) | 2:58.57 (47.51) | |
| 2 | Ian Robinson | 61 | RIVER CITY | 3:02.47 | 9 |
| | 39.83 | 1:26.76 (46.93) | 2:14.45 (47.69) | 3:02.47 (48.02) | |
| 3 | Mark Huggins | 63 | MALVERN MARLINS | 3:25.62 | 8 |
| | 48.51 | 1:42.51 (54.00) | 2:35.32 (52.81) | 3:25.62 (50.30) | |
| 4 | Glen Walker | 63 | PENRITH | 3:26.20 | 7 |
| | 45.97 | 1:39.39 (53.42) | 2:34.52 (55.13) | 3:26.20 (51.68) | |
| 5 | Andrew McCrindell | 61 | RYDE | 3:47.13 | 6 |
| | 50.11 | 1:49.66 (59.55) | 2:50.37 (1:00.71) | 3:47.13 (56.76) | |
| 6 | Tony Tooher | 62 | WARRINGAH | 3:48.87 | 5 |
| | 50.71 | 1:49.02 (58.31) | 2:49.73 (1:00.71) | 3:48.87 (59.14) | |
| 7 | Wayne Carlish | 61 | TOOWOOMBA | 3:52.14 | 4 |
| | 47.96 | 1:46.94 (58.98) | 2:50.14 (1:03.20) | 3:52.14 (1:02.00) | |
| 8 | Gordon Southam | 62 | MIAMI | 3:53.58 | 3 |
| | 52.03 | 1:51.68 (59.65) | 2:53.43 (1:01.75) | 3:53.58 (1:00.15) | |

Event 4 Men 65-69 200 LC Metre Breaststroke

| | | | | | |
|----|------------------|-------------------|---------------------|-------------------|----|
| *1 | Dieter Machate | 65 | INDONESIA | 3:09.16 | 10 |
| | 41.12 | 1:29.09 (47.97) | 2:18.27 (49.18) | 3:09.16 (50.89) | |
| *1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 3:09.49 | 10 |
| | 42.78 | 1:31.58 (48.80) | 2:20.54 (48.96) | 3:09.49 (48.95) | |
| 2 | Owen Sinden | 69 | BLACKTOWN CITY | 3:27.05 | 9 |
| | 48.97 | 1:41.92 (52.95) | 2:36.00 (54.08) | 3:27.05 (51.05) | |
| 3 | Keith Bourdon | 67 | WARRINGAH | 3:31.37 | 8 |
| | 48.17 | 1:42.78 (54.61) | 2:39.05 (56.27) | 3:31.37 (52.32) | |
| 4 | Geoffrey Toogood | 65 | POWERPOINTS | 3:39.87 | 7 |
| | 50.92 | 1:47.01 (56.09) | 2:44.40 (57.39) | 3:39.87 (55.47) | |
| 5 | Neil Newman | 68 | BELGRAVIA | 3:52.74 | 6 |
| | 53.39 | 1:53.31 (59.92) | 2:55.16 (1:01.85) | 3:52.74 (57.58) | |
| 6 | Anthony Horadam | 67 | BLACKTOWN CITY | 3:58.82 | 5 |
| | 53.71 | 1:55.33 (1:01.62) | 2:57.08 (1:01.75) | 3:58.82 (1:01.74) | |

Event 4 Men 70-74 200 LC Metre Breaststroke

| | | | | | |
|---|---------------------|-------------------|-----------------------|-------------------|----|
| 1 | Stuart Ellicott | 72 | NORTH SHORE | 3:10.93 | 10 |
| | 40.88 | 1:29.46 (48.58) | 2:20.70 (51.24) | 3:10.93 (50.23) | |
| 2 | Don Taylor | 74 | TOOWOOMBA | 3:37.65 | 9 |
| | 48.41 | 1:43.66 (55.25) | 2:41.18 (57.52) | 3:37.65 (56.47) | |
| 3 | Shane Austin | 70 | SURREY PARK SEAHORSES | 3:46.49 | 8 |
| | 51.40 | 1:49.83 (58.43) | 2:49.62 (59.79) | 3:46.49 (56.87) | |
| 4 | Charles Croft | 74 | ARMADALE | 3:59.91 | 7 |
| | 52.83 | 1:52.60 (59.77) | 2:55.96 (1:03.36) | 3:59.91 (1:03.95) | |
| 5 | Anthony Catto-Smith | 70 | MORNINGTON PENINSULA | 4:06.92 | 6 |
| | 57.62 | 2:00.05 (1:02.43) | 3:04.41 (1:04.36) | 4:06.92 (1:02.51) | |
| 6 | Trevor Wainstein | 71 | CLAREMONT | 4:31.15 | 5 |
| | 1:00.42 | 2:08.68 (1:08.26) | 3:20.38 (1:11.70) | 4:31.15 (1:10.77) | |
| 7 | John Towers | 74 | LAUNCESTON LEMMINGS | 5:45.35 | 4 |
| | 1:20.34 | 2:53.36 (1:33.02) | 4:23.18 (1:29.82) | 5:45.35 (1:22.17) | |
| 8 | Ross Hall | 71 | MANLY | 5:53.48 | 3 |
| | 1:18.82 | 2:54.31 (1:35.49) | 4:26.44 (1:32.13) | 5:53.48 (1:27.04) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 4 Men 75-79 200 LC Metre Breaststroke**

| | | | | | |
|-----|------------------|-------------------|--------------------|-------------------|----|
| 1 | Robert Patterson | 77 | DARWIN STINGERS | 3:52.44 | 10 |
| | 50.57 | 1:49.89 (59.32) | 2:50.83 (1:00.94) | 3:52.44 (1:01.61) | |
| 2 | John Stanton | 77 | MALVERN MARLINS | 4:31.18 | 9 |
| | 1:04.40 | 2:17.36 (1:12.96) | 3:27.54 (1:10.18) | 4:31.18 (1:03.64) | |
| --- | Rod Clarke | 78 | DONCASTER DOLPHINS | DQ | |
| | 48.97 | 1:46.02 (57.05) | 2:46.75 (1:00.73) | DQ (56.86) | |

Event 4 Men 80-84 200 LC Metre Breaststroke

| | | | | | |
|-----|-----------------|-------------------|-------------------|-------------------|----|
| 1 | Robert Magin | 80 | DARWIN STINGERS | 5:53.39 | 10 |
| | 1:19.47 | 2:53.34 (1:33.87) | 4:27.06 (1:33.72) | 5:53.39 (1:26.33) | |
| 2 | Graham Campbell | 80 | WARRINGAH | 7:06.94 | 9 |
| | 1:39.64 | 3:32.97 (1:53.33) | 5:19.83 (1:46.86) | 7:06.94 (1:47.11) | |
| --- | James Ross | 80 | NEW ZEALAND | DQ | |
| | 1:51.53 | 4:02.54 (2:11.01) | 6:10.34 (2:07.80) | DQ (2:01.94) | |

Event 4 Men 85-89 200 LC Metre Breaststroke

| | | | | | |
|---|--------------|-----------------|-----------------|-----------------|----|
| 1 | Tony Goodwin | 87 | MANLY | 3:46.10 | 10 |
| | 52.35 | 1:50.32 (57.97) | 2:48.99 (58.67) | 3:46.10 (57.11) | |

Event 4 Men 90-94 200 LC Metre Breaststroke

| | | | | | |
|---|----------------|-------------------|-------------------|-------------------|----|
| 1 | Patrick Galvin | 91 | MALVERN MARLINS | 4:56.06 | 10 |
| | 1:09.09 | 2:26.63 (1:17.54) | 3:43.18 (1:16.55) | 4:56.06 (1:12.88) | |

Event 5 Women 18-24 100 LC Metre Backstroke

| | | | | | |
|---|---------------|-----------------|-----------------------|---------|----|
| 1 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 1:18.88 | 10 |
| | 36.68 | 1:18.88 (42.20) | | | |
| 2 | Alexia Green | 22 | MORNINGTON PENINSULA | 1:24.96 | 9 |
| | 41.51 | 1:24.96 (43.45) | | | |
| 3 | Joanna Lill | 21 | BLACKTOWN CITY | 1:25.38 | 8 |
| | 41.34 | 1:25.38 (44.04) | | | |
| 4 | Lotti Fox | 24 | CLAREMONT | 1:47.03 | 7 |
| | 51.43 | 1:47.03 (55.60) | | | |

Event 5 Women 25-29 100 LC Metre Backstroke

| | | | | | |
|---|-------------------|-------------------|-----------------|---------|----|
| 1 | Kady Ibell | 28 | TSA | 1:15.55 | 10 |
| | 35.54 | 1:15.55 (40.01) | | | |
| 2 | Kimberley Vidura | 28 | UNISA | 1:15.68 | 9 |
| | 36.72 | 1:15.68 (38.96) | | | |
| 3 | Alison Sparks | 25 | NORTH SHORE | 1:20.74 | 8 |
| | 38.02 | 1:20.74 (42.72) | | | |
| 4 | Chloe Hogan | 29 | TSA | 1:21.53 | 7 |
| | 39.32 | 1:21.53 (42.21) | | | |
| 5 | Megan Clark | 26 | PENRITH | 1:29.61 | 6 |
| | 43.44 | 1:29.61 (46.17) | | | |
| 6 | Jayde Freeman | 25 | DARWIN STINGERS | 1:31.56 | 5 |
| 7 | Amy Small | 29 | NOARLUNGA | 1:40.16 | 4 |
| | 48.39 | 1:40.16 (51.77) | | | |
| 8 | Stephanie Neville | 28 | SUPERFINS WA | 2:06.77 | 3 |
| | 1:01.27 | 2:06.77 (1:05.50) | | | |

Event 5 Women 30-34 100 LC Metre Backstroke

| | | | | | |
|---|----------------------|-------------------|----------------|---------|----|
| 1 | Suzanna Olsen | 32 | CLAREMONT | 1:22.05 | 10 |
| | 38.71 | 1:22.05 (43.34) | | | |
| 2 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 2:04.76 | 9 |
| | 1:00.15 | 2:04.76 (1:04.61) | | | |
| 3 | Carys Munks | 30 | SUPERFINS WA | 2:30.13 | 8 |
| | 1:11.99 | 2:30.13 (1:18.14) | | | |
| 4 | Charlotte Britton | 33 | SUPERFINS WA | 2:54.58 | 7 |
| | 1:22.72 | 2:54.58 (1:31.86) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 5 Women 35-39 100 LC Metre Backstroke**

| | | | | | |
|---|------------------|---------|---------------------|---------|----|
| 1 | Anna Lucchesi | 35 | POWERPOINTS | 1:18.64 | 10 |
| | 37.67 | 1:18.64 | (40.97) | | |
| 2 | Ashleigh Davis | 35 | SUTHERLAND SANDBERN | 1:19.04 | 9 |
| | 37.12 | 1:19.04 | (41.92) | | |
| 3 | Alison Sakurovs | 39 | MERRYLANDS | 1:24.51 | 8 |
| | 40.51 | 1:24.51 | (44.00) | | |
| 4 | Belinda Meek | 35 | BLACKTOWN CITY | 1:28.63 | 7 |
| | 41.69 | 1:28.63 | (46.94) | | |
| 5 | Kate Conway | 39 | DARWIN STINGERS | 1:32.18 | 6 |
| | 45.81 | 1:32.18 | (46.37) | | |
| 6 | Sarah George | 38 | ETTALONG PELICANS | 1:35.69 | 5 |
| | 44.35 | 1:35.69 | (51.34) | | |
| 7 | Suzie Haddad | 39 | BLACKTOWN CITY | 1:38.44 | 4 |
| | 46.90 | 1:38.44 | (51.54) | | |
| 8 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 1:42.00 | 3 |
| | 48.87 | 1:42.00 | (53.13) | | |

Event 5 Women 40-44 100 LC Metre Backstroke

| | | | | | |
|---|-----------------------|---------|--------------------|---------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 1:15.29 | 10 |
| | 35.58 | 1:15.29 | (39.71) | | |
| 2 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 1:19.34 | 9 |
| | 38.91 | 1:19.34 | (40.43) | | |
| 3 | Amy McCloskey | 41 | RYDE | 1:20.33 | 8 |
| | 37.19 | 1:20.33 | (43.14) | | |
| 4 | Miranda Schoolderman | 41 | COTTON TREE | 1:22.87 | 7 |
| | 39.64 | 1:22.87 | (43.23) | | |
| 5 | Lauren Bradley | 40 | ETTALONG PELICANS | 1:27.33 | 6 |
| | 41.89 | 1:27.33 | (45.44) | | |
| 6 | Rebecca Milton | 40 | ADELAIDE | 1:30.27 | 5 |
| | 43.07 | 1:30.27 | (47.20) | | |
| 7 | Shannon Bowron | 44 | ROCKINGHAM | 1:31.53 | 4 |
| | 43.99 | 1:31.53 | (47.54) | | |
| 8 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 1:33.07 | 3 |
| | 45.68 | 1:33.07 | (47.39) | | |
| 9 | Katrina Munn | 41 | RACKLEY SWIM TEAM | 1:42.79 | 2 |
| | 48.33 | 1:42.79 | (54.46) | | |

Event 5 Women 45-49 100 LC Metre Backstroke

| | | | | | |
|----|------------------|---------|-------------------|---------|----|
| 1 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 1:13.69 | 10 |
| | 35.37 | 1:13.69 | (38.32) | | |
| 2 | Fiona Reed | 48 | NORTH SYDNEY | 1:25.02 | 9 |
| | 41.02 | 1:25.02 | (44.00) | | |
| 3 | Fiona Griffin | 46 | BOLD PARK | 1:26.35 | 8 |
| | 42.23 | 1:26.35 | (44.12) | | |
| 4 | Amy Dickinson | 46 | SEASIDE PIRATES | 1:32.25 | 7 |
| | 44.84 | 1:32.25 | (47.41) | | |
| 5 | Anke Schwedat | 46 | CLAREMONT | 1:36.43 | 6 |
| | 46.05 | 1:36.43 | (50.38) | | |
| 6 | Catherine Way | 46 | DARWIN STINGERS | 1:40.20 | 5 |
| | 48.44 | 1:40.20 | (51.76) | | |
| 7 | Catherine Wilson | 49 | BUNNA-BARRA | 1:42.51 | 4 |
| | 47.89 | 1:42.51 | (54.62) | | |
| 8 | Rebecca Draper | 46 | NORTHERN | 1:45.75 | 3 |
| | 51.87 | 1:45.75 | (53.88) | | |
| 9 | Bec Wright | 49 | BUNNA-BARRA | 2:27.41 | 2 |
| | 1:11.14 | 2:27.41 | (1:16.27) | | |
| 10 | Cheree Dodkin | 45 | TOOWOOMBA | 3:31.97 | 1 |
| | 1:38.80 | 3:31.97 | (1:53.17) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 5 Women 50-54 100 LC Metre Backstroke**

| | | | | | |
|----|----------------------|---------|--------------------|---------|----|
| 1 | Madelyn-Anne Ring | 51 | POWERPOINTS | 1:27.62 | 10 |
| | 42.43 | 1:27.62 | (45.19) | | |
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 1:27.98 | 9 |
| | 41.43 | 1:27.98 | (46.55) | | |
| 3 | Jenny McMahon | 50 | DARWIN STINGERS | 1:29.04 | 8 |
| | 42.04 | 1:29.04 | (47.00) | | |
| 4 | Tracey Zammit | 53 | MIAMI | 1:29.66 | 7 |
| | 42.77 | 1:29.66 | (46.89) | | |
| 5 | Heidi Roche | 52 | SEASIDE PIRATES | 1:30.26 | 6 |
| | 44.05 | 1:30.26 | (46.21) | | |
| 6 | Sharyn Bury | 54 | DARWIN STINGERS | 1:38.46 | 5 |
| | 47.50 | 1:38.46 | (50.96) | | |
| *7 | Katrin Buchta | 54 | GERMANY | 1:44.72 | 4 |
| *7 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 2:44.27 | 4 |
| | 1:16.74 | 2:44.27 | (1:27.53) | | |

Event 5 Women 55-59 100 LC Metre Backstroke

| | | | | | |
|----|-------------------|---------|-----------------------|---------|----|
| 1 | Sharon Beaver | 57 | ADELAIDE | 1:27.31 | 10 |
| | 41.88 | 1:27.31 | (45.43) | | |
| 2 | Caz Makin | 56 | TUGGERANONG | 1:30.33 | 9 |
| | 43.53 | 1:30.33 | (46.80) | | |
| 3 | Patricia Reid | 59 | TATTERSALLS CLUB | 1:30.92 | 8 |
| | 42.65 | 1:30.92 | (48.27) | | |
| 4 | Elana McNeil | 59 | MALVERN MARLINS | 1:31.82 | 7 |
| | 43.97 | 1:31.82 | (47.85) | | |
| 5 | Rachel Trenaman | 55 | BEATTY PARK | 1:32.17 | 6 |
| | 44.34 | 1:32.17 | (47.83) | | |
| 6 | Katrina Burgess | 57 | TUGGERANONG | 1:36.40 | 5 |
| | 46.41 | 1:36.40 | (49.99) | | |
| 7 | Kylee Murray | 58 | MERRYLANDS | 1:42.26 | 4 |
| | 48.23 | 1:42.26 | (54.03) | | |
| 8 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 1:42.48 | 3 |
| | 49.94 | 1:42.48 | (52.54) | | |
| 9 | Andrea Phillips | 55 | SURREY PARK SEAHORSES | 1:48.14 | 2 |
| | 51.04 | 1:48.14 | (57.10) | | |
| 10 | Alison Farmer | 59 | CLAREMONT | 1:48.51 | 1 |
| 11 | Clairly Lance | 58 | PERTH CITY | 1:52.40 | 1 |
| | 54.28 | 1:52.40 | (58.12) | | |
| 12 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 1:57.27 | 1 |
| | 56.98 | 1:57.27 | (1:00.29) | | |

Event 5 Women 60-64 100 LC Metre Backstroke

| | | | | | |
|---|------------------|---------|----------------------|---------|----|
| 1 | Joanne Sutcliffe | 64 | PHOENIX | 1:20.47 | 10 |
| | 38.77 | 1:20.47 | (41.70) | | |
| 2 | Sue Tompkins | 61 | SEASIDE PIRATES | 1:27.30 | 9 |
| | 43.11 | 1:27.30 | (44.19) | | |
| 3 | Bridget Young | 60 | ROCKINGHAM | 1:28.16 | 8 |
| | 42.93 | 1:28.16 | (45.23) | | |
| 4 | Janette Dickey | 64 | MALVERN MARLINS | 1:28.83 | 7 |
| | 44.33 | 1:28.83 | (44.50) | | |
| 5 | Meryl Churchill | 61 | RATS OF TOBRUK | 1:38.20 | 6 |
| | 46.83 | 1:38.20 | (51.37) | | |
| 6 | Tamara Stenhouse | 63 | DARWIN STINGERS | 1:39.97 | 5 |
| | 49.60 | 1:39.97 | (50.37) | | |
| 7 | Catherine Reid | 62 | POWERPOINTS | 1:41.35 | 4 |
| | 49.26 | 1:41.35 | (52.09) | | |
| 8 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 1:42.84 | 3 |
| | 47.18 | 1:42.84 | (55.66) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 5 Women 60-64 100 LC Metre Backstroke)**

| | | | | | |
|----|----------------------|----|-----------------------|-------------------|---|
| 9 | Andrea Hutchinson | 62 | RACKLEY SWIM TEAM | 1:45.12 | 2 |
| | 51.56 | | | 1:45.12 (53.56) | |
| 10 | Caroline Symons | 63 | GLAMOURHEAD SHARKS | 1:49.81 | 1 |
| | 53.91 | | | 1:49.81 (55.90) | |
| 11 | Di Woods | 64 | GLAMOURHEAD SHARKS | 1:54.29 | 1 |
| | 53.63 | | | 1:54.29 (1:00.66) | |
| 12 | Julia Atkins | 61 | WARRINGAH | 1:58.69 | 1 |
| | 58.19 | | | 1:58.69 (1:00.50) | |
| 13 | Beth Ashwood | 64 | MALVERN MARLINS | 2:01.15 | 1 |
| | 57.35 | | | 2:01.15 (1:03.80) | |
| 14 | Sue Lyon | 60 | SURREY PARK SEAHORSES | 2:01.50 | 1 |
| | 59.57 | | | 2:01.50 (1:01.93) | |
| 15 | Margaret Fell | 63 | BLACKTOWN CITY | 2:01.67 | 1 |
| | 58.03 | | | 2:01.67 (1:03.64) | |
| 16 | Jill Woodworth | 64 | HERVEY BAY | 2:11.53 | 1 |
| | 1:02.37 | | | 2:11.53 (1:09.16) | |
| 17 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 2:16.83 | 1 |
| | 1:03.89 | | | 2:16.83 (1:12.94) | |
| 18 | Donna Uren | 64 | SAPPHIRE COAST | 2:19.66 | 1 |
| | 1:06.74 | | | 2:19.66 (1:12.92) | |
| 19 | Kathleen Wainwright | 63 | CARINE | 2:56.90 | 1 |
| | 1:23.27 | | | 2:56.90 (1:33.63) | |

Event 5 Women 65-69 100 LC Metre Backstroke

| | | | | | |
|---|-------------------|----|--------------------|-------------------|----|
| 1 | Vivienne Anthony | 65 | CLAREMONT | 1:35.41 | 10 |
| | 45.46 | | | 1:35.41 (49.95) | |
| 2 | Yvonne Mutton | 66 | NOOSA | 1:36.57 | 9 |
| | 47.65 | | | 1:36.57 (48.92) | |
| 3 | Pip Hawson | 65 | CLAREMONT | 1:42.17 | 8 |
| | 49.55 | | | 1:42.17 (52.62) | |
| 4 | Heather Whitehead | 65 | BEATTY PARK | 1:43.82 | 7 |
| | 49.75 | | | 1:43.82 (54.07) | |
| 5 | Anke Kohfahl | 66 | GLAMOURHEAD SHARKS | 1:51.20 | 6 |
| | 54.97 | | | 1:51.20 (56.23) | |
| 6 | Eleanor Parsons | 69 | CLAREMONT | 1:52.34 | 5 |
| | 53.13 | | | 1:52.34 (59.21) | |
| 7 | Gay Bradley | 69 | COTTON TREE | 1:52.71 | 4 |
| | 55.95 | | | 1:52.71 (56.76) | |
| 8 | Joy Johnson | 66 | CLAREMONT | 2:09.15 | 3 |
| | 1:01.91 | | | 2:09.15 (1:07.24) | |
| 9 | Pamela Dawes | 66 | WARRINGAH | 2:21.99 | 2 |
| | 1:07.60 | | | 2:21.99 (1:14.39) | |

Event 5 Women 70-74 100 LC Metre Backstroke

| | | | | | |
|---|-----------------------|----|-----------------|-------------------|----|
| 1 | Susan Swire-Thompson | 70 | CLAREMONT | 1:34.71 | 10 |
| | 46.77 | | | 1:34.71 (47.94) | |
| 2 | Suzanne Hollis | 70 | TSA | 1:37.80 | 9 |
| | 47.31 | | | 1:37.80 (50.49) | |
| 3 | Wendy Cooper | 71 | WARRINGAH | 1:39.10 | 8 |
| | 47.89 | | | 1:39.10 (51.21) | |
| 4 | Megan Stronach | 72 | HOBART DOLPHINS | 1:40.32 | 7 |
| | 48.35 | | | 1:40.32 (51.97) | |
| 5 | Patricia Moore | 71 | DARWIN STINGERS | 1:55.32 | 6 |
| | 57.42 | | | 1:55.32 (57.90) | |
| 6 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 1:55.72 | 5 |
| | 56.01 | | | 1:55.72 (59.71) | |
| 7 | Catherine Alexander | 70 | TUGGERANONG | 2:05.41 | 4 |
| | 1:01.47 | | | 2:05.41 (1:03.94) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 5 Women 70-74 100 LC Metre Backstroke)**

| | | | | | |
|-----|-------------------|----|-----------------------|---------|---|
| 8 | Patricia Helmore | 73 | SAPPHIRE COAST | 2:09.09 | 3 |
| | 1:01.08 | | 2:09.09 (1:08.01) | | |
| 9 | Jacky Shields | 70 | NOOSA | 2:15.76 | 2 |
| | 59.88 | | 2:15.76 (1:15.88) | | |
| 10 | Pauline Tauschke | 70 | DARWIN STINGERS | 2:35.18 | 1 |
| | 1:13.89 | | 2:35.18 (1:21.29) | | |
| 11 | Helen Rubin | 72 | RYDE | 2:54.87 | 1 |
| | 1:26.38 | | 2:54.87 (1:28.49) | | |
| 12 | Jenelle Templeton | 72 | DONCASTER DOLPHINS | 3:09.73 | 1 |
| | 1:27.86 | | 3:09.73 (1:41.87) | | |
| --- | Jacqui Ellison | 70 | SURREY PARK SEAHORSES | DQ | |
| | 1:00.76 | | DQ (1:07.98) | | |

Event 5 Women 75-79 100 LC Metre Backstroke

| | | | | | |
|---|--------------------|----|-------------------|---------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 1:51.11 | 10 |
| | 56.10 | | 1:51.11 (55.01) | | |
| 2 | Narelle Phillips | 77 | BELGRAVIA | 1:54.89 | 9 |
| | 56.44 | | 1:54.89 (58.45) | | |
| 3 | Joan Simpson | 78 | MALVERN MARLINS | 2:06.29 | 8 |
| | 59.82 | | 2:06.29 (1:06.47) | | |
| 4 | Helen Campbell | 76 | WARRINGAH | 2:27.05 | 7 |
| | 1:09.84 | | 2:27.05 (1:17.21) | | |
| 5 | Sandra Rogers | 78 | BUNNA-BARRA | 2:30.88 | 6 |
| | 1:10.71 | | 2:30.88 (1:20.17) | | |
| 6 | Anne Besser | 78 | NOOSA | 2:52.55 | 5 |
| | 1:22.88 | | 2:52.55 (1:29.67) | | |
| 7 | Jennifer Sanderson | 76 | DARWIN STINGERS | 3:23.39 | 4 |
| | 1:35.11 | | 3:23.39 (1:48.28) | | |

Event 5 Women 80-84 100 LC Metre Backstroke

| | | | | | |
|-----|----------------|----|---------------------|---------|----|
| 1 | Lindy Salter | 80 | MIAMI | 1:50.59 | 10 |
| | 53.65 | | 1:50.59 (56.94) | | |
| 2 | Gerda Williams | 82 | MANDURAH | 1:51.25 | 9 |
| | 55.13 | | 1:51.25 (56.12) | | |
| 3 | Jannie Thomson | 82 | MANDURAH | 1:52.70 | 8 |
| | 53.55 | | 1:52.70 (59.15) | | |
| 4 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 2:06.57 | 7 |
| | 1:00.79 | | 2:06.57 (1:05.78) | | |
| 5 | Gail Gronholt | 80 | DARWIN STINGERS | 2:19.91 | 6 |
| | 1:05.82 | | 2:19.91 (1:14.09) | | |
| --- | Lois Hill | 81 | NOOSA | DQ | |
| | 1:05.11 | | DQ (1:10.30) | | |

Event 5 Women 85-89 100 LC Metre Backstroke

| | | | | | |
|---|------------------|----|------------------------|---------|----|
| 1 | Barbara Pearce | 87 | MARION | 2:44.98 | 10 |
| | 1:19.88 | | 2:44.98 (1:25.10) | | |
| 2 | Valerie Hristova | 85 | DARWIN STINGERS | 2:45.57 | 9 |
| | 1:18.95 | | 2:45.57 (1:26.62) | | |
| 3 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 2:49.07 | 8 |
| | 1:22.90 | | 2:49.07 (1:26.17) | | |
| 4 | Maggie Roberts | 87 | DARWIN STINGERS | 3:06.30 | 7 |
| | 1:28.71 | | 3:06.30 (1:37.59) | | |

Event 5 Women 90-94 100 LC Metre Backstroke

| | | | | | |
|---|----------------|----|--------------------|---------|----|
| 1 | Dorothy Dickey | 94 | DONCASTER DOLPHINS | 2:44.98 | 10 |
|---|----------------|----|--------------------|---------|----|

Event 5 Men 18-24 100 LC Metre Backstroke

| | | | | | |
|---|---------------|----|-----------------|---------|----|
| 1 | Zane Zehntner | 19 | DARWIN STINGERS | 1:06.22 | 10 |
| | 31.49 | | 1:06.22 (34.73) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 5 Men 18-24 100 LC Metre Backstroke)**

| | | | | | |
|---|-----------------|-----------------|-----------------|---------|---|
| 2 | Dylan Mende | 19 | DARWIN BUFFALOS | 1:11.51 | 9 |
| | 33.04 | 1:11.51 (38.47) | | | |
| 3 | Thomas Micallef | 21 | BLACKTOWN CITY | 1:16.89 | 8 |
| | 37.47 | 1:16.89 (39.42) | | | |

Event 5 Men 25-29 100 LC Metre Backstroke

| | | | | | |
|---|----------------|-------------------|--------------------|---------|----|
| 1 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 1:09.25 | 10 |
| | 33.37 | 1:09.25 (35.88) | | | |
| 2 | James Burt | 28 | SUPERFINS WA | 1:57.37 | 9 |
| | 57.81 | 1:57.37 (59.56) | | | |
| 3 | Daniel Paull | 25 | SUPERFINS WA | 1:58.10 | 8 |
| | 54.57 | 1:58.10 (1:03.53) | | | |
| 4 | Dylan Broadway | 28 | SUPERFINS WA | 1:59.86 | 7 |
| | 55.80 | 1:59.86 (1:04.06) | | | |
| 5 | Keith Robinson | 27 | SUPERFINS WA | 2:35.68 | 6 |
| | 1:14.23 | 2:35.68 (1:21.45) | | | |

Event 5 Men 30-34 100 LC Metre Backstroke

| | | | | | |
|---|---------------|-----------------|--------------------|---------|----|
| 1 | Ryan Jamieson | 30 | DONCASTER DOLPHINS | 1:15.37 | 10 |
| | 36.60 | 1:15.37 (38.77) | | | |
| 2 | Rhys Fisher | 31 | DEVONPORT DEVILS | 1:19.19 | 9 |
| | 38.93 | 1:19.19 (40.26) | | | |

Event 5 Men 35-39 100 LC Metre Backstroke

| | | | | | |
|---|------------------|-------------------|----------------|---------|----|
| 1 | Anthony Dragovic | 39 | BLACKTOWN CITY | 1:11.84 | 10 |
| | 34.54 | 1:11.84 (37.30) | | | |
| 2 | Mark McDonald | 37 | BLACKTOWN CITY | 1:32.73 | 9 |
| | 45.33 | 1:32.73 (47.40) | | | |
| 3 | Gregory Black | 35 | SUPERFINS WA | 1:59.42 | 8 |
| | 56.56 | 1:59.42 (1:02.86) | | | |
| 4 | Matthew Barndon | 38 | CARINE | 2:12.35 | 7 |
| | 1:01.44 | 2:12.35 (1:10.91) | | | |

Event 5 Men 40-44 100 LC Metre Backstroke

| | | | | | |
|---|------------------|-----------------|----------------|---------|----|
| 1 | Sean Giuricin | 41 | TSA | 1:08.32 | 10 |
| | 32.42 | 1:08.32 (35.90) | | | |
| 2 | Daniel Lynch | 43 | BLACKTOWN CITY | 1:15.13 | 9 |
| | 36.28 | 1:15.13 (38.85) | | | |
| 3 | Joshua P Baker | 40 | NORTH SHORE | 1:18.64 | 8 |
| | 38.26 | 1:18.64 (40.38) | | | |
| 4 | Varant Jambazian | 41 | MERRYLANDS | 1:47.67 | 7 |
| | 52.13 | 1:47.67 (55.54) | | | |

Event 5 Men 45-49 100 LC Metre Backstroke

| | | | | | |
|---|--------------------|-----------------|--------------------|---------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 1:09.10 | 10 |
| | 34.55 | 1:09.10 (34.55) | | | |
| 2 | Brad Johnson | 47 | DONCASTER DOLPHINS | 1:09.51 | 9 |
| | 35.04 | 1:09.51 (34.47) | | | |
| 3 | Todd Patrick | 45 | GLAMOURHEAD SHARKS | 1:13.62 | 8 |
| | 35.23 | 1:13.62 (38.39) | | | |
| 4 | Andrew Osborne | 49 | PHOENIX | 1:18.97 | 7 |
| | 36.65 | 1:18.97 (42.32) | | | |
| 5 | Kristopher Watkins | 46 | MIAMI | 1:44.60 | 6 |
| | 49.20 | 1:44.60 (55.40) | | | |

Event 5 Men 50-54 100 LC Metre Backstroke

| | | | | | |
|---|-----------------|-----------------|-----------------|---------|----|
| 1 | Bradley Halicek | 51 | BLACKTOWN CITY | 1:10.07 | 10 |
| | 33.82 | 1:10.07 (36.25) | | | |
| 2 | James Watson | 50 | SEASIDE PIRATES | 1:11.52 | 9 |
| | 33.56 | 1:11.52 (37.96) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 5 Men 50-54 100 LC Metre Backstroke)**

| | | | | |
|---|-----------------|--------------------|---------|---|
| 3 | Damien Eyre | 51 RIVERTON | 1:14.73 | 8 |
| | 36.73 | 1:14.73 (38.00) | | |
| 4 | Julius Turanyik | 54 POWERPOINTS | 1:14.79 | 7 |
| | 35.46 | 1:14.79 (39.33) | | |
| 5 | Robert Bailey | 54 MIAMI | 1:22.21 | 6 |
| | 40.36 | 1:22.21 (41.85) | | |
| 6 | Tony Burt | 54 MALVERN MARLINS | 1:34.67 | 5 |
| | 46.40 | 1:34.67 (48.27) | | |

Event 5 Men 55-59 100 LC Metre Backstroke

| | | | | |
|---|-----------------|--------------------------|---------|----|
| 1 | Martin Banks | 56 TSA | 1:09.68 | 10 |
| | 33.81 | 1:09.68 (35.87) | | |
| 2 | Darren Turner | 58 PENRITH | 1:17.32 | 9 |
| | 37.27 | 1:17.32 (40.05) | | |
| 3 | Ian Pollock | 56 DARWIN STINGERS | 1:20.56 | 8 |
| | 38.10 | 1:20.56 (42.46) | | |
| 4 | Arie Walker | 57 SURREY PARK SEAHORSES | 1:23.34 | 7 |
| | 40.85 | 1:23.34 (42.49) | | |
| 5 | Paul Johnson | 57 WARRINGAH | 1:27.17 | 6 |
| | 43.15 | 1:27.17 (44.02) | | |
| 6 | Peter Bubrzycki | 59 COCKBURN | 1:36.06 | 5 |
| | 46.10 | 1:36.06 (49.96) | | |
| 7 | Michael Poot | 57 SUTHERLAND SANDBERN | 1:44.26 | 4 |
| | 48.29 | 1:44.26 (55.97) | | |

Event 5 Men 60-64 100 LC Metre Backstroke

| | | | | |
|---|-------------------|--------------------------|---------|----|
| 1 | Allan Samuels | 60 TSA | 1:20.80 | 10 |
| | 39.90 | 1:20.80 (40.90) | | |
| 2 | Nigel Dalton | 60 NORTH MACKAY SINKERS | 1:21.26 | 9 |
| | 39.72 | 1:21.26 (41.54) | | |
| 3 | Des McPherson | 62 CASEY SEALS | 1:22.78 | 8 |
| | 39.81 | 1:22.78 (42.97) | | |
| 4 | Tony Tooher | 62 WARRINGAH | 1:26.80 | 7 |
| | 42.62 | 1:26.80 (44.18) | | |
| 5 | Scott Sugden | 61 NORTH SHORE | 1:29.84 | 6 |
| | 42.94 | 1:29.84 (46.90) | | |
| 6 | Robert Wilson | 62 MORNINGTON PENINSULA | 1:36.26 | 5 |
| | 46.37 | 1:36.26 (49.89) | | |
| 7 | Ian Phillips | 64 SURREY PARK SEAHORSES | 1:46.24 | 4 |
| | 52.01 | 1:46.24 (54.23) | | |
| 8 | Andrew McCrindell | 61 RYDE | 1:48.15 | 3 |
| | 51.68 | 1:48.15 (56.47) | | |

Event 5 Men 65-69 100 LC Metre Backstroke

| | | | | |
|---|-------------------|---------------------------------|---------|----|
| 1 | Stephen Thompson | 65 SUTHERLAND SANDBERN | 1:22.61 | 10 |
| | 40.10 | 1:22.61 (42.51) | | |
| 2 | Alan Godfrey | 67 GLAMOURHEAD SHARKS | 1:29.64 | 9 |
| | 43.77 | 1:29.64 (45.87) | | |
| 3 | Tony Renner | 67 MELVILLE | 1:30.95 | 8 |
| | 44.41 | 1:30.95 (46.54) | | |
| 4 | Owen Sinden | 69 BLACKTOWN CITY | 1:43.56 | 7 |
| | 52.96 | 1:43.56 (50.60) | | |
| 5 | Anthony Gallagher | 69 WARRINGAH | 1:55.66 | 6 |
| | 54.60 | 1:55.66 (1:01.06) | | |
| 6 | Kalvin Ernst | 68 THE UNIVERSITY OF QUEENSLAND | 2:00.15 | 5 |
| | 59.47 | 2:00.15 (1:00.68) | | |
| 7 | Michael Doran | 67 LAUNCESTON LEMMINGS | 2:07.06 | 4 |
| | 58.43 | 2:07.06 (1:08.63) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 5 Men 70-74 100 LC Metre Backstroke**

| | | | | | |
|---|------------------|---------|-----------------------|---------|----|
| 1 | Anthony Curran | 71 | ETTALONG PELICANS | 1:27.36 | 10 |
| | 42.09 | 1:27.36 | (45.27) | | |
| 2 | Shane Austin | 70 | SURREY PARK SEAHORSES | 1:40.71 | 9 |
| | 47.89 | 1:40.71 | (52.82) | | |
| 3 | Gordon Whyte | 72 | WARRINGAH | 1:49.78 | 8 |
| | 51.39 | 1:49.78 | (58.39) | | |
| 4 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 1:58.71 | 7 |
| | 53.02 | 1:58.71 | (1:05.69) | | |
| 5 | Trevor Wainstein | 71 | CLAREMONT | 2:04.90 | 6 |
| | 58.33 | 2:04.90 | (1:06.57) | | |
| 6 | Ian Johnston | 72 | MERRYLANDS | 2:21.07 | 5 |
| | 1:09.13 | 2:21.07 | (1:11.94) | | |
| 7 | John Towers | 74 | LAUNCESTON LEMMINGS | 3:23.47 | 4 |
| | 1:35.72 | 3:23.47 | (1:47.75) | | |

Event 5 Men 75-79 100 LC Metre Backstroke

| | | | | | |
|---|----------------|---------|----------------------------|---------|----|
| 1 | Stephen Lamy | 75 | MANLY | 1:27.53 | 10 |
| | 44.15 | 1:27.53 | (43.38) | | |
| 2 | Trevor Skinner | 76 | MALVERN MARLINS | 1:39.51 | 9 |
| | 50.57 | 1:39.51 | (48.94) | | |
| 3 | Rod Clarke | 78 | DONCASTER DOLPHINS | 1:43.34 | 8 |
| | 49.36 | 1:43.34 | (53.98) | | |
| 4 | Trevor Mathews | 79 | NOOSA | 1:51.79 | 7 |
| | 51.91 | 1:51.79 | (59.88) | | |
| 5 | Michael Davis | 76 | BARBARIANS | 1:52.15 | 6 |
| | 54.44 | 1:52.15 | (57.71) | | |
| 6 | Peter Lord | 77 | SURREY PARK SEAHORSES | 1:55.69 | 5 |
| | 54.61 | 1:55.69 | (1:01.08) | | |
| 7 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 1:55.78 | 4 |
| | 54.66 | 1:55.78 | (1:01.12) | | |
| 8 | John Stanton | 77 | MALVERN MARLINS | 1:59.55 | 3 |
| | 56.09 | 1:59.55 | (1:03.46) | | |
| 9 | John Bell | 77 | CARINE | 2:13.76 | 2 |
| | 1:05.07 | 2:13.76 | (1:08.69) | | |

Event 5 Men 80-84 100 LC Metre Backstroke

| | | | | | |
|-----|-----------------|---------|-----------------|---------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 1:57.82 | 10 |
| | 55.96 | 1:57.82 | (1:01.86) | | |
| 2 | Robert Magin | 80 | DARWIN STINGERS | 2:30.59 | 9 |
| | 1:13.34 | 2:30.59 | (1:17.25) | | |
| 3 | Graham Campbell | 80 | WARRINGAH | 2:48.43 | 8 |
| | 1:22.88 | 2:48.43 | (1:25.55) | | |
| --- | James Ross | 80 | NEW ZEALAND | DQ | |
| | 1:33.51 | DQ | (1:33.79) | | |

Event 5 Men 85-89 100 LC Metre Backstroke

| | | | | | |
|---|--------------|---------|-----------------|---------|----|
| 1 | John Pollock | 85 | DARWIN STINGERS | 2:41.13 | 10 |
| | 1:17.28 | 2:41.13 | (1:23.85) | | |

Event 5 Men 90-94 100 LC Metre Backstroke

| | | | | | |
|---|----------------|---------|-----------------|---------|----|
| 1 | Patrick Galvin | 91 | MALVERN MARLINS | 1:57.80 | 10 |
| | 56.81 | 1:57.80 | (1:00.99) | | |

Event 5 Men 95-99 100 LC Metre Backstroke

| | | | | | |
|---|----------------|---------|-----------|---------|----|
| 1 | Charles Renner | 96 | MELVILLE | 2:42.32 | 10 |
| | 1:20.20 | 2:42.32 | (1:22.12) | | |

Event 6 Women 18-24 50 LC Metre Butterfly

| | | | | | |
|---|---------------------|----|----------------------|-------|----|
| 1 | Veronica Fuccenecco | 20 | BLACKTOWN CITY | 30.40 | 10 |
| 2 | Paris McGrath | 24 | MORNINGTON PENINSULA | 34.01 | 9 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 6 Women 18-24 50 LC Metre Butterfly)**

| | | | | | |
|---|----------------|----|-----------------------|-------|---|
| 3 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 34.15 | 8 |
| 4 | Charli Dobeson | 21 | POWERPOINTS | 34.18 | 7 |
| 5 | Annabelle West | 22 | NIGHTCLIFF | 35.95 | 6 |
| 6 | Shannon Coutts | 23 | DARWIN STINGERS | 37.93 | 5 |
| 7 | Alexia Green | 22 | MORNINGTON PENINSULA | 38.21 | 4 |
| 8 | Lotti Fox | 24 | CLAREMONT | 44.70 | 3 |

Event 6 Women 25-29 50 LC Metre Butterfly

| | | | | | |
|---|-------------------|----|----------------|-------|----|
| 1 | Kady Ibell | 28 | TSA | 31.29 | 10 |
| 2 | Kimberley Vidura | 28 | UNISA | 32.84 | 9 |
| 3 | Alison Sparks | 25 | NORTH SHORE | 35.44 | 8 |
| 4 | Bronwyn Stockley | 26 | BLACKTOWN CITY | 37.19 | 7 |
| 5 | Amy Small | 29 | NOARLUNGA | 41.58 | 6 |
| 6 | Stephanie Neville | 28 | SUPERFINS WA | 48.46 | 5 |

Event 6 Women 30-34 50 LC Metre Butterfly

| | | | | | |
|----|------------------|----|-----------------|---------|----|
| 1 | Jayde Richardson | 32 | HOBART DOLPHINS | 33.02 | 10 |
| 2 | Suzanna Olsen | 32 | CLAREMONT | 34.39 | 9 |
| 3 | Rebecca Kierath | 30 | CLAREMONT | 36.89 | 8 |
| *4 | Amanda Lee | 31 | SINGAPORE | 37.29 | 7 |
| *4 | Samantha Oliva | 34 | BEERWAH | 1:05.86 | 7 |

Event 6 Women 35-39 50 LC Metre Butterfly

| | | | | | |
|----|-------------------|----|---------------------|---------|----|
| 1 | Shelley Devers | 38 | GYMPIE GOLD FINS | 31.83 | 10 |
| 2 | Alison Sakurovs | 39 | MERRYLANDS | 33.58 | 9 |
| 3 | Ashleigh Davis | 35 | SUTHERLAND SANDBERN | 34.74 | 8 |
| 4 | Sarah George | 38 | ETTALONG PELICANS | 43.84 | 7 |
| 5 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 44.23 | 6 |
| *6 | Alyssa Josephs | 39 | NEW ZEALAND | 44.76 | 5 |
| *6 | Liz Daly | 39 | TUGGERANONG | 44.79 | 5 |
| 7 | Jessica Valentine | 37 | BLACKTOWN CITY | 1:04.81 | 4 |

Event 6 Women 40-44 50 LC Metre Butterfly

| | | | | | |
|----|-----------------------|----|--------------------|-------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 31.08 | 10 |
| 2 | Stacia Kirk | 43 | CLAREMONT | 32.93 | 9 |
| 3 | Anna Eisenhauer | 40 | CLAREMONT | 33.60 | 8 |
| 4 | Bryannon Ruskin | 42 | DARWIN STINGERS | 34.11 | 7 |
| 5 | Amy McCloskey | 41 | RYDE | 34.55 | 6 |
| 6 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 34.56 | 5 |
| 7 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 36.19 | 4 |
| 8 | Miranda Schoolderman | 41 | COTTON TREE | 37.02 | 3 |
| 9 | Karen Williams | 40 | ROCKINGHAM | 37.79 | 2 |
| 10 | Michelle Coleman | 44 | DARWIN STINGERS | 38.04 | 1 |
| 11 | Rebecca Milton | 40 | ADELAIDE | 38.86 | 1 |
| 12 | Cassandra Whittome | 41 | COCKBURN | 39.82 | 1 |
| 13 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 41.02 | 1 |
| 14 | Kristi Ruus | 40 | TUGGERANONG | 41.54 | 1 |
| 15 | Kristina Caldwell | 42 | IPSWICH CITY | 41.84 | 1 |
| 16 | Ailie McKendrick | 43 | SAPPHIRE COAST | 46.08 | 1 |
| 17 | Tahnee Afuhaamango | 42 | DARWIN STINGERS | 48.29 | 1 |
| 18 | Dianne Saunders | 40 | SUPERFINS WA | 53.30 | 1 |

Event 6 Women 45-49 50 LC Metre Butterfly

| | | | | | |
|---|----------------------|----|--------------------|-------|----|
| 1 | Lisandra De Carvalho | 46 | POWERPOINTS | 30.81 | 10 |
| 2 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 31.63 | 9 |
| 3 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 32.49 | 8 |
| 4 | Fiona Reed | 48 | NORTH SYDNEY | 34.87 | 7 |
| 5 | Nicky Kerr | 49 | MALVERN MARLINS | 35.24 | 6 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 6 Women 45-49 50 LC Metre Butterfly)**

| | | | | |
|----|-------------------|--------------------|---------|---|
| 6 | Fiona Griffin | 46 BOLD PARK | 35.38 | 5 |
| 7 | Kim Wellington | 48 PHOENIX | 36.25 | 4 |
| 8 | Carri Forrester | 45 CLAREMONT | 36.41 | 3 |
| 9 | Dana Richards | 48 ROCKINGHAM | 36.47 | 2 |
| 10 | Kristy Brackstone | 45 CLAREMONT | 36.56 | 1 |
| 11 | Michelle Waite | 48 NORTH SHORE | 37.06 | 1 |
| 12 | Amy Dickinson | 46 SEASIDE PIRATES | 37.74 | 1 |
| 13 | Anke Schwedat | 46 CLAREMONT | 40.32 | 1 |
| 14 | Kylie Lane | 47 TUGGERANONG | 41.87 | 1 |
| 15 | Belinda Peacocke | 48 DARWIN STINGERS | 42.25 | 1 |
| 16 | Rebecca Draper | 46 NORTHERN | 46.50 | 1 |
| 17 | Catherine Wilson | 49 BUNNA-BARRA | 47.91 | 1 |
| 18 | Bec Wright | 49 BUNNA-BARRA | 1:05.14 | 1 |

Event 6 Women 50-54 50 LC Metre Butterfly

| | | | | |
|----|----------------------|-------------------------|---------|----|
| 1 | Anita Lendvay | 53 GENESIS AQUATICS | 34.32 | 10 |
| 2 | Tracey Zammit | 53 MIAMI | 36.30 | 9 |
| 3 | Rebecca Mather-Brown | 51 DARWIN STINGERS | 37.07 | 8 |
| 4 | Heidi Roche | 52 SEASIDE PIRATES | 37.69 | 7 |
| 5 | Patricia Burton | 54 CLAREMONT | 39.95 | 6 |
| 6 | Rachel Nevinson | 51 MORNINGTON PENINSULA | 40.92 | 5 |
| 7 | Sharyn Bury | 54 DARWIN STINGERS | 42.69 | 4 |
| 8 | Lorraine Aw | 54 MALVERN MARLINS | 46.82 | 3 |
| 9 | Sally Bothroyd | 54 DARWIN STINGERS | 50.37 | 2 |
| 10 | LiQun Hussey | 54 NOOSA | 50.72 | 1 |
| 11 | Kerryn Blanch | 51 BLACKTOWN CITY | 55.07 | 1 |
| 12 | Charmaine Groppler | 51 WARRINGAH | 1:03.11 | 1 |

Event 6 Women 55-59 50 LC Metre Butterfly

| | | | | |
|----|---------------------|--------------------|-------|----|
| 1 | Jennie Bucknell | 58 POWERPOINTS | 31.84 | 10 |
| 2 | Nola Macaulay | 55 TSA | 32.34 | 9 |
| 3 | Sal Cuming | 56 POWERPOINTS | 35.57 | 8 |
| 4 | Colette Southam | 59 MIAMI | 38.53 | 7 |
| 5 | Elana McNeil | 59 MALVERN MARLINS | 39.58 | 6 |
| 6 | Caz Makin | 56 TUGGERANONG | 39.87 | 5 |
| 7 | Sharon Newstead | 59 MALVERN MARLINS | 42.36 | 4 |
| 8 | Nelleke Dien Walker | 59 POWERPOINTS | 42.42 | 3 |
| 9 | Rachel Trenaman | 55 BEATTY PARK | 44.16 | 2 |
| 10 | Wendy McMurtrie | 57 PORT MACQUARIE | 45.29 | 1 |
| 11 | Kylee Murray | 58 MERRYLANDS | 47.51 | 1 |
| 12 | Clairly Lance | 58 PERTH CITY | 52.90 | 1 |
| 13 | Alison Farmer | 59 CLAREMONT | 55.13 | 1 |

Event 6 Women 60-64 50 LC Metre Butterfly

| | | | | |
|----|------------------------|---------------------------|-------|----|
| 1 | Nicola Corsbie | 62 CLAREMONT | 36.65 | 10 |
| 2 | Bridget Young | 60 ROCKINGHAM | 38.10 | 9 |
| 3 | Janette Dickey | 64 MALVERN MARLINS | 39.27 | 8 |
| 4 | Neroli Nixon | 63 DONCASTER DOLPHINS | 42.20 | 7 |
| 5 | Anne Marie Cruickshank | 61 DARWIN STINGERS | 42.34 | 6 |
| 6 | Daphne Briggs | 62 MALVERN MARLINS | 44.73 | 5 |
| 7 | Susan Dalton | 62 NORTH MACKAY SINKERS | 44.74 | 4 |
| 8 | Andrea Hutchinson | 62 RACKLEY SWIM TEAM | 45.92 | 3 |
| 9 | Wendy Kingma | 63 GOULBURN VALLEY CROCS | 51.78 | 2 |
| 10 | Robyn Richards | 62 SUNSHINE COAST | 52.37 | 1 |
| 11 | Susan Leech | 61 BLUE MOUNTAINS PHOENIX | 52.52 | 1 |
| 12 | Beth Ashwood | 64 MALVERN MARLINS | 53.81 | 1 |
| 13 | Deborah Tuck | 62 MORNINGTON PENINSULA | 55.39 | 1 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 6 Women 60-64 50 LC Metre Butterfly)**

| | | | | | |
|----|----------------------|----|--------------------|---------|---|
| 14 | Teresa Kelly | 63 | GLAMOURHEAD SHARKS | 59.92 | 1 |
| 15 | Donna Campbell | 62 | TUGGERANONG | 1:00.73 | 1 |
| 16 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 1:01.60 | 1 |
| 17 | Kaylene Hinchliffe | 60 | DARWIN STINGERS | 1:04.29 | 1 |
| 18 | Donna Uren | 64 | SAPPHIRE COAST | 1:08.56 | 1 |
| 19 | Kathleen Wainwright | 63 | CARINE | 1:36.82 | 1 |

Event 6 Women 65-69 50 LC Metre Butterfly

| | | | | | |
|----|-------------------|----|------------------------|---------|----|
| 1 | Elaine Sng | 66 | RIVER CITY | 36.71 | 10 |
| 2 | Moirra Wigley | 65 | DARWIN BUFFALOS | 39.83 | 9 |
| 3 | Yvonne Mutton | 66 | NOOSA | 40.79 | 8 |
| 4 | Heather Whitehead | 65 | BEATTY PARK | 40.96 | 7 |
| 5 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 41.42 | 6 |
| 6 | Vivienne Anthony | 65 | CLAREMONT | 49.08 | 5 |
| 7 | Fiona Redgrove | 68 | HOBART DOLPHINS | 51.53 | 4 |
| 8 | Therese Crollick | 67 | RIVER CITY | 54.43 | 3 |
| 9 | Pamela Dawes | 66 | WARRINGAH | 1:22.08 | 2 |
| 10 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 1:22.99 | 1 |

Event 6 Women 70-74 50 LC Metre Butterfly

| | | | | | |
|----|----------------------|----|------------------------------|---------|----|
| 1 | Suzanne Hollis | 70 | TSA | 43.30 | 10 |
| 2 | Susan Swire-Thompson | 70 | CLAREMONT | 43.54 | 9 |
| 3 | Megan Stronach | 72 | HOBART DOLPHINS | 48.25 | 8 |
| 4 | Carol Russell | 72 | COOGEE-RANDWICK | 48.43 | 7 |
| 5 | Pam Munday | 73 | OAK FLATS | 50.01 | 6 |
| 6 | Margie Moore | 72 | DONCASTER DOLPHINS | 50.04 | 5 |
| 7 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 50.28 | 4 |
| 8 | Helen Malar | 70 | NOOSA | 51.30 | 3 |
| 9 | Lesley Buchanan | 73 | NORTH SHORE | 57.90 | 2 |
| 10 | Clare Martin | 72 | DARWIN STINGERS | 58.16 | 1 |
| 11 | Helen Rubin | 72 | RYDE | 1:38.96 | 1 |

Event 6 Women 75-79 50 LC Metre Butterfly

| | | | | | |
|---|---------------|----|-------------|---------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 50.23 | 10 |
| 2 | Sandra Rogers | 78 | BUNNA-BARRA | 1:35.49 | 9 |

Event 6 Women 80-84 50 LC Metre Butterfly

| | | | | | |
|---|----------------|----|----------------------|---------|----|
| 1 | Marsha Reddiex | 81 | BELGRAVIA | 59.07 | 10 |
| 2 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 1:06.31 | 9 |
| 3 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 1:10.88 | 8 |
| 4 | Gerda Williams | 82 | MANDURAH | 1:11.06 | 7 |

Event 6 Women 85-89 50 LC Metre Butterfly

| | | | | | |
|---|-------------|----|------------------------|---------|----|
| 1 | Anne Walker | 87 | DARWIN STINGERS | 1:34.49 | 10 |
| 2 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 1:38.84 | 9 |

Event 6 Men 18-24 50 LC Metre Butterfly

| | | | | | |
|---|------------------|----|----------------------|-------|----|
| 1 | Khaden Mallett | 20 | DARWIN BUFFALOS | 28.40 | 10 |
| 2 | Logan Ruskin | 19 | DARWIN STINGERS | 28.62 | 9 |
| 3 | Zane Zehntner | 19 | DARWIN STINGERS | 29.27 | 8 |
| 4 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 29.78 | 7 |
| 5 | Oscar Callander | 22 | DARWIN BUFFALOS | 29.81 | 6 |
| 6 | Dylan Mende | 19 | DARWIN BUFFALOS | 30.70 | 5 |
| 7 | Samuel Bricknell | 24 | DARWIN STINGERS | 31.15 | 4 |
| 8 | Thomas Micallef | 21 | BLACKTOWN CITY | 31.89 | 3 |

Event 6 Men 25-29 50 LC Metre Butterfly

| | | | | | |
|---|-------------|----|--------------------|-------|----|
| 1 | Joseph Howe | 26 | GLAMOURHEAD SHARKS | 29.47 | 10 |
|---|-------------|----|--------------------|-------|----|

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 6 Men 25-29 50 LC Metre Butterfly)**

| | | | | | |
|---|-------------|----|-------------------|-------|---|
| 2 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 30.76 | 9 |
| 3 | Adam Ward | 27 | BLACKTOWN CITY | 32.41 | 8 |

Event 6 Men 30-34 50 LC Metre Butterfly

| | | | | | |
|---|----------------|----|--------------------|-------|----|
| 1 | Radu Coicici | 33 | POWERPOINTS | 26.36 | 10 |
| 2 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 27.42 | 9 |
| 3 | Ofir Kuberman | 34 | DONCASTER DOLPHINS | 28.08 | 8 |
| 4 | David Almeida | 31 | NORTH SHORE | 28.34 | 7 |
| 5 | Noah Southam | 32 | MIAMI | 32.08 | 6 |
| 6 | Rhys Fisher | 31 | DEVONPORT DEVILS | 33.48 | 5 |

Event 6 Men 35-39 50 LC Metre Butterfly

| | | | | | |
|---|------------------|----|--------------------|-------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 27.02 | 10 |
| 2 | Bradley Thomas | 39 | PENRITH | 28.74 | 9 |
| 3 | Anthony Dragovic | 39 | BLACKTOWN CITY | 29.62 | 8 |
| 4 | Daniel Phillipot | 37 | MANLY | 30.46 | 7 |
| 5 | Haydn Valle | 35 | DARWIN STINGERS | 32.31 | 6 |
| 6 | Mark McDonald | 37 | BLACKTOWN CITY | 34.88 | 5 |
| 7 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 35.87 | 4 |
| 8 | Nathan Curry | 38 | SUPERFINS WA | 54.61 | 3 |
| 9 | Matthew Barndon | 38 | CARINE | 55.00 | 2 |

Event 6 Men 40-44 50 LC Metre Butterfly

| | | | | | |
|----|------------------------|----|------------------------|---------|----|
| 1 | David Kellam | 43 | POWERPOINTS | 28.60 | 10 |
| 2 | Sean Giuricin | 41 | TSA | 28.75 | 9 |
| 3 | Cameron Zerner | 44 | TUGGERANONG | 29.21 | 8 |
| 4 | Brent Greene | 40 | GLAMOURHEAD SHARKS | 29.91 | 7 |
| 5 | Joshua P Baker | 40 | NORTH SHORE | 30.04 | 6 |
| 6 | Edwin Auzins | 43 | MOLONGLO WATER DRAGONS | 30.43 | 5 |
| *7 | Paul Whelan | 44 | GLAMOURHEAD SHARKS | 31.98 | 4 |
| *7 | Daniel Lynch | 43 | BLACKTOWN CITY | 31.98 | 4 |
| 9 | Koe Davidson | 44 | POWERPOINTS | 32.56 | 2 |
| 10 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 33.71 | 1 |
| 11 | Varant Jambazian | 41 | MERRYLANDS | 40.95 | 1 |
| 12 | James Carpenter | 41 | NIGHTCLIFF | 1:00.80 | 1 |

Event 6 Men 45-49 50 LC Metre Butterfly

| | | | | | |
|----|--------------------|----|--------------------|-------|----|
| 1 | Nigel Fanning | 49 | POWERPOINTS | 29.03 | 10 |
| 2 | Louis Whant | 46 | PENRITH | 29.16 | 9 |
| 3 | Brad Johnson | 47 | DONCASTER DOLPHINS | 29.45 | 8 |
| 4 | Robert Burgess | 46 | BLACKTOWN CITY | 29.58 | 7 |
| 5 | Steven Vermey | 45 | PENRITH | 29.91 | 6 |
| 6 | Todd Patrick | 45 | GLAMOURHEAD SHARKS | 31.22 | 5 |
| 7 | Sam Radford | 48 | DONCASTER DOLPHINS | 32.76 | 4 |
| 8 | Andrew Osborne | 49 | PHOENIX | 33.43 | 3 |
| 9 | Andrew Michelin | 47 | SAPPHIRE COAST | 34.12 | 2 |
| 10 | Kristopher Watkins | 46 | MIAMI | 34.52 | 1 |

Event 6 Men 50-54 50 LC Metre Butterfly

| | | | | | |
|---|----------------------|----|---------------------|-------|----|
| 1 | Juergen Langfeldt | 52 | DONCASTER DOLPHINS | 28.37 | 10 |
| 2 | Kieren Jon Lawrenson | 50 | CLAREMONT | 29.12 | 9 |
| 3 | Bradley Halicek | 51 | BLACKTOWN CITY | 29.84 | 8 |
| 4 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 30.88 | 7 |
| 5 | Trent Lawrence | 53 | PENRITH | 30.91 | 6 |
| 6 | Robert Bailey | 54 | MIAMI | 31.04 | 5 |
| 7 | James Watson | 50 | SEASIDE PIRATES | 31.05 | 4 |
| 8 | Cameron McInerney | 51 | NIGHTCLIFF | 31.61 | 3 |
| 9 | Matthew Dredge | 50 | SUTHERLAND SANDBERN | 33.18 | 2 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 6 Men 50-54 50 LC Metre Butterfly)**

| | | | | | |
|----|-----------------|----|-----------------|-------|---|
| 10 | Cameron Dawe | 53 | DARWIN STINGERS | 34.71 | 1 |
| 11 | Carlos Quevedo | 53 | TSA | 34.79 | 1 |
| 12 | Adrian Tonkin | 53 | DARWIN STINGERS | 36.61 | 1 |
| 13 | Jason Gronowicz | 50 | BLACKTOWN CITY | 38.62 | 1 |
| 14 | Sandeep Gulia | 51 | PENRITH | 39.44 | 1 |

Event 6 Men 55-59 50 LC Metre Butterfly

| | | | | | |
|----|------------------|----|-----------------------|-------|----|
| 1 | Brett Davidson | 57 | POWERPOINTS | 29.86 | 10 |
| 2 | Darren Turner | 58 | PENRITH | 32.31 | 9 |
| 3 | Ian McLeod | 55 | NORTH SHORE | 32.52 | 8 |
| 4 | Arie Walker | 57 | SURREY PARK SEAHORSES | 32.60 | 7 |
| 5 | Craig Magnusson | 59 | NORTH SHORE | 32.71 | 6 |
| 6 | Ian Pollock | 56 | DARWIN STINGERS | 33.88 | 5 |
| 7 | Stephen Hawkins | 59 | WARRINGAH | 34.80 | 4 |
| 8 | Peter Bubrzycki | 59 | COCKBURN | 35.50 | 3 |
| 9 | Stephen Greenall | 59 | DARWIN STINGERS | 36.57 | 2 |
| 10 | Warren Midgley | 59 | TOOWOOMBA | 38.08 | 1 |
| 11 | Stephen Wills | 56 | RIVERTON | 39.27 | 1 |

Event 6 Men 60-64 50 LC Metre Butterfly

| | | | | | |
|----|-------------------|----|-----------------------|-------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 30.55 | 10 |
| 2 | William O'Leary | 63 | TSA | 30.86 | 9 |
| 3 | Ian Robinson | 61 | RIVER CITY | 31.67 | 8 |
| 4 | Allan Samuels | 60 | TSA | 31.80 | 7 |
| 5 | Peter Williamson | 61 | POWERPOINTS | 32.63 | 6 |
| 6 | Simon Horan | 62 | MALVERN MARLINS | 33.03 | 5 |
| 7 | Anthony Dunne | 61 | CLAREMONT | 33.21 | 4 |
| 8 | Glen Walker | 63 | PENRITH | 33.81 | 3 |
| 9 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 34.18 | 2 |
| 10 | Mark Huggins | 63 | MALVERN MARLINS | 35.74 | 1 |
| 11 | Wayne Carlish | 61 | TOOWOOMBA | 40.83 | 1 |
| 12 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 43.95 | 1 |
| 13 | Robert Wilson | 62 | MORNINGTON PENINSULA | 44.10 | 1 |
| 14 | Andrew McCrindell | 61 | RYDE | 45.26 | 1 |
| 15 | John Fisher | 61 | PENRITH | 53.31 | 1 |

Event 6 Men 65-69 50 LC Metre Butterfly

| | | | | | |
|-----|-------------------|----|------------------------------|---------|----|
| 1 | Paul Blackbeard | 66 | CLAREMONT | 31.50 | 10 |
| 2 | Alan Godfrey | 67 | GLAMOURHEAD SHARKS | 35.61 | 9 |
| 3 | John Papple | 65 | DARWIN STINGERS | 36.66 | 8 |
| 4 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 37.98 | 7 |
| 5 | Neil Newman | 68 | BELGRAVIA | 38.35 | 6 |
| 6 | Michael O'Donnell | 69 | DARWIN STINGERS | 42.00 | 5 |
| 7 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 42.09 | 4 |
| 8 | Kalvin Ernst | 68 | THE UNIVERSITY OF QUEENSLAND | 1:02.95 | 3 |
| --- | Anthony Gallagher | 69 | WARRINGAH | DQ | |

Event 6 Men 70-74 50 LC Metre Butterfly

| | | | | | |
|---|--------------|----|-----------------------|-------|----|
| 1 | Gordon Whyte | 72 | WARRINGAH | 36.90 | 10 |
| 2 | Ian Young | 72 | MARION | 37.35 | 9 |
| 3 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 42.03 | 8 |

Event 6 Men 75-79 50 LC Metre Butterfly

| | | | | | |
|---|------------------|----|----------------------------|-------|----|
| 1 | Gerry Tucker | 75 | MALVERN MARLINS | 36.85 | 10 |
| 2 | Graham Croft | 76 | CLAREMONT | 37.90 | 9 |
| 3 | Robert Patterson | 77 | DARWIN STINGERS | 39.29 | 8 |
| 4 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 46.67 | 7 |
| 5 | Stephen Lamy | 75 | MANLY | 48.76 | 6 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 6 Men 75-79 50 LC Metre Butterfly)

| | | | |
|---------------|--------------------|---------|---|
| 6 Peter Caust | 75 DARWIN STINGERS | 1:01.68 | 5 |
|---------------|--------------------|---------|---|

Event 6 Men 80-84 50 LC Metre Butterfly

| | | | |
|----------------|--------------------|---------|----|
| 1 Robert Magin | 80 DARWIN STINGERS | 1:30.05 | 10 |
|----------------|--------------------|---------|----|

Event 6 Men 85-89 50 LC Metre Butterfly

| | | | |
|----------------|----------|-------|----|
| 1 Tony Goodwin | 87 MANLY | 49.20 | 10 |
|----------------|----------|-------|----|

Event 7 Women 18-24 400 LC Metre IM

| | | | |
|---------------|-------------------|---------|----|
| 1 Joanna Lill | 21 BLACKTOWN CITY | 6:46.54 | 10 |
|---------------|-------------------|---------|----|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 41.99 | 1:40.55 (58.56) | 2:32.59 (52.04) | 3:21.62 (49.03) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 4:20.03 (58.41) | 5:19.09 (59.06) | 6:04.25 (45.16) | 6:46.54 (42.29) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|----------------|-------------------------|---------|---|
| 2 Alexia Green | 22 MORNINGTON PENINSULA | 6:57.76 | 9 |
|----------------|-------------------------|---------|---|

| | | |
|-------|-----------------|-------------|
| 39.32 | 1:30.13 (50.81) | 3:16.59 () |
|-------|-----------------|-------------|

| | | | |
|-------------------|-------------------|-----------------|-----------------|
| 4:21.54 (1:04.95) | 5:28.69 (1:07.15) | 6:14.42 (45.73) | 6:57.76 (43.34) |
|-------------------|-------------------|-----------------|-----------------|

Event 7 Women 25-29 400 LC Metre IM

| | | | |
|---------------------|-----------------|---------|----|
| 1 Stephanie Neville | 28 SUPERFINS WA | 9:40.98 | 10 |
|---------------------|-----------------|---------|----|

| | | | |
|---------|-------------------|-------------------|-------------------|
| 1:05.23 | 2:21.29 (1:16.06) | 3:40.44 (1:19.15) | 4:59.71 (1:19.27) |
|---------|-------------------|-------------------|-------------------|

| | | | |
|-------------------|-------------------|-------------------|-----------------|
| 6:23.63 (1:23.92) | 7:44.99 (1:21.36) | 8:45.32 (1:00.33) | 9:40.98 (55.66) |
|-------------------|-------------------|-------------------|-----------------|

Event 7 Women 30-34 400 LC Metre IM

| | | | |
|----------------|--------------------|---------|----|
| 1 Amanda Tully | 33 DARWIN STINGERS | 6:10.87 | 10 |
|----------------|--------------------|---------|----|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 39.60 | 1:27.95 (48.35) | 2:17.15 (49.20) | 3:05.22 (48.07) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3:55.81 (50.59) | 4:47.83 (52.02) | 5:30.83 (43.00) | 6:10.87 (40.04) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|------------------------|-------------------|---------|---|
| 2 Annika-Lee Skulander | 34 BLACKTOWN CITY | 8:24.38 | 9 |
|------------------------|-------------------|---------|---|

| | | | |
|-------|-------------------|-------------------|-------------------|
| 53.54 | 1:58.47 (1:04.93) | 3:05.49 (1:07.02) | 4:09.70 (1:04.21) |
|-------|-------------------|-------------------|-------------------|

| | | | |
|-------------------|-------------------|-------------------|-----------------|
| 5:17.82 (1:08.12) | 6:24.91 (1:07.09) | 7:25.92 (1:01.01) | 8:24.38 (58.46) |
|-------------------|-------------------|-------------------|-----------------|

Event 7 Women 35-39 400 LC Metre IM

| | | | |
|-----------------|-----------------------|---------|----|
| 1 Tracey Murphy | 39 GIPPSLAND FLIPPERS | 5:28.99 | 10 |
|-----------------|-----------------------|---------|----|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 34.07 | 1:14.17 (40.10) | 1:57.27 (43.10) | 2:41.33 (44.06) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3:28.56 (47.23) | 4:16.65 (48.09) | 4:53.62 (36.97) | 5:28.99 (35.37) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|------------------|---------------------|---------|---|
| 2 Shelley Devers | 38 GYMPIE GOLD FINS | 6:00.04 | 9 |
|------------------|---------------------|---------|---|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 35.21 | 1:19.20 (43.99) | 2:09.68 (50.48) | 2:57.54 (47.86) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3:43.35 (45.81) | 4:32.67 (49.32) | 5:17.37 (44.70) | 6:00.04 (42.67) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|----------------|-------------------|---------|---|
| 3 Belinda Meek | 35 BLACKTOWN CITY | 6:51.83 | 8 |
|----------------|-------------------|---------|---|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 43.02 | 1:38.05 (55.03) | 2:29.50 (51.45) | 3:21.62 (52.12) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 4:19.34 (57.72) | 5:18.43 (59.09) | 6:05.97 (47.54) | 6:51.83 (45.86) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|----------------|-------------------|---------|---|
| 4 Suzie Haddad | 39 BLACKTOWN CITY | 7:11.71 | 7 |
|----------------|-------------------|---------|---|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 45.96 | 1:42.06 (56.10) | 2:39.32 (57.26) | 3:38.70 (59.38) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 4:38.01 (59.31) | 5:37.68 (59.67) | 6:24.80 (47.12) | 7:11.71 (46.91) |
|-----------------|-----------------|-----------------|-----------------|

Event 7 Women 40-44 400 LC Metre IM

| | | | |
|-------------------|--------------|---------|----|
| 1 Anna Eisenhauer | 40 CLAREMONT | 6:26.13 | 10 |
|-------------------|--------------|---------|----|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 39.48 | 1:24.97 (45.49) | 2:16.06 (51.09) | 3:05.88 (49.82) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 4:00.04 (54.16) | 4:55.88 (55.84) | 5:42.23 (46.35) | 6:26.13 (43.90) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|------------------|----------------------|---------|---|
| 2 Lauren Bradley | 40 ETTALONG PELICANS | 6:49.97 | 9 |
|------------------|----------------------|---------|---|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 43.96 | 1:40.67 (56.71) | 2:32.16 (51.49) | 3:25.03 (52.87) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 4:22.20 (57.17) | 5:19.83 (57.63) | 6:05.60 (45.77) | 6:49.97 (44.37) |
|-----------------|-----------------|-----------------|-----------------|

Event 7 Women 45-49 400 LC Metre IM

| | | | |
|------------------------|----------------|---------|----|
| 1 Lisandra De Carvalho | 46 POWERPOINTS | 5:46.80 | 10 |
|------------------------|----------------|---------|----|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 33.90 | 1:12.23 (38.33) | 1:59.01 (46.78) | 2:44.02 (45.01) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3:36.61 (52.59) | 4:28.14 (51.53) | 5:07.98 (39.84) | 5:46.80 (38.82) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|---------------------|--------------|---------|---|
| 2 Kristy Brackstone | 45 CLAREMONT | 6:01.87 | 9 |
|---------------------|--------------|---------|---|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 39.92 | 1:25.87 (45.95) | 2:12.77 (46.90) | 2:59.26 (46.49) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3:53.00 (53.74) | 4:46.71 (53.71) | 5:25.21 (38.50) | 6:01.87 (36.66) |
|-----------------|-----------------|-----------------|-----------------|

| | | | |
|--------------|-----------------|---------|---|
| 3 Fiona Reed | 48 NORTH SYDNEY | 6:08.81 | 8 |
|--------------|-----------------|---------|---|

| | | | |
|-------|-----------------|-----------------|-----------------|
| 37.14 | 1:24.10 (46.96) | 2:11.82 (47.72) | 2:59.35 (47.53) |
|-------|-----------------|-----------------|-----------------|

| | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3:52.21 (52.86) | 4:46.30 (54.09) | 5:27.51 (41.21) | 6:08.81 (41.30) |
|-----------------|-----------------|-----------------|-----------------|

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 7 Women 45-49 400 LC Metre IM)**

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---|
| 4 | Amy Dickinson | 46 | SEASIDE PIRATES | 6:42.78 | 7 |
| | 41.93 | 1:31.70 (49.77) | 2:24.32 (52.62) | 3:16.27 (51.95) | |
| | 4:15.41 (59.14) | 5:14.57 (59.16) | 5:59.83 (45.26) | 6:42.78 (42.95) | |
| 5 | Michelle Waite | 48 | NORTH SHORE | 6:50.78 | 6 |
| | 42.45 | 1:39.09 (56.64) | 2:32.86 (53.77) | 3:24.96 (52.10) | |
| | 4:20.57 (55.61) | 5:19.99 (59.42) | 6:06.54 (46.55) | 6:50.78 (44.24) | |

Event 7 Women 50-54 400 LC Metre IM

| | | | | | |
|----|----------------------|-------------------|----------------------|-------------------|----|
| 1 | Anita Lendvay | 53 | GENESIS AQUATICS | 6:09.88 | 10 |
| | 37.57 | 1:21.38 (43.81) | 2:11.49 (50.11) | 3:00.01 (48.52) | |
| | 3:53.75 (53.74) | 4:47.77 (54.02) | 5:29.19 (41.42) | 6:09.88 (40.69) | |
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 6:49.98 | 9 |
| | 40.25 | 1:38.99 (58.74) | 2:33.02 (54.03) | 3:25.33 (52.31) | |
| | 4:24.92 (59.59) | 5:26.20 (1:01.28) | 6:10.08 (43.88) | 6:49.98 (39.90) | |
| 3 | Heidi Roche | 52 | SEASIDE PIRATES | 6:51.48 | 8 |
| | 44.66 | 1:35.83 (51.17) | 2:30.22 (54.39) | 3:21.94 (51.72) | |
| | 4:23.14 (1:01.20) | 5:23.44 (1:00.30) | 6:07.34 (43.90) | 6:51.48 (44.14) | |
| 4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 6:53.85 | 7 |
| | | 1:36.98 () | | 3:28.04 () | |
| | | 5:22.64 () | 6:53.85 (1:31.21) | | |
| 5 | Jodie Newman | 54 | MIAMI | 7:41.98 | 6 |
| | 54.93 | 1:59.43 (1:04.50) | 2:59.35 (59.92) | 3:58.98 (59.63) | |
| | 5:05.70 (1:06.72) | 6:11.14 (1:05.44) | 6:56.86 (45.72) | 7:41.98 (45.12) | |
| 6 | Patricia Burton | 54 | CLAREMONT | 8:01.01 | 5 |
| | 52.78 | 1:54.11 (1:01.33) | 2:54.87 (1:00.76) | 4:02.67 (1:07.80) | |
| | 5:05.93 (1:03.26) | 6:11.58 (1:05.65) | 7:08.73 (57.15) | 8:01.01 (52.28) | |
| 7 | Lorraine Aw | 54 | MALVERN MARLINS | 8:07.23 | 4 |
| | 57.09 | 2:00.60 (1:03.51) | 3:06.85 (1:06.25) | 4:10.07 (1:03.22) | |
| | 5:19.04 (1:08.97) | 6:23.70 (1:04.66) | 7:17.81 (54.11) | 8:07.23 (49.42) | |
| 8 | Kerryn Blanch | 51 | BLACKTOWN CITY | 8:33.88 | 3 |
| | 55.27 | 1:58.94 (1:03.67) | 3:08.87 (1:09.93) | 4:19.99 (1:11.12) | |
| | 5:30.73 (1:10.74) | 6:39.94 (1:09.21) | 7:36.92 (56.98) | 8:33.88 (56.96) | |
| 9 | LiQun Hussey | 54 | NOOSA | 8:38.32 | 2 |
| | 56.13 | 1:59.78 (1:03.65) | 3:12.68 (1:12.90) | 4:21.36 (1:08.68) | |
| | 5:32.15 (1:10.79) | 6:42.21 (1:10.06) | 7:43.20 (1:00.99) | 8:38.32 (55.12) | |
| 10 | Charmaine Groppler | 51 | WARRINGAH | 9:56.53 | 1 |
| | 1:09.22 | 2:33.88 (1:24.66) | 3:53.47 (1:19.59) | 5:13.69 (1:20.22) | |
| | 6:31.50 (1:17.81) | 7:54.06 (1:22.56) | 8:56.42 (1:02.36) | 9:56.53 (1:00.11) | |

Event 7 Women 55-59 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|----|
| 1 | Sharon Beaver | 57 | ADELAIDE | 6:26.27 | 10 |
| | 43.61 | 1:33.14 (49.53) | 2:21.46 (48.32) | 3:07.94 (46.48) | |
| | 4:04.54 (56.60) | 5:01.44 (56.90) | 5:44.42 (42.98) | 6:26.27 (41.85) | |
| 2 | Anne Henderson | 56 | HOBART AQUATIC | 6:29.78 | 9 |
| | 39.91 | 1:26.07 (46.16) | 2:19.79 (53.72) | 3:11.14 (51.35) | |
| | 4:08.07 (56.93) | 5:04.62 (56.55) | 5:48.63 (44.01) | 6:29.78 (41.15) | |
| 3 | Wendy McMurtrie | 57 | PORT MACQUARIE | 7:20.09 | 8 |
| | 49.34 | | 2:43.45 () | 3:41.56 (58.11) | |
| | 4:39.85 (58.29) | 5:41.09 (1:01.24) | 6:31.71 (50.62) | 7:20.09 (48.38) | |
| 4 | Alison Farmer | 59 | CLAREMONT | 7:56.18 | 7 |
| | 56.64 | 2:03.41 (1:06.77) | 3:06.52 (1:03.11) | 4:07.21 (1:00.69) | |
| | 5:13.01 (1:05.80) | 6:19.41 (1:06.40) | 7:08.59 (49.18) | 7:56.18 (47.59) | |
| 5 | Colette Southam | 59 | MIAMI | 8:00.86 | 6 |
| | 50.49 | 1:47.25 (56.76) | 2:52.84 (1:05.59) | 3:53.41 (1:00.57) | |
| | 5:06.49 (1:13.08) | 6:20.24 (1:13.75) | 8:00.86 (1:40.62) | | |
| 6 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 8:29.48 | 5 |
| | 1:02.90 | 2:19.91 (1:17.01) | | 4:32.33 () | |
| | 5:36.38 (1:04.05) | 6:44.88 (1:08.50) | 7:37.77 (52.89) | 8:29.48 (51.71) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 7 Women 60-64 400 LC Metre IM**

| | | | | | |
|---|-------------------|-------------------|-----------------------|-------------------|----|
| 1 | Bridget Young | 60 | ROCKINGHAM | 6:35.75 | 10 |
| | 41.62 | 1:30.31 (48.69) | 2:22.28 (51.97) | 3:13.94 (51.66) | |
| | 4:09.62 (55.68) | 5:08.36 (58.74) | 5:52.67 (44.31) | 6:35.75 (43.08) | |
| 2 | Sue Tompkins | 61 | SEASIDE PIRATES | 6:44.16 | 9 |
| | 49.22 | 1:43.85 (54.63) | 2:33.55 (49.70) | 3:20.84 (47.29) | |
| | 4:19.49 (58.65) | 5:17.20 (57.71) | 6:02.67 (45.47) | 6:44.16 (41.49) | |
| 3 | Meryl Churchill | 61 | RATS OF TOBRUK | 7:22.18 | 8 |
| | 53.49 | 1:51.15 (57.66) | 2:45.94 (54.79) | 3:37.82 (51.88) | |
| | 4:40.35 (1:02.53) | 5:41.22 (1:00.87) | 6:34.50 (53.28) | 7:22.18 (47.68) | |
| 4 | Julia Atkins | 61 | WARRINGAH | 8:24.67 | 7 |
| | 59.16 | | 3:19.31 () | 4:24.44 (1:05.13) | |
| | 5:36.67 (1:12.23) | 6:47.27 (1:10.60) | 7:36.57 (49.30) | 8:24.67 (48.10) | |
| 5 | Linda Gunzburg | 64 | SURREY PARK SEAHORSES | 8:41.01 | 6 |
| | 1:03.53 | 2:12.33 (1:08.80) | 3:25.82 (1:13.49) | 4:38.38 (1:12.56) | |
| | 5:44.12 (1:05.74) | 6:49.97 (1:05.85) | 7:45.44 (55.47) | 8:41.01 (55.57) | |

Event 7 Women 65-69 400 LC Metre IM

| | | | | | |
|---|-------------------|--------------------|------------------------|--------------------|----|
| 1 | Heather Whitehead | 65 | BEATTY PARK | 7:13.38 | 10 |
| | 46.88 | 1:41.94 (55.06) | 2:39.38 (57.44) | 3:36.32 (56.94) | |
| | 4:37.46 (1:01.14) | 5:40.86 (1:03.40) | 6:27.95 (47.09) | 7:13.38 (45.43) | |
| 2 | Moira Wigley | 65 | DARWIN BUFFALOS | 7:14.09 | 9 |
| | 45.40 | 1:42.29 (56.89) | 2:42.09 (59.80) | 3:38.69 (56.60) | |
| | 4:40.06 (1:01.37) | 5:42.07 (1:02.01) | 6:28.21 (46.14) | 7:14.09 (45.88) | |
| 3 | Yvonne Mutton | 66 | NOOSA | 7:20.88 | 8 |
| | 46.10 | 1:46.10 (1:00.00) | 2:44.12 (58.02) | 3:41.73 (57.61) | |
| | 4:46.30 (1:04.57) | 5:49.88 (1:03.58) | 6:37.27 (47.39) | 7:20.88 (43.61) | |
| 4 | Vivienne Anthony | 65 | CLAREMONT | 7:51.10 | 7 |
| | 55.21 | 2:00.90 (1:05.69) | 2:56.65 (55.75) | 3:50.50 (53.85) | |
| | 4:57.41 (1:06.91) | 6:05.04 (1:07.63) | 6:58.79 (53.75) | 7:51.10 (52.31) | |
| 5 | Fiona Redgrove | 68 | HOBART DOLPHINS | 8:14.36 | 6 |
| | 58.28 | 2:03.81 (1:05.53) | 3:09.42 (1:05.61) | 4:15.62 (1:06.20) | |
| | 5:19.31 (1:03.69) | 6:25.82 (1:06.51) | 7:20.08 (54.26) | 8:14.36 (54.28) | |
| 6 | Therese Crollick | 67 | RIVER CITY | 9:11.42 | 5 |
| | 1:01.96 | 2:18.05 (1:16.09) | | 4:47.94 () | |
| | 5:58.29 (1:10.35) | 7:11.08 (1:12.79) | 8:11.16 (1:00.08) | 9:11.42 (1:00.26) | |
| 7 | Joy Johnson | 66 | CLAREMONT | 9:41.99 | 4 |
| | 1:08.28 | | 3:35.67 () | | |
| | 6:11.36 () | 7:32.40 (1:21.04) | 8:36.73 (1:04.33) | 9:41.99 (1:05.26) | |
| 8 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 12:34.32 | 3 |
| | 1:40.64 | 3:34.35 (1:53.71) | 5:18.98 (1:44.63) | 7:03.20 (1:44.22) | |
| | 8:37.53 (1:34.33) | 10:10.87 (1:33.34) | 11:24.44 (1:13.57) | 12:34.32 (1:09.88) | |

Event 7 Women 70-74 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|----|
| 1 | Carol Russell | 72 | COOGEE-RANDWICK | 8:06.12 | 10 |
| | 55.17 | 2:01.41 (1:06.24) | 3:07.23 (1:05.82) | 4:10.54 (1:03.31) | |
| | 5:16.51 (1:05.97) | 6:20.92 (1:04.41) | 7:14.56 (53.64) | 8:06.12 (51.56) | |
| 2 | Megan Stronach | 72 | HOBART DOLPHINS | 8:15.49 | 9 |
| | 55.53 | 1:58.51 (1:02.98) | 2:58.79 (1:00.28) | 3:59.18 (1:00.39) | |
| | 5:09.69 (1:10.51) | 6:22.06 (1:12.37) | 7:20.26 (58.20) | 8:15.49 (55.23) | |
| 3 | Pam Munday | 73 | OAK FLATS | 8:15.73 | 8 |
| | 54.86 | 1:55.69 (1:00.83) | 3:01.55 (1:05.86) | 4:05.01 (1:03.46) | |
| | 5:09.40 (1:04.39) | 6:13.43 (1:04.03) | 8:15.73 (2:02.30) | | |
| 4 | Christine Leary | 70 | TUGGERANONG | 8:54.59 | 7 |
| | 1:00.88 | 2:10.06 (1:09.18) | 3:14.91 (1:04.85) | 4:21.75 (1:06.84) | |
| | 5:33.72 (1:11.97) | 6:45.16 (1:11.44) | 7:51.96 (1:06.80) | 8:54.59 (1:02.63) | |
| 5 | Lesley Buchanan | 73 | NORTH SHORE | 9:17.08 | 6 |
| | 1:03.32 | | 3:27.33 () | 4:40.39 (1:13.06) | |
| | 5:53.77 (1:13.38) | 7:06.02 (1:12.25) | 8:12.86 (1:06.84) | 9:17.08 (1:04.22) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 7 Women 75-79 400 LC Metre IM

| | | | | | |
|-----|-------------------|-------------------|-------------------|-------------------|----|
| --- | Narelle Phillips | 77 | BELGRAVIA | | DQ |
| | 1:10.84 | | 3:40.34 () | 4:48.50 (1:08.16) | |
| | 6:08.11 (1:19.61) | 7:28.13 (1:20.02) | 8:31.71 (1:03.58) | DQ (1:00.06) | |

Event 7 Women 80-84 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|---------------------|--------------------|----|
| 1 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 10:41.66 | 10 |
| | 1:18.65 | 3:01.14 (1:42.49) | 4:16.32 (1:15.18) | 5:29.51 (1:13.19) | |
| | 7:02.14 (1:32.63) | 8:32.39 (1:30.25) | 9:39.06 (1:06.67) | 10:41.66 (1:02.60) | |

Event 7 Men 18-24 400 LC Metre IM

| | | | | | |
|---|------------------|-----------------|-----------------|-----------------|----|
| 1 | Jack Worthington | 20 | PENRITH | 5:04.09 | 10 |
| | 30.70 | 1:06.29 (35.59) | 1:47.01 (40.72) | 2:27.13 (40.12) | |
| | 3:10.59 (43.46) | 3:54.87 (44.28) | 4:30.12 (35.25) | 5:04.09 (33.97) | |
| 2 | Thomas Micallef | 21 | BLACKTOWN CITY | 6:08.28 | 9 |
| | 34.68 | 1:17.55 (42.87) | 2:08.72 (51.17) | 2:56.75 (48.03) | |
| | 3:50.82 (54.07) | 4:42.99 (52.17) | 5:28.33 (45.34) | 6:08.28 (39.95) | |

Event 7 Men 25-29 400 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|--------------------|-----------------|----|
| 1 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 5:44.75 | 10 |
| | 34.45 | 1:17.42 (42.97) | 2:02.35 (44.93) | 2:47.41 (45.06) | |
| | 3:37.83 (50.42) | 4:27.62 (49.79) | 5:05.88 (38.26) | 5:44.75 (38.87) | |

Event 7 Men 30-34 400 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|----|
| 1 | Noah Southam | 32 | MIAMI | 6:09.70 | 10 |
| | 35.60 | 1:18.99 (43.39) | 2:11.62 (52.63) | 3:01.68 (50.06) | |
| | 3:52.17 (50.49) | 4:44.73 (52.56) | 5:27.91 (43.18) | 6:09.70 (41.79) | |

Event 7 Men 35-39 400 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|------------------|-----------------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 5:07.47 | 10 |
| | 29.73 | 1:06.44 (36.71) | 1:49.48 (43.04) | 2:29.77 (40.29) | |
| | 3:12.91 (43.14) | 3:57.06 (44.15) | 4:31.82 (34.76) | 5:07.47 (35.65) | |
| 2 | Bradley Thomas | 39 | PENRITH | 5:16.23 | 9 |
| | 30.54 | 1:06.55 (36.01) | 1:48.90 (42.35) | 2:31.47 (42.57) | |
| | 3:16.60 (45.13) | 4:02.97 (46.37) | 4:39.56 (36.59) | 5:16.23 (36.67) | |
| 3 | Mark McDonald | 37 | BLACKTOWN CITY | 6:55.79 | 8 |
| | 46.81 | 1:41.70 (54.89) | 2:38.33 (56.63) | 3:32.98 (54.65) | |
| | 4:29.21 (56.23) | 5:25.42 (56.21) | 6:13.69 (48.27) | 6:55.79 (42.10) | |

Event 7 Men 40-44 400 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|-------------------|-----------------|----|
| 1 | Sean Giuricin | 41 | TSA | 5:30.46 | 10 |
| | 31.02 | 1:09.86 (38.84) | 1:53.90 (44.04) | 2:38.28 (44.38) | |
| | 3:25.75 (47.47) | 4:13.30 (47.55) | 4:52.09 (38.79) | 5:30.46 (38.37) | |
| 2 | Joshua P Baker | 40 | NORTH SHORE | 5:58.24 | 9 |
| | 37.48 | 1:24.30 (46.82) | 2:12.63 (48.33) | 2:59.67 (47.04) | |
| | 3:47.64 (47.97) | 4:35.93 (48.29) | 5:58.24 (1:22.31) | | |

Event 7 Men 45-49 400 LC Metre IM

| | | | | | |
|---|--------------------|-----------------|--------------------|-----------------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 5:22.09 | 10 |
| | 33.20 | 1:10.77 (37.57) | 1:51.74 (40.97) | 2:32.46 (40.72) | |
| | 3:18.89 (46.43) | 4:07.07 (48.18) | 4:45.26 (38.19) | 5:22.09 (36.83) | |
| 2 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 6:15.02 | 9 |
| | 39.84 | 1:28.00 (48.16) | 2:18.46 (50.46) | 3:08.96 (50.50) | |
| | 3:59.42 (50.46) | 4:50.57 (51.15) | 5:33.13 (42.56) | 6:15.02 (41.89) | |
| 3 | Kristopher Watkins | 46 | MIAMI | 6:37.82 | 8 |
| | 37.45 | 1:33.48 (56.03) | 2:31.15 (57.67) | 3:26.37 (55.22) | |
| | 4:16.82 (50.45) | 5:08.04 (51.22) | 5:55.27 (47.23) | 6:37.82 (42.55) | |

Event 7 Men 50-54 400 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|--------------------|-----------------|----|
| 1 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 5:51.79 | 10 |
| | 33.25 | 1:14.26 (41.01) | 2:01.20 (46.94) | 2:47.23 (46.03) | |
| | 3:40.33 (53.10) | 4:33.04 (52.71) | 5:13.13 (40.09) | 5:51.79 (38.66) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 7 Men 50-54 400 LC Metre IM)**

| | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|---|
| 2 | Carlos Quevedo | 53 | TSA | 6:27.70 | 9 |
| | 37.49 | 1:21.84 (44.35) | 2:13.16 (51.32) | 3:03.80 (50.64) | |
| | 3:59.05 (55.25) | 4:55.08 (56.03) | 5:41.74 (46.66) | 6:27.70 (45.96) | |
| 3 | Tony Burt | 54 | MALVERN MARLINS | 7:02.47 | 8 |
| | 46.30 | 1:43.25 (56.95) | 2:41.80 (58.55) | 3:37.11 (55.31) | |
| | 4:34.57 (57.46) | 5:32.44 (57.87) | 6:18.26 (45.82) | 7:02.47 (44.21) | |
| 4 | Sandeep Gulia | 51 | PENRITH | 8:30.79 | 7 |
| | 49.22 | 1:52.85 (1:03.63) | 3:08.65 (1:15.80) | 4:25.31 (1:16.66) | |
| | 5:29.99 (1:04.68) | 6:34.23 (1:04.24) | 7:36.18 (1:01.95) | 8:30.79 (54.61) | |

Event 7 Men 55-59 400 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|----|
| 1 | Craig Magnusson | 59 | NORTH SHORE | 5:41.76 | 10 |
| | 33.78 | 1:15.37 (41.59) | 2:01.05 (45.68) | 2:47.08 (46.03) | |
| | 3:34.35 (47.27) | 4:21.97 (47.62) | 5:02.47 (40.50) | 5:41.76 (39.29) | |

Event 7 Men 60-64 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|-----------------------|-------------------|----|
| 1 | Glen Walker | 63 | PENRITH | 6:21.37 | 10 |
| | 37.93 | 1:23.35 (45.42) | 2:15.14 (51.79) | 3:04.94 (49.80) | |
| | 4:01.93 (56.99) | 4:58.35 (56.42) | 5:40.63 (42.28) | 6:21.37 (40.74) | |
| 2 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 6:55.39 | 9 |
| | 45.02 | 1:38.18 (53.16) | 2:34.83 (56.65) | 3:31.07 (56.24) | |
| | 4:27.02 (55.95) | 5:24.41 (57.39) | 6:10.26 (45.85) | 6:55.39 (45.13) | |
| 3 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 7:59.06 | 8 |
| | 48.16 | 1:47.65 (59.49) | 2:55.41 (1:07.76) | 4:01.68 (1:06.27) | |
| | 5:09.65 (1:07.97) | 6:19.55 (1:09.90) | 7:09.30 (49.75) | 7:59.06 (49.76) | |
| 4 | Gordon Southam | 62 | MIAMI | 7:59.48 | 7 |
| | 53.06 | 1:55.38 (1:02.32) | 2:57.50 (1:02.12) | 4:00.43 (1:02.93) | |
| | 5:06.35 (1:05.92) | 6:10.79 (1:04.44) | 7:59.48 (1:48.69) | | |
| 5 | John Fisher | 61 | PENRITH | 8:43.64 | 6 |
| | 56.40 | 2:01.99 (1:05.59) | 3:16.17 (1:14.18) | 4:34.47 (1:18.30) | |
| | 5:49.94 (1:15.47) | 7:06.31 (1:16.37) | 7:56.35 (50.04) | 8:43.64 (47.29) | |

Event 7 Men 65-69 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|---------------------|-------------------|----|
| 1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 6:24.82 | 10 |
| | 44.58 | 1:35.85 (51.27) | 2:26.13 (50.28) | 3:15.44 (49.31) | |
| | 4:07.98 (52.54) | 4:59.89 (51.91) | 5:42.75 (42.86) | 6:24.82 (42.07) | |
| 2 | Hobe Horton | 67 | MIAMI | 6:52.53 | 9 |
| | 45.41 | 1:39.68 (54.27) | 2:37.90 (58.22) | 3:33.86 (55.96) | |
| | 4:28.98 (55.12) | 5:24.74 (55.76) | 6:10.19 (45.45) | 6:52.53 (42.34) | |
| 3 | Keith Bourdon | 67 | WARRINGAH | 7:08.45 | 8 |
| | 45.09 | 1:48.15 (1:03.06) | 2:44.88 (56.73) | 3:41.27 (56.39) | |
| | 4:38.71 (57.44) | 5:36.12 (57.41) | 6:24.45 (48.33) | 7:08.45 (44.00) | |
| 4 | Owen Sinden | 69 | BLACKTOWN CITY | 7:25.08 | 7 |
| | 51.13 | 1:49.25 (58.12) | 2:52.11 (1:02.86) | 3:54.05 (1:01.94) | |
| | 4:53.03 (58.98) | 5:51.99 (58.96) | 6:39.10 (47.11) | 7:25.08 (45.98) | |
| 5 | Neil Newman | 68 | BELGRAVIA | 7:48.07 | 6 |
| | 47.21 | | 2:50.36 () | 3:56.30 (1:05.94) | |
| | 5:03.25 (1:06.95) | 6:08.68 (1:05.43) | 7:00.13 (51.45) | 7:48.07 (47.94) | |

Event 7 Men 70-74 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|-----------------|-----------------|----|
| 1 | Don Taylor | 74 | TOOWOOMBA | 7:21.17 | 10 |
| | 51.97 | 1:53.64 (1:01.67) | 2:50.67 (57.03) | 3:46.06 (55.39) | |
| | 4:46.78 (1:00.72) | 5:47.13 (1:00.35) | 6:35.60 (48.47) | 7:21.17 (45.57) | |

Event 7 Men 80-84 400 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|--------------------|--------------------|----|
| 1 | Robert Magin | 80 | DARWIN STINGERS | 12:05.14 | 10 |
| | 1:41.78 | 3:35.80 (1:54.02) | 4:59.59 (1:23.79) | 6:24.23 (1:24.64) | |
| | 8:08.26 (1:44.03) | 9:48.36 (1:40.10) | 10:56.73 (1:08.37) | 12:05.14 (1:08.41) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 8 Women 18-24 100 LC Metre Freestyle**

| | | | | | |
|---|----------------|----|-----------------------|---------|----|
| 1 | Paris McGrath | 24 | MORNINGTON PENINSULA | 1:07.54 | 10 |
| | 31.99 | | 1:07.54 (35.55) | | |
| 2 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 1:08.14 | 9 |
| | 32.69 | | 1:08.14 (35.45) | | |
| 3 | Annabelle West | 22 | NIGHTCLIFF | 1:09.05 | 8 |
| | 33.12 | | 1:09.05 (35.93) | | |
| 4 | Joanna Lill | 21 | BLACKTOWN CITY | 1:12.22 | 7 |
| | 34.23 | | 1:12.22 (37.99) | | |
| 5 | Alexia Green | 22 | MORNINGTON PENINSULA | 1:14.12 | 6 |
| | 35.64 | | 1:14.12 (38.48) | | |
| 6 | Lotti Fox | 24 | CLAREMONT | 1:15.00 | 5 |
| | 36.41 | | 1:15.00 (38.59) | | |

Event 8 Women 25-29 100 LC Metre Freestyle

| | | | | | |
|----|-------------------|----|-----------------|---------|----|
| 1 | Kady Ibell | 28 | TSA | 1:04.00 | 10 |
| | 30.91 | | 1:04.00 (33.09) | | |
| 2 | Kimberley Vidura | 28 | UNISA | 1:06.30 | 9 |
| | 32.55 | | 1:06.30 (33.75) | | |
| 3 | Bronwyn Stockley | 26 | BLACKTOWN CITY | 1:13.82 | 8 |
| | 35.20 | | 1:13.82 (38.62) | | |
| *4 | Megan Clark | 26 | PENRITH | 1:14.65 | 7 |
| | 34.88 | | 1:14.65 (39.77) | | |
| *4 | Alison Sparks | 25 | NORTH SHORE | 1:14.65 | 7 |
| | 34.25 | | 1:14.65 (40.40) | | |
| 6 | Amy Small | 29 | NOARLUNGA | 1:26.50 | 5 |
| | 40.60 | | 1:26.50 (45.90) | | |
| 7 | Stephanie Neville | 28 | SUPERFINS WA | 1:37.48 | 4 |
| | 48.07 | | 1:37.48 (49.41) | | |

Event 8 Women 30-34 100 LC Metre Freestyle

| | | | | | |
|---|------------------|----|-------------------|---------|----|
| 1 | Jayde Richardson | 32 | HOBART DOLPHINS | 1:07.18 | 10 |
| | 32.93 | | 1:07.18 (34.25) | | |
| 2 | Suzanna Olsen | 32 | CLAREMONT | 1:09.81 | 9 |
| | 32.91 | | 1:09.81 (36.90) | | |
| 3 | Rebecca Kierath | 30 | CLAREMONT | 1:10.70 | 8 |
| | 33.92 | | 1:10.70 (36.78) | | |
| 4 | Tiane Burwood | 32 | BLACKTOWN CITY | 1:18.90 | 7 |
| | 37.49 | | 1:18.90 (41.41) | | |
| 5 | Courtney Marano | 34 | SUPERFINS WA | 2:04.34 | 6 |
| | 54.64 | | 2:04.34 (1:09.70) | | |

Event 8 Women 35-39 100 LC Metre Freestyle

| | | | | | |
|---|--------------------|----|---------------------------|---------|----|
| 1 | Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 1:03.62 | 10 |
| | 31.01 | | 1:03.62 (32.61) | | |
| 2 | Erin Abson | 37 | LAVERTON WYNDHAM AQUATICS | 1:08.65 | 9 |
| | 33.17 | | 1:08.65 (35.48) | | |
| 3 | Alison Sakurovs | 39 | MERRYLANDS | 1:10.18 | 8 |
| | 32.61 | | 1:10.18 (37.57) | | |
| 4 | Ashleigh Davis | 35 | SUTHERLAND SANDBERN | 1:10.36 | 7 |
| | 33.62 | | 1:10.36 (36.74) | | |
| 5 | Liz Daly | 39 | TUGGERANONG | 1:19.11 | 6 |
| | 36.67 | | 1:19.11 (42.44) | | |
| 6 | Pippa Featherston | 39 | DARWIN BUFFALOS | 1:19.61 | 5 |
| | 37.16 | | 1:19.61 (42.45) | | |
| 7 | Suzie Haddad | 39 | BLACKTOWN CITY | 1:19.74 | 4 |
| | 38.42 | | 1:19.74 (41.32) | | |
| 8 | Sophie Forsterling | 39 | DARWIN STINGERS | 1:20.83 | 3 |
| | 37.96 | | 1:20.83 (42.87) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Women 35-39 100 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|-------------------|-----------------------|---------|---|
| 9 | Kate Conway | 39 | DARWIN STINGERS | 1:21.02 | 2 |
| | 38.62 | 1:21.02 (42.40) | | | |
| 10 | Belinda Meek | 35 | BLACKTOWN CITY | 1:22.70 | 1 |
| | 37.89 | 1:22.70 (44.81) | | | |
| 11 | Julia Barnes | 39 | GOULBURN VALLEY CROCS | 1:26.47 | 1 |
| | 37.77 | 1:26.47 (48.70) | | | |
| 12 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 1:30.56 | 1 |
| | 41.90 | 1:30.56 (48.66) | | | |
| 13 | Jessica Valentine | 37 | BLACKTOWN CITY | 2:03.47 | 1 |
| | 57.26 | 2:03.47 (1:06.21) | | | |

Event 8 Women 40-44 100 LC Metre Freestyle

| | | | | | |
|----|----------------------|-------------------|--------------------|---------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 1:03.35 | 10 |
| | 30.32 | 1:03.35 (33.03) | | | |
| 2 | Stacia Kirk | 43 | CLAREMONT | 1:03.97 | 9 |
| | 30.77 | 1:03.97 (33.20) | | | |
| 3 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 1:06.59 | 8 |
| | 32.56 | 1:06.59 (34.03) | | | |
| 4 | Miranda Schoolderman | 41 | COTTON TREE | 1:09.34 | 7 |
| | 33.28 | 1:09.34 (36.06) | | | |
| 5 | Amy McCloskey | 41 | RYDE | 1:11.41 | 6 |
| | 32.99 | 1:11.41 (38.42) | | | |
| 6 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 1:12.82 | 5 |
| | 34.07 | 1:12.82 (38.75) | | | |
| 7 | Karen Williams | 40 | ROCKINGHAM | 1:13.48 | 4 |
| | 35.66 | 1:13.48 (37.82) | | | |
| 8 | Michelle Coleman | 44 | DARWIN STINGERS | 1:13.78 | 3 |
| | 35.88 | 1:13.78 (37.90) | | | |
| 9 | Rebecca Milton | 40 | ADELAIDE | 1:15.03 | 2 |
| | 36.35 | 1:15.03 (38.68) | | | |
| 10 | Lauren Bradley | 40 | ETTALONG PELICANS | 1:16.39 | 1 |
| | 35.06 | 1:16.39 (41.33) | | | |
| 11 | Cassandra Whittome | 41 | COCKBURN | 1:17.84 | 1 |
| | 36.28 | 1:17.84 (41.56) | | | |
| 12 | Shannon Bowron | 44 | ROCKINGHAM | 1:18.20 | 1 |
| | 37.05 | 1:18.20 (41.15) | | | |
| 13 | Kristi Ruus | 40 | TUGGERANONG | 1:20.89 | 1 |
| | 38.87 | 1:20.89 (42.02) | | | |
| 14 | Susanne Milenkevich | 44 | RIVER CITY | 1:21.51 | 1 |
| | 38.47 | 1:21.51 (43.04) | | | |
| 15 | Erin Fisher | 42 | SWIM WEST | 1:22.88 | 1 |
| | 39.67 | 1:22.88 (43.21) | | | |
| 16 | Cath Hood | 41 | DARWIN STINGERS | 1:25.06 | 1 |
| | 38.93 | 1:25.06 (46.13) | | | |
| 17 | Katrina Munn | 41 | RACKLEY SWIM TEAM | 1:25.55 | 1 |
| | 39.48 | 1:25.55 (46.07) | | | |
| 18 | Ailie McKendrick | 43 | SAPPHIRE COAST | 1:27.03 | 1 |
| | 40.75 | 1:27.03 (46.28) | | | |
| 19 | Kristina Caldwell | 42 | IPSWICH CITY | 1:27.31 | 1 |
| | 41.30 | 1:27.31 (46.01) | | | |
| 20 | Nicole Patterson | 41 | SUPERFINS WA | 1:35.30 | 1 |
| | 45.79 | 1:35.30 (49.51) | | | |
| 21 | Tahnee Afuhaamango | 42 | DARWIN STINGERS | 1:38.68 | 1 |
| | 46.81 | 1:38.68 (51.87) | | | |
| 22 | Dianne Saunders | 40 | SUPERFINS WA | 1:41.52 | 1 |
| | 47.36 | 1:41.52 (54.16) | | | |
| 23 | Rachel Duggin | 44 | SUPERFINS WA | 2:02.07 | 1 |
| | 58.22 | 2:02.07 (1:03.85) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Women 40-44 100 LC Metre Freestyle)**

| | | | | | |
|----|----------------|---------|--------------|---------|---|
| 24 | Mischa Beckett | 41 | SUPERFINS WA | 2:17.47 | 1 |
| | 55.87 | 2:17.47 | (1:21.60) | | |

Event 8 Women 45-49 100 LC Metre Freestyle

| | | | | | |
|----|-------------------|---------|--------------------|---------|----|
| 1 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 1:06.51 | 10 |
| | 31.57 | 1:06.51 | (34.94) | | |
| 2 | Kristy Brackstone | 45 | CLAREMONT | 1:06.95 | 9 |
| | 32.20 | 1:06.95 | (34.75) | | |
| 3 | Nicky Kerr | 49 | MALVERN MARLINS | 1:09.48 | 8 |
| | 33.81 | 1:09.48 | (35.67) | | |
| 4 | Kim Wellington | 48 | PHOENIX | 1:10.80 | 7 |
| | 33.60 | 1:10.80 | (37.20) | | |
| 5 | Fiona Reed | 48 | NORTH SYDNEY | 1:11.13 | 6 |
| | 34.18 | 1:11.13 | (36.95) | | |
| 6 | Stacey Kopf | 46 | DARWIN STINGERS | 1:11.60 | 5 |
| | 33.74 | 1:11.60 | (37.86) | | |
| 7 | Fiona Griffin | 46 | BOLD PARK | 1:11.83 | 4 |
| | 34.75 | 1:11.83 | (37.08) | | |
| 8 | Dana Richards | 48 | ROCKINGHAM | 1:16.77 | 3 |
| | 36.64 | 1:16.77 | (40.13) | | |
| 9 | Belinda Peacocke | 48 | DARWIN STINGERS | 1:17.58 | 2 |
| 10 | Rebecca Draper | 46 | NORTHERN | 1:18.77 | 1 |
| | 37.67 | 1:18.77 | (41.10) | | |
| 11 | Carri Forrester | 45 | CLAREMONT | 1:19.00 | 1 |
| | 37.39 | 1:19.00 | (41.61) | | |
| 12 | Kathleen Bouchier | 45 | PENRITH | 1:20.43 | 1 |
| | 38.19 | 1:20.43 | (42.24) | | |
| 13 | Catherine Wilson | 49 | BUNNA-BARRA | 1:23.32 | 1 |
| | 39.08 | 1:23.32 | (44.24) | | |
| 14 | Cheree Dodkin | 45 | TOOWOOMBA | 3:03.27 | 1 |
| | 1:21.03 | 3:03.27 | (1:42.24) | | |

Event 8 Women 50-54 100 LC Metre Freestyle

| | | | | | |
|----|----------------------|---------|----------------------|---------|----|
| 1 | Anita Lendvay | 53 | GENESIS AQUATICS | 1:08.16 | 10 |
| | 32.82 | 1:08.16 | (35.34) | | |
| 2 | Madelyn-Anne Ring | 51 | POWERPOINTS | 1:10.81 | 9 |
| | 33.96 | 1:10.81 | (36.85) | | |
| 3 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 1:12.91 | 8 |
| | 34.56 | 1:12.91 | (38.35) | | |
| *4 | Clarissa Then | 54 | SINGAPORE | 1:19.51 | 7 |
| | 36.72 | 1:19.51 | (42.79) | | |
| *4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 1:20.56 | 7 |
| | 38.19 | 1:20.56 | (42.37) | | |
| 5 | Sharyn Bury | 54 | DARWIN STINGERS | 1:24.42 | 6 |
| | 39.81 | 1:24.42 | (44.61) | | |
| *6 | Katrin Buchta | 54 | GERMANY | 1:28.72 | 5 |
| | 41.60 | 1:28.72 | (47.12) | | |
| *6 | Heike Rahmann | 50 | GLAMOURHEAD SHARKS | 1:29.14 | 5 |
| | 40.48 | 1:29.14 | (48.66) | | |
| 7 | Jackie Gardiner | 50 | PERTH CITY | 1:31.35 | 4 |
| | 43.58 | 1:31.35 | (47.77) | | |
| 8 | Heather Standley | 51 | DARWIN STINGERS | 1:33.01 | 3 |
| | 45.68 | 1:33.01 | (47.33) | | |
| 9 | Kerryn Blanch | 51 | BLACKTOWN CITY | 1:38.44 | 2 |
| | 47.22 | 1:38.44 | (51.22) | | |
| 10 | Zara Tai | 53 | BLACKTOWN CITY | 1:39.39 | 1 |
| | 48.01 | 1:39.39 | (51.38) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Women 50-54 100 LC Metre Freestyle)**

| | | | | | |
|----|--------------------|----|--------------------|-------------------|---|
| 11 | Charmaine Groppler | 51 | WARRINGAH | 1:41.55 | 1 |
| | 47.43 | | | 1:41.55 (54.12) | |
| 12 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 2:07.18 | 1 |
| | 1:01.74 | | | 2:07.18 (1:05.44) | |

Event 8 Women 55-59 100 LC Metre Freestyle

| | | | | | |
|----|---------------------|----|-----------------------|-------------------|----|
| 1 | Jennie Bucknell | 58 | POWERPOINTS | 1:02.78 | 10 |
| | 30.29 | | | 1:02.78 (32.49) | |
| 2 | Nola Macaulay | 55 | TSA | 1:07.53 | 9 |
| | 31.84 | | | 1:07.53 (35.69) | |
| 3 | Christina Scolaro | 56 | TSA | 1:12.46 | 8 |
| | 34.49 | | | 1:12.46 (37.97) | |
| 4 | Caz Makin | 56 | TUGGERANONG | 1:15.22 | 7 |
| | 35.76 | | | 1:15.22 (39.46) | |
| 5 | Megan Tetley | 56 | CLAREMONT | 1:16.90 | 6 |
| | 36.70 | | | 1:16.90 (40.20) | |
| 6 | Rachel Trenaman | 55 | BEATTY PARK | 1:17.60 | 5 |
| | 36.42 | | | 1:17.60 (41.18) | |
| 7 | Nelleke Dien Walker | 59 | POWERPOINTS | 1:21.29 | 4 |
| | 38.30 | | | 1:21.29 (42.99) | |
| 8 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 1:23.01 | 3 |
| | 39.72 | | | 1:23.01 (43.29) | |
| 9 | Sharon Newstead | 59 | MALVERN MARLINS | 1:24.04 | 2 |
| | 40.68 | | | 1:24.04 (43.36) | |
| 10 | Patricia Reid | 59 | TATTERSALLS CLUB | 1:24.91 | 1 |
| | 38.04 | | | 1:24.91 (46.87) | |
| 11 | Kylee Murray | 58 | MERRYLANDS | 1:25.57 | 1 |
| | 39.28 | | | 1:25.57 (46.29) | |
| 12 | Alison Farmer | 59 | CLAREMONT | 1:27.54 | 1 |
| | 42.10 | | | 1:27.54 (45.44) | |
| 13 | Wendy McMurtrie | 57 | PORT MACQUARIE | 1:28.36 | 1 |
| | 42.15 | | | 1:28.36 (46.21) | |
| 14 | Michelle Hogue | 57 | CLAREMONT | 1:28.41 | 1 |
| | 41.37 | | | 1:28.41 (47.04) | |
| 15 | Clairly Lance | 58 | PERTH CITY | 1:30.00 | 1 |
| | 43.01 | | | 1:30.00 (46.99) | |
| 16 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 1:33.36 | 1 |
| | 43.98 | | | 1:33.36 (49.38) | |
| 17 | Yvonne Egan | 59 | POWERPOINTS | 1:37.00 | 1 |
| | 46.57 | | | 1:37.00 (50.43) | |
| 18 | Carolyn Lunney | 55 | TOOWOOMBA | 2:01.10 | 1 |
| | 53.07 | | | 2:01.10 (1:08.03) | |
| 19 | Michelle Magnusson | 56 | NORTH SHORE | 2:10.11 | 1 |
| | 58.70 | | | 2:10.11 (1:11.41) | |

Event 8 Women 60-64 100 LC Metre Freestyle

| | | | | | |
|----|------------------|----|--------------------------|-----------------|----|
| 1 | Jeanette Brits | 63 | MANLY | 1:05.96 | 10 |
| | 31.32 | | | 1:05.96 (34.64) | |
| *2 | Carola Khouri | 62 | UNITED STATES OF AMERICA | 1:07.22 | 9 |
| | 32.22 | | | 1:07.22 (35.00) | |
| *2 | Joanne Sutcliffe | 64 | PHOENIX | 1:10.86 | 9 |
| | 34.13 | | | 1:10.86 (36.73) | |
| 3 | Bridget Young | 60 | ROCKINGHAM | 1:11.54 | 8 |
| | 34.86 | | | 1:11.54 (36.68) | |
| 4 | Nicola Corsbie | 62 | CLAREMONT | 1:12.99 | 7 |
| | 35.01 | | | 1:12.99 (37.98) | |
| 5 | Amanda Duggan | 64 | HOBART DOLPHINS | 1:13.95 | 6 |
| | 35.33 | | | 1:13.95 (38.62) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Women 60-64 100 LC Metre Freestyle)**

| | | | | | |
|----|------------------------|---------|------------------------|---------|---|
| 6 | Janette Dickey | 64 | MALVERN MARLINS | 1:14.13 | 5 |
| | 36.17 | 1:14.13 | (37.96) | | |
| 7 | Daphne Briggs | 62 | MALVERN MARLINS | 1:16.65 | 4 |
| | 37.47 | 1:16.65 | (39.18) | | |
| 8 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 1:18.80 | 3 |
| | 37.35 | 1:18.80 | (41.45) | | |
| 9 | Susan Dalton | 62 | NORTH MACKAY SINKERS | 1:23.64 | 2 |
| | 40.36 | 1:23.64 | (43.28) | | |
| 10 | Tamara Stenhouse | 63 | DARWIN STINGERS | 1:25.43 | 1 |
| | 41.67 | 1:25.43 | (43.76) | | |
| 11 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 1:25.43 | 1 |
| | 38.98 | 1:25.43 | (46.45) | | |
| 12 | Wendy Kingma | 63 | GOULBURN VALLEY CROCS | 1:27.35 | 1 |
| | 41.44 | 1:27.35 | (45.91) | | |
| 13 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 1:30.22 | 1 |
| | 42.80 | 1:30.22 | (47.42) | | |
| 14 | Robyn Richards | 62 | SUNSHINE COAST | 1:30.37 | 1 |
| | 42.19 | 1:30.37 | (48.18) | | |
| 15 | Catherine Reid | 62 | POWERPOINTS | 1:31.86 | 1 |
| | 43.87 | 1:31.86 | (47.99) | | |
| 16 | Alexandra Tregonning | 63 | CLAREMONT | 1:32.79 | 1 |
| | 44.65 | 1:32.79 | (48.14) | | |
| 17 | Linda Hogg | 62 | NOOSA | 1:35.69 | 1 |
| | 44.97 | 1:35.69 | (50.72) | | |
| 18 | Teresa Kelly | 63 | GLAMOURHEAD SHARKS | 1:35.75 | 1 |
| | 43.63 | 1:35.75 | (52.12) | | |
| 19 | Beth Ashwood | 64 | MALVERN MARLINS | 1:39.69 | 1 |
| | 46.99 | 1:39.69 | (52.70) | | |
| 20 | Di Woods | 64 | GLAMOURHEAD SHARKS | 1:40.21 | 1 |
| | 47.10 | 1:40.21 | (53.11) | | |
| 21 | Jenny Hookey | 64 | SURREY PARK SEAHORSES | 1:40.34 | 1 |
| | 47.69 | 1:40.34 | (52.65) | | |
| 22 | Sharon Smith | 64 | HOBART DOLPHINS | 1:40.88 | 1 |
| | 47.31 | 1:40.88 | (53.57) | | |
| 23 | Margaret Fell | 63 | BLACKTOWN CITY | 1:41.76 | 1 |
| | 48.56 | 1:41.76 | (53.20) | | |
| 24 | Donna Uren | 64 | SAPPHIRE COAST | 1:49.37 | 1 |
| | 51.79 | 1:49.37 | (57.58) | | |
| 25 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 1:53.20 | 1 |
| | 53.07 | 1:53.20 | (1:00.13) | | |
| 26 | Jill Woodworth | 64 | HERVEY BAY | 1:53.44 | 1 |
| | 52.79 | 1:53.44 | (1:00.65) | | |
| 27 | Kathleen Wainwright | 63 | CARINE | 2:32.53 | 1 |
| | 1:07.88 | 2:32.53 | (1:24.65) | | |

Event 8 Women 65-69 100 LC Metre Freestyle

| | | | | | |
|---|-------------------|---------|----------------------|---------|----|
| 1 | Elaine Sng | 66 | RIVER CITY | 1:14.62 | 10 |
| | 35.30 | 1:14.62 | (39.32) | | |
| 2 | Yvonne Mutton | 66 | NOOSA | 1:16.48 | 9 |
| | 37.64 | 1:16.48 | (38.84) | | |
| 3 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 1:19.86 | 8 |
| | 38.19 | 1:19.86 | (41.67) | | |
| 4 | Eleanor Parsons | 69 | CLAREMONT | 1:20.08 | 7 |
| | 38.02 | 1:20.08 | (42.06) | | |
| 5 | Moira Wigley | 65 | DARWIN BUFFALOS | 1:21.19 | 6 |
| | 38.56 | 1:21.19 | (42.63) | | |
| 6 | Heather Whitehead | 65 | BEATTY PARK | 1:24.08 | 5 |
| | 39.87 | 1:24.08 | (44.21) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Women 65-69 100 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|---------|----------------------|---------|---|
| 7 | Gay Bradley | 69 | COTTON TREE | 1:27.44 | 4 |
| | 42.27 | 1:27.44 | (45.17) | | |
| 8 | Pip Hawson | 65 | CLAREMONT | 1:28.31 | 3 |
| | 41.84 | 1:28.31 | (46.47) | | |
| 9 | Mary Sontrop | 67 | POWERPOINTS | 1:31.61 | 2 |
| | 42.27 | 1:31.61 | (49.34) | | |
| 10 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | 1:37.91 | 1 |
| | 45.90 | 1:37.91 | (52.01) | | |
| 11 | Anke Kohfahl | 66 | GLAMOURHEAD SHARKS | 1:39.31 | 1 |
| | 46.89 | 1:39.31 | (52.42) | | |
| 12 | Lesley de Lorenzo | 68 | PENRITH | 1:45.35 | 1 |
| | 48.95 | 1:45.35 | (56.40) | | |
| 13 | Vicki Newman | 66 | BELGRAVIA | 1:57.97 | 1 |
| | 54.51 | 1:57.97 | (1:03.46) | | |
| 14 | Philippa Sawyer | 68 | LANE COVE | 1:59.84 | 1 |
| | 54.72 | 1:59.84 | (1:05.12) | | |
| 15 | Pamela Dawes | 66 | WARRINGAH | 2:00.49 | 1 |
| | 56.33 | 2:00.49 | (1:04.16) | | |

Event 8 Women 70-74 100 LC Metre Freestyle

| | | | | | |
|----|-----------------------|---------|------------------------------|---------|----|
| 1 | Susan Swire-Thompson | 70 | CLAREMONT | 1:21.07 | 10 |
| | 38.43 | 1:21.07 | (42.64) | | |
| 2 | Gail Fletcher | 70 | RYDE | 1:23.57 | 9 |
| | 37.99 | 1:23.57 | (45.58) | | |
| 3 | Wendy Cooper | 71 | WARRINGAH | 1:25.32 | 8 |
| | 41.23 | 1:25.32 | (44.09) | | |
| 4 | Margie Moore | 72 | DONCASTER DOLPHINS | 1:31.72 | 7 |
| | 42.61 | 1:31.72 | (49.11) | | |
| 5 | Janet Sayers | 73 | DONCASTER DOLPHINS | 1:34.14 | 6 |
| | 44.10 | 1:34.14 | (50.04) | | |
| 6 | Patricia Moore | 71 | DARWIN STINGERS | 1:34.54 | 5 |
| | 45.91 | 1:34.54 | (48.63) | | |
| 7 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 1:35.95 | 4 |
| | 45.30 | 1:35.95 | (50.65) | | |
| 8 | Jacky Shields | 70 | NOOSA | 1:42.38 | 3 |
| | 46.79 | 1:42.38 | (55.59) | | |
| 9 | Maree Tuff | 73 | MORNINGTON PENINSULA | 1:42.59 | 2 |
| | 46.57 | 1:42.59 | (56.02) | | |
| 10 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 1:43.48 | 1 |
| | 48.60 | 1:43.48 | (54.88) | | |
| 11 | Catherine Alexander | 70 | TUGGERANONG | 1:48.03 | 1 |
| | 50.22 | 1:48.03 | (57.81) | | |
| 12 | Gail Milroy | 70 | SAPPHIRE COAST | 1:50.00 | 1 |
| | 48.49 | 1:50.00 | (1:01.51) | | |
| 13 | Patricia Helmore | 73 | SAPPHIRE COAST | 1:51.72 | 1 |
| | 51.31 | 1:51.72 | (1:00.41) | | |
| 14 | Pauline Tauschke | 70 | DARWIN STINGERS | 2:01.93 | 1 |
| | 56.65 | 2:01.93 | (1:05.28) | | |
| 15 | Janette Goey | 74 | MALVERN MARLINS | 2:05.12 | 1 |
| | 56.51 | 2:05.12 | (1:08.61) | | |
| 16 | Jenelle Templeton | 72 | DONCASTER DOLPHINS | 2:26.00 | 1 |
| | 1:08.32 | 2:26.00 | (1:17.68) | | |
| 17 | Helen Rubin | 72 | RYDE | 2:30.79 | 1 |
| | 1:14.10 | 2:30.79 | (1:16.69) | | |

Event 8 Women 75-79 100 LC Metre Freestyle

| | | | | | |
|---|---------------|---------|-------------|---------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 1:33.28 | 10 |
| | 44.99 | 1:33.28 | (48.29) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Women 75-79 100 LC Metre Freestyle)**

| | | | | | |
|---|------------------|---------|-------------------|---------|---|
| 2 | Robyn Smith | 75 | CLAREMONT | 1:34.85 | 9 |
| | 47.73 | 1:34.85 | (47.12) | | |
| 3 | Marijke Alderson | 77 | POWERPOINTS | 1:36.25 | 8 |
| | 45.45 | 1:36.25 | (50.80) | | |
| 4 | Helen Campbell | 76 | WARRINGAH | 1:53.56 | 7 |
| | 52.25 | 1:53.56 | (1:01.31) | | |
| 5 | Anne Birt | 78 | ETTALONG PELICANS | 2:00.86 | 6 |
| | 53.96 | 2:00.86 | (1:06.90) | | |
| 6 | Sandra Rogers | 78 | BUNNA-BARRA | 2:07.70 | 5 |
| | 55.40 | 2:07.70 | (1:12.30) | | |
| 7 | Marion Dreyer | 77 | ETTALONG PELICANS | 2:23.08 | 4 |
| | 1:08.93 | 2:23.08 | (1:14.15) | | |

Event 8 Women 80-84 100 LC Metre Freestyle

| | | | | | |
|---|----------------|---------|----------------------|---------|----|
| 1 | Gerda Williams | 82 | MANDURAH | 1:41.36 | 10 |
| | 47.16 | 1:41.36 | (54.20) | | |
| 2 | Marsha Reddiex | 81 | BELGRAVIA | 1:43.09 | 9 |
| | 47.45 | 1:43.09 | (55.64) | | |
| 3 | Jan Croft | 81 | NOOSA | 1:48.85 | 8 |
| | 50.34 | 1:48.85 | (58.51) | | |
| 4 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 1:51.89 | 7 |
| | 53.43 | 1:51.89 | (58.46) | | |
| 5 | Lois Hill | 81 | NOOSA | 2:01.31 | 6 |
| | 57.83 | 2:01.31 | (1:03.48) | | |
| 6 | Barbara Jones | 80 | SUTHERLAND SANDBERN | 2:16.01 | 5 |
| | 1:01.00 | 2:16.01 | (1:15.01) | | |

Event 8 Women 85-89 100 LC Metre Freestyle

| | | | | | |
|---|----------------|---------|------------------------|---------|----|
| 1 | Anne Walker | 87 | DARWIN STINGERS | 2:05.26 | 10 |
| | 58.59 | 2:05.26 | (1:06.67) | | |
| 2 | Barbara Pearce | 87 | MARION | 2:35.63 | 9 |
| | 1:17.07 | 2:35.63 | (1:18.56) | | |
| 3 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 2:41.66 | 8 |
| | 1:14.47 | 2:41.66 | (1:27.19) | | |

Event 8 Women 90-94 100 LC Metre Freestyle

| | | | | | |
|---|----------------|---------|--------------------|---------|----|
| 1 | Dorothy Dickey | 94 | DONCASTER DOLPHINS | 2:13.84 | 10 |
| | 1:01.72 | 2:13.84 | (1:12.12) | | |

Event 8 Men 18-24 100 LC Metre Freestyle

| | | | | | |
|---|------------------|---------|----------------------|---------|----|
| 1 | Khaden Mallett | 20 | DARWIN BUFFALOS | 1:00.22 | 10 |
| | 28.22 | 1:00.22 | (32.00) | | |
| 2 | Oscar Callander | 22 | DARWIN BUFFALOS | 1:00.30 | 9 |
| | 28.92 | 1:00.30 | (31.38) | | |
| 3 | Samuel Bricknell | 24 | DARWIN STINGERS | 1:02.17 | 8 |
| | 29.07 | 1:02.17 | (33.10) | | |
| 4 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 1:02.91 | 7 |
| | 30.36 | 1:02.91 | (32.55) | | |
| 5 | Thomas Micallef | 21 | BLACKTOWN CITY | 1:05.99 | 6 |
| | 32.22 | 1:05.99 | (33.77) | | |
| 6 | Phoenix Galistan | 23 | BLACKTOWN CITY | 1:25.87 | 5 |
| | 40.84 | 1:25.87 | (45.03) | | |
| 7 | Joseph Salt | 24 | SUPERFINS WA | 1:55.85 | 4 |
| | 46.84 | 1:55.85 | (1:09.01) | | |

Event 8 Men 25-29 100 LC Metre Freestyle

| | | | | | |
|---|--------------|-------|----------------|-------|----|
| 1 | Jordan Henry | 28 | BLACKTOWN CITY | 59.74 | 10 |
| | 28.39 | 59.74 | (31.35) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Men 25-29 100 LC Metre Freestyle)**

| | | | | | |
|---|----------------|---------|-------------------|---------|---|
| 2 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 1:01.00 | 9 |
| | 28.99 | 1:01.00 | (32.01) | | |
| 3 | Adam Ward | 27 | BLACKTOWN CITY | 1:08.28 | 8 |
| | 32.37 | 1:08.28 | (35.91) | | |
| 4 | Dylan Broadway | 28 | SUPERFINS WA | 1:22.23 | 7 |
| | 39.57 | 1:22.23 | (42.66) | | |
| 5 | James Burt | 28 | SUPERFINS WA | 1:36.98 | 6 |
| | 44.23 | 1:36.98 | (52.75) | | |
| 6 | Daniel Paull | 25 | SUPERFINS WA | 1:48.59 | 5 |
| | 49.28 | 1:48.59 | (59.31) | | |
| 7 | Keith Robinson | 27 | SUPERFINS WA | 2:23.05 | 4 |
| | 1:05.35 | 2:23.05 | (1:17.70) | | |

Event 8 Men 30-34 100 LC Metre Freestyle

| | | | | | |
|---|-----------------|---------|--------------------|---------|----|
| 1 | Radu Coicici | 33 | POWERPOINTS | 54.08 | 10 |
| | 25.95 | 54.08 | (28.13) | | |
| 2 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 57.33 | 9 |
| | 27.37 | 57.33 | (29.96) | | |
| 3 | Ofir Kuberman | 34 | DONCASTER DOLPHINS | 59.66 | 8 |
| | 28.24 | 59.66 | (31.42) | | |
| 4 | David Almeida | 31 | NORTH SHORE | 59.94 | 7 |
| | 28.56 | 59.94 | (31.38) | | |
| 5 | Timothy Few | 32 | DARWIN BUFFALOS | 1:06.62 | 6 |
| | 30.84 | 1:06.62 | (35.78) | | |
| 6 | Rhys Fisher | 31 | DEVONPORT DEVILS | 1:06.97 | 5 |
| | 32.81 | 1:06.97 | (34.16) | | |
| 7 | Ryan Jamieson | 30 | DONCASTER DOLPHINS | 1:07.25 | 4 |
| | 32.48 | 1:07.25 | (34.77) | | |
| 8 | Charles Gravier | 32 | ADELAIDE | 1:34.52 | 3 |
| | 42.26 | 1:34.52 | (52.26) | | |
| 9 | Geoffrey Keron | 32 | SUPERFINS WA | 1:45.97 | 2 |
| | 50.15 | 1:45.97 | (55.82) | | |

Event 8 Men 35-39 100 LC Metre Freestyle

| | | | | | |
|----|-----------------|---------|--------------------|---------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 56.00 | 10 |
| | 26.69 | 56.00 | (29.31) | | |
| 2 | Bradley Thomas | 39 | PENRITH | 58.23 | 9 |
| | 27.76 | 58.23 | (30.47) | | |
| 3 | Daniel Phillpot | 37 | MANLY | 1:01.22 | 8 |
| | 29.85 | 1:01.22 | (31.37) | | |
| 4 | Haydn Valle | 35 | DARWIN STINGERS | 1:03.60 | 7 |
| | 30.18 | 1:03.60 | (33.42) | | |
| 5 | Mark McDonald | 37 | BLACKTOWN CITY | 1:12.04 | 6 |
| | 35.51 | 1:12.04 | (36.53) | | |
| 6 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 1:12.55 | 5 |
| | 35.26 | 1:12.55 | (37.29) | | |
| 7 | Leigh Guy | 37 | GLAMOURHEAD SHARKS | 1:18.56 | 4 |
| | 36.49 | 1:18.56 | (42.07) | | |
| 8 | Dylan Coop | 38 | SUPERFINS WA | 1:24.68 | 3 |
| | 39.84 | 1:24.68 | (44.84) | | |
| 9 | Nathan Curry | 38 | SUPERFINS WA | 1:40.80 | 2 |
| | 47.56 | 1:40.80 | (53.24) | | |
| 10 | Matthew Barndon | 38 | CARINE | 1:42.86 | 1 |
| | 47.68 | 1:42.86 | (55.18) | | |

Event 8 Men 40-44 100 LC Metre Freestyle

| | | | | | |
|---|---------------|---------|---------|---------|----|
| 1 | Sean Giuricin | 41 | TSA | 1:00.14 | 10 |
| | 29.07 | 1:00.14 | (31.07) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Men 40-44 100 LC Metre Freestyle)**

| | | | | | |
|---|------------------------|---------|--------------------|---------|---|
| 2 | David Kellam | 43 | POWERPOINTS | 1:00.21 | 9 |
| | 29.19 | 1:00.21 | (31.02) | | |
| 3 | Daniel Lynch | 43 | BLACKTOWN CITY | 1:02.29 | 8 |
| | 29.73 | 1:02.29 | (32.56) | | |
| 4 | Brent Greene | 40 | GLAMOURHEAD SHARKS | 1:02.45 | 7 |
| | 29.52 | 1:02.45 | (32.93) | | |
| 5 | Koe Davidson | 44 | POWERPOINTS | 1:02.58 | 6 |
| | 29.97 | 1:02.58 | (32.61) | | |
| 6 | Paul Whelan | 44 | GLAMOURHEAD SHARKS | 1:08.27 | 5 |
| | 31.88 | 1:08.27 | (36.39) | | |
| 7 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 1:09.01 | 4 |
| | 33.11 | 1:09.01 | (35.90) | | |
| 8 | Varant Jambazian | 41 | MERRYLANDS | 1:16.94 | 3 |

Event 8 Men 45-49 100 LC Metre Freestyle

| | | | | | |
|----|-------------------------|---------|---------------------|---------|----|
| 1 | Louis Whant | 46 | PENRITH | 59.04 | 10 |
| | 28.76 | 59.04 | (30.28) | | |
| 2 | Steven Vermey | 45 | PENRITH | 59.53 | 9 |
| | 28.94 | 59.53 | (30.59) | | |
| 3 | Christopher Worthington | 45 | MALVERN MARLINS | 1:00.12 | 8 |
| | 29.01 | 1:00.12 | (31.11) | | |
| 4 | Robert Burgess | 46 | BLACKTOWN CITY | 1:00.69 | 7 |
| | 29.46 | 1:00.69 | (31.23) | | |
| 5 | Nigel Fanning | 49 | POWERPOINTS | 1:00.96 | 6 |
| | 29.08 | 1:00.96 | (31.88) | | |
| 6 | Chris Grueninger | 46 | SUTHERLAND SANDBERN | 1:03.43 | 5 |
| | 30.32 | 1:03.43 | (33.11) | | |
| 7 | Sam Radford | 48 | DONCASTER DOLPHINS | 1:05.64 | 4 |
| | 30.82 | 1:05.64 | (34.82) | | |
| 8 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 1:07.81 | 3 |
| | 31.96 | 1:07.81 | (35.85) | | |
| 9 | Andrew Michelin | 47 | SAPPHIRE COAST | 1:08.61 | 2 |
| | 33.06 | 1:08.61 | (35.55) | | |
| 10 | John Welch | 49 | GLAMOURHEAD SHARKS | 1:25.05 | 1 |
| | 41.03 | 1:25.05 | (44.02) | | |

Event 8 Men 50-54 100 LC Metre Freestyle

| | | | | | |
|----|----------------------|---------|---------------------|---------|----|
| 1 | Juergen Langfeldt | 52 | DONCASTER DOLPHINS | 57.81 | 10 |
| | 27.76 | 57.81 | (30.05) | | |
| 2 | Bradley Halicek | 51 | BLACKTOWN CITY | 58.69 | 9 |
| | 27.91 | 58.69 | (30.78) | | |
| 3 | Mark Preiss | 52 | AQUADOME OTTERS | 59.64 | 8 |
| | 29.01 | 59.64 | (30.63) | | |
| 4 | Trent Lawrence | 53 | PENRITH | 1:00.98 | 7 |
| | 28.13 | 1:00.98 | (32.85) | | |
| 5 | Kieren Jon Lawrenson | 50 | CLAREMONT | 1:01.02 | 6 |
| | 29.42 | 1:01.02 | (31.60) | | |
| 6 | James Watson | 50 | SEASIDE PIRATES | 1:02.57 | 5 |
| | 29.88 | 1:02.57 | (32.69) | | |
| 7 | Robert Bailey | 54 | MIAMI | 1:04.40 | 4 |
| | 29.57 | 1:04.40 | (34.83) | | |
| 8 | Damien Eyre | 51 | RIVERTON | 1:06.51 | 3 |
| | 32.37 | 1:06.51 | (34.14) | | |
| 9 | Matthew Dredge | 50 | SUTHERLAND SANDBERN | 1:06.95 | 2 |
| | 31.53 | 1:06.95 | (35.42) | | |
| 10 | Oliver Holm | 52 | DARWIN STINGERS | 1:08.46 | 1 |
| | 32.57 | 1:08.46 | (35.89) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Men 50-54 100 LC Metre Freestyle)**

| | | | | | |
|----|------------------|----|-----------------|-------------------|---|
| 11 | Cameron Dawe | 53 | DARWIN STINGERS | 1:11.58 | 1 |
| | 34.10 | | | 1:11.58 (37.48) | |
| 12 | Adrian Tonkin | 53 | DARWIN STINGERS | 1:12.15 | 1 |
| | 34.56 | | | 1:12.15 (37.59) | |
| 13 | Jason Gronowicz | 50 | BLACKTOWN CITY | 1:14.07 | 1 |
| | 34.70 | | | 1:14.07 (39.37) | |
| 14 | Tony Burt | 54 | MALVERN MARLINS | 1:17.15 | 1 |
| | 35.96 | | | 1:17.15 (41.19) | |
| 15 | Andrew Goldswain | 53 | SUPERFINS WA | 1:33.67 | 1 |
| | 44.98 | | | 1:33.67 (48.69) | |
| 16 | Phillip Smith | 54 | SUPERFINS WA | 2:17.87 | 1 |
| | 1:02.55 | | | 2:17.87 (1:15.32) | |

Event 8 Men 55-59 100 LC Metre Freestyle

| | | | | | |
|----|-----------------|----|-----------------------|-----------------|----|
| 1 | Darren Turner | 58 | PENRITH | 1:01.43 | 10 |
| | 30.07 | | | 1:01.43 (31.36) | |
| 2 | Brett Davidson | 57 | POWERPOINTS | 1:01.93 | 9 |
| | 30.02 | | | 1:01.93 (31.91) | |
| 3 | Craig Magnusson | 59 | NORTH SHORE | 1:03.99 | 8 |
| | 31.06 | | | 1:03.99 (32.93) | |
| 4 | David O'Brien | 56 | SUTHERLAND SANDBERN | 1:04.74 | 7 |
| | 30.63 | | | 1:04.74 (34.11) | |
| 5 | Ian McLeod | 55 | NORTH SHORE | 1:05.62 | 6 |
| | 32.42 | | | 1:05.62 (33.20) | |
| 6 | Ian Pollock | 56 | DARWIN STINGERS | 1:05.82 | 5 |
| | 31.31 | | | 1:05.82 (34.51) | |
| 7 | Stephen Hawkins | 59 | WARRINGAH | 1:08.50 | 4 |
| | 33.28 | | | 1:08.50 (35.22) | |
| 8 | Arie Walker | 57 | SURREY PARK SEAHORSES | 1:08.52 | 3 |
| | 32.99 | | | 1:08.52 (35.53) | |
| 9 | Peter Bubrzycki | 59 | COCKBURN | 1:08.80 | 2 |
| | 32.81 | | | 1:08.80 (35.99) | |
| 10 | Tom Arthur | 59 | POWERPOINTS | 1:09.58 | 1 |
| | 33.30 | | | 1:09.58 (36.28) | |
| 11 | Paul Johnson | 57 | WARRINGAH | 1:09.83 | 1 |
| | 34.26 | | | 1:09.83 (35.57) | |
| 12 | Stephen Wills | 56 | RIVERTON | 1:11.94 | 1 |
| | 34.56 | | | 1:11.94 (37.38) | |
| 13 | Brett Roach | 55 | DARWIN BUFFALOS | 1:16.27 | 1 |
| | 36.07 | | | 1:16.27 (40.20) | |
| 14 | Michael Poot | 57 | SUTHERLAND SANDBERN | 1:20.56 | 1 |
| | 36.42 | | | 1:20.56 (44.14) | |

Event 8 Men 60-64 100 LC Metre Freestyle

| | | | | | |
|----|-----------------|----|---------------------|-----------------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 1:02.02 | 10 |
| | 30.13 | | | 1:02.02 (31.89) | |
| 2 | William O'Leary | 63 | TSA | 1:03.15 | 9 |
| | 30.19 | | | 1:03.15 (32.96) | |
| 3 | Allan Samuels | 60 | TSA | 1:04.89 | 8 |
| | 31.75 | | | 1:04.89 (33.14) | |
| 4 | Scott Sugden | 61 | NORTH SHORE | 1:07.00 | 7 |
| | 32.11 | | | 1:07.00 (34.89) | |
| 5 | Anthony Dunne | 61 | CLAREMONT | 1:07.35 | 6 |
| | 31.66 | | | 1:07.35 (35.69) | |
| *6 | Ronald Massaar | 64 | SUTHERLAND SANDBERN | 1:09.91 | 5 |
| | 33.39 | | | 1:09.91 (36.52) | |
| *6 | Mark Huggins | 63 | MALVERN MARLINS | 1:09.91 | 5 |
| | 34.56 | | | 1:09.91 (35.35) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Men 60-64 100 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|----|-----------------------|---------|---|
| 8 | Simon Horan | 62 | MALVERN MARLINS | 1:10.68 | 3 |
| 9 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 1:11.15 | 2 |
| 10 | Peter Williamson | 61 | POWERPOINTS | 1:11.52 | 1 |
| | 34.17 | | 1:11.52 (37.35) | | |
| 11 | Wayne Carlish | 61 | TOOWOOMBA | 1:13.33 | 1 |
| | 34.90 | | 1:13.33 (38.43) | | |
| 12 | Bruce Havilah | 63 | BEATTY PARK | 1:15.10 | 1 |
| | 33.34 | | 1:15.10 (41.76) | | |
| 13 | Robert Wilson | 62 | MORNINGTON PENINSULA | 1:15.30 | 1 |
| | 34.72 | | 1:15.30 (40.58) | | |
| 14 | Tony Tooher | 62 | WARRINGAH | 1:16.64 | 1 |
| | 36.47 | | 1:16.64 (40.17) | | |
| 15 | Ian Phillips | 64 | SURREY PARK SEAHORSES | 1:17.57 | 1 |
| | 38.88 | | 1:17.57 (38.69) | | |
| 16 | Richard Hughes | 62 | CLAREMONT | 1:19.21 | 1 |
| | 37.77 | | 1:19.21 (41.44) | | |
| 17 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 1:19.70 | 1 |
| | 38.18 | | 1:19.70 (41.52) | | |
| 18 | Andrew McCrindell | 61 | RYDE | 1:20.68 | 1 |
| | 39.03 | | 1:20.68 (41.65) | | |
| 19 | David Cowie | 63 | POWERPOINTS | 1:21.67 | 1 |
| | 38.49 | | 1:21.67 (43.18) | | |
| 20 | John Fisher | 61 | PENRITH | 1:30.16 | 1 |
| | 43.41 | | 1:30.16 (46.75) | | |
| 21 | Gordon Simpson | 64 | GIPPSLAND FLIPPERS | 2:00.87 | 1 |
| | 56.39 | | 2:00.87 (1:04.48) | | |

Event 8 Men 65-69 100 LC Metre Freestyle

| | | | | | |
|----|--------------------|----|---------------------|---------|----|
| 1 | Paul Blackbeard | 66 | CLAREMONT | 1:03.45 | 10 |
| | 30.65 | | 1:03.45 (32.80) | | |
| 2 | Grant Simpson | 68 | PHOENIX | 1:10.50 | 9 |
| | 33.90 | | 1:10.50 (36.60) | | |
| 3 | John Papple | 65 | DARWIN STINGERS | 1:10.63 | 8 |
| | 33.71 | | 1:10.63 (36.92) | | |
| 4 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 1:11.30 | 7 |
| | 34.12 | | 1:11.30 (37.18) | | |
| *5 | Dieter Machate | 65 | INDONESIA | 1:12.27 | 6 |
| | 33.59 | | 1:12.27 (38.68) | | |
| *5 | Owen Sinden | 69 | BLACKTOWN CITY | 1:13.56 | 6 |
| | 36.54 | | 1:13.56 (37.02) | | |
| 6 | Stephen de Lorenzo | 68 | PENRITH | 1:15.89 | 5 |
| | 36.45 | | 1:15.89 (39.44) | | |
| 7 | Alan Godfrey | 67 | GLAMOURHEAD SHARKS | 1:16.16 | 4 |
| | 36.03 | | 1:16.16 (40.13) | | |
| 8 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 1:17.18 | 3 |
| 9 | Neil Newman | 68 | BELGRAVIA | 1:19.71 | 2 |
| | 37.38 | | 1:19.71 (42.33) | | |
| 10 | Anthony Horadam | 67 | BLACKTOWN CITY | 1:24.37 | 1 |
| | 40.00 | | 1:24.37 (44.37) | | |
| 11 | Michael O'Donnell | 69 | DARWIN STINGERS | 1:28.82 | 1 |
| | 41.46 | | 1:28.82 (47.36) | | |
| 12 | Peter Clements | 65 | ADELAIDE | 1:29.76 | 1 |
| | 42.86 | | 1:29.76 (46.90) | | |
| 13 | Geoffrey Toogood | 65 | POWERPOINTS | 1:30.61 | 1 |
| | 43.14 | | 1:30.61 (47.47) | | |
| 14 | Sjaak Verschoor | 67 | COOGEE-RANDWICK | 1:31.08 | 1 |
| | 42.58 | | 1:31.08 (48.50) | | |
| 15 | Alan Denton | 66 | POWERPOINTS | 1:36.47 | 1 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Men 65-69 100 LC Metre Freestyle)**

| | | | | | |
|----|----------------|----|------------------------------|---------|---|
| 16 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 1:36.57 | 1 |
| | 42.70 | | 1:36.57 (53.87) | | |
| 17 | Rick Cleveland | 67 | LAUNCESTON LEMMINGS | 1:50.65 | 1 |
| | 51.19 | | 1:50.65 (59.46) | | |
| 18 | Kalvin Ernst | 68 | THE UNIVERSITY OF QUEENSLAND | 1:52.46 | 1 |
| | 51.90 | | 1:52.46 (1:00.56) | | |

Event 8 Men 70-74 100 LC Metre Freestyle

| | | | | | |
|----|--------------------|----|-----------------------|---------|----|
| 1 | Anthony Curran | 71 | ETTALONG PELICANS | 1:11.62 | 10 |
| | 33.58 | | 1:11.62 (38.04) | | |
| 2 | Stuart Ellicott | 72 | NORTH SHORE | 1:11.86 | 9 |
| | 33.97 | | 1:11.86 (37.89) | | |
| 3 | Ian Young | 72 | MARION | 1:12.25 | 8 |
| | 34.55 | | 1:12.25 (37.70) | | |
| 4 | Gordon Whyte | 72 | WARRINGAH | 1:19.32 | 7 |
| | 38.05 | | 1:19.32 (41.27) | | |
| 5 | Jim Milne | 70 | YARRA ROUGHIES | 1:20.92 | 6 |
| | 38.67 | | 1:20.92 (42.25) | | |
| 6 | David Tarran | 74 | LANE COVE | 1:23.74 | 5 |
| | 41.53 | | 1:23.74 (42.21) | | |
| 7 | Andrew Prendergast | 74 | MORNINGTON PENINSULA | 1:24.61 | 4 |
| | 38.08 | | 1:24.61 (46.53) | | |
| 8 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 1:32.44 | 3 |
| | 44.19 | | 1:32.44 (48.25) | | |
| 9 | Charles Croft | 74 | ARMADALE | 1:33.87 | 2 |
| | 44.04 | | 1:33.87 (49.83) | | |
| 10 | Ian Johnston | 72 | MERRYLANDS | 1:34.59 | 1 |
| | 45.57 | | 1:34.59 (49.02) | | |
| 11 | Robert Bradshaw | 72 | DARWIN STINGERS | 1:37.77 | 1 |
| | 45.99 | | 1:37.77 (51.78) | | |
| 12 | Ross Hall | 71 | MANLY | 2:03.41 | 1 |
| | 56.50 | | 2:03.41 (1:06.91) | | |
| 13 | John Towers | 74 | LAUNCESTON LEMMINGS | 2:39.08 | 1 |
| | 1:09.55 | | 2:39.08 (1:29.53) | | |

Event 8 Men 75-79 100 LC Metre Freestyle

| | | | | | |
|----|------------------|----|----------------------------|---------|----|
| 1 | Robert Patterson | 77 | DARWIN STINGERS | 1:09.57 | 10 |
| | 34.46 | | 1:09.57 (35.11) | | |
| 2 | Graham Croft | 76 | CLAREMONT | 1:11.91 | 9 |
| | 34.40 | | 1:11.91 (37.51) | | |
| 3 | Gerry Tucker | 75 | MALVERN MARLINS | 1:13.29 | 8 |
| | 35.49 | | 1:13.29 (37.80) | | |
| 4 | Trevor Skinner | 76 | MALVERN MARLINS | 1:17.46 | 7 |
| | 37.89 | | 1:17.46 (39.57) | | |
| 5 | Rod Clarke | 78 | DONCASTER DOLPHINS | 1:19.52 | 6 |
| | 36.72 | | 1:19.52 (42.80) | | |
| 6 | Stephen Lamy | 75 | MANLY | 1:19.62 | 5 |
| | 39.11 | | 1:19.62 (40.51) | | |
| 7 | Michael Ferguson | 76 | LANE COVE | 1:21.78 | 4 |
| | 39.69 | | 1:21.78 (42.09) | | |
| 8 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 1:25.04 | 3 |
| | 40.92 | | 1:25.04 (44.12) | | |
| 9 | Peter Lord | 77 | SURREY PARK SEAHORSES | 1:30.49 | 2 |
| | 41.77 | | 1:30.49 (48.72) | | |
| 10 | Trevor Mathews | 79 | NOOSA | 1:33.78 | 1 |
| | 42.34 | | 1:33.78 (51.44) | | |
| 11 | Ewen Templeton | 76 | DONCASTER DOLPHINS | 1:36.79 | 1 |
| | 43.60 | | 1:36.79 (53.19) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 8 Men 75-79 100 LC Metre Freestyle)**

| | | | | | |
|----|-------------|---------|-----------------|---------|---|
| 12 | John Bell | 77 | CARINE | 1:38.11 | 1 |
| | 47.90 | 1:38.11 | (50.21) | | |
| 13 | Peter Caust | 75 | DARWIN STINGERS | 1:48.49 | 1 |
| | 50.30 | 1:48.49 | (58.19) | | |

Event 8 Men 80-84 100 LC Metre Freestyle

| | | | | | |
|---|-----------------|---------|----------------------|---------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 1:22.66 | 10 |
| | 39.64 | 1:22.66 | (43.02) | | |
| 2 | Michael Peedom | 80 | TUGGERANONG | 1:24.81 | 9 |
| | 39.58 | 1:24.81 | (45.23) | | |
| 3 | David Craig | 80 | WARRINGAH | 1:46.52 | 8 |
| | 50.37 | 1:46.52 | (56.15) | | |
| 4 | Trevor Reynolds | 83 | BELGRAVIA | 1:49.21 | 7 |
| | 47.60 | 1:49.21 | (1:01.61) | | |
| 5 | Geoff Robinson | 84 | NORTH MACKAY SINKERS | 2:08.53 | 6 |
| | 59.68 | 2:08.53 | (1:08.85) | | |
| 6 | Graham Campbell | 80 | WARRINGAH | 2:22.61 | 5 |
| | 1:06.95 | 2:22.61 | (1:15.66) | | |

Event 8 Men 85-89 100 LC Metre Freestyle

| | | | | | |
|---|--------------|---------|---------|---------|----|
| 1 | Tony Goodwin | 87 | MANLY | 1:34.99 | 10 |
| | 44.88 | 1:34.99 | (50.11) | | |

Event 8 Men 90-94 100 LC Metre Freestyle

| | | | | | |
|---|---------------|---------|-----------------|---------|----|
| 1 | Peter Coultie | 94 | MALVERN MARLINS | 3:17.21 | 10 |
| | 1:37.91 | 3:17.21 | (1:39.30) | | |

Event 8 Men 95-99 100 LC Metre Freestyle

| | | | | | |
|---|----------------|---------|-----------|---------|----|
| 1 | Charles Renner | 96 | MELVILLE | 2:28.24 | 10 |
| | 1:08.80 | 2:28.24 | (1:19.44) | | |

Event 9 Mixed 72-99 200 LC Metre Freestyle Relay

| | | | | | |
|---|------------------|------------------------|-------------------------|----------------------------|----|
| 1 | BLACKTOWN CITY | A | | 2:01.96 | 20 |
| | 1) Adam Ward M27 | 2) Thomas Micallef M21 | 3) Bronwyn Stockley W26 | 4) Veronica Fuccenecco W20 | |
| | 29.78 | 58.98 (29.20) | 1:32.11 (33.13) | 2:01.96 (29.85) | |

Event 9 Mixed 100-119 200 LC Metre Freestyle Relay

| | | | | | |
|---|----------------------|-------------------------|--------------------------|--------------------------|----|
| 1 | DARWIN STINGERS | A | | 2:09.38 | 20 |
| | 1) Jayde Freeman W25 | 2) Shannon Coutts W23 | 3) Max Desjardins M32 | 4) Samuel Bricknell M24 | |
| | 33.80 | 1:05.90 (32.10) | 1:42.02 (36.12) | 2:09.38 (27.36) | |
| 2 | BLACKTOWN CITY | A | | 2:34.02 | 18 |
| | 1) Joanna Lill W21 | 2) Phoenix Galistan M23 | 3) Jessica Valentine W37 | 4) Mark McDonald M37 | |
| | 32.47 | 1:06.46 (33.99) | 1:57.22 (50.76) | 2:34.02 (36.80) | |
| 3 | SUPERFINS WA | A | | 3:59.86 | 16 |
| | 1) Daniel Paull M25 | 2) Keith Robinson M27 | 3) Carys Munks W30 | 4) Stephanie Neville W28 | |
| | 50.49 | 1:57.22 (1:06.73) | 3:19.24 (1:22.02) | 3:59.86 (40.62) | |

Event 9 Mixed 120-159 200 LC Metre Freestyle Relay

| | | | | | |
|---|------------------------|-----------------------|-----------------------------|-----------------------|----|
| 1 | TSA | A | | 1:53.51 | 20 |
| | 1) Sean Giuricin M41 | 2) Martin Banks M56 | 3) Kady Ibell W28 | 4) Chloe Hogan W29 | |
| | 26.78 | 53.96 (27.18) | 1:22.08 (28.12) | 1:53.51 (31.43) | |
| 2 | DARWIN STINGERS | A | | 1:57.28 | 18 |
| | 1) Bryannon Ruskin W42 | 2) Jenny McMahon W50 | 3) Zane Zehntner M19 | 4) Logan Ruskin M19 | |
| | 31.21 | 1:06.16 (34.95) | 1:31.25 (25.09) | 1:57.28 (26.03) | |
| 3 | POWERPOINTS | A | | 1:57.62 | 16 |
| | 1) David Kellam M43 | 2) Charli Dobeson W21 | 3) Lisandra De Carvalho W46 | 4) Koe Davidson M44 | |
| | 27.12 | 1:00.37 (33.25) | 1:30.49 (30.12) | 1:57.62 (27.13) | |
| 4 | NORTH SHORE | A | | 1:59.44 | 14 |
| | 1) Alison Sparks W25 | 2) David Almeida M31 | 3) Ian McLeod M55 | 4) Michelle Waite W48 | |
| | 32.87 | 59.19 (26.32) | 1:27.34 (28.15) | 1:59.44 (32.10) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 9 Mixed 120-159 200 LC Metre Freestyle Relay)**

| | | | | |
|--------------------------|--------------------------|-----------------------------|-------------------------|----|
| 5 BLACKTOWN CITY | A | | 2:15.35 | 12 |
| 1) Jordan Henry M28 | 2) Tiane Burwood W32 | 3) Annika-Lee Skulander W34 | 4) Anthony Dragovic M39 | |
| 27.63 | 1:03.57 (35.94) | 1:48.61 (45.04) | 2:15.35 (26.74) | |
| 6 NIGHTCLIFF | A | | 2:18.94 | 10 |
| 1) Cameron McInerney M51 | 2) Annabelle West W22 | 3) Rebecca Lamont W42 | 4) James Carpenter M41 | |
| 28.98 | 59.93 (30.95) | 1:40.26 (40.33) | 2:18.94 (38.68) | |
| 7 SUPERFINS WA | A | | 3:31.75 | 8 |
| 1) Geoffrey Keron M32 | 2) Charlotte Britton W33 | 3) Courtney Marano W34 | 4) Gregory Black M35 | |
| 47.33 | 1:44.61 (57.28) | 3:31.75 (1:47.14) | | |
| --- DARWIN STINGERS | B | | X2:06.30 | |
| 1) Haydn Valle M35 | 2) Amanda Tully W33 | 3) Claire Gorham W38 | 4) Oliver Holm M52 | |
| 29.26 | 1:02.61 (33.35) | 1:35.36 (32.75) | 2:06.30 (30.94) | |
| --- SUPERFINS WA | B | | X2:54.18 | |
| 1) Nathan Curry M38 | 2) Dianne Saunders W40 | 3) Nicole Patterson W41 | 4) Dylan Broadway M28 | |
| 44.44 | 1:31.74 (47.30) | 2:13.13 (41.39) | 2:54.18 (41.05) | |

Event 9 Mixed 160-199 200 LC Metre Freestyle Relay

| | | | | |
|-------------------------|-------------------------------|--------------------------|-----------------------------|----|
| 1 DONCASTER DOLPHINS | A | | 1:54.58 | 20 |
| 1) Ofir Kuberman M34 | 2) Shannon Lorimer W42 | 3) Catherine Wheeler W45 | 4) Juergen Langfeldt M52 | |
| 26.80 | 59.05 (32.25) | 1:28.60 (29.55) | 1:54.58 (25.98) | |
| 2 CLAREMONT | A | | 1:56.64 | 18 |
| 1) Anthony Dunne M61 | 2) Rebecca Kierath W30 | 3) Stacia Kirk W43 | 4) Kieren Jon Lawrenson M50 | |
| 30.09 | 1:01.12 (31.03) | 1:29.83 (28.71) | 1:56.64 (26.81) | |
| 3 BLACKTOWN CITY | A | | 2:03.34 | 16 |
| 1) Robert Burgess M46 | 2) Suzie Haddad W39 | 3) Belinda Meek W35 | 4) Bradley Halicek M51 | |
| 27.09 | 1:03.37 (36.28) | 1:36.11 (32.74) | 2:03.34 (27.23) | |
| 4 DARWIN STINGERS | A | | 2:08.67 | 14 |
| 1) Michelle Coleman W44 | 2) Ian Pollock M56 | 3) Adrian Tonkin M53 | 4) Stacey Kopf W46 | |
| 35.84 | 1:05.76 (29.92) | 1:38.45 (32.69) | 2:08.67 (30.22) | |
| 5 DARWIN BUFFALOS | A | | 2:16.41 | 12 |
| 1) Brett Roach M55 | 2) Timothy Few M32 | 3) Pippa Featherston W39 | 4) Moira Wigley W65 | |
| 33.80 | 1:02.55 (28.75) | 1:39.64 (37.09) | 2:16.41 (36.77) | |
| 6 PENRITH | A | | 2:18.12 | 10 |
| 1) Jack Worthington M20 | 2) Erica Lorraine Credlin W50 | 3) Sandeep Gulia M51 | 4) Kathleen Bourchier W45 | |
| 29.01 | 2:18.12 (1:49.11) | 1:42.46 () | 2:18.12 (35.66) | |
| 7 SUPERFINS WA | A | | 3:41.09 | 8 |
| 1) Phillip Smith M54 | 2) Mischa Beckett W41 | 3) Rachel Duggin W44 | 4) Andrew Goldswain M53 | |
| 57.41 | 1:08.62 (11.21) | 3:41.09 (2:32.47) | | |

Event 9 Mixed 200-239 200 LC Metre Freestyle Relay

| | | | | |
|---------------------------|--------------------------|---------------------------|--------------------------------|----|
| 1 POWERPOINTS | A | | 1:58.12 | 20 |
| 1) Brett Davidson M57 | 2) Madelyn-Anne Ring W51 | 3) Sal Cuming W56 | 4) Nigel Fanning M49 | |
| 28.14 | 59.86 (31.72) | 1:31.35 (31.49) | 1:58.12 (26.77) | |
| 2 MIAMI | A | | 2:06.17 | 18 |
| 1) Tracey Zammit W53 | 2) Jodie Newman W54 | 3) Kristopher Watkins M46 | 4) Robert Bailey M54 | |
| 31.86 | 1:08.19 (36.33) | 1:37.83 (29.64) | 2:06.17 (28.34) | |
| 3 PHOENIX | A | | 2:06.90 | 16 |
| 1) Kim Wellington W48 | 2) Joanne Sutcliffe W64 | 3) Grant Simpson M68 | 4) Andrew Osborne M49 | |
| 31.34 | 1:04.63 (33.29) | 1:36.06 (31.43) | 2:06.90 (30.84) | |
| 4 MALVERN MARLINS | A | | 2:07.62 | 14 |
| 1) Nicky Kerr W49 | 2) Kathryn Rogers W52 | 3) Tony Burt M54 | 4) Christopher Worthington M45 | |
| 31.39 | 1:05.56 (34.17) | 1:40.02 (34.46) | 2:07.62 (27.60) | |
| 5 DARWIN STINGERS | A | | 2:11.05 | 12 |
| 1) Cameron Dawe M53 | 2) Robert Patterson M77 | 3) Belinda Peacocke W48 | 4) Rebecca Mather-Brown W51 | |
| 31.75 | 1:02.76 (31.01) | 1:36.96 (34.20) | 2:11.05 (34.09) | |
| 6 MORNINGTON PENINSULA | A | | 2:17.36 | 10 |
| 1) Andrew Prendergast M74 | 2) Donna Gadsby W65 | 3) Rachel Nevinson W51 | 4) Eduan du Preez M22 | |
| 36.37 | 1:12.37 (36.00) | 1:49.07 (36.70) | 2:17.36 (28.29) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 9 Mixed 200-239 200 LC Metre Freestyle Relay)**

| | | | | |
|-----|-------------------------|----------------------|---------------------------|--------------------------|
| 7 | PENRITH | A | 2:18.69 | 8 |
| | 1) Bradley Thomas M39 | 2) Megan Clark W26 | 3) Stephen de Lorenzo M68 | 4) Lesley de Lorenzo W68 |
| | 26.64 | 59.79 (33.15) | 1:33.19 (33.40) | 2:18.69 (45.50) |
| 8 | MERRYLANDS | A | 2:20.41 | 6 |
| | 1) Varant Jambazian M41 | 2) Ian Johnston M72 | 3) Kylee Murray W58 | 4) Alison Sakurovs W39 |
| | 33.40 | 1:13.20 (39.80) | 1:49.74 (36.54) | 2:20.41 (30.67) |
| 9 | GLAMOURHEAD SHARKS | A | 2:27.70 | 4 |
| | 1) Alan Godfrey M67 | 2) Teresa Kelly W63 | 3) Heike Rahmann W50 | 4) John Welch M49 |
| | 32.88 | 1:13.09 (40.21) | 1:50.30 (37.21) | 2:27.70 (37.40) |
| 10 | BLACKTOWN CITY | A | 2:29.98 | 2 |
| | 1) Jason Gronowicz M50 | 2) Kerryn Blanch W51 | 3) Kerry-Ann Michels W57 | 4) Daniel Lynch M43 |
| | 32.80 | 1:17.84 (45.04) | 2:00.63 (42.79) | 2:29.98 (29.35) |
| --- | GLAMOURHEAD SHARKS | B | X2:29.08 | |
| | 1) Leigh Guy M37 | 2) Di Woods W64 | 3) Anke Kohfahl W66 | 4) Colin Drysdale M49 |
| | 33.77 | 1:58.20 () | 2:29.08 (30.88) | |

Event 9 Mixed 240-279 200 LC Metre Freestyle Relay

| | | | | |
|-----|--------------------------|-----------------------------|-------------------------------|------------------------|
| 1 | TSA | A | 2:03.16 | 20 |
| | 1) Suzanne Hollis W70 | 2) William O'Leary M63 | 3) Allan Samuels M60 | 4) Nola Macaulay W55 |
| | 36.07 | 1:04.52 (28.45) | 1:32.69 (28.17) | 2:03.16 (30.47) |
| 2 | MALVERN MARLINS | A | 2:12.09 | 18 |
| | 1) Mark Huggins M63 | 2) Elana McNeil W59 | 3) Janette Dickey W64 | 4) Simon Horan M62 |
| | 30.60 | 1:07.46 (36.86) | 1:41.64 (34.18) | 2:12.09 (30.45) |
| 3 | DARWIN STINGERS | A | 2:14.15 | 16 |
| | 1) Stephen Greenall M59 | 2) Tamara Stenhouse W63 | 3) Anne Marie Cruickshank W61 | 4) John Papple M65 |
| | 31.69 | 1:08.35 (36.66) | 1:42.95 (34.60) | 2:14.15 (31.20) |
| 4 | SURREY PARK SEAHORSES | A | 2:23.37 | 14 |
| | 1) Ian Phillips M64 | 2) Linda Gunzburg W64 | 3) Kelly Paul W57 | 4) Arie Walker M57 |
| | 33.58 | 1:14.68 (41.10) | 1:52.35 (37.67) | 2:23.37 (31.02) |
| 5 | CLAREMONT | A | 2:24.57 | 12 |
| | 1) Richard Hughes M62 | 2) Trevor Wainstein M71 | 3) Megan Tetley W56 | 4) Nicola Corsbie W62 |
| | 34.47 | 1:16.97 (42.50) | 1:51.36 (34.39) | 2:24.57 (33.21) |
| 6 | DONCASTER DOLPHINS | A | 2:25.41 | 10 |
| | 1) Neroli Nixon W63 | 2) Janet Sayers W73 | 3) Terry Moore M73 | 4) Sam Radford M48 |
| | 34.84 | 1:16.67 (41.83) | 1:55.15 (38.48) | 2:25.41 (30.26) |
| 7 | POWERPOINTS | A | 2:27.40 | 8 |
| | 1) David Cowie M63 | 2) Catherine Reid W62 | 3) Mary Sontrop W67 | 4) Tom Arthur M59 |
| | 36.15 | 1:17.66 (41.51) | 1:56.02 (38.36) | 2:27.40 (31.38) |
| 8 | HOBART AQUATIC | A | 2:29.88 | 6 |
| | 1) Tony Forman M80 | 2) Anne Henderson W56 | 3) Glenn Miller M70 | 4) Donna Rickwood W62 |
| | 36.91 | 1:12.37 (35.46) | 1:53.12 (40.75) | 2:29.88 (36.76) |
| 9 | BLACKTOWN CITY | A | 2:39.42 | 4 |
| | 1) Anthony Horadam M67 | 2) Elizabeth McLoughlin W60 | 3) Margaret Fell W63 | 4) Owen Sinden M69 |
| | 36.48 | 2:06.61 () | 2:39.42 (32.81) | |
| 10 | WARRINGAH | A | 2:50.11 | 2 |
| | 1) Anthony Gallagher M69 | 2) Pamela Dawes W66 | 3) Charmaine Groppler W51 | 4) Paul Johnson M57 |
| | 41.32 | 1:31.54 (50.22) | 2:18.96 (47.42) | 2:50.11 (31.15) |
| --- | SURREY PARK SEAHORSES | B | X2:36.60 | |
| | 1) Darryl Flukes M63 | 2) Sue Lyon W60 | 3) Tom Fanning M70 | 4) Andrea Phillips W55 |
| | 33.12 | 1:21.32 (48.20) | 1:56.28 (34.96) | 2:36.60 (40.32) |

Event 9 Mixed 280-319 200 LC Metre Freestyle Relay

| | | | | |
|---|------------------------|------------------------|-----------------------------|------------------------|
| 1 | CLAREMONT | A | 2:11.22 | 20 |
| | 1) Graham Croft M76 | 2) Eleanor Parsons W69 | 3) Susan Swire-Thompson W70 | 4) Paul Blackbeard M66 |
| | 31.67 | 1:06.85 (35.18) | 1:41.12 (34.27) | 2:11.22 (30.10) |
| 2 | MALVERN MARLINS | A | 2:16.92 | 18 |
| | 1) Janette Jeffrey W74 | 2) Daphne Briggs W62 | 3) Trevor Skinner M76 | 4) Gerry Tucker M75 |
| | 35.35 | 1:09.55 (34.20) | 1:43.75 (34.20) | 2:16.92 (33.17) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 9 Mixed 280-319 200 LC Metre Freestyle Relay)**

| | | | | |
|-----|-------------------------|------------------------|----------------------------|-------------------------|
| 3 | POWERPOINTS | A | 2:35.92 | 16 |
| | 1) Peter Williamson M61 | 2) Rosa Montague W77 | 3) Marijke Alderson W77 | 4) Geoffrey Toogood M65 |
| | 31.00 | 1:14.28 (43.28) | 1:57.83 (43.55) | 2:35.92 (38.09) |
| 4 | BELGRAVIA | A | 2:38.14 | 14 |
| | 1) Trevor Reynolds M83 | 2) Marsha Reddiex W81 | 3) Neil Newman M68 | 4) Deanne Sanderson W50 |
| | 44.17 | 1:28.74 (44.57) | 2:03.58 (34.84) | 2:38.14 (34.56) |
| 5 | MIAMI | A | 2:38.50 | 12 |
| | 1) Lindy Salter W80 | 2) Colette Southam W59 | 3) David Salter M82 | 4) Gordon Southam M62 |
| | 41.53 | 1:19.52 (37.99) | 2:02.54 (43.02) | 2:38.50 (35.96) |
| 6 | WARRINGAH | A | 2:39.69 | 10 |
| | 1) Julia Atkins W61 | 2) David Craig M80 | 3) Wendy Cooper W71 | 4) Gordon Whyte M72 |
| | 39.19 | 1:26.05 (46.86) | 2:05.82 (39.77) | 2:39.69 (33.87) |
| 7 | MORNINGTON PENINSULA | A | 2:54.12 | 8 |
| | 1) Maree Tuff W73 | 2) Roslyn Mclean W81 | 3) Anthony Catto-Smith M70 | 4) Robert Wilson M62 |
| | 44.56 | 1:35.63 (51.07) | 2:19.92 (44.29) | 2:54.12 (34.20) |
| 8 | SURREY PARK SEAHORSES | A | 2:54.45 | 6 |
| | 1) Shane Austin M70 | 2) Jacqui Ellison W70 | 3) Jenny Hookey W64 | 4) Peter Lord M77 |
| | 35.47 | 1:26.96 (51.49) | 2:54.45 (1:27.49) | |
| 9 | DARWIN STINGERS | A | 2:57.07 | 4 |
| | 1) Patricia Moore W71 | 2) Vida Goodvach W69 | 3) Peter Caust M75 | 4) Brian Gallagher M67 |
| | 40.09 | 1:27.92 (47.83) | 2:14.10 (46.18) | 2:57.07 (42.97) |
| 10 | SUTHERLAND SANDBERN | A | 3:00.81 | 2 |
| | 1) Barbara Jones W80 | 2) Anita Saviane W81 | 3) Stephen Thompson M65 | 4) Ronald Massaar M64 |
| | 58.58 | 1:55.15 (56.57) | 2:29.22 (34.07) | 3:00.81 (31.59) |
| --- | WARRINGAH | B | X3:07.54 | |
| | 1) Keith Bourdon M67 | 2) Bridget Cook W80 | 3) Helen Campbell W76 | 4) Stephen Hawkins M59 |
| | 34.33 | 1:40.24 (1:05.91) | 3:07.54 (1:27.30) | |

Event 9 Mixed 320-359 200 LC Metre Freestyle Relay

| | | | | |
|---|-----------------------|-----------------------|-------------------------|-----------------------|
| 1 | DONCASTER DOLPHINS | A | 2:55.73 | 20 |
| | 1) Dorothy Dickey W94 | 2) Ewen Templeton M76 | 3) Margie Moore W72 | 4) Rod Clarke M78 |
| | 59.90 | 1:42.51 (42.61) | 2:21.22 (38.71) | 2:55.73 (34.51) |
| 2 | MALVERN MARLINS | A | 3:29.50 | 18 |
| | 1) Patrick Galvin M91 | 2) John Stanton M77 | 3) Joan Simpson W78 | 4) Janette Gooley W74 |
| | 50.54 | 1:44.55 (54.01) | 2:34.43 (49.88) | 3:29.50 (55.07) |
| 3 | DARWIN STINGERS | A | 4:10.10 | 16 |
| | 1) John Pollock M85 | 2) Gail Gronholt W80 | 3) Valerie Hristova W85 | 4) Robert Magin M80 |
| | 59.05 | 2:01.41 (1:02.36) | 3:18.17 (1:16.76) | 4:10.10 (51.93) |

Event 10 Women 18-24 200 LC Metre Backstroke

| | | | | |
|---|---------------|--------------------------|-----------------|-----------------|
| 1 | Kealey Cussen | 24 TOWNSVILLE AQUAHOLICS | 2:50.60 | 10 |
| | 40.27 | 1:23.99 (43.72) | 2:07.97 (43.98) | 2:50.60 (42.63) |
| 2 | Alexia Green | 22 MORNINGTON PENINSULA | 3:03.56 | 9 |
| | 43.70 | 1:31.23 (47.53) | 2:18.56 (47.33) | 3:03.56 (45.00) |
| 3 | Joanna Lill | 21 BLACKTOWN CITY | 3:04.35 | 8 |
| | 43.76 | 1:31.07 (47.31) | 2:18.40 (47.33) | 3:04.35 (45.95) |

Event 10 Women 25-29 200 LC Metre Backstroke

| | | | | |
|---|------------------|-----------------|-----------------|-----------------|
| 1 | Kady Ibell | 28 TSA | 2:40.34 | 10 |
| | 36.22 | 1:17.67 (41.45) | 1:59.68 (42.01) | 2:40.34 (40.66) |
| 2 | Kimberley Vidura | 28 UNISA | 2:44.54 | 9 |
| | 37.31 | 1:19.27 (41.96) | 2:01.66 (42.39) | 2:44.54 (42.88) |
| 3 | Chloe Hogan | 29 TSA | 3:05.00 | 8 |
| | 44.93 | 1:34.08 (49.15) | 2:21.68 (47.60) | 3:05.00 (43.32) |
| 4 | Megan Clark | 26 PENRITH | 3:14.00 | 7 |
| | 46.39 | 1:37.01 (50.62) | 2:26.42 (49.41) | 3:14.00 (47.58) |
| 5 | Amy Small | 29 NOARLUNGA | 3:42.95 | 6 |
| | 51.47 | 1:48.34 (56.87) | 2:46.29 (57.95) | 3:42.95 (56.66) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 10 Women 30-34 200 LC Metre Backstroke**

| | | | | | |
|---|----------------------|-------------------|-------------------|-------------------|----|
| 1 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 4:23.77 | 10 |
| | 1:02.55 | 2:10.55 (1:08.00) | 3:19.46 (1:08.91) | 4:23.77 (1:04.31) | |
| 2 | Carys Munks | 30 | SUPERFINS WA | 5:26.13 | 9 |
| | 1:14.28 | 2:39.04 (1:24.76) | 4:04.72 (1:25.68) | 5:26.13 (1:21.41) | |

Event 10 Women 35-39 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-----------------|-------------------|-----------------|----|
| 1 | Anna Lucchesi | 35 | POWERPOINTS | 2:52.94 | 10 |
| | 39.44 | 1:23.88 (44.44) | 2:09.13 (45.25) | 2:52.94 (43.81) | |
| 2 | Claire Gorham | 38 | DARWIN STINGERS | 3:07.14 | 9 |
| | 42.93 | 1:30.85 (47.92) | 2:19.92 (49.07) | 3:07.14 (47.22) | |
| 3 | Alison Sakurovs | 39 | MERRYLANDS | 3:09.92 | 8 |
| | 45.22 | 1:33.93 (48.71) | 2:22.60 (48.67) | 3:09.92 (47.32) | |
| 4 | Sarah George | 38 | ETTALONG PELICANS | 3:21.67 | 7 |
| | 45.74 | 1:36.43 (50.69) | 2:28.82 (52.39) | 3:21.67 (52.85) | |
| 5 | Belinda Meek | 35 | BLACKTOWN CITY | 3:28.80 | 6 |
| | 43.43 | 1:34.75 (51.32) | 2:31.68 (56.93) | 3:28.80 (57.12) | |
| 6 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 3:37.61 | 5 |
| | 49.90 | 1:46.92 (57.02) | 2:43.53 (56.61) | 3:37.61 (54.08) | |
| 7 | Suzie Haddad | 39 | BLACKTOWN CITY | 3:38.01 | 4 |
| | 49.14 | 1:43.66 (54.52) | 2:41.75 (58.09) | 3:38.01 (56.26) | |

Event 10 Women 40-44 200 LC Metre Backstroke

| | | | | | |
|---|-----------------------|-------------------|--------------------|-------------------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 2:42.22 | 10 |
| | 35.93 | 1:16.54 (40.61) | 1:59.22 (42.68) | 2:42.22 (43.00) | |
| 2 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 2:44.82 | 9 |
| | 41.14 | 1:23.28 (42.14) | 2:05.09 (41.81) | 2:44.82 (39.73) | |
| 3 | Lauren Bradley | 40 | ETTALONG PELICANS | 3:07.49 | 8 |
| | 42.70 | 1:31.08 (48.38) | 2:20.28 (49.20) | 3:07.49 (47.21) | |
| 4 | Rebecca Milton | 40 | ADELAIDE | 3:10.60 | 7 |
| | 44.91 | 1:33.59 (48.68) | 2:22.73 (49.14) | 3:10.60 (47.87) | |
| 5 | Shannon Bowron | 44 | ROCKINGHAM | 3:18.21 | 6 |
| | 47.00 | 1:38.37 (51.37) | 2:28.50 (50.13) | 3:18.21 (49.71) | |
| 6 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 3:22.06 | 5 |
| | 46.88 | 1:39.11 (52.23) | 2:31.74 (52.63) | 3:22.06 (50.32) | |
| 7 | Kristina Caldwell | 42 | IPSWICH CITY | 4:20.40 | 4 |
| | 57.49 | 2:07.14 (1:09.65) | 3:16.79 (1:09.65) | 4:20.40 (1:03.61) | |
| 8 | Rachel Duggin | 44 | SUPERFINS WA | 5:52.31 | 3 |
| | 1:26.27 | 3:02.60 (1:36.33) | 4:26.64 (1:24.04) | 5:52.31 (1:25.67) | |

Event 10 Women 45-49 200 LC Metre Backstroke

| | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|----|
| 1 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 2:39.46 | 10 |
| | 36.38 | 1:17.20 (40.82) | 1:57.83 (40.63) | 2:39.46 (41.63) | |
| 2 | Kristy Brackstone | 45 | CLAREMONT | 2:53.28 | 9 |
| | 41.06 | 1:25.15 (44.09) | 2:10.06 (44.91) | 2:53.28 (43.22) | |
| 3 | Fiona Griffin | 46 | BOLD PARK | 3:07.77 | 8 |
| | 45.06 | 1:34.33 (49.27) | 2:23.94 (49.61) | 3:07.77 (43.83) | |
| 4 | Amy Dickinson | 46 | SEASIDE PIRATES | 3:14.28 | 7 |
| | 45.75 | 1:34.73 (48.98) | 2:24.76 (50.03) | 3:14.28 (49.52) | |
| 5 | Anke Schwedat | 46 | CLAREMONT | 3:27.71 | 6 |
| | 47.50 | 1:39.94 (52.44) | 2:34.35 (54.41) | 3:27.71 (53.36) | |
| 6 | Bec Wright | 49 | BUNNA-BARRA | 5:03.48 | 5 |
| | 1:09.26 | 2:26.86 (1:17.60) | 3:48.39 (1:21.53) | 5:03.48 (1:15.09) | |
| 7 | Cheree Dodkin | 45 | TOOWOOMBA | 7:06.40 | 4 |
| | 1:37.47 | 3:27.16 (1:49.69) | 5:15.47 (1:48.31) | 7:06.40 (1:50.93) | |

Event 10 Women 50-54 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-------------|-------------------|---------|----|
| 1 | Deanne Sanderson | 50 | BELGRAVIA | 3:03.65 | 10 |
| | | 1:28.65 () | 3:03.65 (1:35.00) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 10 Women 50-54 200 LC Metre Backstroke)**

| | | | | | |
|-----|----------------------|-------------------|--------------------|-------------------|---|
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 3:12.11 | 9 |
| | 44.34 | 1:34.11 (49.77) | 2:23.89 (49.78) | 3:12.11 (48.22) | |
| 3 | Heidi Roche | 52 | SEASIDE PIRATES | 3:18.54 | 8 |
| | 48.70 | 1:39.65 (50.95) | 2:29.79 (50.14) | 3:18.54 (48.75) | |
| 4 | Jodie Newman | 54 | MIAMI | 3:39.89 | 7 |
| | 51.06 | 1:47.44 (56.38) | 2:43.83 (56.39) | 3:39.89 (56.06) | |
| 5 | LiQun Hussey | 54 | NOOSA | 4:13.80 | 6 |
| | 59.48 | 2:05.15 (1:05.67) | 3:14.06 (1:08.91) | 4:13.80 (59.74) | |
| 6 | Kerryn Blanch | 51 | BLACKTOWN CITY | 4:43.73 | 5 |
| | 1:07.28 | 2:19.91 (1:12.63) | 3:32.71 (1:12.80) | 4:43.73 (1:11.02) | |
| 7 | Charmaine Groppler | 51 | WARRINGAH | 5:13.78 | 4 |
| | 1:12.98 | 2:33.87 (1:20.89) | 3:52.83 (1:18.96) | 5:13.78 (1:20.95) | |
| 8 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 5:37.23 | 3 |
| | 1:21.15 | 2:48.40 (1:27.25) | 4:16.32 (1:27.92) | 5:37.23 (1:20.91) | |
| 9 | Zara Tai | 53 | BLACKTOWN CITY | 5:38.72 | 2 |
| | 1:18.07 | 2:44.28 (1:26.21) | 4:11.46 (1:27.18) | 5:38.72 (1:27.26) | |
| --- | Katrin Buchta | 54 | GERMANY | DQ | |
| | 54.00 | 1:49.95 (55.95) | 2:47.48 (57.53) | DQ (54.29) | |

Event 10 Women 55-59 200 LC Metre Backstroke

| | | | | | |
|---|-----------------|-------------------|-----------------------|-------------------|----|
| 1 | Sharon Beaver | 57 | ADELAIDE | 3:00.55 | 10 |
| | 42.56 | 1:29.18 (46.62) | 2:15.48 (46.30) | 3:00.55 (45.07) | |
| 2 | Anne Henderson | 56 | HOBART AQUATIC | 3:14.53 | 9 |
| | 45.92 | 1:35.39 (49.47) | 2:25.19 (49.80) | 3:14.53 (49.34) | |
| 3 | Caz Makin | 56 | TUGGERANONG | 3:16.22 | 8 |
| | 45.67 | 1:36.38 (50.71) | 2:27.24 (50.86) | 3:16.22 (48.98) | |
| 4 | Rachel Trenaman | 55 | BEATTY PARK | 3:16.92 | 7 |
| | 43.90 | 1:34.36 (50.46) | 2:26.10 (51.74) | 3:16.92 (50.82) | |
| 5 | Elana McNeil | 59 | MALVERN MARLINS | 3:22.42 | 6 |
| | 46.47 | 1:38.85 (52.38) | 2:30.55 (51.70) | 3:22.42 (51.87) | |
| 6 | Wendy McMurtrie | 57 | PORT MACQUARIE | 3:36.19 | 5 |
| | 51.11 | 1:48.65 (57.54) | 2:42.68 (54.03) | 3:36.19 (53.51) | |
| 7 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 3:39.15 | 4 |
| | 52.25 | 1:49.68 (57.43) | 2:46.47 (56.79) | 3:39.15 (52.68) | |
| 8 | Kylee Murray | 58 | MERRYLANDS | 3:43.27 | 3 |
| | 52.37 | 1:50.68 (58.31) | 2:47.28 (56.60) | 3:43.27 (55.99) | |
| 9 | Andrea Phillips | 55 | SURREY PARK SEAHORSES | 3:59.65 | 2 |
| | 54.03 | 1:55.44 (1:01.41) | 2:58.32 (1:02.88) | 3:59.65 (1:01.33) | |

Event 10 Women 60-64 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-------------------|----------------------|-------------------|----|
| 1 | Joanne Sutcliffe | 64 | PHOENIX | 2:54.28 | 10 |
| | 40.90 | 1:25.70 (44.80) | 2:10.90 (45.20) | 2:54.28 (43.38) | |
| 2 | Sue Tompkins | 61 | SEASIDE PIRATES | 3:04.77 | 9 |
| | 45.45 | 1:32.92 (47.47) | 2:20.41 (47.49) | 3:04.77 (44.36) | |
| 3 | Janette Dickey | 64 | MALVERN MARLINS | 3:08.03 | 8 |
| | 44.53 | 1:32.67 (48.14) | 2:21.68 (49.01) | 3:08.03 (46.35) | |
| 4 | Meryl Churchill | 61 | RATS OF TOBRUK | 3:31.20 | 7 |
| | 48.54 | 1:42.84 (54.30) | 3:31.20 (1:48.36) | | |
| 5 | Tamara Stenhouse | 63 | DARWIN STINGERS | 3:31.63 | 6 |
| | 50.69 | 1:44.50 (53.81) | 2:38.64 (54.14) | 3:31.63 (52.99) | |
| 6 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 3:37.47 | 5 |
| | 50.92 | 1:47.11 (56.19) | 2:42.63 (55.52) | 3:37.47 (54.84) | |
| 7 | Caroline Symons | 63 | GLAMOURHEAD SHARKS | 3:49.76 | 4 |
| | 53.49 | 1:52.58 (59.09) | 2:52.32 (59.74) | 3:49.76 (57.44) | |
| 8 | Fiona Hogarth | 60 | DARWIN STINGERS | 3:50.84 | 3 |
| | 52.19 | | 2:51.67 () | 3:50.84 (59.17) | |
| 9 | Julia Atkins | 61 | WARRINGAH | 4:16.41 | 2 |
| | 1:00.35 | 2:07.49 (1:07.14) | 3:14.14 (1:06.65) | 4:16.41 (1:02.27) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 10 Women 60-64 200 LC Metre Backstroke)**

| | | | | | |
|----|----------------------|-------------------|-----------------------|-------------------|---|
| 10 | Sue Lyon | 60 | SURREY PARK SEAHORSES | 4:19.55 | 1 |
| | 1:00.30 | | 3:15.43 () | 4:19.55 (1:04.12) | |
| 11 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 5:05.71 | 1 |
| | 1:12.81 | 2:32.70 (1:19.89) | 5:05.71 (2:33.01) | | |
| 12 | Anne Gillian | 63 | HOBART DOLPHINS | 5:06.07 | 1 |
| | 1:09.16 | 2:27.97 (1:18.81) | 3:50.49 (1:22.52) | 5:06.07 (1:15.58) | |

Event 10 Women 65-69 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-------------------|------------------------|-------------------|----|
| 1 | Vivienne Anthony | 65 | CLAREMONT | 3:27.53 | 10 |
| | 46.02 | 1:39.79 (53.77) | 2:34.60 (54.81) | 3:27.53 (52.93) | |
| 2 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 3:34.92 | 9 |
| | | 1:46.97 () | 2:43.19 (56.22) | 3:34.92 (51.73) | |
| 3 | Gay Bradley | 69 | COTTON TREE | 3:55.68 | 8 |
| | 55.16 | 1:55.43 (1:00.27) | 2:56.72 (1:01.29) | 3:55.68 (58.96) | |
| 4 | Joy Johnson | 66 | CLAREMONT | 4:33.85 | 7 |
| | 1:02.48 | 2:14.03 (1:11.55) | 3:24.69 (1:10.66) | 4:33.85 (1:09.16) | |
| 5 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 5:52.55 | 6 |
| | 1:28.96 | 3:00.40 (1:31.44) | 4:26.74 (1:26.34) | 5:52.55 (1:25.81) | |

Event 10 Women 70-74 200 LC Metre Backstroke

| | | | | | |
|----|-----------------------|-------------------|-----------------------|-------------------|----|
| 1 | Susan Swire-Thompson | 70 | CLAREMONT | 3:21.89 | 10 |
| | 46.73 | 1:38.32 (51.59) | 2:30.56 (52.24) | 3:21.89 (51.33) | |
| 2 | Suzanne Hollis | 70 | TSA | 3:33.63 | 9 |
| | 50.42 | 1:45.33 (54.91) | 2:41.37 (56.04) | 3:33.63 (52.26) | |
| 3 | Megan Stronach | 72 | HOBART DOLPHINS | 3:44.90 | 8 |
| | 50.61 | 3:44.70 (2:54.09) | 2:47.65 () | 3:44.90 (57.25) | |
| 4 | Christine Leary | 70 | TUGGERANONG | 4:01.75 | 7 |
| | 54.02 | 1:57.85 (1:03.83) | 3:01.65 (1:03.80) | 4:01.75 (1:00.10) | |
| 5 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 4:15.13 | 6 |
| | 58.25 | 2:02.48 (1:04.23) | 3:09.35 (1:06.87) | 4:15.13 (1:05.78) | |
| 6 | Jacqui Ellison | 70 | SURREY PARK SEAHORSES | 4:19.52 | 5 |
| | 58.76 | 2:05.59 (1:06.83) | 3:13.34 (1:07.75) | 4:19.52 (1:06.18) | |
| 7 | Catherine Alexander | 70 | TUGGERANONG | 4:28.28 | 4 |
| | 1:04.07 | 2:10.84 (1:06.77) | 3:19.82 (1:08.98) | 4:28.28 (1:08.46) | |
| 8 | Jacky Shields | 70 | NOOSA | 4:49.77 | 3 |
| | 1:02.64 | 2:17.37 (1:14.73) | 3:34.57 (1:17.20) | 4:49.77 (1:15.20) | |
| 9 | Pauline Tauschke | 70 | DARWIN STINGERS | 5:28.05 | 2 |
| | 1:16.29 | 2:42.14 (1:25.85) | 4:04.87 (1:22.73) | 5:28.05 (1:23.18) | |
| 10 | Helen Rubin | 72 | RYDE | 6:21.98 | 1 |
| | 1:29.75 | 3:08.15 (1:38.40) | 4:44.48 (1:36.33) | 6:21.98 (1:37.50) | |

Event 10 Women 75-79 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-------------------|-------------------|-------------------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 3:58.25 | 10 |
| | 57.50 | 2:00.39 (1:02.89) | 3:01.69 (1:01.30) | 3:58.25 (56.56) | |
| 2 | Narelle Phillips | 77 | BELGRAVIA | 4:15.14 | 9 |
| | 1:00.88 | 2:05.99 (1:05.11) | 3:10.97 (1:04.98) | 4:15.14 (1:04.17) | |
| 3 | Joan Simpson | 78 | MALVERN MARLINS | 4:41.33 | 8 |
| | 1:02.95 | 2:17.38 (1:14.43) | 3:28.46 (1:11.08) | 4:41.33 (1:12.87) | |
| 4 | Sandra Rogers | 78 | BUNNA-BARRA | 5:24.19 | 7 |
| | 1:16.37 | 2:41.68 (1:25.31) | 4:03.54 (1:21.86) | 5:24.19 (1:20.65) | |
| 5 | Anne Besser | 78 | NOOSA | 6:05.16 | 6 |
| | 1:26.11 | 3:01.84 (1:35.73) | 4:33.23 (1:31.39) | 6:05.16 (1:31.93) | |
| 6 | Marion Dreyer | 77 | ETTALONG PELICANS | 6:26.47 | 5 |
| | 1:34.19 | 3:12.27 (1:38.08) | 4:48.54 (1:36.27) | 6:26.47 (1:37.93) | |

Event 10 Women 80-84 200 LC Metre Backstroke

| | | | | | |
|---|----------------|-------------------|-------------------|-----------------|----|
| 1 | Gerda Williams | 82 | MANDURAH | 4:03.70 | 10 |
| | 59.99 | 2:03.96 (1:03.97) | 3:05.61 (1:01.65) | 4:03.70 (58.09) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 10 Women 80-84 200 LC Metre Backstroke)

| | | | | | |
|---|----------------|-------------------|---------------------|-------------------|---|
| 2 | Jannie Thomson | 82 | MANDURAH | 4:05.38 | 9 |
| | 56.05 | 2:00.80 (1:04.75) | 3:03.57 (1:02.77) | 4:05.38 (1:01.81) | |
| 3 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 4:30.22 | 8 |
| | 1:04.21 | 2:13.97 (1:09.76) | 3:23.45 (1:09.48) | 4:30.22 (1:06.77) | |
| 4 | Lois Hill | 81 | NOOSA | 5:04.44 | 7 |
| | 1:06.61 | 2:28.58 (1:21.97) | 3:48.95 (1:20.37) | 5:04.44 (1:15.49) | |

Event 10 Women 85-89 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-------------------|------------------------|-------------------|----|
| 1 | Anne Walker | 87 | DARWIN STINGERS | 5:33.26 | 10 |
| | 1:16.70 | 2:45.36 (1:28.66) | 4:08.72 (1:23.36) | 5:33.26 (1:24.54) | |
| 2 | Valerie Hristova | 85 | DARWIN STINGERS | 5:54.29 | 9 |
| | 1:20.42 | 2:54.31 (1:33.89) | 4:25.77 (1:31.46) | 5:54.29 (1:28.52) | |
| 3 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 6:03.92 | 8 |
| | 1:29.58 | 3:06.18 (1:36.60) | 4:36.50 (1:30.32) | 6:03.92 (1:27.42) | |
| 4 | Maggie Roberts | 87 | DARWIN STINGERS | 6:24.36 | 7 |
| | 1:24.22 | 3:05.25 (1:41.03) | 4:41.73 (1:36.48) | 6:24.36 (1:42.63) | |
| 5 | Barbara Pearce | 87 | MARION | 6:40.74 | 6 |
| | 1:31.62 | 3:17.84 (1:46.22) | 5:03.11 (1:45.27) | 6:40.74 (1:37.63) | |

Event 10 Women 90-94 200 LC Metre Backstroke

| | | | | | |
|---|----------------|-------------------|--------------------|-------------------|----|
| 1 | Dorothy Dickey | 94 | DONCASTER DOLPHINS | 5:55.94 | 10 |
| | 1:17.98 | 2:54.58 (1:36.60) | 4:22.16 (1:27.58) | 5:55.94 (1:33.78) | |

Event 10 Men 18-24 200 LC Metre Backstroke

| | | | | | |
|---|---------------|-----------------|-----------------|-----------------|----|
| 1 | Zane Zehntner | 19 | DARWIN STINGERS | 2:27.15 | 10 |
| | 33.70 | 1:11.79 (38.09) | 1:51.29 (39.50) | 2:27.15 (35.86) | |
| 2 | Dylan Mende | 19 | DARWIN BUFFALOS | 2:40.99 | 9 |
| | 36.25 | 1:18.41 (42.16) | 1:59.70 (41.29) | 2:40.99 (41.29) | |

Event 10 Men 25-29 200 LC Metre Backstroke

| | | | | | |
|-----|----------------|-------------------|--------------------|-----------------|----|
| 1 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 2:32.66 | 10 |
| | 36.77 | 1:15.91 (39.14) | 1:55.00 (39.09) | 2:32.66 (37.66) | |
| 2 | Jordan Henry | 28 | BLACKTOWN CITY | 2:36.79 | 9 |
| | 36.69 | 1:17.13 (40.44) | 1:57.48 (40.35) | 2:36.79 (39.31) | |
| 3 | James Burt | 28 | SUPERFINS WA | 3:56.71 | 8 |
| | 56.17 | 1:57.06 (1:00.89) | 2:57.69 (1:00.63) | 3:56.71 (59.02) | |
| --- | Dylan Broadway | 28 | SUPERFINS WA | DQ | |
| | 56.25 | 1:58.98 (1:02.73) | 3:02.31 (1:03.33) | DQ (1:04.98) | |

Event 10 Men 30-34 200 LC Metre Backstroke

| | | | | | |
|---|-------------|-----------------|------------------|-----------------|----|
| 1 | Rhys Fisher | 31 | DEVONPORT DEVILS | 2:55.19 | 10 |
| | 43.25 | 1:28.48 (45.23) | 2:13.14 (44.66) | 2:55.19 (42.05) | |

Event 10 Men 35-39 200 LC Metre Backstroke

| | | | | | |
|---|------------------|-----------------|-----------------|-----------------|----|
| 1 | Anthony Dragovic | 39 | BLACKTOWN CITY | 2:41.20 | 10 |
| | 35.27 | 1:16.78 (41.51) | 1:59.72 (42.94) | 2:41.20 (41.48) | |
| 2 | Mark McDonald | 37 | BLACKTOWN CITY | 3:24.67 | 9 |
| | 48.66 | 1:40.03 (51.37) | 2:33.80 (53.77) | 3:24.67 (50.87) | |

Event 10 Men 40-44 200 LC Metre Backstroke

| | | | | | |
|---|----------------|-----------------|-----------------|-----------------|----|
| 1 | Sean Giuricin | 41 | TSA | 2:36.15 | 10 |
| | 35.21 | 1:15.31 (40.10) | 1:56.19 (40.88) | 2:36.15 (39.96) | |
| 2 | Joshua P Baker | 40 | NORTH SHORE | 3:00.54 | 9 |
| | 42.98 | 1:29.81 (46.83) | 2:17.64 (47.83) | 3:00.54 (42.90) | |

Event 10 Men 45-49 200 LC Metre Backstroke

| | | | | | |
|---|---------------|-----------------|--------------------|-----------------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 2:30.50 | 10 |
| | 35.22 | 1:14.08 (38.86) | 1:52.51 (38.43) | 2:30.50 (37.99) | |
| 2 | Brad Johnson | 47 | DONCASTER DOLPHINS | 2:39.09 | 9 |
| | 37.09 | 1:18.00 (40.91) | 2:00.27 (42.27) | 2:39.09 (38.82) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 10 Men 45-49 200 LC Metre Backstroke)**

| | | | | | |
|---|--------------|-----------------|--------------------|-----------------|---|
| 3 | Todd Patrick | 45 | GLAMOURHEAD SHARKS | 2:48.33 | 8 |
| | 39.10 | 1:22.21 (43.11) | 2:06.70 (44.49) | 2:48.33 (41.63) | |

Event 10 Men 50-54 200 LC Metre Backstroke

| | | | | | |
|---|-----------------|-------------------|--------------------|-------------------|----|
| 1 | Bradley Halicek | 51 | BLACKTOWN CITY | 2:34.85 | 10 |
| | 35.33 | 1:14.29 (38.96) | 1:54.51 (40.22) | 2:34.85 (40.34) | |
| 2 | Damien Eyre | 51 | RIVERTON | 2:39.83 | 9 |
| | 38.30 | 1:19.50 (41.20) | 2:00.20 (40.70) | 2:39.83 (39.63) | |
| 3 | Julius Turanyik | 54 | POWERPOINTS | 2:43.19 | 8 |
| | 37.89 | 1:19.17 (41.28) | 2:01.91 (42.74) | 2:43.19 (41.28) | |
| 4 | James Watson | 50 | SEASIDE PIRATES | 2:44.91 | 7 |
| | 37.88 | 1:20.15 (42.27) | 2:03.15 (43.00) | 2:44.91 (41.76) | |
| 5 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 2:51.25 | 6 |
| | 39.76 | | 2:07.72 () | 2:51.25 (43.53) | |
| 6 | Carlos Quevedo | 53 | TSA | 3:09.55 | 5 |
| | 44.42 | 1:33.40 (48.98) | 2:22.46 (49.06) | 3:09.55 (47.09) | |
| 7 | Tony Burt | 54 | MALVERN MARLINS | 3:16.84 | 4 |
| | 46.37 | 1:36.31 (49.94) | 2:26.59 (50.28) | 3:16.84 (50.25) | |
| 8 | Jason Gronowicz | 50 | BLACKTOWN CITY | 4:10.44 | 3 |
| | 52.81 | 1:55.70 (1:02.89) | 3:02.57 (1:06.87) | 4:10.44 (1:07.87) | |

Event 10 Men 55-59 200 LC Metre Backstroke

| | | | | | |
|---|----------------|-----------------|-------------------|-----------------|----|
| 1 | Martin Banks | 56 | TSA | 2:34.50 | 10 |
| | 35.91 | 1:15.71 (39.80) | 1:55.87 (40.16) | 2:34.50 (38.63) | |
| 2 | Brett Davidson | 57 | POWERPOINTS | 2:54.82 | 9 |
| | 42.91 | 1:27.92 (45.01) | 2:12.49 (44.57) | 2:54.82 (42.33) | |
| 3 | Brett Roach | 55 | DARWIN BUFFALOS | 3:19.90 | 8 |
| | 46.51 | 1:38.55 (52.04) | 3:19.90 (1:41.35) | | |
| 4 | Paul Johnson | 57 | WARRINGAH | 3:27.47 | 7 |
| | 49.00 | 1:43.53 (54.53) | 2:38.94 (55.41) | 3:27.47 (48.53) | |

Event 10 Men 60-64 200 LC Metre Backstroke

| | | | | | |
|---|---------------|-----------------|-----------------------|-----------------|----|
| 1 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 2:52.24 | 10 |
| | 41.27 | 1:25.16 (43.89) | 2:09.50 (44.34) | 2:52.24 (42.74) | |
| 2 | Des McPherson | 62 | CASEY SEALS | 2:57.96 | 9 |
| | 42.05 | 1:26.90 (44.85) | 2:13.57 (46.67) | 2:57.96 (44.39) | |
| 3 | Glen Walker | 63 | PENRITH | 3:05.40 | 8 |
| | 42.74 | 1:30.98 (48.24) | 2:19.77 (48.79) | 3:05.40 (45.63) | |
| 4 | Tony Tooher | 62 | WARRINGAH | 3:07.93 | 7 |
| | 44.55 | 1:33.62 (49.07) | 2:22.47 (48.85) | 3:07.93 (45.46) | |
| 5 | Robert Wilson | 62 | MORNINGTON PENINSULA | 3:28.50 | 6 |
| | 49.37 | 1:43.33 (53.96) | 2:37.23 (53.90) | 3:28.50 (51.27) | |
| 6 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 3:30.84 | 5 |
| | 48.37 | 1:43.54 (55.17) | 2:39.27 (55.73) | 3:30.84 (51.57) | |

Event 10 Men 65-69 200 LC Metre Backstroke

| | | | | | |
|---|-------------------|-------------------|---------------------|-------------------|----|
| 1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 3:01.54 | 10 |
| | 42.82 | 1:29.22 (46.40) | 2:16.50 (47.28) | 3:01.54 (45.04) | |
| 2 | Alan Godfrey | 67 | GLAMOURHEAD SHARKS | 3:24.07 | 9 |
| | 45.35 | 1:35.78 (50.43) | 2:30.22 (54.44) | 3:24.07 (53.85) | |
| 3 | Tony Renner | 67 | MELVILLE | 3:27.94 | 8 |
| | 48.78 | 1:43.05 (54.27) | 2:38.19 (55.14) | 3:27.94 (49.75) | |
| 4 | Anthony Gallagher | 69 | WARRINGAH | 4:22.78 | 7 |
| | 58.46 | 2:07.31 (1:08.85) | 3:18.14 (1:10.83) | 4:22.78 (1:04.64) | |
| 5 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 4:48.03 | 6 |
| | 1:01.79 | 2:17.59 (1:15.80) | 3:37.04 (1:19.45) | 4:48.03 (1:10.99) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 10 Men 70-74 200 LC Metre Backstroke**

| | | | | | |
|---|----------------|-------------------|-----------------------|-------------------|----|
| 1 | Anthony Curran | 71 | ETTALONG PELICANS | 3:15.08 | 10 |
| | 46.99 | 1:38.50 (51.51) | 2:28.24 (49.74) | 3:15.08 (46.84) | |
| 2 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 4:21.57 | 9 |
| | 58.67 | 2:04.03 (1:05.36) | 3:13.04 (1:09.01) | 4:21.57 (1:08.53) | |
| 3 | Ian Johnston | 72 | MERRYLANDS | 5:11.79 | 8 |
| | 1:14.83 | 2:34.99 (1:20.16) | 3:55.70 (1:20.71) | 5:11.79 (1:16.09) | |

Event 10 Men 75-79 200 LC Metre Backstroke

| | | | | | |
|---|---------------|-------------------|----------------------------|-------------------|----|
| 1 | Stephen Lamy | 75 | MANLY | 3:11.15 | 10 |
| | 46.11 | 1:36.02 (49.91) | 2:24.64 (48.62) | 3:11.15 (46.51) | |
| 2 | Michael Davis | 76 | BARBARIANS | 3:55.57 | 9 |
| | 56.73 | 1:56.51 (59.78) | 2:56.39 (59.88) | 3:55.57 (59.18) | |
| 3 | Peter Lord | 77 | SURREY PARK SEAHORSES | 4:13.82 | 8 |
| | 58.40 | 2:03.57 (1:05.17) | 3:10.39 (1:06.82) | 4:13.82 (1:03.43) | |
| 4 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 4:17.06 | 7 |
| | 59.07 | 2:04.68 (1:05.61) | 3:11.94 (1:07.26) | 4:17.06 (1:05.12) | |
| 5 | John Stanton | 77 | MALVERN MARLINS | 4:36.14 | 6 |
| | 1:01.65 | 2:12.49 (1:10.84) | 3:26.75 (1:14.26) | 4:36.14 (1:09.39) | |

Event 10 Men 80-84 200 LC Metre Backstroke

| | | | | | |
|-----|-----------------|-------------------|-------------------|-------------------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 4:10.91 | 10 |
| | 56.90 | 2:01.84 (1:04.94) | 3:07.04 (1:05.20) | 4:10.91 (1:03.87) | |
| 2 | Graham Campbell | 80 | WARRINGAH | 5:53.18 | 9 |
| | 1:26.25 | 2:58.01 (1:31.76) | 4:26.81 (1:28.80) | 5:53.18 (1:26.37) | |
| 3 | James Ross | 80 | NEW ZEALAND | 6:50.32 | 8 |
| | 1:34.16 | 3:18.78 (1:44.62) | 5:06.19 (1:47.41) | 6:50.32 (1:44.13) | |
| --- | Robert Magin | 80 | DARWIN STINGERS | DQ | |
| | 1:13.20 | 2:34.61 (1:21.41) | 3:58.37 (1:23.76) | DQ (1:20.06) | |

Event 10 Men 85-89 200 LC Metre Backstroke

| | | | | | |
|---|--------------|-------------------|-------------------|-------------------|----|
| 1 | John Pollock | 85 | DARWIN STINGERS | 5:48.84 | 10 |
| | 1:18.18 | 2:49.76 (1:31.58) | 4:21.36 (1:31.60) | 5:48.84 (1:27.48) | |

Event 10 Men 90-94 200 LC Metre Backstroke

| | | | | | |
|-----|----------------|----|-----------------|-----|--|
| --- | Patrick Galvin | 91 | MALVERN MARLINS | DNF | |
| | 58.27 | | | | |

Event 10 Men 95-99 200 LC Metre Backstroke

| | | | | | |
|---|----------------|-------------------|-------------------|-------------------|----|
| 1 | Charles Renner | 96 | MELVILLE | 6:21.20 | 10 |
| | 1:26.61 | 3:11.05 (1:44.44) | 4:46.88 (1:35.83) | 6:21.20 (1:34.32) | |

Event 11 Women 18-24 50 LC Metre Freestyle

| | | | | | |
|---|---------------------|----|-----------------------|-------|----|
| 1 | Veronica Fuccenecco | 20 | BLACKTOWN CITY | 27.53 | 10 |
| 2 | Paris McGrath | 24 | MORNINGTON PENINSULA | 30.33 | 9 |
| 3 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 30.92 | 8 |
| 4 | Annabelle West | 22 | NIGHTCLIFF | 31.07 | 7 |
| 5 | Shannon Coutts | 23 | DARWIN STINGERS | 33.02 | 6 |
| 6 | Charli Dobeson | 21 | POWERPOINTS | 33.36 | 5 |

Event 11 Women 25-29 50 LC Metre Freestyle

| | | | | | |
|---|-------------------|----|-----------------|-------|----|
| 1 | Kady Ibell | 28 | TSA | 28.56 | 10 |
| 2 | Kimberley Vidura | 28 | UNISA | 29.94 | 9 |
| 3 | Chloe Hogan | 29 | TSA | 32.30 | 8 |
| 4 | Alison Sparks | 25 | NORTH SHORE | 32.80 | 7 |
| 5 | Megan Clark | 26 | PENRITH | 33.30 | 6 |
| 6 | Jayde Freeman | 25 | DARWIN STINGERS | 33.47 | 5 |
| 7 | Bronwyn Stockley | 26 | BLACKTOWN CITY | 33.55 | 4 |
| 8 | Amy Small | 29 | NOARLUNGA | 38.48 | 3 |
| 9 | Stephanie Neville | 28 | SUPERFINS WA | 39.04 | 2 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 11 Women 30-34 50 LC Metre Freestyle**

| | | | | | |
|----|-------------------|----|-----------------|-------|----|
| 1 | Jayde Richardson | 32 | HOBART DOLPHINS | 29.96 | 10 |
| 2 | Suzanna Olsen | 32 | CLAREMONT | 30.58 | 9 |
| 3 | Rebecca Kierath | 30 | CLAREMONT | 31.91 | 8 |
| *4 | Amanda Lee | 31 | SINGAPORE | 33.23 | 7 |
| *4 | Tiane Burwood | 32 | BLACKTOWN CITY | 33.78 | 7 |
| 5 | Samantha Oliva | 34 | BEERWAH | 42.19 | 6 |
| 6 | Courtney Marano | 34 | SUPERFINS WA | 56.03 | 5 |
| 7 | Charlotte Britton | 33 | SUPERFINS WA | 57.12 | 4 |

Event 11 Women 35-39 50 LC Metre Freestyle

| | | | | | |
|-----|-------------------|----|-----------------------|-------|----|
| 1 | Shelley Devers | 38 | GYMPIE GOLD FINS | 30.08 | 10 |
| 2 | Alison Sakurovs | 39 | MERRYLANDS | 30.14 | 9 |
| 3 | Ashleigh Davis | 35 | SUTHERLAND SANDBERN | 31.04 | 8 |
| 4 | Claire Gorham | 38 | DARWIN STINGERS | 33.58 | 7 |
| 5 | Liz Daly | 39 | TUGGERANONG | 35.50 | 6 |
| 6 | Kate Conway | 39 | DARWIN STINGERS | 35.99 | 5 |
| 7 | Pippa Featherston | 39 | DARWIN BUFFALOS | 36.51 | 4 |
| *8 | Alyssa Josephs | 39 | NEW ZEALAND | 37.43 | 3 |
| *8 | Julia Barnes | 39 | GOULBURN VALLEY CROCS | 38.75 | 3 |
| 9 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 41.42 | 2 |
| --- | Jessica Valentine | 37 | BLACKTOWN CITY | DQ | |

Event 11 Women 40-44 50 LC Metre Freestyle

| | | | | | |
|----|-----------------------|----|--------------------|-------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 28.81 | 10 |
| 2 | Stacia Kirk | 43 | CLAREMONT | 29.29 | 9 |
| 3 | Amy McCloskey | 41 | RYDE | 30.89 | 8 |
| 4 | Bryannon Ruskin | 42 | DARWIN STINGERS | 31.33 | 7 |
| 5 | Michelle Coleman | 44 | DARWIN STINGERS | 31.39 | 6 |
| 6 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 31.40 | 5 |
| 7 | Miranda Schoolderman | 41 | COTTON TREE | 31.69 | 4 |
| 8 | Karen Williams | 40 | ROCKINGHAM | 32.50 | 3 |
| 9 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 32.87 | 2 |
| 10 | Shannon Bowron | 44 | ROCKINGHAM | 33.84 | 1 |
| 11 | Kristi Ruus | 40 | TUGGERANONG | 34.76 | 1 |
| 12 | Susanne Milenkevich | 44 | RIVER CITY | 35.81 | 1 |
| 13 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 36.61 | 1 |
| 14 | Katrina Munn | 41 | RACKLEY SWIM TEAM | 37.13 | 1 |
| 15 | Erin Fisher | 42 | SWIM WEST | 37.50 | 1 |
| 16 | Ailie McKendrick | 43 | SAPPHIRE COAST | 37.89 | 1 |
| 17 | Kristina Caldwell | 42 | IPSWICH CITY | 38.57 | 1 |
| 18 | Cath Hood | 41 | DARWIN STINGERS | 38.61 | 1 |
| 19 | Nicole Patterson | 41 | SUPERFINS WA | 39.70 | 1 |
| 20 | Rebecca Lamont | 42 | NIGHTCLIFF | 41.50 | 1 |
| 21 | Tahnee Afuhaamango | 42 | DARWIN STINGERS | 41.84 | 1 |
| 22 | Candice Carpenter | 41 | NIGHTCLIFF | 44.69 | 1 |
| 23 | Dianne Saunders | 40 | SUPERFINS WA | 45.87 | 1 |
| 24 | Mischa Beckett | 41 | SUPERFINS WA | 57.02 | 1 |

Event 11 Women 45-49 50 LC Metre Freestyle

| | | | | | |
|---|-------------------|----|--------------------|-------|----|
| 1 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 30.16 | 10 |
| 2 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 30.35 | 9 |
| 3 | Stacey Kopf | 46 | DARWIN STINGERS | 31.03 | 8 |
| 4 | Nicky Kerr | 49 | MALVERN MARLINS | 31.12 | 7 |
| 5 | Kim Wellington | 48 | PHOENIX | 31.39 | 6 |
| 6 | Fiona Griffin | 46 | BOLD PARK | 31.46 | 5 |
| 7 | Fiona Reed | 48 | NORTH SYDNEY | 32.39 | 4 |
| 8 | Michelle Waite | 48 | NORTH SHORE | 33.13 | 3 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 11 Women 45-49 50 LC Metre Freestyle)**

| | | | | | |
|----|------------------|----|-----------------|---------|---|
| 9 | Carri Forrester | 45 | CLAREMONT | 35.17 | 2 |
| 10 | Belinda Peacocke | 48 | DARWIN STINGERS | 35.24 | 1 |
| 11 | Dana Richards | 48 | ROCKINGHAM | 35.78 | 1 |
| 12 | Rebecca Draper | 46 | NORTHERN | 36.29 | 1 |
| 13 | Catherine Wilson | 49 | BUNNA-BARRA | 36.82 | 1 |
| 14 | Anke Schwedat | 46 | CLAREMONT | 37.10 | 1 |
| 15 | Bec Wright | 49 | BUNNA-BARRA | 54.33 | 1 |
| 16 | Cheree Dodkin | 45 | TOOWOOMBA | 1:21.38 | 1 |

Event 11 Women 50-54 50 LC Metre Freestyle

| | | | | | |
|-----|------------------------|----|----------------------|---------|----|
| 1 | Anita Lendvay | 53 | GENESIS AQUATICS | 31.38 | 10 |
| 2 | Madelyn-Anne Ring | 51 | POWERPOINTS | 31.52 | 9 |
| 3 | Tracey Zammit | 53 | MIAMI | 31.72 | 8 |
| 4 | Heidi Roche | 52 | SEASIDE PIRATES | 33.71 | 7 |
| 5 | Christine Sefton | 54 | MYALL | 33.91 | 6 |
| *6 | Clarissa Then | 54 | SINGAPORE | 34.33 | 5 |
| *6 | Kathryn Rogers | 52 | MALVERN MARLINS | 34.76 | 5 |
| 7 | Erica Lorraine Credlin | 50 | PENRITH | 35.80 | 4 |
| 8 | Sharyn Bury | 54 | DARWIN STINGERS | 35.90 | 3 |
| 9 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 36.93 | 2 |
| 10 | Heike Rahmann | 50 | GLAMOURHEAD SHARKS | 38.69 | 1 |
| 11 | Heather Standley | 51 | DARWIN STINGERS | 39.02 | 1 |
| 12 | Jackie Gardiner | 50 | PERTH CITY | 40.08 | 1 |
| *13 | Katrin Buchta | 54 | GERMANY | 40.96 | 1 |
| *13 | Sally Bothroyd | 54 | DARWIN STINGERS | 41.81 | 1 |
| 14 | Zara Tai | 53 | BLACKTOWN CITY | 45.85 | 1 |
| 15 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 1:01.28 | 1 |

Event 11 Women 55-59 50 LC Metre Freestyle

| | | | | | |
|----|---------------------|----|-----------------------|-------|----|
| 1 | Jennie Bucknell | 58 | POWERPOINTS | 28.32 | 10 |
| 2 | Nola Macaulay | 55 | TSA | 30.17 | 9 |
| 3 | Sal Cuming | 56 | POWERPOINTS | 31.49 | 8 |
| 4 | Christina Scolaro | 56 | TSA | 32.62 | 7 |
| 5 | Megan Tetley | 56 | CLAREMONT | 34.22 | 6 |
| 6 | Caz Makin | 56 | TUGGERANONG | 34.42 | 5 |
| 7 | Nelleke Dien Walker | 59 | POWERPOINTS | 35.37 | 4 |
| 8 | Rachel Trenaman | 55 | BEATTY PARK | 35.44 | 3 |
| 9 | Patricia Reid | 59 | TATTERSALLS CLUB | 36.45 | 2 |
| 10 | Sharon Newstead | 59 | MALVERN MARLINS | 36.77 | 1 |
| 11 | Kylee Murray | 58 | MERRYLANDS | 37.42 | 1 |
| 12 | Clairly Lance | 58 | PERTH CITY | 37.59 | 1 |
| 13 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 37.96 | 1 |
| 14 | Michelle Hogue | 57 | CLAREMONT | 38.84 | 1 |
| 15 | Alison Farmer | 59 | CLAREMONT | 39.12 | 1 |
| 16 | Yvonne Egan | 59 | POWERPOINTS | 42.67 | 1 |
| 17 | Carolyn Lunney | 55 | TOOWOOMBA | 48.37 | 1 |
| 18 | Michelle Magnusson | 56 | NORTH SHORE | 53.33 | 1 |

Event 11 Women 60-64 50 LC Metre Freestyle

| | | | | | |
|----|------------------|----|--------------------------|-------|----|
| 1 | Jeanette Brits | 63 | MANLY | 30.16 | 10 |
| *2 | Carola Khouri | 62 | UNITED STATES OF AMERICA | 31.13 | 9 |
| *2 | Nicola Corsbie | 62 | CLAREMONT | 33.20 | 9 |
| 3 | Joanne Sutcliffe | 64 | PHOENIX | 33.46 | 8 |
| 4 | Daphne Briggs | 62 | MALVERN MARLINS | 33.90 | 7 |
| 5 | Neroli Nixon | 63 | DONCASTER DOLPHINS | 34.71 | 6 |
| 6 | Janette Dickey | 64 | MALVERN MARLINS | 34.77 | 5 |
| 7 | Susan Dalton | 62 | NORTH MACKAY SINKERS | 35.92 | 4 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 11 Women 60-64 50 LC Metre Freestyle)**

| | | | | | |
|----|------------------------|----|------------------------|---------|---|
| 8 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 35.94 | 3 |
| 9 | Sue Tompkins | 61 | SEASIDE PIRATES | 36.11 | 2 |
| 10 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 37.01 | 1 |
| 11 | Tamara Stenhouse | 63 | DARWIN STINGERS | 37.70 | 1 |
| 12 | Louise Jones | 60 | DARWIN STINGERS | 39.25 | 1 |
| 13 | Robyn Richards | 62 | SUNSHINE COAST | 39.27 | 1 |
| 14 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 39.75 | 1 |
| 15 | Alexandra Tregonning | 63 | CLAREMONT | 39.91 | 1 |
| 16 | Julia Atkins | 61 | WARRINGAH | 40.07 | 1 |
| 17 | Wendy Kingma | 63 | GOULBURN VALLEY CROCS | 40.64 | 1 |
| 18 | Teresa Kelly | 63 | GLAMOURHEAD SHARKS | 40.69 | 1 |
| 19 | Catherine Reid | 62 | POWERPOINTS | 40.73 | 1 |
| 20 | Tandy Cunningham | 63 | DARWIN STINGERS | 41.21 | 1 |
| 21 | Linda Hogg | 62 | NOOSA | 42.26 | 1 |
| 22 | Di Woods | 64 | GLAMOURHEAD SHARKS | 42.75 | 1 |
| 23 | Sharon Smith | 64 | HOBART DOLPHINS | 42.93 | 1 |
| 24 | Kaylene Hinchliffe | 60 | DARWIN STINGERS | 43.21 | 1 |
| 25 | Margaret Fell | 63 | BLACKTOWN CITY | 43.55 | 1 |
| 26 | Beth Ashwood | 64 | MALVERN MARLINS | 45.60 | 1 |
| 27 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 46.63 | 1 |
| 28 | Jill Woodworth | 64 | HERVEY BAY | 48.07 | 1 |
| 29 | Tracey Hersey | 63 | DARWIN STINGERS | 49.62 | 1 |
| 30 | Donna Uren | 64 | SAPPHIRE COAST | 50.46 | 1 |
| 31 | Anne Gillian | 63 | HOBART DOLPHINS | 50.97 | 1 |
| 32 | Vivian Eugster | 62 | DARWIN STINGERS | 55.73 | 1 |
| 33 | Kathleen Wainwright | 63 | CARINE | 1:02.45 | 1 |

Event 11 Women 65-69 50 LC Metre Freestyle

| | | | | | |
|----|-------------------|----|----------------------|-------|----|
| 1 | Yvonne Mutton | 66 | NOOSA | 33.73 | 10 |
| 2 | Elaine Sng | 66 | RIVER CITY | 33.94 | 9 |
| 3 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 35.70 | 8 |
| 4 | Eleanor Parsons | 69 | CLAREMONT | 35.77 | 7 |
| 5 | Moira Wigley | 65 | DARWIN BUFFALOS | 37.14 | 6 |
| 6 | Gay Bradley | 69 | COTTON TREE | 38.35 | 5 |
| 7 | Vivienne Anthony | 65 | CLAREMONT | 38.38 | 4 |
| 8 | Pip Hawson | 65 | CLAREMONT | 38.85 | 3 |
| 9 | Mary Sontrop | 67 | POWERPOINTS | 38.99 | 2 |
| 10 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | 42.56 | 1 |
| 11 | Anke Kohfahl | 66 | GLAMOURHEAD SHARKS | 43.31 | 1 |
| 12 | Lesley de Lorenzo | 68 | PENRITH | 46.85 | 1 |
| 13 | Vicki Newman | 66 | BELGRAVIA | 48.26 | 1 |
| 14 | Joy Johnson | 66 | CLAREMONT | 48.70 | 1 |
| 15 | Philippa Sawyer | 68 | LANE COVE | 49.55 | 1 |
| 16 | Marie Morrison | 69 | DARWIN STINGERS | 52.14 | 1 |
| 17 | Pamela Dawes | 66 | WARRINGAH | 52.62 | 1 |
| 18 | Karen Piper | 68 | DARWIN STINGERS | 56.59 | 1 |

Event 11 Women 70-74 50 LC Metre Freestyle

| | | | | | |
|---|----------------------|----|----------------------|-------|----|
| 1 | Susan Swire-Thompson | 70 | CLAREMONT | 34.57 | 10 |
| 2 | Gail Fletcher | 70 | RYDE | 36.11 | 9 |
| 3 | Margie Moore | 72 | DONCASTER DOLPHINS | 38.73 | 8 |
| 4 | Wendy Cooper | 71 | WARRINGAH | 38.76 | 7 |
| 5 | Patricia Moore | 71 | DARWIN STINGERS | 40.47 | 6 |
| 6 | Helen Malar | 70 | NOOSA | 41.76 | 5 |
| 7 | Jacky Shields | 70 | NOOSA | 44.48 | 4 |
| 8 | Maree Tuff | 73 | MORNINGTON PENINSULA | 44.70 | 3 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 11 Women 70-74 50 LC Metre Freestyle)**

| | | | | | |
|-----|-------------------|----|--------------------|---------|---|
| 9 | Clare Martin | 72 | DARWIN STINGERS | 45.24 | 2 |
| 10 | Patricia Helmore | 73 | SAPPHIRE COAST | 47.39 | 1 |
| 11 | Gail Milroy | 70 | SAPPHIRE COAST | 47.71 | 1 |
| 12 | Janette Gooley | 74 | MALVERN MARLINS | 56.43 | 1 |
| 13 | Jenelle Templeton | 72 | DONCASTER DOLPHINS | 1:05.15 | 1 |
| 14 | Helen Rubin | 72 | RYDE | 1:13.45 | 1 |
| --- | Mary McHenry | 72 | CLAREMONT | DQ | |

Event 11 Women 75-79 50 LC Metre Freestyle

| | | | | | |
|----|--------------------|----|-------------------|---------|----|
| 1 | Robyn Smith | 75 | CLAREMONT | 42.42 | 10 |
| *2 | Marijke Alderson | 77 | POWERPOINTS | 44.13 | 9 |
| *2 | Rosa Montague | 77 | POWERPOINTS | 44.13 | 9 |
| 4 | Anne Birt | 78 | ETTALONG PELICANS | 51.08 | 7 |
| 5 | Helen Campbell | 76 | WARRINGAH | 51.15 | 6 |
| 6 | Joan Simpson | 78 | MALVERN MARLINS | 51.76 | 5 |
| 7 | Jennifer Sanderson | 76 | DARWIN STINGERS | 1:10.16 | 4 |

Event 11 Women 80-84 50 LC Metre Freestyle

| | | | | | |
|----|----------------|----|----------------------|---------|----|
| 1 | Lindy Salter | 80 | MIAMI | 41.65 | 10 |
| 2 | Marsha Reddiex | 81 | BELGRAVIA | 43.82 | 9 |
| 3 | Gerda Williams | 82 | MANDURAH | 45.04 | 8 |
| 4 | Jan Croft | 81 | NOOSA | 48.27 | 7 |
| 5 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 50.94 | 6 |
| 6 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 51.26 | 5 |
| 7 | Lois Hill | 81 | NOOSA | 53.98 | 4 |
| 8 | Barbara Jones | 80 | SUTHERLAND SANDBERN | 57.13 | 3 |
| 9 | Gail Gronholt | 80 | DARWIN STINGERS | 59.02 | 2 |
| 10 | Bridget Cook | 80 | WARRINGAH | 1:13.06 | 1 |

Event 11 Women 85-89 50 LC Metre Freestyle

| | | | | | |
|---|----------------|----|------------------------|---------|----|
| 1 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 1:02.84 | 10 |
| 2 | Barbara Pearce | 87 | MARION | 1:09.00 | 9 |
| 3 | Maggie Roberts | 87 | DARWIN STINGERS | 1:21.42 | 8 |

Event 11 Women 90-94 50 LC Metre Freestyle

| | | | | | |
|---|----------------|----|--------------------|---------|----|
| 1 | Dorothy Dickey | 94 | DONCASTER DOLPHINS | 1:01.80 | 10 |
|---|----------------|----|--------------------|---------|----|

Event 11 Men 18-24 50 LC Metre Freestyle

| | | | | | |
|---|------------------|----|----------------------|-------|----|
| 1 | Zane Zehntner | 19 | DARWIN STINGERS | 25.82 | 10 |
| 2 | Logan Ruskin | 19 | DARWIN STINGERS | 26.11 | 9 |
| 3 | Khaden Mallett | 20 | DARWIN BUFFALOS | 27.00 | 8 |
| 4 | Samuel Bricknell | 24 | DARWIN STINGERS | 27.80 | 7 |
| 5 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 27.84 | 6 |
| 6 | Oscar Callander | 22 | DARWIN BUFFALOS | 27.99 | 5 |
| 7 | Thomas Micalef | 21 | BLACKTOWN CITY | 29.58 | 4 |
| 8 | Phoenix Galistan | 23 | BLACKTOWN CITY | 34.23 | 3 |
| 9 | Joseph Salt | 24 | SUPERFINS WA | 43.98 | 2 |

Event 11 Men 25-29 50 LC Metre Freestyle

| | | | | | |
|---|----------------|----|--------------------|---------|----|
| 1 | Joseph Howe | 26 | GLAMOURHEAD SHARKS | 27.06 | 10 |
| 2 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 27.76 | 9 |
| 3 | Adam Ward | 27 | BLACKTOWN CITY | 30.22 | 8 |
| 4 | Dylan Broadway | 28 | SUPERFINS WA | 39.79 | 7 |
| 5 | James Burt | 28 | SUPERFINS WA | 44.60 | 6 |
| 6 | Daniel Paull | 25 | SUPERFINS WA | 50.08 | 5 |
| 7 | Keith Robinson | 27 | SUPERFINS WA | 1:02.68 | 4 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 11 Men 30-34 50 LC Metre Freestyle**

| | | | | | |
|---|-----------------|----|--------------------|-------|----|
| 1 | Radu Coicici | 33 | POWERPOINTS | 25.21 | 10 |
| 2 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 25.88 | 9 |
| 3 | Ofir Kuberman | 34 | DONCASTER DOLPHINS | 26.72 | 8 |
| 4 | David Almeida | 31 | NORTH SHORE | 26.75 | 7 |
| 5 | Timothy Few | 32 | DARWIN BUFFALOS | 29.33 | 6 |
| 6 | Rhys Fisher | 31 | DEVONPORT DEVILS | 29.87 | 5 |
| 7 | Charles Gravier | 32 | ADELAIDE | 39.07 | 4 |
| 8 | Geoffrey Keron | 32 | SUPERFINS WA | 47.22 | 3 |

Event 11 Men 35-39 50 LC Metre Freestyle

| | | | | | |
|---|------------------|----|--------------------|-------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 25.44 | 10 |
| 2 | Anthony Dragovic | 39 | BLACKTOWN CITY | 26.69 | 9 |
| 3 | Bradley Thomas | 39 | PENRITH | 27.00 | 8 |
| 4 | Daniel Phillipot | 37 | MANLY | 28.10 | 7 |
| 5 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 31.04 | 6 |
| 6 | Leigh Guy | 37 | GLAMOURHEAD SHARKS | 33.20 | 5 |
| 7 | Dylan Coop | 38 | SUPERFINS WA | 38.03 | 4 |
| 8 | Nathan Curry | 38 | SUPERFINS WA | 43.74 | 3 |
| 9 | Matthew Barndon | 38 | CARINE | 44.35 | 2 |

Event 11 Men 40-44 50 LC Metre Freestyle

| | | | | | |
|----|------------------------|----|------------------------|-------|----|
| 1 | David Kellam | 43 | POWERPOINTS | 26.98 | 10 |
| 2 | Ben Fuller | 41 | DARWIN STINGERS | 27.52 | 9 |
| 3 | Daniel Lynch | 43 | BLACKTOWN CITY | 27.81 | 8 |
| 4 | Brent Greene | 40 | GLAMOURHEAD SHARKS | 27.86 | 7 |
| 5 | Koe Davidson | 44 | POWERPOINTS | 28.09 | 6 |
| 6 | Joshua P Baker | 40 | NORTH SHORE | 28.42 | 5 |
| 7 | Paul Whelan | 44 | GLAMOURHEAD SHARKS | 29.72 | 4 |
| 8 | Edwin Auzins | 43 | MOLONGLO WATER DRAGONS | 29.73 | 3 |
| 9 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 30.11 | 2 |
| 10 | Mark Robertson | 41 | ETTALONG PELICANS | 30.85 | 1 |
| 11 | Varant Jambazian | 41 | MERRYLANDS | 32.91 | 1 |
| 12 | James Carpenter | 41 | NIGHTCLIFF | 39.29 | 1 |

Event 11 Men 45-49 50 LC Metre Freestyle

| | | | | | |
|----|-------------------------|----|--------------------|-------|----|
| 1 | Steven Vermey | 45 | PENRITH | 26.62 | 10 |
| 2 | Louis Whant | 46 | PENRITH | 26.88 | 9 |
| 3 | Nigel Fanning | 49 | POWERPOINTS | 27.42 | 8 |
| 4 | Todd Patrick | 45 | GLAMOURHEAD SHARKS | 27.55 | 7 |
| *5 | Robert Burgess | 46 | BLACKTOWN CITY | 27.67 | 6 |
| *5 | Christopher Worthington | 45 | MALVERN MARLINS | 27.67 | 6 |
| 7 | Brad Johnson | 47 | DONCASTER DOLPHINS | 27.98 | 4 |
| 8 | Sam Radford | 48 | DONCASTER DOLPHINS | 29.39 | 3 |
| 9 | Andrew Michelin | 47 | SAPPHIRE COAST | 29.69 | 2 |
| 10 | Kristopher Watkins | 46 | MIAMI | 30.23 | 1 |
| 11 | Colin Drysdale | 49 | GLAMOURHEAD SHARKS | 30.77 | 1 |
| 12 | Andrew Osborne | 49 | PHOENIX | 31.51 | 1 |
| 13 | John Welch | 49 | GLAMOURHEAD SHARKS | 38.77 | 1 |

Event 11 Men 50-54 50 LC Metre Freestyle

| | | | | | |
|---|----------------------|----|--------------------|-------|----|
| 1 | Bradley Halicek | 51 | BLACKTOWN CITY | 26.30 | 10 |
| 2 | Juergen Langfeldt | 52 | DONCASTER DOLPHINS | 26.32 | 9 |
| 3 | Trent Lawrence | 53 | PENRITH | 26.96 | 8 |
| 4 | Mark Preiss | 52 | AQUADOME OTTERS | 26.98 | 7 |
| 5 | Kieren Jon Lawrenson | 50 | CLAREMONT | 27.06 | 6 |
| 6 | James Watson | 50 | SEASIDE PIRATES | 28.65 | 5 |
| 7 | Robert Bailey | 54 | MIAMI | 28.71 | 4 |
| 8 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 29.05 | 3 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 11 Men 50-54 50 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|----|---------------------|---------|---|
| 9 | Cameron McInerney | 51 | NIGHTCLIFF | 29.18 | 2 |
| 10 | Matthew Dredge | 50 | SUTHERLAND SANDBERN | 30.51 | 1 |
| 11 | Oliver Holm | 52 | DARWIN STINGERS | 30.54 | 1 |
| 12 | Carlos Quevedo | 53 | TSA | 31.25 | 1 |
| 13 | Cameron Dawe | 53 | DARWIN STINGERS | 32.15 | 1 |
| 14 | Adrian Tonkin | 53 | DARWIN STINGERS | 33.01 | 1 |
| 15 | Jason Gronowicz | 50 | BLACKTOWN CITY | 33.23 | 1 |
| 16 | Paul Lendvay | 50 | GENESIS AQUATICS | 34.75 | 1 |
| 17 | Andrew Goldswain | 53 | SUPERFINS WA | 39.06 | 1 |
| 18 | Phillip Smith | 54 | SUPERFINS WA | 1:15.94 | 1 |

Event 11 Men 55-59 50 LC Metre Freestyle

| | | | | | |
|----|-----------------|----|-----------------------|-------|----|
| 1 | Brett Davidson | 57 | POWERPOINTS | 27.93 | 10 |
| 2 | Martin Banks | 56 | TSA | 28.08 | 9 |
| 3 | Darren Turner | 58 | PENRITH | 28.53 | 8 |
| 4 | David O'Brien | 56 | SUTHERLAND SANDBERN | 29.15 | 7 |
| 5 | Ian McLeod | 55 | NORTH SHORE | 29.21 | 6 |
| 6 | Ian Pollock | 56 | DARWIN STINGERS | 29.74 | 5 |
| 7 | Stephen Hawkins | 59 | WARRINGAH | 30.81 | 4 |
| 8 | Arie Walker | 57 | SURREY PARK SEAHORSES | 30.86 | 3 |
| 9 | Paul Johnson | 57 | WARRINGAH | 31.19 | 2 |
| 10 | Tom Arthur | 59 | POWERPOINTS | 31.45 | 1 |
| 11 | Warren Midgley | 59 | TOOWOOMBA | 32.12 | 1 |
| 12 | Michael Poot | 57 | SUTHERLAND SANDBERN | 33.43 | 1 |
| 13 | Stephen Wills | 56 | RIVERTON | 33.70 | 1 |

Event 11 Men 60-64 50 LC Metre Freestyle

| | | | | | |
|----|-------------------|----|----------------------|-------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 28.07 | 10 |
| 2 | William O'Leary | 63 | TSA | 28.16 | 9 |
| 3 | Allan Samuels | 60 | TSA | 29.00 | 8 |
| 4 | Ian Robinson | 61 | RIVER CITY | 29.29 | 7 |
| 5 | Scott Sugden | 61 | NORTH SHORE | 29.46 | 6 |
| 6 | Anthony Dunne | 61 | CLAREMONT | 29.76 | 5 |
| 7 | Mark Huggins | 63 | MALVERN MARLINS | 30.29 | 4 |
| 8 | Simon Horan | 62 | MALVERN MARLINS | 30.81 | 3 |
| 9 | Peter Williamson | 61 | POWERPOINTS | 30.83 | 2 |
| 10 | Ronald Massaar | 64 | SUTHERLAND SANDBERN | 31.06 | 1 |
| 11 | Wayne Carlish | 61 | TOOWOOMBA | 31.82 | 1 |
| 12 | Bruce Havilah | 63 | BEATTY PARK | 32.19 | 1 |
| 13 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 32.73 | 1 |
| 14 | Glen Walker | 63 | PENRITH | 33.01 | 1 |
| 15 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 33.44 | 1 |
| 16 | Robert Wilson | 62 | MORNINGTON PENINSULA | 33.75 | 1 |
| 17 | Tony Tooher | 62 | WARRINGAH | 33.78 | 1 |
| 18 | Andrew McCrindell | 61 | RYDE | 34.44 | 1 |
| 19 | Richard Hughes | 62 | CLAREMONT | 34.89 | 1 |
| 20 | David Cowie | 63 | POWERPOINTS | 36.99 | 1 |
| 21 | John Fisher | 61 | PENRITH | 40.75 | 1 |
| 22 | Gordon Simpson | 64 | GIPPSLAND FLIPPERS | 50.76 | 1 |

Event 11 Men 65-69 50 LC Metre Freestyle

| | | | | | |
|---|--------------------|----|--------------------|-------|----|
| 1 | Paul Blackbeard | 66 | CLAREMONT | 28.86 | 10 |
| 2 | John Papple | 65 | DARWIN STINGERS | 31.79 | 9 |
| 3 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 33.03 | 8 |
| 4 | Alan Godfrey | 67 | GLAMOURHEAD SHARKS | 33.13 | 7 |
| 5 | Owen Sinden | 69 | BLACKTOWN CITY | 33.29 | 6 |
| 6 | Stephen de Lorenzo | 68 | PENRITH | 34.84 | 5 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 11 Men 65-69 50 LC Metre Freestyle)**

| | | | | | |
|-----|-------------------|----|---------------------|-------|---|
| 7 | Neil Newman | 68 | BELGRAVIA | 35.03 | 4 |
| 8 | Anthony Horadam | 67 | BLACKTOWN CITY | 37.00 | 3 |
| 9 | Sjaak Verschoor | 67 | COOGEE-RANDWICK | 40.12 | 2 |
| *10 | Alan Denton | 66 | POWERPOINTS | 40.35 | 1 |
| *10 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 40.35 | 1 |
| 12 | Anthony Gallagher | 69 | WARRINGAH | 42.49 | 1 |
| 13 | Rick Cleveland | 67 | LAUNCESTON LEMMINGS | 46.05 | 1 |

Event 11 Men 70-74 50 LC Metre Freestyle

| | | | | | |
|----|---------------------|----|-----------------------|---------|----|
| 1 | Anthony Curran | 71 | ETTALONG PELICANS | 31.49 | 10 |
| 2 | Jim Milne | 70 | YARRA ROUGHIES | 32.37 | 9 |
| 3 | Stuart Ellicott | 72 | NORTH SHORE | 32.45 | 8 |
| 4 | Ian Young | 72 | MARION | 32.92 | 7 |
| 5 | Gordon Whyte | 72 | WARRINGAH | 33.63 | 6 |
| 6 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 35.06 | 5 |
| *7 | David Tarran | 74 | LANE COVE | 36.15 | 4 |
| *7 | Don Taylor | 74 | TOOWOOMBA | 36.15 | 4 |
| 9 | Andrew Prendergast | 74 | MORNINGTON PENINSULA | 36.41 | 2 |
| 10 | Charles Croft | 74 | ARMADALE | 38.86 | 1 |
| 11 | Terry Moore | 73 | DONCASTER DOLPHINS | 39.83 | 1 |
| 12 | Ian Johnston | 72 | MERRYLANDS | 40.52 | 1 |
| 13 | Robert Bradshaw | 72 | DARWIN STINGERS | 41.58 | 1 |
| 14 | Trevor Wainstein | 71 | CLAREMONT | 43.09 | 1 |
| 15 | Anthony Catto-Smith | 70 | MORNINGTON PENINSULA | 45.71 | 1 |
| 16 | John Towers | 74 | LAUNCESTON LEMMINGS | 1:08.77 | 1 |

Event 11 Men 75-79 50 LC Metre Freestyle

| | | | | | |
|----|------------------|----|----------------------------|---------|----|
| 1 | Robert Patterson | 77 | DARWIN STINGERS | 30.91 | 10 |
| 2 | Graham Croft | 76 | CLAREMONT | 31.54 | 9 |
| 3 | Gerry Tucker | 75 | MALVERN MARLINS | 33.04 | 8 |
| 4 | Rod Clarke | 78 | DONCASTER DOLPHINS | 34.82 | 7 |
| 5 | Trevor Skinner | 76 | MALVERN MARLINS | 35.31 | 6 |
| 6 | Peter Lord | 77 | SURREY PARK SEAHORSES | 38.75 | 5 |
| 7 | Trevor Mathews | 79 | NOOSA | 40.09 | 4 |
| 8 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 40.21 | 3 |
| 9 | Ewen Templeton | 76 | DONCASTER DOLPHINS | 44.09 | 2 |
| 10 | John Bell | 77 | CARINE | 44.60 | 1 |
| 11 | Peter Caust | 75 | DARWIN STINGERS | 45.98 | 1 |
| 12 | John Stanton | 77 | MALVERN MARLINS | 1:01.90 | 1 |

Event 11 Men 80-84 50 LC Metre Freestyle

| | | | | | |
|---|-----------------|----|----------------|---------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 36.27 | 10 |
| 2 | Michael Peedom | 80 | TUGGERANONG | 37.99 | 9 |
| 3 | David Salter | 82 | MIAMI | 42.48 | 8 |
| 4 | Trevor Reynolds | 83 | BELGRAVIA | 46.73 | 7 |
| 5 | David Craig | 80 | WARRINGAH | 46.74 | 6 |
| 6 | Graham Campbell | 80 | WARRINGAH | 1:01.94 | 5 |

Event 11 Men 85-89 50 LC Metre Freestyle

| | | | | | |
|---|--------------|----|-----------------|-------|----|
| 1 | John Pollock | 85 | DARWIN STINGERS | 55.14 | 10 |
|---|--------------|----|-----------------|-------|----|

Event 11 Men 90-94 50 LC Metre Freestyle

| | | | | | |
|---|----------------|----|-----------------|---------|----|
| 1 | Peter Couattie | 94 | MALVERN MARLINS | 1:20.38 | 10 |
|---|----------------|----|-----------------|---------|----|

Event 11 Men 95-99 50 LC Metre Freestyle

| | | | | | |
|---|----------------|----|----------|-------|----|
| 1 | Charles Renner | 96 | MELVILLE | 55.03 | 10 |
|---|----------------|----|----------|-------|----|

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 12 Women 18-24 400 LC Metre Freestyle**

| | | | | | |
|---|-----------------|-----------------|-----------------------|-----------------|----|
| 1 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 5:31.08 | 10 |
| | 35.24 | 1:15.30 (40.06) | 1:56.35 (41.05) | 2:38.98 (42.63) | |
| | 3:21.98 (43.00) | 4:05.67 (43.69) | 4:49.29 (43.62) | 5:31.08 (41.79) | |
| 2 | Joanna Lill | 21 | BLACKTOWN CITY | 5:33.17 | 9 |
| | 38.06 | 1:19.01 (40.95) | 2:00.42 (41.41) | 2:42.79 (42.37) | |
| | 3:25.15 (42.36) | 4:08.65 (43.50) | 4:51.04 (42.39) | 5:33.17 (42.13) | |
| 3 | Alexia Green | 22 | MORNINGTON PENINSULA | 5:46.02 | 8 |
| | 38.96 | 1:21.44 (42.48) | 2:05.26 (43.82) | 2:50.16 (44.90) | |
| | 3:34.92 (44.76) | 4:19.65 (44.73) | 5:03.70 (44.05) | 5:46.02 (42.32) | |
| 4 | Lotti Fox | 24 | CLAREMONT | 6:08.37 | 7 |
| | 42.93 | 1:29.98 (47.05) | 2:17.93 (47.95) | 3:05.85 (47.92) | |
| | 3:54.06 (48.21) | 4:41.65 (47.59) | 5:26.65 (45.00) | 6:08.37 (41.72) | |

Event 12 Women 25-29 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-----------------|-----------------|-----------------|----|
| 1 | Kady Ibell | 28 | TSA | 4:57.07 | 10 |
| | 32.87 | 1:10.28 (37.41) | 1:48.92 (38.64) | 2:27.18 (38.26) | |
| | 3:04.15 (36.97) | 3:42.30 (38.15) | 4:19.87 (37.57) | 4:57.07 (37.20) | |
| 2 | Megan Clark | 26 | PENRITH | 5:58.16 | 9 |
| | 38.99 | 1:24.16 (45.17) | 2:09.33 (45.17) | 2:56.17 (46.84) | |
| | 3:41.73 (45.56) | 4:28.85 (47.12) | 5:13.62 (44.77) | 5:58.16 (44.54) | |
| 3 | Amy Small | 29 | NOARLUNGA | 6:44.75 | 8 |
| | 43.29 | 1:33.13 (49.84) | 2:24.91 (51.78) | 3:17.36 (52.45) | |
| | 4:09.06 (51.70) | 5:01.54 (52.48) | 5:53.95 (52.41) | 6:44.75 (50.80) | |
| 4 | Stephanie Neville | 28 | SUPERFINS WA | 7:32.44 | 7 |
| | 51.67 | 1:49.77 (58.10) | 2:45.84 (56.07) | 3:42.88 (57.04) | |
| | 4:40.76 (57.88) | 5:39.52 (58.76) | 6:37.58 (58.06) | 7:32.44 (54.86) | |

Event 12 Women 30-34 400 LC Metre Freestyle

| | | | | | |
|---|----------------------|-------------------|-------------------|-------------------|----|
| 1 | Jayde Richardson | 32 | HOBART DOLPHINS | 5:14.53 | 10 |
| | 34.56 | 1:12.69 (38.13) | 1:51.97 (39.28) | 2:32.51 (40.54) | |
| | 3:13.61 (41.10) | 3:54.91 (41.30) | 4:35.41 (40.50) | 5:14.53 (39.12) | |
| 2 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 8:05.30 | 9 |
| | 53.86 | 1:55.33 (1:01.47) | 2:56.35 (1:01.02) | 3:58.19 (1:01.84) | |
| | 5:00.41 (1:02.22) | 6:02.93 (1:02.52) | 7:04.58 (1:01.65) | 8:05.30 (1:00.72) | |

Event 12 Women 35-39 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-----------------|---------------------------|-----------------|----|
| 1 | Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 4:48.09 | 10 |
| | 33.49 | 1:09.84 (36.35) | 1:46.46 (36.62) | 2:23.38 (36.92) | |
| | 3:00.23 (36.85) | 3:36.85 (36.62) | 4:13.18 (36.33) | 4:48.09 (34.91) | |
| 2 | Shelley Devers | 38 | GYMPIE GOLD FINS | 5:10.24 | 9 |
| | 32.97 | 1:10.45 (37.48) | 1:49.87 (39.42) | 2:30.27 (40.40) | |
| | 3:11.18 (40.91) | 3:51.85 (40.67) | 4:32.01 (40.16) | 5:10.24 (38.23) | |
| 3 | Erin Abson | 37 | LAVERTON WYNDHAM AQUATICS | 5:22.35 | 8 |
| | 35.19 | 1:14.85 (39.66) | 1:55.90 (41.05) | 2:37.19 (41.29) | |
| | 3:18.88 (41.69) | 4:01.07 (42.19) | 4:43.01 (41.94) | 5:22.35 (39.34) | |
| 4 | Rachael Cooper | 35 | GUILDFORD AND KALAMUNDA | 5:41.86 | 7 |
| | 38.02 | 1:19.93 (41.91) | 2:02.84 (42.91) | 2:46.73 (43.89) | |
| | 3:29.90 (43.17) | 4:14.50 (44.60) | 4:58.79 (44.29) | 5:41.86 (43.07) | |
| 5 | Belinda Meek | 35 | BLACKTOWN CITY | 5:57.25 | 6 |
| | 36.42 | 1:17.73 (41.31) | 2:01.96 (44.23) | 2:48.64 (46.68) | |
| | 3:35.76 (47.12) | 4:23.38 (47.62) | 5:11.27 (47.89) | 5:57.25 (45.98) | |
| 6 | Suzie Haddad | 39 | BLACKTOWN CITY | 5:58.61 | 5 |
| | 39.11 | 1:22.26 (43.15) | 2:06.61 (44.35) | 2:51.84 (45.23) | |
| | 3:37.89 (46.05) | 4:24.98 (47.09) | 5:12.46 (47.48) | 5:58.61 (46.15) | |
| 7 | Pippa Featherston | 39 | DARWIN BUFFALOS | 6:05.96 | 4 |
| | 38.32 | 1:20.86 (42.54) | 2:07.28 (46.42) | 2:59.01 (51.73) | |
| | 3:45.43 (46.42) | 4:32.55 (47.12) | 5:19.67 (47.12) | 6:05.96 (46.29) | |
| 8 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 6:50.47 | 3 |
| | 44.02 | 1:34.65 (50.63) | 2:29.22 (54.57) | 3:22.46 (53.24) | |
| | 4:15.58 (53.12) | 5:08.55 (52.97) | 6:00.56 (52.01) | 6:50.47 (49.91) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 12 Women 40-44 400 LC Metre Freestyle**

| | | | | | |
|----|-----------------------|-------------------|--------------------|-------------------|----|
| 1 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 4:57.61 | 10 |
| | 34.54 | 1:11.74 (37.20) | 1:49.64 (37.90) | 2:27.86 (38.22) | |
| | 3:05.20 (37.34) | 3:42.92 (37.72) | 4:20.61 (37.69) | 4:57.61 (37.00) | |
| 2 | Stacia Kirk | 43 | CLAREMONT | 5:03.56 | 9 |
| | 34.05 | 1:11.54 (37.49) | 1:49.53 (37.99) | 2:28.04 (38.51) | |
| | 3:06.51 (38.47) | 3:45.88 (39.37) | 4:24.90 (39.02) | 5:03.56 (38.66) | |
| 3 | Miranda Schoolderman | 41 | COTTON TREE | 5:39.32 | 8 |
| | 37.27 | 1:18.95 (41.68) | 2:02.16 (43.21) | 2:46.07 (43.91) | |
| | 3:30.57 (44.50) | 4:14.13 (43.56) | 4:57.82 (43.69) | 5:39.32 (41.50) | |
| 4 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 5:46.47 | 7 |
| | 38.37 | 1:20.80 (42.43) | 2:04.67 (43.87) | 2:49.05 (44.38) | |
| | 3:32.90 (43.85) | 4:18.37 (45.47) | 5:02.36 (43.99) | 5:46.47 (44.11) | |
| 5 | Lauren Bradley | 40 | ETTALONG PELICANS | 5:48.44 | 6 |
| | 38.92 | 1:23.72 (44.80) | 2:08.98 (45.26) | 2:55.02 (46.04) | |
| | 3:39.58 (44.56) | 4:23.87 (44.29) | 5:07.16 (43.29) | 5:48.44 (41.28) | |
| 6 | Shannon Bowron | 44 | ROCKINGHAM | 5:50.76 | 5 |
| | 38.68 | 1:22.44 (43.76) | 2:07.22 (44.78) | 2:52.38 (45.16) | |
| | 3:37.34 (44.96) | 4:22.54 (45.20) | 5:07.75 (45.21) | 5:50.76 (43.01) | |
| 7 | Cassandra Whittome | 41 | COCKBURN | 6:20.59 | 4 |
| | 38.47 | 1:23.65 (45.18) | 2:12.32 (48.67) | 3:02.65 (50.33) | |
| | 3:52.46 (49.81) | 4:43.31 (50.85) | 5:33.62 (50.31) | 6:20.59 (46.97) | |
| 8 | Susanne Milenkevich | 44 | RIVER CITY | 6:27.10 | 3 |
| | 41.97 | 1:29.86 (47.89) | 2:19.77 (49.91) | 3:09.27 (49.50) | |
| | 3:59.41 (50.14) | 4:49.69 (50.28) | 5:39.78 (50.09) | 6:27.10 (47.32) | |
| 9 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 6:33.61 | 2 |
| | 43.00 | 1:33.31 (50.31) | 2:24.58 (51.27) | 3:15.94 (51.36) | |
| | 4:06.62 (50.68) | 4:57.09 (50.47) | 5:47.88 (50.79) | 6:33.61 (45.73) | |
| 10 | Kristina Caldwell | 42 | IPSWICH CITY | 6:53.11 | 1 |
| | 46.25 | 1:38.56 (52.31) | 2:33.39 (54.83) | 3:27.31 (53.92) | |
| | 4:20.82 (53.51) | 5:14.30 (53.48) | 6:07.27 (52.97) | 6:53.11 (45.84) | |
| 11 | Ailie McKendrick | 43 | SAPPHIRE COAST | 6:57.16 | 1 |
| | 45.44 | 1:36.80 (51.36) | 2:31.04 (54.24) | 3:24.88 (53.84) | |
| | 4:19.36 (54.48) | 5:13.88 (54.52) | 6:07.97 (54.09) | 6:57.16 (49.19) | |
| 12 | Kristi Ruus | 40 | TUGGERANONG | 7:02.84 | 1 |
| | 45.26 | 1:34.70 (49.44) | 2:26.55 (51.85) | 3:24.53 (57.98) | |
| | 4:18.30 (53.77) | 5:14.95 (56.65) | 6:09.14 (54.19) | 7:02.84 (53.70) | |
| 13 | Dianne Saunders | 40 | SUPERFINS WA | 8:09.28 | 1 |
| | 53.26 | 1:55.35 (1:02.09) | 2:58.64 (1:03.29) | 4:03.96 (1:05.32) | |
| | 5:05.30 (1:01.34) | 6:08.65 (1:03.35) | 7:10.10 (1:01.45) | 8:09.28 (59.18) | |
| 14 | Rachel Duggin | 44 | SUPERFINS WA | 8:36.70 | 1 |
| | 1:00.96 | 2:04.92 (1:03.96) | 3:09.62 (1:04.70) | 4:15.46 (1:05.84) | |
| | 5:19.52 (1:04.06) | 6:24.83 (1:05.31) | 7:30.76 (1:05.93) | 8:36.70 (1:05.94) | |

Event 12 Women 45-49 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-----------------|-----------------|-----------------|----|
| 1 | Kristy Brackstone | 45 | CLAREMONT | 4:54.16 | 10 |
| | 33.60 | 1:10.26 (36.66) | 1:47.20 (36.94) | 2:24.64 (37.44) | |
| | 3:02.41 (37.77) | 3:40.33 (37.92) | 4:17.85 (37.52) | 4:54.16 (36.31) | |
| 2 | Kim Wellington | 48 | PHOENIX | 5:35.71 | 9 |
| | 36.47 | 1:16.86 (40.39) | 1:59.01 (42.15) | 2:42.43 (43.42) | |
| | 3:25.38 (42.95) | 4:09.45 (44.07) | 4:52.62 (43.17) | 5:35.71 (43.09) | |
| 3 | Amy Dickinson | 46 | SEASIDE PIRATES | 5:43.50 | 8 |
| | 38.28 | 1:21.43 (43.15) | 2:05.59 (44.16) | 2:50.03 (44.44) | |
| | 3:33.64 (43.61) | 4:17.00 (43.36) | 5:00.50 (43.50) | 5:43.50 (43.00) | |
| 4 | Dana Richards | 48 | ROCKINGHAM | 5:49.83 | 7 |
| | 38.77 | 1:21.92 (43.15) | 2:06.41 (44.49) | 2:51.03 (44.62) | |
| | 3:35.91 (44.88) | 4:21.26 (45.35) | 5:05.95 (44.69) | 5:49.83 (43.88) | |
| 5 | Fiona Griffin | 46 | BOLD PARK | 5:56.20 | 6 |
| | 40.57 | 1:24.83 (44.26) | 2:10.38 (45.55) | 2:57.42 (47.04) | |
| | 3:43.92 (46.50) | 4:30.76 (46.84) | 5:16.86 (46.10) | 5:56.20 (39.34) | |

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Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Women 45-49 400 LC Metre Freestyle)**

| | | | | | |
|---|-------------------|-----------------|-----------------|-----------------|---|
| 6 | Rebecca Draper | 46 | NORTHERN | 6:02.53 | 5 |
| | 40.17 | 1:24.09 (43.92) | 2:10.19 (46.10) | 2:57.02 (46.83) | |
| | 3:43.59 (46.57) | 4:30.87 (47.28) | 5:17.78 (46.91) | 6:02.53 (44.75) | |
| 7 | Kathleen Bouchier | 45 | PENRITH | 6:17.60 | 4 |
| | 41.14 | 1:27.76 (46.62) | 2:15.92 (48.16) | 3:04.31 (48.39) | |
| | 3:52.75 (48.44) | 4:41.62 (48.87) | 5:30.14 (48.52) | 6:17.60 (47.46) | |
| 8 | Catherine Way | 46 | DARWIN STINGERS | 6:33.20 | 3 |
| | 43.64 | 1:32.33 (48.69) | 2:22.11 (49.78) | 3:12.85 (50.74) | |
| | 4:03.18 (50.33) | 4:53.80 (50.62) | 5:44.68 (50.88) | 6:33.20 (48.52) | |
| 9 | Catherine Wilson | 49 | BUNNA-BARRA | 6:44.94 | 2 |
| | 41.49 | 1:29.67 (48.18) | 2:20.66 (50.99) | 3:14.24 (53.58) | |
| | 4:07.01 (52.77) | 5:00.60 (53.59) | 5:53.19 (52.59) | 6:44.94 (51.75) | |

Event 12 Women 50-54 400 LC Metre Freestyle

| | | | | | |
|----|----------------------|-------------------|----------------------|-------------------|----|
| 1 | Anita Lendvay | 53 | GENESIS AQUATICS | 5:17.30 | 10 |
| | 35.97 | 1:15.51 (39.54) | 1:56.40 (40.89) | 2:36.94 (40.54) | |
| | 3:18.20 (41.26) | 3:58.45 (40.25) | 4:38.41 (39.96) | 5:17.30 (38.89) | |
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 5:28.50 | 9 |
| | 36.14 | 1:16.69 (40.55) | 1:58.50 (41.81) | 2:40.65 (42.15) | |
| | 3:22.95 (42.30) | 4:05.39 (42.44) | 4:47.84 (42.45) | 5:28.50 (40.66) | |
| 3 | Deanne Sanderson | 50 | BELGRAVIA | 5:37.28 | 8 |
| | 36.62 | 1:17.52 (40.90) | 2:00.17 (42.65) | 2:43.84 (43.67) | |
| | 3:27.42 (43.58) | 4:11.76 (44.34) | 4:55.46 (43.70) | 5:37.28 (41.82) | |
| 4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 5:53.38 | 7 |
| | 39.46 | 1:23.11 (43.65) | 2:07.53 (44.42) | 2:52.73 (45.20) | |
| | 3:37.33 (44.60) | 4:23.06 (45.73) | 5:08.18 (45.12) | 5:53.38 (45.20) | |
| 5 | Jodie Newman | 54 | MIAMI | 6:00.20 | 6 |
| | 40.22 | 1:24.12 (43.90) | 2:09.05 (44.93) | 2:55.43 (46.38) | |
| | 3:41.13 (45.70) | 4:28.42 (47.29) | 5:14.93 (46.51) | 6:00.20 (45.27) | |
| 6 | Carol Keane | 52 | DARWIN STINGERS | 6:11.92 | 5 |
| | 41.72 | 1:27.70 (45.98) | 2:14.76 (47.06) | 3:02.51 (47.75) | |
| | 3:50.43 (47.92) | 4:39.13 (48.70) | 5:27.15 (48.02) | 6:11.92 (44.77) | |
| *7 | Katrin Buchta | 54 | GERMANY | 6:41.03 | 4 |
| | 43.44 | 1:32.43 (48.99) | 2:24.38 (51.95) | 3:16.84 (52.46) | |
| | 4:08.81 (51.97) | 5:01.22 (52.41) | 5:53.53 (52.31) | 6:41.03 (47.50) | |
| *7 | Heather Standley | 51 | DARWIN STINGERS | 7:23.15 | 4 |
| | 46.51 | 1:40.80 (54.29) | 2:36.98 (56.18) | 3:34.71 (57.73) | |
| | 4:32.95 (58.24) | 5:31.18 (58.23) | 6:29.48 (58.30) | 7:23.15 (53.67) | |
| *8 | Clarissa Then | 54 | SINGAPORE | 6:54.58 | 3 |
| | 43.71 | | 2:28.04 () | 3:22.45 (54.41) | |
| | 4:17.11 (54.66) | 5:11.96 (54.85) | 6:06.00 (54.04) | 6:54.58 (48.58) | |
| *8 | Jackie Gardiner | 50 | PERTH CITY | 7:24.42 | 3 |
| | 47.02 | 1:41.70 (54.68) | 2:38.24 (56.54) | 3:35.34 (57.10) | |
| | 4:33.05 (57.71) | 5:31.19 (58.14) | 6:29.40 (58.21) | 7:24.42 (55.02) | |
| 9 | Kerryn Blanch | 51 | BLACKTOWN CITY | 7:28.48 | 2 |
| | 49.21 | 1:45.81 (56.60) | 2:42.92 (57.11) | 3:38.77 (55.85) | |
| | 4:37.19 (58.42) | 5:34.41 (57.22) | 6:32.97 (58.56) | 7:28.48 (55.51) | |
| 10 | Zara Tai | 53 | BLACKTOWN CITY | 8:18.95 | 1 |
| | 50.71 | 1:48.00 (57.29) | 2:49.89 (1:01.89) | 3:52.97 (1:03.08) | |
| | 4:57.86 (1:04.89) | 6:04.08 (1:06.22) | 7:14.21 (1:10.13) | 8:18.95 (1:04.74) | |
| 11 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 9:23.61 | 1 |
| | 1:02.61 | 2:13.95 (1:11.34) | 3:25.49 (1:11.54) | 4:37.85 (1:12.36) | |
| | 5:50.70 (1:12.85) | 7:03.71 (1:13.01) | 8:16.23 (1:12.52) | 9:23.61 (1:07.38) | |

Event 12 Women 55-59 400 LC Metre Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|----|
| 1 | Anne Henderson | 56 | HOBART AQUATIC | 5:29.10 | 10 |
| | 36.64 | 1:17.78 (41.14) | 1:59.87 (42.09) | 2:42.05 (42.18) | |
| | 3:24.25 (42.20) | 4:06.67 (42.42) | 4:48.35 (41.68) | 5:29.10 (40.75) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Women 55-59 400 LC Metre Freestyle)**

| | | | | | |
|----|---------------------|-------------------|-----------------------|-------------------|---|
| 2 | Julie Bowman | 59 | ADELAIDE | 5:34.93 | 9 |
| | 37.75 | 1:19.20 (41.45) | 2:01.38 (42.18) | 2:44.52 (43.14) | |
| | 3:27.04 (42.52) | 4:10.26 (43.22) | 4:53.03 (42.77) | 5:34.93 (41.90) | |
| 3 | Sharon Beaver | 57 | ADELAIDE | 5:40.40 | 8 |
| | 39.21 | 1:21.31 (42.10) | 2:04.45 (43.14) | 2:48.15 (43.70) | |
| | 3:31.80 (43.65) | 4:15.30 (43.50) | 4:58.04 (42.74) | 5:40.40 (42.36) | |
| 4 | Megan Tetley | 56 | CLAREMONT | 5:47.01 | 7 |
| | 38.15 | 1:19.92 (41.77) | 2:03.18 (43.26) | 2:47.15 (43.97) | |
| | 3:31.64 (44.49) | 4:16.81 (45.17) | 5:02.11 (45.30) | 5:47.01 (44.90) | |
| 5 | Rachel Trenaman | 55 | BEATTY PARK | 6:03.28 | 6 |
| | 39.12 | 1:24.41 (45.29) | 2:10.90 (46.49) | 2:58.05 (47.15) | |
| | 3:45.01 (46.96) | 4:32.99 (47.98) | 5:19.54 (46.55) | 6:03.28 (43.74) | |
| 6 | Nelleke Dien Walker | 59 | POWERPOINTS | 6:14.98 | 5 |
| | 41.99 | 1:29.70 (47.71) | 2:17.98 (48.28) | 3:06.27 (48.29) | |
| | 3:54.95 (48.68) | 4:43.07 (48.12) | 5:31.19 (48.12) | 6:14.98 (43.79) | |
| 7 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 6:17.52 | 4 |
| | 41.91 | 1:29.36 (47.45) | 2:17.08 (47.72) | 3:06.21 (49.13) | |
| | 3:54.29 (48.08) | 4:43.30 (49.01) | 5:31.28 (47.98) | 6:17.52 (46.24) | |
| 8 | Jayna Gordon | 58 | DARWIN STINGERS | 6:26.07 | 3 |
| | 43.98 | 1:31.76 (47.78) | 2:21.17 (49.41) | 3:10.17 (49.00) | |
| | 3:59.64 (49.47) | 4:49.65 (50.01) | 5:39.19 (49.54) | 6:26.07 (46.88) | |
| 9 | Kylee Murray | 58 | MERRYLANDS | 6:30.20 | 2 |
| | 40.73 | 1:29.82 (49.09) | 2:21.14 (51.32) | 3:12.37 (51.23) | |
| | 4:02.78 (50.41) | 4:52.61 (49.83) | 5:42.76 (50.15) | 6:30.20 (47.44) | |
| 10 | Wendy McMurtrie | 57 | PORT MACQUARIE | 6:33.14 | 1 |
| | 44.30 | 1:33.58 (49.28) | 2:23.52 (49.94) | 3:14.08 (50.56) | |
| | 4:04.61 (50.53) | 4:54.91 (50.30) | 5:44.46 (49.55) | 6:33.14 (48.68) | |
| 11 | Sharon Newstead | 59 | MALVERN MARLINS | 6:47.18 | 1 |
| | 44.80 | 1:36.37 (51.57) | 2:28.70 (52.33) | 3:20.47 (51.77) | |
| | 4:12.44 (51.97) | 5:04.00 (51.56) | 5:56.34 (52.34) | 6:47.18 (50.84) | |
| 12 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 6:56.51 | 1 |
| | 44.27 | 1:36.63 (52.36) | 2:29.88 (53.25) | 3:24.25 (54.37) | |
| | 4:17.48 (53.23) | 5:12.33 (54.85) | 6:05.29 (52.96) | 6:56.51 (51.22) | |
| 13 | Michelle Hogue | 57 | CLAREMONT | 7:00.53 | 1 |
| | 46.04 | 1:39.49 (53.45) | 2:34.00 (54.51) | 3:28.22 (54.22) | |
| | 4:22.72 (54.50) | 5:17.08 (54.36) | 6:11.17 (54.09) | 7:00.53 (49.36) | |
| 14 | Clairly Lance | 58 | PERTH CITY | 7:08.19 | 1 |
| | 45.36 | 1:36.30 (50.94) | 2:31.83 (55.53) | 3:29.00 (57.17) | |
| | 4:24.98 (55.98) | 5:20.71 (55.73) | 6:16.98 (56.27) | 7:08.19 (51.21) | |
| 15 | Andrea Phillips | 55 | SURREY PARK SEAHORSES | 7:21.45 | 1 |
| | 46.92 | 1:40.43 (53.51) | 2:35.98 (55.55) | 3:33.50 (57.52) | |
| | 4:30.98 (57.48) | 5:29.03 (58.05) | 6:26.08 (57.05) | 7:21.45 (55.37) | |
| 16 | Yvonne Egan | 59 | POWERPOINTS | 7:22.86 | 1 |
| | 48.93 | 1:43.86 (54.93) | 2:39.47 (55.61) | 3:35.28 (55.81) | |
| | 4:31.99 (56.71) | 5:29.43 (57.44) | 6:27.58 (58.15) | 7:22.86 (55.28) | |
| 17 | Carolyn Lunney | 55 | TOOWOOMBA | 8:21.21 | 1 |
| | 50.95 | 1:54.90 (1:03.95) | 2:59.33 (1:04.43) | 4:04.08 (1:04.75) | |
| | 5:08.48 (1:04.40) | 6:13.93 (1:05.45) | 7:18.74 (1:04.81) | 8:21.21 (1:02.47) | |

Event 12 Women 60-64 400 LC Metre Freestyle

| | | | | | |
|----|------------------|-----------------|--------------------------|-----------------|----|
| 1 | Jeanette Brits | 63 | MANLY | 4:54.77 | 10 |
| | 32.12 | 1:08.02 (35.90) | 1:45.22 (37.20) | 2:23.05 (37.83) | |
| | 3:01.09 (38.04) | 3:39.62 (38.53) | 4:17.69 (38.07) | 4:54.77 (37.08) | |
| *2 | Carola Khouri | 62 | UNITED STATES OF AMERICA | 5:08.88 | 9 |
| | 35.52 | 1:13.76 (38.24) | 1:53.03 (39.27) | 2:32.49 (39.46) | |
| | 3:11.95 (39.46) | 3:51.49 (39.54) | 4:30.89 (39.40) | 5:08.88 (37.99) | |
| *2 | Joanne Sutcliffe | 64 | PHOENIX | 5:22.24 | 9 |
| | 35.62 | 1:15.60 (39.98) | 1:56.03 (40.43) | 2:36.67 (40.64) | |
| | 3:18.18 (41.51) | 4:00.08 (41.90) | 4:42.20 (42.12) | 5:22.24 (40.04) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 12 Women 60-64 400 LC Metre Freestyle)

| | | | | | |
|----|---------------------|-------------------|-----------------------|--------------------|---|
| 3 | Bridget Young | 60 | ROCKINGHAM | 5:28.34 | 8 |
| | 37.13 | 1:17.92 (40.79) | 1:59.25 (41.33) | 2:40.80 (41.55) | |
| | 3:22.71 (41.91) | 4:05.06 (42.35) | 4:46.99 (41.93) | 5:28.34 (41.35) | |
| 4 | Amanda Duggan | 64 | HOBART DOLPHINS | 5:29.86 | 7 |
| | 37.29 | 1:18.21 (40.92) | 1:59.73 (41.52) | 2:41.54 (41.81) | |
| | 3:23.56 (42.02) | 4:06.35 (42.79) | 4:49.15 (42.80) | 5:29.86 (40.71) | |
| 5 | Janette Dickey | 64 | MALVERN MARLINS | 5:37.61 | 6 |
| | 38.12 | 1:20.08 (41.96) | 2:03.71 (43.63) | 2:46.67 (42.96) | |
| | 3:30.52 (43.85) | 4:14.06 (43.54) | 4:57.01 (42.95) | 5:37.61 (40.60) | |
| 6 | Nicola Corsbie | 62 | CLAREMONT | 5:39.56 | 5 |
| | 37.89 | 1:19.90 (42.01) | 2:02.56 (42.66) | 2:45.75 (43.19) | |
| | 3:28.92 (43.17) | 4:12.88 (43.96) | 4:56.60 (43.72) | 5:39.56 (42.96) | |
| 7 | Donna Rickwood | 62 | HOBART AQUATIC | 5:58.02 | 4 |
| | 39.51 | 1:24.61 (45.10) | 2:11.31 (46.70) | 2:57.82 (46.51) | |
| | 3:43.93 (46.11) | 4:29.58 (45.65) | 5:15.25 (45.67) | 5:58.02 (42.77) | |
| 8 | Daphne Briggs | 62 | MALVERN MARLINS | 6:14.68 | 3 |
| | 42.04 | 1:28.15 (46.11) | 2:15.57 (47.42) | 3:03.46 (47.89) | |
| | 3:51.89 (48.43) | 4:40.62 (48.73) | 5:29.06 (48.44) | 6:14.68 (45.62) | |
| 9 | Tamara Stenhouse | 63 | DARWIN STINGERS | 6:32.22 | 2 |
| | 45.64 | 1:35.70 (50.06) | 2:25.77 (50.07) | 3:16.93 (51.16) | |
| | 4:06.90 (49.97) | 4:57.42 (50.52) | 5:46.54 (49.12) | 6:32.22 (45.68) | |
| 10 | Julia Atkins | 61 | WARRINGAH | 6:40.91 | 1 |
| | 44.14 | 1:34.88 (50.74) | 2:26.34 (51.46) | 3:18.63 (52.29) | |
| | 4:09.44 (50.81) | 5:00.89 (51.45) | 5:51.93 (51.04) | 6:40.91 (48.98) | |
| 11 | Wendy Kingma | 63 | GOULBURN VALLEY CROCS | 6:46.13 | 1 |
| | 44.58 | 1:34.95 (50.37) | 2:27.28 (52.33) | 3:19.54 (52.26) | |
| | 4:11.29 (51.75) | 5:03.50 (52.21) | 5:56.12 (52.62) | 6:46.13 (50.01) | |
| 12 | Robyn Richards | 62 | SUNSHINE COAST | 6:57.53 | 1 |
| | 48.29 | 1:41.19 (52.90) | 2:34.62 (53.43) | 3:27.16 (52.54) | |
| | 4:21.17 (54.01) | 5:13.38 (52.21) | 6:07.29 (53.91) | 6:57.53 (50.24) | |
| 13 | Linda Hogg | 62 | NOOSA | 7:01.39 | 1 |
| | 47.67 | 1:40.20 (52.53) | 2:33.50 (53.30) | 3:27.53 (54.03) | |
| | 4:21.88 (54.35) | 5:15.33 (53.45) | 6:09.26 (53.93) | 7:01.39 (52.13) | |
| 14 | Catherine Reid | 62 | POWERPOINTS | 7:09.18 | 1 |
| | 46.55 | 1:39.17 (52.62) | 2:33.99 (54.82) | 3:29.33 (55.34) | |
| | | 5:21.55 () | 6:17.24 (55.69) | 7:09.18 (51.94) | |
| 15 | Fiona Hogarth | 60 | DARWIN STINGERS | 7:17.51 | 1 |
| | 47.80 | 1:41.01 (53.21) | 2:37.66 (56.65) | 3:33.90 (56.24) | |
| | 4:31.64 (57.74) | 5:28.62 (56.98) | 6:25.02 (56.40) | 7:17.51 (52.49) | |
| 16 | Jenny Hookey | 64 | SURREY PARK SEAHORSES | 7:28.51 | 1 |
| | 50.21 | 1:45.41 (55.20) | 2:41.99 (56.58) | 3:39.35 (57.36) | |
| | 4:37.01 (57.66) | 5:35.15 (58.14) | 6:33.41 (58.26) | 7:28.51 (55.10) | |
| 17 | Sue Lyon | 60 | SURREY PARK SEAHORSES | 7:48.73 | 1 |
| | 51.94 | | | | |
| | 4:48.84 () | 7:48.73 (2:59.89) | | | |
| 18 | Margaret Fell | 63 | BLACKTOWN CITY | 7:58.41 | 1 |
| | 50.76 | 1:48.71 (57.95) | 2:49.91 (1:01.20) | | |
| | 4:54.52 () | 5:57.39 (1:02.87) | 7:00.17 (1:02.78) | 7:58.41 (58.24) | |
| 19 | Donna Campbell | 62 | TUGGERANONG | 8:21.57 | 1 |
| | 55.09 | 1:57.83 (1:02.74) | 3:02.26 (1:04.43) | 4:06.41 (1:04.15) | |
| | 5:11.57 (1:05.16) | 6:15.01 (1:03.44) | 7:20.73 (1:05.72) | 8:21.57 (1:00.84) | |
| 20 | Anne Gillian | 63 | HOBART DOLPHINS | 9:10.86 | 1 |
| | 57.05 | | 3:17.06 () | 4:31.28 (1:14.22) | |
| | 5:42.76 (1:11.48) | | 8:06.35 () | 9:10.86 (1:04.51) | |
| 21 | Kathleen Wainwright | 63 | CARINE | 11:52.52 | 1 |
| | 1:12.30 | 2:41.09 (1:28.79) | 4:13.21 (1:32.12) | 5:46.58 (1:33.37) | |
| | 7:19.57 (1:32.99) | 8:53.33 (1:33.76) | 10:27.88 (1:34.55) | 11:52.52 (1:24.64) | |

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Results

(Event 12 Women 60-64 400 LC Metre Freestyle)

| | | | | | | |
|-----|--------------|----|-----------------|-------------|--|-----|
| --- | Sharon Smith | 64 | HOBART DOLPHINS | | | DNF |
| | 55.16 | | | 3:09.58 () | | |

Event 12 Women 65-69 400 LC Metre Freestyle

| | | | | | | | |
|----|-------------------|-------------------|------------------------|-------------------|--|---------|----|
| 1 | Elaine Sng | 66 | RIVER CITY | | | 5:38.36 | 10 |
| | 38.34 | 1:21.32 (42.98) | 2:04.55 (43.23) | 2:47.36 (42.81) | | | |
| | 3:30.05 (42.69) | 4:13.14 (43.09) | 4:56.01 (42.87) | 5:38.36 (42.35) | | | |
| 2 | Yvonne Mutton | 66 | NOOSA | | | 5:55.06 | 9 |
| | 39.48 | 1:23.48 (44.00) | 2:09.34 (45.86) | 2:54.80 (45.46) | | | |
| | 3:40.48 (45.68) | 4:26.43 (45.95) | 5:11.40 (44.97) | 5:55.06 (43.66) | | | |
| 3 | Donna Gadsby | 65 | MORNINGTON PENINSULA | | | 6:02.15 | 8 |
| | 41.28 | 1:27.75 (46.47) | 2:15.17 (47.42) | 3:02.62 (47.45) | | | |
| | 3:48.73 (46.11) | 4:34.24 (45.51) | 5:19.69 (45.45) | 6:02.15 (42.46) | | | |
| 4 | Moira Wigley | 65 | DARWIN BUFFALOS | | | 6:06.98 | 7 |
| | 39.06 | 1:24.35 (45.29) | 2:11.16 (46.81) | 2:58.69 (47.53) | | | |
| | 3:46.55 (47.86) | 4:33.94 (47.39) | 5:21.26 (47.32) | 6:06.98 (45.72) | | | |
| 5 | Heather Whitehead | 65 | BEATTY PARK | | | 6:07.34 | 6 |
| | 41.43 | 1:26.92 (45.49) | 2:13.73 (46.81) | 3:00.88 (47.15) | | | |
| | 3:48.05 (47.17) | 4:35.46 (47.41) | 5:22.62 (47.16) | 6:07.34 (44.72) | | | |
| 6 | Eleanor Parsons | 69 | CLAREMONT | | | 6:14.17 | 5 |
| | 41.35 | 1:27.29 (45.94) | 2:13.72 (46.43) | 3:00.93 (47.21) | | | |
| | 3:48.34 (47.41) | 4:37.26 (48.92) | 5:25.98 (48.72) | 6:14.17 (48.19) | | | |
| 7 | Pip Hawson | 65 | CLAREMONT | | | 6:33.18 | 4 |
| | 44.69 | 1:34.33 (49.64) | 2:24.63 (50.30) | 3:15.55 (50.92) | | | |
| | 4:06.52 (50.97) | 4:57.37 (50.85) | 5:47.01 (49.64) | 6:33.18 (46.17) | | | |
| 8 | Gay Bradley | 69 | COTTON TREE | | | 6:41.02 | 3 |
| | 44.30 | 1:34.78 (50.48) | 2:26.55 (51.77) | 3:18.47 (51.92) | | | |
| | 4:09.89 (51.42) | 5:01.48 (51.59) | 5:52.55 (51.07) | 6:41.02 (48.47) | | | |
| 9 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | | | 7:44.33 | 2 |
| | 46.43 | 1:42.00 (55.57) | 2:44.34 (1:02.34) | 3:45.99 (1:01.65) | | | |
| | 4:48.73 (1:02.74) | 5:48.66 (59.93) | 6:49.00 (1:00.34) | 7:44.33 (55.33) | | | |
| 10 | Jane Noake | 67 | SEASIDE PIRATES | | | 7:44.87 | 1 |
| | 51.61 | 1:50.60 (58.99) | 2:49.63 (59.03) | 3:49.51 (59.88) | | | |
| | 4:49.07 (59.56) | 5:49.49 (1:00.42) | 6:48.86 (59.37) | 7:44.87 (56.01) | | | |
| 11 | Vida Goodvach | 69 | DARWIN STINGERS | | | 7:53.19 | 1 |
| | 53.11 | 1:52.73 (59.62) | 2:54.24 (1:01.51) | 3:55.33 (1:01.09) | | | |
| | 4:55.92 (1:00.59) | 5:56.21 (1:00.29) | 7:53.19 (1:56.98) | | | | |
| 12 | Lesley de Lorenzo | 68 | PENRITH | | | 8:00.88 | 1 |
| | 53.68 | 1:51.72 (58.04) | 2:52.81 (1:01.09) | 3:55.42 (1:02.61) | | | |
| | 4:58.61 (1:03.19) | 6:00.82 (1:02.21) | 7:01.78 (1:00.96) | 8:00.88 (59.10) | | | |
| 13 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | | | 9:51.58 | 1 |
| | 1:05.59 | 2:21.80 (1:16.21) | 3:36.90 (1:15.10) | 4:50.81 (1:13.91) | | | |
| | 6:06.12 (1:15.31) | 7:23.11 (1:16.99) | 8:42.48 (1:19.37) | 9:51.58 (1:09.10) | | | |
| 14 | Philippa Sawyer | 68 | LANE COVE | | | 9:52.50 | 1 |
| | 59.94 | 2:12.39 (1:12.45) | 3:29.16 (1:16.77) | 4:45.85 (1:16.69) | | | |
| | 6:03.88 (1:18.03) | 7:21.88 (1:18.00) | 8:40.72 (1:18.84) | 9:52.50 (1:11.78) | | | |

Event 12 Women 70-74 400 LC Metre Freestyle

| | | | | | | | |
|---|-----------------|-----------------|------------------------------|-----------------|--|---------|----|
| 1 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | | | 7:01.70 | 10 |
| | 46.96 | 1:40.53 (53.57) | 2:34.38 (53.85) | 3:29.78 (55.40) | | | |
| | 4:21.88 (52.10) | 5:16.22 (54.34) | 6:09.29 (53.07) | 7:01.70 (52.41) | | | |
| 2 | Janet Sayers | 73 | DONCASTER DOLPHINS | | | 7:11.49 | 9 |
| | 44.92 | 1:36.84 (51.92) | 2:33.09 (56.25) | 3:29.58 (56.49) | | | |
| | 4:25.44 (55.86) | 5:22.20 (56.76) | 6:18.28 (56.08) | 7:11.49 (53.21) | | | |
| 3 | Margie Moore | 72 | DONCASTER DOLPHINS | | | 7:12.60 | 8 |
| | 46.13 | 1:38.83 (52.70) | 2:33.48 (54.65) | 3:28.27 (54.79) | | | |
| | 4:23.78 (55.51) | 5:20.14 (56.36) | 6:16.35 (56.21) | 7:12.60 (56.25) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Women 70-74 400 LC Metre Freestyle)**

| | | | | | |
|---|-------------------|-------------------|----------------------|--------------------|---|
| 4 | Megan Stronach | 72 | HOBART DOLPHINS | 7:12.93 | 7 |
| | 45.54 | 1:37.14 (51.60) | 2:31.62 (54.48) | 3:26.92 (55.30) | |
| | 4:23.90 (56.98) | 5:21.07 (57.17) | 6:18.87 (57.80) | 7:12.93 (54.06) | |
| 5 | Maree Tuff | 73 | MORNINGTON PENINSULA | 7:35.65 | 6 |
| | 49.58 | 1:47.23 (57.65) | 2:44.80 (57.57) | 3:43.72 (58.92) | |
| | 4:42.33 (58.61) | 5:40.81 (58.48) | 6:38.72 (57.91) | 7:35.65 (56.93) | |
| 6 | Jacky Shields | 70 | NOOSA | 7:45.74 | 5 |
| | 48.73 | 1:48.12 (59.39) | 2:49.67 (1:01.55) | 3:50.39 (1:00.72) | |
| | 4:50.23 (59.84) | 5:49.80 (59.57) | 6:49.84 (1:00.04) | 7:45.74 (55.90) | |
| 7 | Pauline Tauschke | 70 | DARWIN STINGERS | 9:25.42 | 4 |
| | 1:00.28 | 2:12.97 (1:12.69) | 3:29.64 (1:16.67) | 4:42.84 (1:13.20) | |
| | 5:53.96 (1:11.12) | 7:08.87 (1:14.91) | 8:16.98 (1:08.11) | 9:25.42 (1:08.44) | |
| 8 | Helen Rubin | 72 | RYDE | 11:08.12 | 3 |
| | 1:19.43 | 2:42.67 (1:23.24) | 4:05.74 (1:23.07) | 5:30.56 (1:24.82) | |
| | 6:54.81 (1:24.25) | 8:19.81 (1:25.00) | 9:44.33 (1:24.52) | 11:08.12 (1:23.79) | |

Event 12 Women 75-79 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-------------------|--------------------|--------------------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 6:55.30 | 10 |
| | 47.37 | 1:39.32 (51.95) | 2:31.99 (52.67) | 3:24.79 (52.80) | |
| | 4:17.86 (53.07) | 5:10.91 (53.05) | 6:04.08 (53.17) | 6:55.30 (51.22) | |
| 2 | Robyn Smith | 75 | CLAREMONT | 7:21.52 | 9 |
| | 51.52 | 1:45.75 (54.23) | 2:41.98 (56.23) | 3:38.68 (56.70) | |
| | 4:35.13 (56.45) | 5:32.30 (57.17) | 6:27.42 (55.12) | 7:21.52 (54.10) | |
| 3 | Narelle Phillips | 77 | BELGRAVIA | 8:08.28 | 8 |
| | 53.61 | 1:53.63 (1:00.02) | 2:56.65 (1:03.02) | 3:59.58 (1:02.93) | |
| | 5:02.01 (1:02.43) | 6:05.13 (1:03.12) | 7:07.71 (1:02.58) | 8:08.28 (1:00.57) | |
| 4 | Helen Campbell | 76 | WARRINGAH | 8:15.00 | 7 |
| | 54.76 | 1:56.89 (1:02.13) | 3:00.30 (1:03.41) | 4:03.56 (1:03.26) | |
| | 5:06.58 (1:03.02) | 6:09.91 (1:03.33) | 7:14.27 (1:04.36) | 8:15.00 (1:00.73) | |
| 5 | Anne Birt | 78 | ETTALONG PELICANS | 9:28.22 | 6 |
| | 57.20 | 2:08.60 (1:11.40) | 3:20.29 (1:11.69) | 4:34.45 (1:14.16) | |
| | 5:47.44 (1:12.99) | 7:00.60 (1:13.16) | 8:15.72 (1:15.12) | 9:28.22 (1:12.50) | |
| 6 | Sandra Rogers | 78 | BUNNA-BARRA | 9:49.32 | 5 |
| | 57.61 | 2:07.22 (1:09.61) | 3:21.23 (1:14.01) | 4:38.21 (1:16.98) | |
| | 5:57.45 (1:19.24) | 7:18.67 (1:21.22) | 8:35.31 (1:16.64) | 9:49.32 (1:14.01) | |
| 7 | Marion Dreyer | 77 | ETTALONG PELICANS | 10:14.56 | 4 |
| | 1:09.18 | 2:28.32 (1:19.14) | 3:45.22 (1:16.90) | 5:03.77 (1:18.55) | |
| | 6:21.09 (1:17.32) | 7:40.32 (1:19.23) | 8:58.12 (1:17.80) | 10:14.56 (1:16.44) | |
| 8 | Janice Carlile | 77 | DONCASTER DOLPHINS | 10:18.74 | 3 |
| | 1:11.39 | 2:27.04 (1:15.65) | 3:46.09 (1:19.05) | 5:04.94 (1:18.85) | |
| | 6:26.25 (1:21.31) | 7:45.33 (1:19.08) | 9:04.99 (1:19.66) | 10:18.74 (1:13.75) | |
| 9 | Anne Besser | 78 | NOOSA | 10:34.72 | 2 |
| | 1:11.66 | 2:31.20 (1:19.54) | 3:54.32 (1:23.12) | 5:14.09 (1:19.77) | |
| | 6:35.13 (1:21.04) | 7:54.13 (1:19.00) | 9:14.97 (1:20.84) | 10:34.72 (1:19.75) | |

Event 12 Women 80-84 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-------------------|----------------------|--------------------|----|
| 1 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 8:13.76 | 10 |
| | 57.78 | 2:00.03 (1:02.25) | 3:02.59 (1:02.56) | 4:07.00 (1:04.41) | |
| | 5:09.07 (1:02.07) | 6:12.34 (1:03.27) | 7:13.58 (1:01.24) | 8:13.76 (1:00.18) | |
| 2 | Jan Croft | 81 | NOOSA | 8:23.64 | 9 |
| | 50.73 | 1:52.04 (1:01.31) | 2:57.50 (1:05.46) | 4:04.11 (1:06.61) | |
| | 5:09.75 (1:05.64) | 6:16.02 (1:06.27) | 7:22.29 (1:06.27) | 8:23.64 (1:01.35) | |
| 3 | Lois Hill | 81 | NOOSA | 9:14.32 | 8 |
| | 1:00.49 | 2:10.63 (1:10.14) | 3:21.42 (1:10.79) | 4:33.53 (1:12.11) | |
| | 5:44.85 (1:11.32) | 6:56.28 (1:11.43) | 8:06.22 (1:09.94) | 9:14.32 (1:08.10) | |
| 4 | Barbara Jones | 80 | SUTHERLAND SANDBERN | 10:25.55 | 7 |
| | 1:04.34 | 2:24.30 (1:19.96) | 3:46.98 (1:22.68) | 5:04.49 (1:17.51) | |
| | 6:27.20 (1:22.71) | 7:45.70 (1:18.50) | 9:08.22 (1:22.52) | 10:25.55 (1:17.33) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 12 Women 85-89 400 LC Metre Freestyle

| | | | |
|-------------------|---------------------------|--------------------|--------------------|
| 1 Anne Walker | 87 DARWIN STINGERS | 9:26.88 | 10 |
| 1:00.96 | 2:13.25 (1:12.29) | 4:40.66 () | |
| 5:54.76 (1:14.10) | 7:06.39 (1:11.63) | 8:19.50 (1:13.11) | 9:26.88 (1:07.38) |
| 2 Barbara Pearce | 87 MARION | 11:54.70 | 9 |
| 1:28.93 | 2:58.64 (1:29.71) | 4:27.29 (1:28.65) | 5:59.22 (1:31.93) |
| 7:28.01 (1:28.79) | 9:02.28 (1:34.27) | 10:32.26 (1:29.98) | 11:54.70 (1:22.44) |
| 3 Kay Burton | 85 BLUE MOUNTAINS PHOENIX | 13:05.44 | 8 |
| | 3:00.90 () | 4:44.34 (1:43.44) | 6:24.65 (1:40.31) |
| 8:12.16 (1:47.51) | 9:53.97 (1:41.81) | 11:38.80 (1:44.83) | 13:05.44 (1:26.64) |

Event 12 Women 90-94 400 LC Metre Freestyle

| | | | |
|-------------------|-----------------------|-------------------|--------------------|
| 1 Dorothy Dickey | 94 DONCASTER DOLPHINS | 10:12.19 | 10 |
| 1:09.60 | 2:28.67 (1:19.07) | 3:47.84 (1:19.17) | 5:06.33 (1:18.49) |
| 6:26.13 (1:19.80) | 7:43.25 (1:17.12) | 9:00.05 (1:16.80) | 10:12.19 (1:12.14) |

Event 12 Men 18-24 400 LC Metre Freestyle

| | | | |
|--------------------|--------------------|-----------------|-----------------|
| 1 Jack Worthington | 20 PENRITH | 4:36.39 | 10 |
| 30.97 | 1:04.45 (33.48) | 1:39.89 (35.44) | 2:15.17 (35.28) |
| 2:51.03 (35.86) | 3:26.33 (35.30) | 4:01.96 (35.63) | 4:36.39 (34.43) |
| 2 Oscar Callander | 22 DARWIN BUFFALOS | 4:48.01 | 9 |
| 30.30 | 1:05.50 (35.20) | 1:41.17 (35.67) | 2:18.34 (37.17) |
| 2:55.84 (37.50) | 3:34.09 (38.25) | 4:11.42 (37.33) | 4:48.01 (36.59) |
| 3 Thomas Micallef | 21 BLACKTOWN CITY | 5:25.18 | 8 |
| 34.17 | 1:13.83 (39.66) | 1:55.72 (41.89) | 2:38.37 (42.65) |
| 3:22.00 (43.63) | 4:05.07 (43.07) | 4:48.24 (43.17) | 5:25.18 (36.94) |

Event 12 Men 25-29 400 LC Metre Freestyle

| | | | |
|-----------------|----------------------|-----------------|-----------------|
| 1 Jordan Henry | 28 BLACKTOWN CITY | 4:40.39 | 10 |
| 30.37 | 1:05.25 (34.88) | 1:41.69 (36.44) | 2:18.23 (36.54) |
| 2:53.94 (35.71) | 3:30.11 (36.17) | 4:05.98 (35.87) | 4:40.39 (34.41) |
| 2 Dean Abbott | 29 RACKLEY SWIM TEAM | 5:14.73 | 9 |
| 31.85 | 1:07.77 (35.92) | 1:46.15 (38.38) | 2:26.66 (40.51) |
| 3:08.07 (41.41) | 3:50.58 (42.51) | 4:33.41 (42.83) | 5:14.73 (41.32) |
| 3 James Burt | 28 SUPERFINS WA | 7:36.71 | 8 |
| 51.61 | 1:48.50 (56.89) | 2:46.29 (57.79) | 3:44.00 (57.71) |
| 4:41.82 (57.82) | 5:40.00 (58.18) | 6:38.28 (58.28) | 7:36.71 (58.43) |

Event 12 Men 30-34 400 LC Metre Freestyle

| | | | |
|-------------------|-----------------------|-------------------|-------------------|
| 1 Mitchell Brown | 34 GLAMOURHEAD SHARKS | 4:52.58 | 10 |
| 30.08 | 1:04.45 (34.37) | 1:40.74 (36.29) | 2:17.81 (37.07) |
| 2:55.27 (37.46) | 3:33.42 (38.15) | 4:12.70 (39.28) | 4:52.58 (39.88) |
| 2 Geoffrey Keron | 32 SUPERFINS WA | 8:09.20 | 9 |
| 51.87 | 1:49.31 (57.44) | 2:51.23 (1:01.92) | 3:56.16 (1:04.93) |
| 4:59.30 (1:03.14) | 6:03.10 (1:03.80) | 7:07.08 (1:03.98) | 8:09.20 (1:02.12) |

Event 12 Men 35-39 400 LC Metre Freestyle

| | | | |
|-------------------|---------------------|-----------------|-----------------|
| 1 Justin Giles | 36 GYMPIE GOLD FINS | 4:30.62 | 10 |
| 28.37 | 1:01.72 (33.35) | 1:35.87 (34.15) | 2:10.66 (34.79) |
| 2:45.28 (34.62) | 3:20.95 (35.67) | 3:56.29 (35.34) | 4:30.62 (34.33) |
| 2 Daniel Phillpot | 37 MANLY | 4:56.62 | 9 |
| 32.38 | 1:08.03 (35.65) | 1:44.50 (36.47) | 2:22.54 (38.04) |
| 3:00.86 (38.32) | 3:39.80 (38.94) | 4:19.13 (39.33) | 4:56.62 (37.49) |
| 3 Haydn Valle | 35 DARWIN STINGERS | 5:01.76 | 8 |
| 32.82 | 1:10.04 (37.22) | 1:48.91 (38.87) | 2:27.56 (38.65) |
| 3:07.06 (39.50) | 3:46.26 (39.20) | 4:25.34 (39.08) | 5:01.76 (36.42) |
| 4 Mark McDonald | 37 BLACKTOWN CITY | 6:05.17 | 7 |
| 39.97 | 1:25.95 (45.98) | 2:12.56 (46.61) | 3:00.35 (47.79) |
| 3:47.97 (47.62) | 4:36.32 (48.35) | 5:23.19 (46.87) | 6:05.17 (41.98) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Men 35-39 400 LC Metre Freestyle)**

| | | | | | |
|---|-------------------|-------------------|-------------------|-------------------|---|
| 5 | Dylan Coop | 38 | SUPERFINS WA | 6:35.97 | 6 |
| | 43.93 | 1:32.99 (49.06) | 2:24.39 (51.40) | 3:16.65 (52.26) | |
| | 4:06.21 (49.56) | 4:56.28 (50.07) | 6:35.97 (1:39.69) | | |
| 6 | Nathan Curry | 38 | SUPERFINS WA | 7:24.46 | 5 |
| | 48.97 | 1:41.56 (52.59) | 2:36.59 (55.03) | 3:33.38 (56.79) | |
| | 4:31.07 (57.69) | 5:30.37 (59.30) | 6:29.25 (58.88) | 7:24.46 (55.21) | |
| 7 | Matthew Barndon | 38 | CARINE | 8:18.33 | 4 |
| | 50.61 | 1:50.25 (59.64) | 2:54.57 (1:04.32) | 3:57.50 (1:02.93) | |
| | 5:05.73 (1:08.23) | 6:11.30 (1:05.57) | 7:15.88 (1:04.58) | 8:18.33 (1:02.45) | |
| 8 | Gregory Black | 35 | SUPERFINS WA | 8:38.82 | 3 |
| | 49.08 | 1:46.47 (57.39) | 2:48.87 (1:02.40) | 3:55.45 (1:06.58) | |
| | 5:06.12 (1:10.67) | 6:15.91 (1:09.79) | 7:28.38 (1:12.47) | 8:38.82 (1:10.44) | |

Event 12 Men 40-44 400 LC Metre Freestyle

| | | | | | |
|---|------------------|-----------------|-------------------|-----------------|----|
| 1 | David Kellam | 43 | POWERPOINTS | 5:05.67 | 10 |
| | 31.94 | 1:07.83 (35.89) | 1:45.66 (37.83) | 2:24.96 (39.30) | |
| | 3:05.35 (40.39) | 3:46.21 (40.86) | 4:26.91 (40.70) | 5:05.67 (38.76) | |
| 2 | Daniel Lynch | 43 | BLACKTOWN CITY | 5:31.47 | 9 |
| | 34.60 | 1:13.70 (39.10) | 1:56.27 (42.57) | 2:39.71 (43.44) | |
| | 3:23.18 (43.47) | 4:06.38 (43.20) | 4:49.68 (43.30) | 5:31.47 (41.79) | |
| 3 | Varant Jambazian | 41 | MERRYLANDS | 6:32.09 | 8 |
| | 42.00 | | | 3:14.34 () | |
| | 4:06.55 (52.21) | 4:57.37 (50.82) | 6:32.09 (1:34.72) | | |

Event 12 Men 45-49 400 LC Metre Freestyle

| | | | | | |
|---|-------------------------|-----------------|---------------------|-----------------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 4:46.55 | 10 |
| | 32.36 | 1:08.06 (35.70) | 1:43.81 (35.75) | 2:20.54 (36.73) | |
| | 2:56.13 (35.59) | 3:32.91 (36.78) | 4:09.67 (36.76) | 4:46.55 (36.88) | |
| 2 | Chris Grueninger | 46 | SUTHERLAND SANDBERN | 4:52.40 | 9 |
| | 32.23 | 1:08.14 (35.91) | 1:45.55 (37.41) | 2:23.33 (37.78) | |
| | 3:01.35 (38.02) | 3:39.28 (37.93) | 4:16.63 (37.35) | 4:52.40 (35.77) | |
| 3 | Christopher Worthington | 45 | MALVERN MARLINS | 5:01.67 | 8 |
| | 31.34 | 1:07.23 (35.89) | 1:44.76 (37.53) | 2:23.78 (39.02) | |
| | 3:03.37 (39.59) | 3:43.44 (40.07) | 4:23.72 (40.28) | 5:01.67 (37.95) | |

Event 12 Men 50-54 400 LC Metre Freestyle

| | | | | | |
|---|----------------------|-----------------|--------------------|-----------------|----|
| 1 | Mark Preiss | 52 | AQUADOME OTTERS | 4:53.32 | 10 |
| | 33.35 | 1:10.07 (36.72) | 1:47.60 (37.53) | 2:25.62 (38.02) | |
| | 3:03.82 (38.20) | 3:41.33 (37.51) | 4:18.48 (37.15) | 4:53.32 (34.84) | |
| 2 | Damien Eyre | 51 | RIVERTON | 4:56.18 | 9 |
| | 33.51 | 1:10.51 (37.00) | 1:48.08 (37.57) | 2:25.64 (37.56) | |
| | 3:03.31 (37.67) | 3:41.62 (38.31) | 4:19.57 (37.95) | 4:56.18 (36.61) | |
| 3 | Bradley Halicek | 51 | BLACKTOWN CITY | 4:59.67 | 8 |
| | 32.48 | 1:07.64 (35.16) | 1:44.43 (36.79) | 2:22.84 (38.41) | |
| | 3:01.90 (39.06) | 3:41.27 (39.37) | 4:21.03 (39.76) | 4:59.67 (38.64) | |
| 4 | Juergen Langfeldt | 52 | DONCASTER DOLPHINS | 4:59.72 | 7 |
| | 33.05 | 1:09.90 (36.85) | 1:48.06 (38.16) | 2:27.03 (38.97) | |
| | 3:06.10 (39.07) | 3:44.97 (38.87) | 4:23.20 (38.23) | 4:59.72 (36.52) | |
| 5 | Trent Lawrence | 53 | PENRITH | 5:01.18 | 6 |
| | 32.34 | 1:10.28 (37.94) | 1:49.20 (38.92) | 2:28.18 (38.98) | |
| | 3:07.63 (39.45) | 3:47.33 (39.70) | 4:26.02 (38.69) | 5:01.18 (35.16) | |
| 6 | Kieren Jon Lawrenson | 50 | CLAREMONT | 5:08.17 | 5 |
| | 32.26 | 1:09.53 (37.27) | 1:48.85 (39.32) | 2:28.65 (39.80) | |
| | 3:08.61 (39.96) | 3:48.74 (40.13) | 4:28.94 (40.20) | 5:08.17 (39.23) | |
| 7 | James Watson | 50 | SEASIDE PIRATES | 5:08.47 | 4 |
| | 32.66 | 1:09.91 (37.25) | 1:48.96 (39.05) | 2:28.74 (39.78) | |
| | 3:09.52 (40.78) | 3:50.29 (40.77) | 4:30.87 (40.58) | 5:08.47 (37.60) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Men 50-54 400 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|-------------------|-------------------|--------------------|---|
| 8 | Adrian Tonkin | 53 | DARWIN STINGERS | 5:25.65 | 3 |
| | 36.79 | 1:18.22 (41.43) | 2:42.34 () | | |
| | 3:23.85 (41.51) | 4:05.33 (41.48) | 5:25.65 (1:20.32) | | |
| 9 | Pat Birgan | 52 | WARRINGAH | 5:40.65 | 2 |
| | 38.74 | 1:21.47 (42.73) | 2:04.82 (43.35) | 2:47.91 (43.09) | |
| | 3:31.24 (43.33) | 4:15.09 (43.85) | 4:58.85 (43.76) | 5:40.65 (41.80) | |
| 10 | Cameron Dawe | 53 | DARWIN STINGERS | 5:44.65 | 1 |
| | 38.83 | 1:22.06 (43.23) | 2:06.46 (44.40) | 2:50.65 (44.19) | |
| | 3:34.81 (44.16) | 4:18.97 (44.16) | 5:03.39 (44.42) | 5:44.65 (41.26) | |
| 11 | Tony Burt | 54 | MALVERN MARLINS | 5:45.93 | 1 |
| | 39.05 | 1:23.03 (43.98) | 2:07.50 (44.47) | 2:52.46 (44.96) | |
| | 3:36.17 (43.71) | 4:20.33 (44.16) | 5:03.50 (43.17) | 5:45.93 (42.43) | |
| 12 | Jason Gronowicz | 50 | BLACKTOWN CITY | 6:28.11 | 1 |
| | 40.16 | 1:25.32 (45.16) | 2:14.24 (48.92) | 3:04.49 (50.25) | |
| | 3:55.43 (50.94) | 4:49.05 (53.62) | 6:28.11 (1:39.06) | | |
| 13 | Andrew Goldswain | 53 | SUPERFINS WA | 7:38.54 | 1 |
| | 51.45 | 1:51.72 (1:00.27) | 2:53.43 (1:01.71) | 3:56.18 (1:02.75) | |
| | 4:53.73 (57.55) | 5:52.18 (58.45) | 6:48.33 (56.15) | 7:38.54 (50.21) | |
| 14 | Phillip Smith | 54 | SUPERFINS WA | 10:51.23 | 1 |
| | 1:10.84 | 2:31.06 (1:20.22) | 3:51.67 (1:20.61) | 5:16.41 (1:24.74) | |
| | 6:38.15 (1:21.74) | 8:03.23 (1:25.08) | 9:24.82 (1:21.59) | 10:51.23 (1:26.41) | |

Event 12 Men 55-59 400 LC Metre Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|----|
| 1 | Darren Turner | 58 | PENRITH | 4:48.33 | 10 |
| | 31.99 | 1:06.67 (34.68) | 1:42.60 (35.93) | 2:19.46 (36.86) | |
| | 2:56.99 (37.53) | 3:34.64 (37.65) | 4:12.35 (37.71) | 4:48.33 (35.98) | |
| 2 | Martin Banks | 56 | TSA | 4:48.82 | 9 |
| | 32.53 | 1:08.42 (35.89) | 1:45.40 (36.98) | 2:22.24 (36.84) | |
| | 2:59.54 (37.30) | 3:36.32 (36.78) | 4:13.26 (36.94) | 4:48.82 (35.56) | |
| 3 | Stephen Hawkins | 59 | WARRINGAH | 5:24.68 | 8 |
| | 37.69 | 1:18.11 (40.42) | 1:59.84 (41.73) | 2:41.49 (41.65) | |
| | 3:23.35 (41.86) | 4:05.07 (41.72) | 4:45.96 (40.89) | 5:24.68 (38.72) | |
| 4 | Stephen Wills | 56 | RIVERTON | 5:40.35 | 7 |
| | 37.52 | 1:19.45 (41.93) | 2:02.49 (43.04) | 2:46.03 (43.54) | |
| | 3:29.67 (43.64) | 4:13.76 (44.09) | 4:57.78 (44.02) | 5:40.35 (42.57) | |
| 5 | Ian McLeod | 55 | NORTH SHORE | 5:41.25 | 6 |
| | 38.64 | 1:20.39 (41.75) | 2:04.62 (44.23) | 2:49.96 (45.34) | |
| | 3:34.73 (44.77) | 4:19.34 (44.61) | 5:02.13 (42.79) | 5:41.25 (39.12) | |
| 6 | Peter Bubrzycki | 59 | COCKBURN | 6:10.14 | 5 |
| | 38.87 | 1:24.12 (45.25) | 2:11.53 (47.41) | 2:59.51 (47.98) | |
| | 3:48.27 (48.76) | 4:35.83 (47.56) | 5:23.62 (47.79) | 6:10.14 (46.52) | |

Event 12 Men 60-64 400 LC Metre Freestyle

| | | | | | |
|---|------------------|-----------------|----------------------|-----------------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 5:03.25 | 10 |
| | 33.91 | 1:10.51 (36.60) | 1:48.75 (38.24) | 2:27.40 (38.65) | |
| | 3:07.08 (39.68) | 3:46.47 (39.39) | 4:26.59 (40.12) | 5:03.25 (36.66) | |
| 2 | Peter Williamson | 61 | POWERPOINTS | 5:24.37 | 9 |
| | 35.78 | 1:16.08 (40.30) | 1:56.67 (40.59) | 2:37.58 (40.91) | |
| | 3:18.40 (40.82) | 4:00.17 (41.77) | 4:42.12 (41.95) | 5:24.37 (42.25) | |
| 3 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 5:31.20 | 8 |
| | 36.49 | 1:17.08 (40.59) | 1:59.24 (42.16) | 2:41.97 (42.73) | |
| | 3:23.70 (41.73) | 4:07.36 (43.66) | 4:50.71 (43.35) | 5:31.20 (40.49) | |
| 4 | Mark Huggins | 63 | MALVERN MARLINS | 5:33.66 | 7 |
| | 37.70 | 1:19.99 (42.29) | 2:02.91 (42.92) | 2:46.37 (43.46) | |
| | 3:29.01 (42.64) | 4:11.85 (42.84) | 4:54.29 (42.44) | 5:33.66 (39.37) | |
| 5 | Scott Sugden | 61 | NORTH SHORE | 5:37.78 | 6 |
| | 36.81 | 1:17.27 (40.46) | 1:59.73 (42.46) | 2:42.98 (43.25) | |
| | 3:26.20 (43.22) | 4:10.77 (44.57) | 4:55.97 (45.20) | 5:37.78 (41.81) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Men 60-64 400 LC Metre Freestyle)**

| | | | | | |
|----|-----------------|-------------------|-----------------------|-----------------|---|
| 6 | Ian Phillips | 64 | SURREY PARK SEAHORSES | 6:01.64 | 5 |
| | 40.17 | 1:24.59 (44.42) | 2:10.95 (46.36) | | |
| | 3:45.97 () | 6:01.64 (2:15.67) | 5:20.03 () | 6:01.64 (41.61) | |
| 7 | Robert Wilson | 62 | MORNINGTON PENINSULA | 6:04.04 | 4 |
| | 38.56 | 1:22.97 (44.41) | 2:08.94 (45.97) | 2:56.72 (47.78) | |
| | 3:44.44 (47.72) | 4:33.01 (48.57) | 5:20.28 (47.27) | 6:04.04 (43.76) | |
| 8 | Tony Tooher | 62 | WARRINGAH | 6:06.71 | 3 |
| | 39.71 | 1:25.29 (45.58) | 2:12.57 (47.28) | 3:00.43 (47.86) | |
| | 3:48.18 (47.75) | 4:35.81 (47.63) | 5:22.72 (46.91) | 6:06.71 (43.99) | |
| 9 | Richard Hughes | 62 | CLAREMONT | 6:14.53 | 2 |
| | 41.09 | 1:28.19 (47.10) | 2:16.40 (48.21) | 3:05.52 (49.12) | |
| | 3:54.56 (49.04) | 4:42.27 (47.71) | 5:29.80 (47.53) | 6:14.53 (44.73) | |
| 10 | David Cowie | 63 | POWERPOINTS | 6:21.45 | 1 |
| | 41.62 | 1:29.23 (47.61) | 2:19.18 (49.95) | 3:08.93 (49.75) | |
| | 3:58.26 (49.33) | 4:46.19 (47.93) | 5:34.92 (48.73) | 6:21.45 (46.53) | |
| 11 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 6:21.77 | 1 |
| | 41.38 | 1:27.91 (46.53) | 2:16.74 (48.83) | 3:06.69 (49.95) | |
| | 3:55.66 (48.97) | 4:46.05 (50.39) | 5:35.24 (49.19) | 6:21.77 (46.53) | |

Event 12 Men 65-69 400 LC Metre Freestyle

| | | | | | |
|----|--------------------|-------------------|---------------------|-------------------|----|
| 1 | Paul Blackbeard | 66 | CLAREMONT | 4:48.01 | 10 |
| | 32.80 | 1:09.04 (36.24) | 1:45.23 (36.19) | 2:22.19 (36.96) | |
| | 2:58.22 (36.03) | 3:34.74 (36.52) | 4:11.61 (36.87) | 4:48.01 (36.40) | |
| 2 | Hobe Horton | 67 | MIAMI | 5:48.04 | 9 |
| | 38.51 | 1:22.98 (44.47) | 2:08.27 (45.29) | 2:53.46 (45.19) | |
| | 3:38.84 (45.38) | 4:22.88 (44.04) | 5:07.38 (44.50) | 5:48.04 (40.66) | |
| 3 | John Papple | 65 | DARWIN STINGERS | 5:51.79 | 8 |
| | 36.65 | 1:19.40 (42.75) | 2:04.79 (45.39) | 2:50.34 (45.55) | |
| | 3:36.34 (46.00) | 4:22.55 (46.21) | 5:08.26 (45.71) | 5:51.79 (43.53) | |
| 4 | Keith Bourdon | 67 | WARRINGAH | 5:52.60 | 7 |
| | 38.41 | 1:21.95 (43.54) | 2:07.28 (45.33) | 2:52.93 (45.65) | |
| | 3:39.33 (46.40) | 4:25.28 (45.95) | 5:10.39 (45.11) | 5:52.60 (42.21) | |
| 5 | Stephen de Lorenzo | 68 | PENRITH | 5:57.78 | 6 |
| | 40.56 | 1:25.48 (44.92) | 2:11.66 (46.18) | 2:58.04 (46.38) | |
| | 3:44.37 (46.33) | 4:30.08 (45.71) | 5:15.12 (45.04) | 5:57.78 (42.66) | |
| 6 | Owen Sinden | 69 | BLACKTOWN CITY | 6:07.02 | 5 |
| | 40.65 | 1:25.03 (44.38) | 2:11.71 (46.68) | 2:59.87 (48.16) | |
| | 3:46.13 (46.26) | 4:32.96 (46.83) | 5:20.35 (47.39) | 6:07.02 (46.67) | |
| 7 | Neil Newman | 68 | BELGRAVIA | 6:23.61 | 4 |
| | 41.60 | 1:27.28 (45.68) | 2:15.60 (48.32) | 3:04.65 (49.05) | |
| | 3:54.44 (49.79) | 4:44.63 (50.19) | 5:35.00 (50.37) | 6:23.61 (48.61) | |
| 8 | Peter Clements | 65 | ADELAIDE | 6:30.13 | 3 |
| | 43.33 | 1:31.16 (47.83) | 2:20.32 (49.16) | 3:10.02 (49.70) | |
| | 4:00.46 (50.44) | 4:50.01 (49.55) | 5:40.52 (50.51) | 6:30.13 (49.61) | |
| 9 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 6:30.20 | 2 |
| | 40.44 | 1:28.50 (48.06) | | | |
| | | 4:53.87 () | 5:44.98 (51.11) | 6:30.20 (45.22) | |
| 10 | Anthony Horadam | 67 | BLACKTOWN CITY | 6:44.61 | 1 |
| | 44.73 | 1:33.87 (49.14) | 2:24.81 (50.94) | 3:16.60 (51.79) | |
| | 4:08.81 (52.21) | 5:01.47 (52.66) | 5:53.98 (52.51) | 6:44.61 (50.63) | |
| 11 | John Barrett | 66 | RATS OF TOBRUK | 7:17.33 | 1 |
| | 49.62 | 1:44.62 (55.00) | 2:41.41 (56.79) | 3:38.06 (56.65) | |
| | 4:34.05 (55.99) | 5:29.64 (55.59) | 6:25.01 (55.37) | 7:17.33 (52.32) | |
| 12 | Michael O'Donnell | 69 | DARWIN STINGERS | 7:28.81 | 1 |
| | 47.39 | 1:37.90 (50.51) | 2:34.42 (56.52) | 3:33.33 (58.91) | |
| | 4:34.69 (1:01.36) | 5:33.65 (58.96) | 6:32.45 (58.80) | 7:28.81 (56.36) | |
| 13 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 8:18.16 | 1 |
| | 49.54 | 1:53.88 (1:04.34) | 2:57.70 (1:03.82) | 4:02.12 (1:04.42) | |
| | 5:06.47 (1:04.35) | 6:11.32 (1:04.85) | 7:16.96 (1:05.64) | 8:18.16 (1:01.20) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 12 Men 65-69 400 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|-------------------|---------------------|-------------------|---|
| 14 | Rick Cleveland | 67 | LAUNCESTON LEMMINGS | 9:24.07 | 1 |
| | 57.87 | 2:07.31 (1:09.44) | 3:21.40 (1:14.09) | 4:37.35 (1:15.95) | |
| | 5:50.82 (1:13.47) | 7:04.10 (1:13.28) | 8:16.35 (1:12.25) | 9:24.07 (1:07.72) | |

Event 12 Men 70-74 400 LC Metre Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|----|
| 1 | Ian Young | 72 | MARION | 5:34.09 | 10 |
| | 37.12 | 1:17.44 (40.32) | 2:00.03 (42.59) | 2:42.67 (42.64) | |
| | 3:25.79 (43.12) | 4:08.37 (42.58) | 4:51.53 (43.16) | 5:34.09 (42.56) | |
| 2 | Don Taylor | 74 | TOOWOOMBA | 6:07.93 | 9 |
| | 41.77 | 1:27.36 (45.59) | 2:14.78 (47.42) | 3:02.26 (47.48) | |
| | 3:49.16 (46.90) | 4:35.79 (46.63) | 5:23.53 (47.74) | 6:07.93 (44.40) | |
| 3 | David Tarran | 74 | LANE COVE | 7:02.12 | 8 |
| | 46.49 | 1:40.02 (53.53) | 2:36.14 (56.12) | 3:31.42 (55.28) | |
| | 4:25.64 (54.22) | 5:20.22 (54.58) | 6:13.52 (53.30) | 7:02.12 (48.60) | |
| 4 | Charles Croft | 74 | ARMADALE | 7:26.95 | 7 |
| | 48.14 | 1:43.33 (55.19) | 2:40.97 (57.64) | 3:39.08 (58.11) | |
| | 4:36.59 (57.51) | 5:35.41 (58.82) | 6:32.52 (57.11) | 7:26.95 (54.43) | |

Event 12 Men 75-79 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-------------------|----------------------------|-------------------|----|
| 1 | Gerry Tucker | 75 | MALVERN MARLINS | 5:53.79 | 10 |
| | 39.21 | 1:23.15 (43.94) | 2:08.32 (45.17) | 2:53.62 (45.30) | |
| | 3:39.95 (46.33) | 4:26.14 (46.19) | 5:11.95 (45.81) | 5:53.79 (41.84) | |
| 2 | Graham Croft | 76 | CLAREMONT | 5:57.31 | 9 |
| | 40.09 | 1:25.11 (45.02) | 2:11.85 (46.74) | 2:58.80 (46.95) | |
| | 3:44.88 (46.08) | 4:31.22 (46.34) | 5:16.32 (45.10) | 5:57.31 (40.99) | |
| 3 | Stephen Lamy | 75 | MANLY | 6:22.32 | 8 |
| | 43.45 | 1:31.81 (48.36) | 2:21.29 (49.48) | 3:10.47 (49.18) | |
| | 3:59.14 (48.67) | 4:47.96 (48.82) | 5:36.75 (48.79) | 6:22.32 (45.57) | |
| 4 | Michael Ferguson | 76 | LANE COVE | 6:39.09 | 7 |
| | 43.65 | 1:34.31 (50.66) | 2:25.58 (51.27) | 3:17.82 (52.24) | |
| | 4:09.70 (51.88) | 5:01.75 (52.05) | 5:53.25 (51.50) | 6:39.09 (45.84) | |
| 5 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 6:42.62 | 6 |
| | 45.32 | 1:34.76 (49.44) | 2:25.97 (51.21) | 3:18.39 (52.42) | |
| | 4:10.69 (52.30) | 5:02.40 (51.71) | 5:53.20 (50.80) | 6:42.62 (49.42) | |
| 6 | Peter Lord | 77 | SURREY PARK SEAHORSES | 7:29.01 | 5 |
| | 47.74 | 1:45.07 (57.33) | 2:43.30 (58.23) | 3:42.25 (58.95) | |
| | 4:41.56 (59.31) | 5:40.03 (58.47) | 6:36.13 (56.10) | 7:29.01 (52.88) | |
| 7 | John Bell | 77 | CARINE | 7:46.74 | 4 |
| | 49.23 | 1:44.40 (55.17) | 2:42.89 (58.49) | 3:44.63 (1:01.74) | |
| | 4:44.26 (59.63) | 5:46.65 (1:02.39) | 6:46.79 (1:00.14) | 7:46.74 (59.95) | |
| 8 | Ewen Templeton | 76 | DONCASTER DOLPHINS | 7:49.55 | 3 |
| | 54.33 | 1:54.09 (59.76) | 2:55.78 (1:01.69) | 3:55.64 (59.86) | |
| | 4:56.55 (1:00.91) | 5:55.16 (58.61) | 6:53.51 (58.35) | 7:49.55 (56.04) | |

Event 12 Men 80-84 400 LC Metre Freestyle

| | | | | | |
|---|-------------------|-------------------|----------------------|--------------------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 7:14.19 | 10 |
| | 44.36 | 1:38.32 (53.96) | 2:34.71 (56.39) | 3:31.24 (56.53) | |
| | | 5:25.54 () | 6:21.88 (56.34) | 7:14.19 (52.31) | |
| 2 | Michael Peedom | 80 | TUGGERANONG | 7:38.53 | 9 |
| | 47.05 | 1:46.38 (59.33) | 2:47.35 (1:00.97) | 3:48.14 (1:00.79) | |
| | 4:49.76 (1:01.62) | 5:52.02 (1:02.26) | 6:47.52 (55.50) | 7:38.53 (51.01) | |
| 3 | Geoff Robinson | 84 | NORTH MACKAY SINKERS | 10:21.92 | 8 |
| | 1:11.64 | 2:30.25 (1:18.61) | 3:55.42 (1:25.17) | 5:14.70 (1:19.28) | |
| | 6:35.86 (1:21.16) | 7:52.52 (1:16.66) | 9:10.07 (1:17.55) | 10:21.92 (1:11.85) | |
| 4 | Graham Campbell | 80 | WARRINGAH | 10:34.41 | 7 |
| | 1:08.75 | 2:30.68 (1:21.93) | 3:48.84 (1:18.16) | 5:10.15 (1:21.31) | |
| | 6:32.42 (1:22.27) | 7:56.56 (1:24.14) | 9:17.17 (1:20.61) | 10:34.41 (1:17.24) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 12 Men 90-94 400 LC Metre Freestyle**

| | | | | |
|---|---------------|--------------------|--------------------|--------------------|
| 1 | Peter Coultie | 94 MALVERN MARLINS | 16:20.72 | 10 |
| | 1:49.95 | 3:51.89 (2:01.94) | 6:04.30 (2:12.41) | 8:10.12 (2:05.82) |
| | | 12:22.77 () | 14:24.03 (2:01.26) | 16:20.72 (1:56.69) |

Event 13 Women 100-119 200 LC Metre Freestyle Relay

| | | | | |
|---|----------------------------|------------------------|---------------------|----------------------|
| 1 | BLACKTOWN CITY | A | 2:09.73 | 20 |
| | 1) Veronica Fuccenecco W20 | 2) Joanna Lill W21 | 3) Belinda Meek W35 | 4) Suzie Haddad W39 |
| | 28.30 | 1:02.41 (34.11) | 1:34.78 (32.37) | 2:09.73 (34.95) |
| 2 | DARWIN STINGERS | A | 2:10.08 | 18 |
| | 1) Jayde Freeman W25 | 2) Shannon Coultts W23 | 3) Amanda Tully W33 | 4) Claire Gorham W38 |
| | 32.84 | 1:05.26 (32.42) | 1:37.77 (32.51) | 2:10.08 (32.31) |

Event 13 Women 120-159 200 LC Metre Freestyle Relay

| | | | | |
|---|-------------------------|--------------------------|-----------------------------|--------------------------|
| 1 | CLAREMONT | A | 2:04.36 | 20 |
| | 1) Suzanna Olsen W32 | 2) Anna Eisenhauer W40 | 3) Rebecca Kierath W30 | 4) Stacia Kirk W43 |
| | 30.43 | 1:02.98 (32.55) | 1:33.53 (30.55) | 2:04.36 (30.83) |
| 2 | BLACKTOWN CITY | A | 2:38.96 | 18 |
| | 1) Bronwyn Stockley W26 | 2) Tiane Burwood W32 | 3) Annika-Lee Skulander W34 | 4) Kerry-Ann Michels W57 |
| | 33.09 | 1:09.92 (36.83) | 1:56.77 (46.85) | 2:38.96 (42.19) |
| 3 | SUPERFINS WA | A | 3:54.32 | 16 |
| | 1) Courtney Marano W34 | 2) Charlotte Britton W33 | 3) Carys Munks W30 | 4) Stephanie Neville W28 |
| | 54.53 | 1:53.72 (59.19) | 3:14.42 (1:20.70) | 3:54.32 (39.90) |

Event 13 Women 160-199 200 LC Metre Freestyle Relay

| | | | | |
|-----|---------------------------|-------------------------------|-----------------------------|--------------------------|
| 1 | TSA | A | 2:01.35 | 20 |
| | 1) Chloe Hogan W29 | 2) Christina Scolaro W56 | 3) Nola Macaulay W55 | 4) Kady Ibell W28 |
| | 31.34 | 1:02.99 (31.65) | 1:32.75 (29.76) | 2:01.35 (28.60) |
| 2 | DARWIN STINGERS | A | 2:03.21 | 18 |
| | 1) Michelle Coleman W44 | 2) Bryannon Ruskin W42 | 3) Danielle Cooper W36 | 4) Stacey Kopf W46 |
| | 31.38 | 1:01.92 (30.54) | 1:33.30 (31.38) | 2:03.21 (29.91) |
| 3 | ROCKINGHAM | A | 2:16.01 | 16 |
| | 1) Bridget Young W60 | 2) Shannon Bowron W44 | 3) Dana Richards W48 | 4) Karen Williams W40 |
| | 33.84 | 1:06.96 (33.12) | 1:42.59 (35.63) | 2:16.01 (33.42) |
| 4 | PENRITH | A | 2:30.35 | 14 |
| | 1) Megan Clark W26 | 2) Erica Lorraine Credlin W50 | 3) Lesley de Lorenzo W68 | 4) Kathleen Bouchier W45 |
| | 33.81 | 1:09.39 (35.58) | 1:54.00 (44.61) | 2:30.35 (36.35) |
| 5 | DARWIN STINGERS | B | 2:39.17 | 12 |
| | 1) Tahnee Afuhaamango W42 | 2) Kate Conway W39 | 3) Sharyn Bury W54 | 4) Catherine Way W46 |
| | 44.53 | 1:20.89 (36.36) | 2:01.54 (40.65) | 2:39.17 (37.63) |
| 6 | SUPERFINS WA | A | 3:19.13 | 10 |
| | 1) Nicole Patterson W41 | 2) Mischa Beckett W41 | 3) Dianne Saunders W40 | 4) Rachel Duggin W44 |
| | 40.45 | 1:37.81 (57.36) | 2:25.16 (47.35) | 3:19.13 (53.97) |
| --- | COMPOSITE RELAY | A | X2:41.97 | |
| | 1) Annabelle West W22 | 2) Rebecca Lamont W42 | 3) Tracey Hersey W63 | 4) Candice Carpenter W41 |
| | 31.01 | 1:11.64 (40.63) | 1:59.11 (47.47) | 2:41.97 (42.86) |
| --- | POWERPOINTS | A | DQ | |
| | 1) Jennie Bucknell W58 | 2) Charli Dobeson W21 | 3) Lisandra De Carvalho W46 | 4) Sal Cuming W56 |
| | 27.99 | 1:00.38 (32.39) | 1:31.27 (30.89) | DQ (31.00) |

Event 13 Women 200-239 200 LC Metre Freestyle Relay

| | | | | |
|---|------------------------|------------------------|------------------------|--------------------------|
| 1 | CLAREMONT | A | 2:12.34 | 20 |
| | 1) Nicola Corsbie W62 | 2) Patricia Burton W54 | 3) Carri Forrester W45 | 4) Kristy Brackstone W45 |
| | 32.73 | 1:07.99 (35.26) | 1:41.64 (33.65) | 2:12.34 (30.70) |
| 2 | TUGGERANONG | A | 2:14.08 | 18 |
| | 1) Caz Makin W56 | 2) Katrina Burgess W57 | 3) Kylie Lane W47 | 4) Elizabeth Merenda W44 |
| | 34.47 | 1:09.28 (34.81) | 1:45.01 (35.73) | 2:14.08 (29.07) |
| 3 | MALVERN MARLINS | A | 2:15.67 | 16 |
| | 1) Sharon Newstead W59 | 2) Kathryn Rogers W52 | 3) Janette Dickey W64 | 4) Nicky Kerr W49 |
| | 36.64 | 1:10.31 (33.67) | 1:45.01 (34.70) | 2:15.67 (30.66) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 13 Women 200-239 200 LC Metre Freestyle Relay)**

| | | | | |
|----|--------------------------|-------------------------------|-----------------------------|-------------------------|
| 4 | DARWIN STINGERS | A | 2:18.46 | 14 |
| | 1) Carol Keane W52 | 2) Anne Marie Cruickshank W61 | 3) Rebecca Mather-Brown W51 | 4) Belinda Peacocke W48 |
| | 35.55 | 1:10.72 (35.17) | 1:44.32 (33.60) | 2:18.46 (34.14) |
| 5 | MORNINGTON PENINSULA | A | 2:23.03 | 12 |
| | 1) Rachel Nevinson W51 | 2) Deborah Tuck W62 | 3) Donna Gadsby W65 | 4) Paris McGrath W24 |
| | 36.84 | 1:16.86 (40.02) | 1:53.36 (36.50) | 2:23.03 (29.67) |
| 6 | SEASIDE PIRATES | A | 2:28.59 | 10 |
| | 1) Sue Tompkins W61 | 2) Jane Noake W67 | 3) Heidi Roche W52 | 4) Amy Dickinson W46 |
| | 34.69 | 1:19.30 (44.61) | 1:53.22 (33.92) | 2:28.59 (35.37) |
| 7 | HOBART DOLPHINS | A | 2:36.82 | 8 |
| | 1) Jayde Richardson W32 | 2) Anne Gillian W63 | 3) Sharon Smith W64 | 4) Amanda Duggan W64 |
| | 29.77 | 1:20.55 (50.78) | 2:01.79 (41.24) | 2:36.82 (35.03) |
| 8 | NORTH SHORE | A | 2:51.16 | 6 |
| | 1) Michelle Waite W48 | 2) Lesley Buchanan W73 | 3) Michelle Magnusson W56 | 4) Alison Sparks W25 |
| | 32.79 | 1:25.87 (53.08) | 2:51.16 (1:25.29) | |
| 9 | BLACKTOWN CITY | A | 3:05.42 | 4 |
| | 1) Jessica Valentine W37 | 2) Zara Tai W53 | 3) Elizabeth McLoughlin W60 | 4) Margaret Fell W63 |
| | 51.10 | 1:35.95 (44.85) | 2:23.03 (47.08) | 3:05.42 (42.39) |
| 10 | ETTALONG PELICANS | A | 3:12.11 | 2 |
| | 1) Sarah George W38 | 2) Anne Birt W78 | 3) Marion Dreyer W77 | 4) Lauren Bradley W40 |
| | 38.66 | 1:32.29 (53.63) | 2:38.18 (1:05.89) | 3:12.11 (33.93) |

Event 13 Women 240-279 200 LC Metre Freestyle Relay

| | | | | |
|----|-------------------------|-----------------------------|-------------------------|-------------------------|
| 1 | MIAMI | A | 2:25.87 | 20 |
| | 1) Jodie Newman W54 | 2) Lindy Salter W80 | 3) Colette Southam W59 | 4) Tracey Zammit W53 |
| | 36.46 | 1:16.97 (40.51) | 1:54.24 (37.27) | 2:25.87 (31.63) |
| 2 | CLAREMONT | A | 2:34.09 | 18 |
| | 1) Pip Hawson W65 | 2) Alexandra Tregonning W63 | 3) Michelle Hogue W57 | 4) Vivienne Anthony W65 |
| | 37.79 | 1:18.02 (40.23) | 1:57.03 (39.01) | 2:34.09 (37.06) |
| 3 | GLAMOURHEAD SHARKS | A | 2:44.72 | 16 |
| | 1) Anke Kohfahl W66 | 2) Caroline Symons W63 | 3) Di Woods W64 | 4) Heike Rahmann W50 |
| | 41.96 | 1:26.22 (44.26) | 2:08.03 (41.81) | 2:44.72 (36.69) |
| 4 | SURREY PARK SEAHORSES | A | 2:45.00 | 14 |
| | 1) Andrea Phillips W55 | 2) Kelly Paul W57 | 3) Jenny Hookey W64 | 4) Linda Gunzburg W64 |
| | 41.29 | 1:19.41 (38.12) | 2:04.23 (44.82) | 2:45.00 (40.77) |
| 5 | DARWIN STINGERS | A | 2:47.67 | 12 |
| | 1) Vida Goodvach W69 | 2) Kaylene Hinchliffe W60 | 3) Louise Jones W60 | 4) Fiona Hogarth W60 |
| | 46.15 | 1:28.55 (42.40) | 2:06.98 (38.43) | 2:47.67 (40.69) |
| 6 | BELGRAVIA | A | 2:49.71 | 10 |
| | 1) Vicki Newman W66 | 2) Marsha Reddiex W81 | 3) Narelle Phillips W77 | 4) Deanne Sanderson W50 |
| | 47.59 | 1:30.97 (43.38) | 2:15.58 (44.61) | 2:49.71 (34.13) |
| 7 | MORNINGTON PENINSULA | A | 2:50.36 | 8 |
| | 1) Maree Tuff W73 | 2) Roslyn Mclean W81 | 3) Susan Grimshaw W68 | 4) Alexia Green W22 |
| | 44.86 | 1:34.82 (49.96) | 2:16.43 (41.61) | 2:50.36 (33.93) |
| 8 | TUGGERANONG | A | 2:53.83 | 6 |
| | 1) Donna Campbell W62 | 2) Catherine Alexander W70 | 3) Christine Leary W70 | 4) Liz Daly W39 |
| | 47.42 | 1:32.84 (45.42) | 2:53.83 (1:20.99) | |
| 9 | MALVERN MARLINS | A | 2:57.75 | 4 |
| | 1) Elana McNeil W59 | 2) Janette Gooley W74 | 3) Beth Ashwood W64 | 4) Lorraine Aw W54 |
| | 36.16 | 1:29.51 (53.35) | 2:14.99 (45.48) | 2:57.75 (42.76) |
| 10 | SUTHERLAND SANDBERN | A | 2:58.19 | 2 |
| | 1) Barbara Jones W80 | 2) Anita Saviane W81 | 3) Min Wang W62 | 4) Ashleigh Davis W35 |
| | 56.52 | 1:47.94 (51.42) | 2:27.99 (40.05) | 2:58.19 (30.20) |
| 11 | SAPPHIRE COAST | A | 2:58.87 | 2 |
| | 1) Patricia Helmore W73 | 2) Gail Milroy W70 | 3) Donna Uren W64 | 4) Ailie McKendrick W43 |
| | 47.18 | 1:34.13 (46.95) | 2:20.61 (46.48) | 2:58.87 (38.26) |
| 12 | NOOSA | A | 3:22.04 | 2 |
| | 1) Linda Hogg W62 | 2) Lois Hill W81 | 3) Anne Besser W78 | 4) LiQun Hussey W54 |
| | 40.16 | 1:33.91 (53.75) | 2:39.16 (1:05.25) | 3:22.04 (42.88) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 13 Women 280-319 200 LC Metre Freestyle Relay**

| | | | | |
|-----------------------------|------------------------|------------------------------|------------------------|----|
| 1 DONCASTER DOLPHINS | A | | 2:33.56 | 20 |
| 1) Margie Moore W72 | 2) Susan Harbottle W74 | 3) Janet Sayers W73 | 4) Neroli Nixon W63 | |
| 37.11 | 1:18.00 (40.89) | 1:59.52 (41.52) | 2:33.56 (34.04) | |
| 2 CLAREMONT | A | | 2:35.28 | 18 |
| 1) Susan Swire-Thompson W70 | 2) Joy Johnson W66 | 3) Robyn Smith W75 | 4) Eleanor Parsons W69 | |
| 34.70 | 1:20.99 (46.29) | 2:00.71 (39.72) | 2:35.28 (34.57) | |
| 3 POWERPOINTS | A | | 2:38.51 | 16 |
| 1) Marijke Alderson W77 | 2) Rosa Montague W77 | 3) Nelleke Dien Walker W59 | 4) Mary Sontrop W67 | |
| 42.37 | 1:25.73 (43.36) | 2:01.22 (35.49) | 2:38.51 (37.29) | |
| 4 MALVERN MARLINS | A | | 2:45.67 | 14 |
| 1) Daphne Briggs W62 | 2) Joan Simpson W78 | 3) Carol Spencer-Gardner W70 | 4) Janette Jeffrey W74 | |
| 33.99 | 1:25.49 (51.50) | 2:10.99 (45.50) | 2:45.67 (34.68) | |
| 5 NOOSA | A | | 2:47.38 | 12 |
| 1) Helen Malar W70 | 2) Jacky Shields W70 | 3) Jan Croft W81 | 4) Yvonne Mutton W66 | |
| 40.53 | 1:26.18 (45.65) | 2:14.11 (47.93) | 2:47.38 (33.27) | |
| 6 DARWIN STINGERS | A | | 3:11.84 | 10 |
| 1) Pauline Tauschke W70 | 2) Clare Labowitch W70 | 3) Patricia Moore W71 | 4) Clare Martin W72 | |
| 51.75 | 1:48.43 (56.68) | 2:27.22 (38.79) | 3:11.84 (44.62) | |
| 7 WARRINGAH | A | | 3:21.09 | 8 |
| 1) Wendy Cooper W71 | 2) Bridget Cook W80 | 3) Helen Campbell W76 | 4) Julia Atkins W61 | |
| 40.16 | 1:50.28 (1:10.12) | 2:41.88 (51.60) | 3:21.09 (39.21) | |

Event 13 Women 320-359 200 LC Metre Freestyle Relay

| | | | | |
|--------------------|----------------------|-----------------------|-------------------------|----|
| 1 DARWIN STINGERS | A | | 4:33.18 | 20 |
| 1) Anne Walker W87 | 2) Gail Gronholt W80 | 3) Maggie Roberts W87 | 4) Valerie Hristova W85 | |
| 56.10 | 1:56.06 (59.96) | 3:15.30 (1:19.24) | 4:33.18 (1:17.88) | |

Event 14 Men 100-119 200 LC Metre Freestyle Relay

| | | | | |
|------------------------|--------------------|-------------------------|------------------------|----|
| 1 DARWIN BUFFALOS | A | | 1:55.40 | 20 |
| 1) Dylan Mende M19 | 2) Brett Roach M55 | 3) Khaden Mallett M20 | 4) Oscar Callander M22 | |
| 28.18 | 1:00.99 (32.81) | 1:27.82 (26.83) | 1:55.40 (27.58) | |
| 2 BLACKTOWN CITY | A | | 1:58.73 | 18 |
| 1) Thomas Micallef M21 | 2) Adam Ward M27 | 3) Phoenix Galistan M23 | 4) Daniel Lynch M43 | |
| 29.01 | 58.21 (29.20) | 1:31.16 (32.95) | 1:58.73 (27.57) | |
| 3 SUPERFINS WA | A | | 3:06.43 | 16 |
| 1) James Burt M28 | 2) Joseph Salt M24 | 3) Daniel Paull M25 | 4) Dylan Broadway M28 | |
| | 1:35.08 () | 2:26.50 (51.42) | 3:06.43 (39.93) | |

Event 14 Men 120-159 200 LC Metre Freestyle Relay

| | | | | |
|------------------------|----------------------|-----------------------|-------------------------|----|
| 1 GLAMOURHEAD SHARKS | A | | 1:46.89 | 20 |
| 1) Mitchell Brown M34 | 2) Joseph Howe M26 | 3) Brent Greene M40 | 4) Todd Patrick M45 | |
| 25.81 | 52.49 (26.68) | 1:19.60 (27.11) | 1:46.89 (27.29) | |
| 2 DARWIN STINGERS | A | | 1:47.18 | 18 |
| 1) Logan Ruskin M19 | 2) Haydn Valle M35 | 3) Max Desjardins M32 | 4) Samuel Bricknell M24 | |
| 26.33 | 55.17 (28.84) | 1:20.73 (25.56) | 1:47.18 (26.45) | |
| 3 BLACKTOWN CITY | A | | 1:49.66 | 16 |
| 1) Bradley Halicek M51 | 2) Jordan Henry M28 | 3) Mark McDonald M37 | 4) Anthony Dragovic M39 | |
| 26.05 | 53.22 (27.17) | 1:23.56 (30.34) | 1:49.66 (26.10) | |
| 4 SUPERFINS WA | A | | 3:39.91 | 14 |
| 1) Geoffrey Keron M32 | 2) Phillip Smith M54 | 3) Keith Robinson M27 | 4) Dylan Coop M38 | |
| 20.95 | 1:55.96 (1:35.01) | 3:01.63 (1:05.67) | 3:39.91 (38.28) | |

Event 14 Men 160-199 200 LC Metre Freestyle Relay

| | | | | |
|----------------------|----------------------|------------------------|--------------------------|----|
| 1 DONCASTER DOLPHINS | A | | 1:48.04 | 20 |
| 1) Ofir Kuberman M34 | 2) Ryan Jamieson M30 | 3) Brad Johnson M47 | 4) Juergen Langfeldt M52 | |
| 26.51 | 55.03 (28.52) | 1:22.37 (27.34) | 1:48.04 (25.67) | |
| 2 POWERPOINTS | A | | 1:48.28 | 18 |
| 1) Radu Coicici M33 | 2) David Kellam M43 | 3) Julius Turanyik M54 | 4) Koe Davidson M44 | |
| 24.95 | 51.21 (26.26) | 1:20.62 (29.41) | 1:48.28 (27.66) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 14 Men 160-199 200 LC Metre Freestyle Relay)**

| | | | | |
|-----|-------------------------------|-------------------------|---------------------------|----------------------|
| 3 | GLAMOURHEAD SHARKS | A | 1:53.20 | 16 |
| | 1) Jack Collings M28 | 2) Paul Whelan M44 | 4) Jason Buckner M52 | |
| | 26.85 | 55.55 (28.70) | 1:24.71 (29.16) | 1:53.20 (28.49) |
| 4 | MIAMI | A | 1:59.32 | 14 |
| | 1) Noah Southam M32 | 2) Hobe Horton M67 | 3) Kristopher Watkins M46 | 4) Robert Bailey M54 |
| | 28.64 | 1:01.13 (32.49) | 1:31.09 (29.96) | 1:59.32 (28.23) |
| 5 | GLAMOURHEAD SHARKS | B | 2:09.21 | 12 |
| | 1) Alberto Caceres Castro M42 | 2) John Welch M49 | 3) Colin Drysdale M49 | 4) Brendan Knox M38 |
| | 29.67 | 1:07.53 (37.86) | 1:37.67 (30.14) | 2:09.21 (31.54) |
| --- | PENRITH | A | DQ | |
| | 1) Bradley Thomas M39 | 2) Jack Worthington M20 | 3) Glen Walker M63 | 4) Steven Vermey M45 |
| | 26.53 | 54.67 (28.14) | 1:25.53 (30.86) | DQ (26.40) |

Event 14 Men 200-239 200 LC Metre Freestyle Relay

| | | | | |
|-----|---------------------------|----------------------------|----------------------|------------------------|
| 1 | PENRITH | A | 1:47.04 | 20 |
| | 1) Trent Lawrence M53 | 2) Louis Whant M46 | 3) Stuart Mackay M49 | 4) Darren Turner M58 |
| | 26.51 | 52.68 (26.17) | 1:19.38 (26.70) | 1:47.04 (27.66) |
| 2 | TSA | A | 1:48.72 | 18 |
| | 1) Martin Banks M56 | 2) Sean Giuricin M41 | 3) Allan Samuels M60 | 4) William O'Leary M63 |
| | 27.61 | 53.22 (25.61) | 1:21.04 (27.82) | 1:48.72 (27.68) |
| 3 | NORTH SHORE | A | 1:56.22 | 16 |
| | 1) Craig Magnusson M59 | 2) Stuart Ellicott M72 | 3) Scott Sugden M61 | 4) Joshua P Baker M40 |
| | 28.70 | 59.58 (30.88) | 1:28.78 (29.20) | 1:56.22 (27.44) |
| 4 | SUTHERLAND SANDBERN | A | 1:58.15 | 14 |
| | 1) Chris Grueninger M46 | 2) Matthew Dredge M50 | 3) David O'Brien M56 | 4) Ronald Massaar M64 |
| | 28.99 | 59.21 (30.22) | 1:27.72 (28.51) | 1:58.15 (30.43) |
| 5 | DARWIN STINGERS | A | 2:02.79 | 12 |
| | 1) Ian Pollock M56 | 2) Oliver Holm M52 | 3) Cameron Dawe M53 | 4) Adrian Tonkin M53 |
| | 29.17 | 59.11 (29.94) | 1:30.67 (31.56) | 2:02.79 (32.12) |
| 6 | MORNINGTON PENINSULA | A | 2:20.63 | 10 |
| | 1) Andrew Prendergast M74 | 2) Anthony Catto-Smith M70 | 3) Robert Wilson M62 | 4) Eduan du Preez M22 |
| | 35.85 | 1:19.96 (44.11) | 1:53.09 (33.13) | 2:20.63 (27.54) |
| --- | COMPOSITE RELAY | A | X2:27.27 | |
| | 1) Cameron McInerney M51 | 2) James Carpenter M41 | 3) Don Taylor M74 | 4) Matthew Barndon M38 |
| | 28.68 | 1:07.94 (39.26) | 1:44.57 (36.63) | 2:27.27 (42.70) |

Event 14 Men 240-279 200 LC Metre Freestyle Relay

| | | | | |
|---|-------------------------|-------------------------|------------------------|-----------------------------|
| 1 | CLAREMONT | A | 1:56.87 | 20 |
| | 1) Anthony Dunne M61 | 2) Graham Croft M76 | 3) Paul Blackbeard M66 | 4) Kieren Jon Lawrenson M50 |
| | 29.63 | 1:01.05 (31.42) | 1:29.89 (28.84) | 1:56.87 (26.98) |
| 2 | DARWIN STINGERS | A | 2:07.67 | 18 |
| | 1) Stephen Greenall M59 | 2) Robert Patterson M77 | 3) Paul Gibson M71 | 4) John Papple M65 |
| | 31.62 | 1:02.25 (30.63) | 1:35.72 (33.47) | 2:07.67 (31.95) |
| 3 | SURREY PARK SEAHORSES | A | 2:13.90 | 16 |
| | 1) Ian Phillips M64 | 2) Darryl Flukes M63 | 3) Shane Austin M70 | 4) Arie Walker M57 |
| | 33.26 | 1:06.55 (33.29) | 1:43.14 (36.59) | 2:13.90 (30.76) |
| 4 | DONCASTER DOLPHINS | A | 2:24.46 | 14 |
| | 1) Rod Clarke M78 | 2) Ewen Templeton M76 | 3) Terry Moore M73 | 4) Sam Radford M48 |
| | 33.90 | 1:15.51 (41.61) | 1:54.15 (38.64) | 2:24.46 (30.31) |
| 5 | MALVERN MARLINS | A | 2:25.67 | 12 |
| | 1) Mark Huggins M63 | 2) John Stanton M77 | 3) Tony Burt M54 | 4) Simon Horan M62 |
| | 29.99 | 1:21.20 (51.21) | 1:55.22 (34.02) | 2:25.67 (30.45) |
| 6 | POWERPOINTS | A | 2:26.54 | 10 |
| | 1) Peter Williamson M61 | 2) David Cowie M63 | 3) Alan Denton M66 | 4) Geoffrey Toogood M65 |
| | 31.17 | 1:07.59 (36.42) | 1:47.13 (39.54) | 2:26.54 (39.41) |
| 7 | WARRINGAH | A | 2:33.70 | 8 |
| | 1) Stephen Hawkins M59 | 2) Graham Campbell M80 | 3) Paul Johnson M57 | 4) Pat Birgan M52 |
| | 30.43 | 1:31.27 (1:00.84) | 2:02.67 (31.40) | 2:33.70 (31.03) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 14 Men 240-279 200 LC Metre Freestyle Relay)**

| | | | | |
|---|---------------------|------------------|------------------------|-----------------|
| 8 | MANLY | A | 2:38.17 | 6 |
| | 1) Tony Goodwin M87 | 2) Ross Hall M71 | 4) Daniel Phillpot M37 | |
| | 40.57 | 1:31.23 (50.66) | 2:08.60 (37.37) | 2:38.17 (29.57) |

Event 14 Men 280-319 200 LC Metre Freestyle Relay

| | | | | |
|---|--------------------------------|-----------------------|--------------------------|---------------------|
| 1 | MALVERN MARLINS | A | 2:23.25 | 20 |
| | 1) Christopher Worthington M45 | 2) Patrick Galvin M91 | 3) Trevor Skinner M76 | 4) Gerry Tucker M75 |
| | 27.19 | 1:14.97 (47.78) | 1:50.39 (35.42) | 2:23.25 (32.86) |
| 2 | WARRINGAH | A | 2:27.67 | 18 |
| | 1) Keith Bourdon M67 | 2) David Craig M80 | 3) Tony Tooher M62 | 4) Gordon Whyte M72 |
| | 34.05 | 1:20.33 (46.28) | 1:53.08 (32.75) | 2:27.67 (34.59) |
| 3 | DARWIN STINGERS | A | 3:17.66 | 16 |
| | 1) Peter Caust M75 | 2) Robert Magin M80 | 3) Michael O'Donnell M69 | 4) John Pollock M85 |
| | 47.96 | 1:41.20 (53.24) | 2:19.15 (37.95) | 3:17.66 (58.51) |

Event 15 Women 18-24 100 LC Metre Breaststroke

| | | | | |
|---|---------------------|-------------------------|---------|----|
| 1 | Annabelle West | 22 NIGHTCLIFF | 1:22.16 | 10 |
| | 38.22 | 1:22.16 (43.94) | | |
| 2 | Veronica Fuccenecco | 20 BLACKTOWN CITY | 1:22.73 | 9 |
| | 38.04 | 1:22.73 (44.69) | | |
| 3 | Paris McGrath | 24 MORNINGTON PENINSULA | 1:41.21 | 8 |
| | 45.41 | 1:41.21 (55.80) | | |
| 4 | Joanna Lill | 21 BLACKTOWN CITY | 1:46.03 | 7 |
| | 49.69 | 1:46.03 (56.34) | | |
| 5 | Alexia Green | 22 MORNINGTON PENINSULA | 1:50.34 | 6 |
| | 52.24 | 1:50.34 (58.10) | | |

Event 15 Women 25-29 100 LC Metre Breaststroke

| | | | | |
|---|-------------------|-------------------|---------|----|
| 1 | Kady Ibell | 28 TSA | 1:20.27 | 10 |
| | 36.84 | 1:20.27 (43.43) | | |
| 2 | Chloe Hogan | 29 TSA | 1:35.82 | 9 |
| | 43.84 | 1:35.82 (51.98) | | |
| 3 | Megan Clark | 26 PENRITH | 1:44.51 | 8 |
| | 48.75 | 1:44.51 (55.76) | | |
| 4 | Amy Small | 29 NOARLUNGA | 1:57.23 | 7 |
| | 52.86 | 1:57.23 (1:04.37) | | |
| 5 | Stephanie Neville | 28 SUPERFINS WA | 2:10.90 | 6 |
| | 1:04.37 | 2:10.90 (1:06.53) | | |

Event 15 Women 30-34 100 LC Metre Breaststroke

| | | | | |
|----|----------------------|--------------------|---------|----|
| 1 | Rebecca Kierath | 30 CLAREMONT | 1:25.75 | 10 |
| | 39.31 | 1:25.75 (46.44) | | |
| 2 | Jayde Richardson | 32 HOBART DOLPHINS | 1:26.58 | 9 |
| | 40.63 | 1:26.58 (45.95) | | |
| 3 | Amanda Tully | 33 DARWIN STINGERS | 1:28.27 | 8 |
| | 41.24 | 1:28.27 (47.03) | | |
| 4 | Suzanna Olsen | 32 CLAREMONT | 1:33.80 | 7 |
| | 43.46 | 1:33.80 (50.34) | | |
| *5 | Amanda Lee | 31 SINGAPORE | 1:34.23 | 6 |
| | 43.40 | 1:34.23 (50.83) | | |
| *5 | Tiane Burwood | 32 BLACKTOWN CITY | 1:44.11 | 6 |
| | 48.97 | 1:44.11 (55.14) | | |
| 6 | Annika-Lee Skulander | 34 BLACKTOWN CITY | 2:09.55 | 5 |
| | 1:00.42 | 2:09.55 (1:09.13) | | |
| 7 | Samantha Oliva | 34 BEERWAH | 2:16.11 | 4 |
| | 59.90 | 2:16.11 (1:16.21) | | |
| 8 | Carys Munks | 30 SUPERFINS WA | 3:41.72 | 3 |
| | 1:42.15 | 3:41.72 (1:59.57) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 15 Women 35-39 100 LC Metre Breaststroke**

| | | | | | |
|---|-------------------|-------------------|---------------------------|---------|----|
| 1 | Shelley Devers | 38 | GYMPIE GOLD FINNS | 1:18.41 | 10 |
| | 35.41 | 1:18.41 (43.00) | | | |
| 2 | Erin Abson | 37 | LAVERTON WYNDHAM AQUATICS | 1:29.24 | 9 |
| | 41.00 | 1:29.24 (48.24) | | | |
| 3 | Rachael Cooper | 35 | GUILDFORD AND KALAMUNDA | 1:39.23 | 8 |
| | 46.41 | 1:39.23 (52.82) | | | |
| 4 | Kate Conway | 39 | DARWIN STINGERS | 1:42.60 | 7 |
| | 47.86 | 1:42.60 (54.74) | | | |
| 5 | Julia Barnes | 39 | GOULBURN VALLEY CROCS | 1:43.06 | 6 |
| | 48.67 | 1:43.06 (54.39) | | | |
| 6 | Suzie Haddad | 39 | BLACKTOWN CITY | 1:47.99 | 5 |
| | 51.01 | 1:47.99 (56.98) | | | |
| 7 | Pippa Featherston | 39 | DARWIN BUFFALOS | 1:50.55 | 4 |
| | 51.69 | 1:50.55 (58.86) | | | |
| 8 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 1:55.79 | 3 |
| | 53.98 | 1:55.79 (1:01.81) | | | |
| 9 | Jessica Valentine | 37 | BLACKTOWN CITY | 2:20.50 | 2 |
| | 1:01.30 | 2:20.50 (1:19.20) | | | |

Event 15 Women 40-44 100 LC Metre Breaststroke

| | | | | | |
|-----|---------------------|-------------------|-----------------|---------|----|
| 1 | Stacia Kirk | 43 | CLAREMONT | 1:24.17 | 10 |
| | 38.60 | 1:24.17 (45.57) | | | |
| 2 | Amy McCloskey | 41 | RYDE | 1:27.24 | 9 |
| | 40.05 | 1:27.24 (47.19) | | | |
| 3 | Michelle Coleman | 44 | DARWIN STINGERS | 1:32.52 | 8 |
| | 43.79 | 1:32.52 (48.73) | | | |
| 4 | Karen Williams | 40 | ROCKINGHAM | 1:33.91 | 7 |
| | 44.09 | 1:33.91 (49.82) | | | |
| 5 | Erin Fisher | 42 | SWIM WEST | 1:40.25 | 6 |
| | 46.83 | 1:40.25 (53.42) | | | |
| 6 | Susanne Milenkevich | 44 | RIVER CITY | 1:44.01 | 5 |
| | 47.28 | 1:44.01 (56.73) | | | |
| 7 | Cassandra Whittome | 41 | COCKBURN | 1:46.41 | 4 |
| | 47.77 | 1:46.41 (58.64) | | | |
| 8 | Kristi Ruus | 40 | TUGGERANONG | 1:47.44 | 3 |
| | 51.67 | 1:47.44 (55.77) | | | |
| 9 | Kristina Caldwell | 42 | IPSWICH CITY | 1:48.49 | 2 |
| | 52.34 | 1:48.49 (56.15) | | | |
| 10 | Dianne Saunders | 40 | SUPERFINS WA | 1:51.61 | 1 |
| | 50.63 | 1:51.61 (1:00.98) | | | |
| 11 | Ailie McKendrick | 43 | SAPPHIRE COAST | 2:00.20 | 1 |
| | 57.01 | 2:00.20 (1:03.19) | | | |
| 12 | Rachel Duggin | 44 | SUPERFINS WA | 2:47.82 | 1 |
| | 1:21.57 | 2:47.82 (1:26.25) | | | |
| --- | Tahnee Afuhaamango | 42 | DARWIN STINGERS | DQ | |
| | 1:05.88 | DQ (1:08.90) | | | |

Event 15 Women 45-49 100 LC Metre Breaststroke

| | | | | | |
|---|-------------------|-----------------|--------------------|---------|----|
| 1 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 1:22.48 | 10 |
| | 38.86 | 1:22.48 (43.62) | | | |
| 2 | Nicky Kerr | 49 | MALVERN MARLINS | 1:29.40 | 9 |
| | 42.40 | 1:29.40 (47.00) | | | |
| 3 | Kristy Brackstone | 45 | CLAREMONT | 1:33.77 | 8 |
| | 45.63 | 1:33.77 (48.14) | | | |
| 4 | Belinda Peacocke | 48 | DARWIN STINGERS | 1:34.76 | 7 |
| | 43.64 | 1:34.76 (51.12) | | | |
| 5 | Michelle Waite | 48 | NORTH SHORE | 1:34.91 | 6 |
| | 43.58 | 1:34.91 (51.33) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Women 45-49 100 LC Metre Breaststroke)**

| | | | | | |
|---|------------------|---------|-------------|---------|---|
| 6 | Kim Wellington | 48 | PHOENIX | 1:37.13 | 5 |
| | 45.00 | 1:37.13 | (52.13) | | |
| 7 | Fiona Griffin | 46 | BOLD PARK | 1:48.64 | 4 |
| | 50.72 | 1:48.64 | (57.92) | | |
| 8 | Catherine Wilson | 49 | BUNNA-BARRA | 1:50.32 | 3 |
| | 50.29 | 1:50.32 | (1:00.03) | | |
| 9 | Bec Wright | 49 | BUNNA-BARRA | 2:32.13 | 2 |
| | 1:10.27 | 2:32.13 | (1:21.86) | | |

Event 15 Women 50-54 100 LC Metre Breaststroke

| | | | | | |
|----|--------------------|---------|----------------------|---------|----|
| 1 | Christine Sefton | 54 | MYALL | 1:33.16 | 10 |
| | 42.36 | 1:33.16 | (50.80) | | |
| 2 | Kathryn Rogers | 52 | MALVERN MARLINS | 1:36.41 | 9 |
| | 46.62 | 1:36.41 | (49.79) | | |
| 3 | Patricia Burton | 54 | CLAREMONT | 1:39.99 | 8 |
| | 46.63 | 1:39.99 | (53.36) | | |
| 4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 1:40.45 | 7 |
| | 47.39 | 1:40.45 | (53.06) | | |
| 5 | Jackie Gardiner | 50 | PERTH CITY | 1:48.32 | 6 |
| | 51.04 | 1:48.32 | (57.28) | | |
| 6 | Lorraine Aw | 54 | MALVERN MARLINS | 1:56.58 | 5 |
| | 55.08 | 1:56.58 | (1:01.50) | | |
| 7 | Kerryn Blanch | 51 | BLACKTOWN CITY | 2:10.31 | 4 |
| | 1:01.71 | 2:10.31 | (1:08.60) | | |
| 8 | Charmaine Groppler | 51 | WARRINGAH | 2:19.56 | 3 |
| | 1:03.46 | 2:19.56 | (1:16.10) | | |
| 9 | Zara Tai | 53 | BLACKTOWN CITY | 2:25.51 | 2 |
| | 1:09.18 | 2:25.51 | (1:16.33) | | |
| 10 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 3:46.81 | 1 |
| | 1:46.01 | 3:46.81 | (2:00.80) | | |

Event 15 Women 55-59 100 LC Metre Breaststroke

| | | | | | |
|----|--------------------|---------|-----------------------|---------|----|
| 1 | Christina Scolaro | 56 | TSA | 1:24.12 | 10 |
| | 39.97 | 1:24.12 | (44.15) | | |
| 2 | Nola Macaulay | 55 | TSA | 1:25.72 | 9 |
| | 39.65 | 1:25.72 | (46.07) | | |
| 3 | Sal Cuming | 56 | POWERPOINTS | 1:27.66 | 8 |
| | 39.83 | 1:27.66 | (47.83) | | |
| 4 | Rachel Trenaman | 55 | BEATTY PARK | 1:38.96 | 7 |
| | 45.52 | 1:38.96 | (53.44) | | |
| 5 | Katrina Burgess | 57 | TUGGERANONG | 1:39.03 | 6 |
| | 46.65 | 1:39.03 | (52.38) | | |
| 6 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 1:42.85 | 5 |
| | 48.85 | 1:42.85 | (54.00) | | |
| 7 | Wendy McMurtrie | 57 | PORT MACQUARIE | 1:54.10 | 4 |
| | 53.30 | 1:54.10 | (1:00.80) | | |
| 8 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 1:55.05 | 3 |
| | 53.10 | 1:55.05 | (1:01.95) | | |
| 9 | Clairly Lance | 58 | PERTH CITY | 1:59.13 | 2 |
| | 56.97 | 1:59.13 | (1:02.16) | | |
| 10 | Michelle Magnusson | 56 | NORTH SHORE | 2:33.67 | 1 |
| | 1:13.56 | 2:33.67 | (1:20.11) | | |

Event 15 Women 60-64 100 LC Metre Breaststroke

| | | | | | |
|---|------------------------|---------|-----------------|---------|----|
| 1 | Nicola Corsbie | 62 | CLAREMONT | 1:35.85 | 10 |
| | 45.19 | 1:35.85 | (50.66) | | |
| 2 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 1:39.77 | 9 |
| | 47.18 | 1:39.77 | (52.59) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Women 60-64 100 LC Metre Breaststroke)**

| | | | | | |
|-----|----------------------|-------------------|------------------------|---------|---|
| 3 | Susan Dalton | 62 | NORTH MACKAY SINKERS | 1:43.56 | 8 |
| | 46.40 | 1:43.56 (57.16) | | | |
| 4 | Meryl Churchill | 61 | RATS OF TOBRUK | 1:46.76 | 7 |
| | 51.52 | 1:46.76 (55.24) | | | |
| 5 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 1:49.97 | 6 |
| | 52.00 | 1:49.97 (57.97) | | | |
| 6 | Daphne Briggs | 62 | MALVERN MARLINS | 1:51.34 | 5 |
| | 53.95 | 1:51.34 (57.39) | | | |
| 7 | Alexandra Tregonning | 63 | CLAREMONT | 1:55.19 | 4 |
| | 52.73 | 1:55.19 (1:02.46) | | | |
| 8 | Julia Atkins | 61 | WARRINGAH | 1:59.99 | 3 |
| | 56.61 | 1:59.99 (1:03.38) | | | |
| 9 | Min Wang | 62 | SUTHERLAND SANDBERN | 2:05.94 | 2 |
| | 57.92 | 2:05.94 (1:08.02) | | | |
| 10 | Teresa Kelly | 63 | GLAMOURHEAD SHARKS | 2:07.91 | 1 |
| | 59.31 | 2:07.91 (1:08.60) | | | |
| 11 | Tracey Hersey | 63 | DARWIN STINGERS | 2:09.75 | 1 |
| | 57.77 | 2:09.75 (1:11.98) | | | |
| 12 | Jenny Hookey | 64 | SURREY PARK SEAHORSES | 2:10.99 | 1 |
| | 1:03.55 | 2:10.99 (1:07.44) | | | |
| 13 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 2:13.68 | 1 |
| | 1:03.77 | 2:13.68 (1:09.91) | | | |
| 14 | Kathleen Wainwright | 63 | CARINE | 4:24.55 | 1 |
| | 2:01.43 | 4:24.55 (2:23.12) | | | |
| --- | Donna Campbell | 62 | TUGGERANONG | DQ | |
| | 57.89 | DQ (1:06.02) | | | |

Event 15 Women 65-69 100 LC Metre Breaststroke

| | | | | | |
|----|------------------|-------------------|------------------------|---------|----|
| 1 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 1:38.10 | 10 |
| | 46.77 | 1:38.10 (51.33) | | | |
| 2 | Yvonne Mutton | 66 | NOOSA | 1:47.05 | 9 |
| | 50.45 | 1:47.05 (56.60) | | | |
| 3 | Vivienne Anthony | 65 | CLAREMONT | 1:51.35 | 8 |
| | 51.78 | 1:51.35 (59.57) | | | |
| 4 | Fiona Redgrove | 68 | HOBART DOLPHINS | 1:52.57 | 7 |
| | 52.15 | 1:52.57 (1:00.42) | | | |
| 5 | Gay Bradley | 69 | COTTON TREE | 1:53.18 | 6 |
| | 53.90 | 1:53.18 (59.28) | | | |
| 6 | Vicki Newman | 66 | BELGRAVIA | 2:04.82 | 5 |
| | 58.98 | 2:04.82 (1:05.84) | | | |
| 7 | Therese Crollick | 67 | RIVER CITY | 2:09.94 | 4 |
| | 1:01.41 | 2:09.94 (1:08.53) | | | |
| 8 | Jane Noake | 67 | SEASIDE PIRATES | 2:13.66 | 3 |
| | 1:05.00 | 2:13.66 (1:08.66) | | | |
| 9 | Joy Johnson | 66 | CLAREMONT | 2:13.76 | 2 |
| | 1:03.62 | 2:13.76 (1:10.14) | | | |
| 10 | Pamela Dawes | 66 | WARRINGAH | 2:31.26 | 1 |
| | 1:09.61 | 2:31.26 (1:21.65) | | | |
| 11 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 2:45.50 | 1 |
| | 1:17.89 | 2:45.50 (1:27.61) | | | |

Event 15 Women 70-74 100 LC Metre Breaststroke

| | | | | | |
|---|-----------------|-----------------|-----------------|---------|----|
| 1 | Gail Fletcher | 70 | RYDE | 1:44.44 | 10 |
| | 47.67 | 1:44.44 (56.77) | | | |
| 2 | Janette Jeffrey | 74 | MALVERN MARLINS | 1:44.94 | 9 |
| | 49.08 | 1:44.94 (55.86) | | | |
| 3 | Pam Munday | 73 | OAK FLATS | 1:49.95 | 8 |
| | 51.99 | 1:49.95 (57.96) | | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Women 70-74 100 LC Metre Breaststroke)**

| | | | | | |
|----|-----------------------|----|------------------------------|-------------------|---|
| 4 | Carol Russell | 72 | COOGEE-RANDWICK | 1:52.74 | 7 |
| | 53.60 | | | 1:52.74 (59.14) | |
| 5 | Helen Malar | 70 | NOOSA | 1:54.78 | 6 |
| | 54.95 | | | 1:54.78 (59.83) | |
| 6 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 1:59.28 | 5 |
| | 56.55 | | | 1:59.28 (1:02.73) | |
| 7 | Christine Leary | 70 | TUGGERANONG | 2:01.39 | 4 |
| | 57.39 | | | 2:01.39 (1:04.00) | |
| 8 | Jacqui Ellison | 70 | SURREY PARK SEAHORSES | 2:05.83 | 3 |
| | 58.17 | | | 2:05.83 (1:07.66) | |
| 9 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 2:07.19 | 2 |
| | 1:00.90 | | | 2:07.19 (1:06.29) | |
| 10 | Lesley Buchanan | 73 | NORTH SHORE | 2:10.19 | 1 |
| | 1:00.71 | | | 2:10.19 (1:09.48) | |
| 11 | Catherine Alexander | 70 | TUGGERANONG | 2:10.23 | 1 |
| | 1:03.01 | | | 2:10.23 (1:07.22) | |
| 12 | Maree Tuff | 73 | MORNINGTON PENINSULA | 2:11.10 | 1 |
| | 1:02.33 | | | 2:11.10 (1:08.77) | |
| 13 | Gail Milroy | 70 | SAPPHIRE COAST | 2:17.81 | 1 |
| | 1:03.56 | | | 2:17.81 (1:14.25) | |
| 14 | Patricia Helmore | 73 | SAPPHIRE COAST | 2:18.07 | 1 |
| | 1:04.68 | | | 2:18.07 (1:13.39) | |
| 15 | Janette Gooyey | 74 | MALVERN MARLINS | 2:18.22 | 1 |
| | 1:06.84 | | | 2:18.22 (1:11.38) | |
| 16 | Pauline Tauschke | 70 | DARWIN STINGERS | 2:39.99 | 1 |
| | 1:15.79 | | | 2:39.99 (1:24.20) | |

Event 15 Women 75-79 100 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-------------------|-------------------|----|
| 1 | Marijke Alderson | 77 | POWERPOINTS | 2:00.24 | 10 |
| | 57.48 | | | 2:00.24 (1:02.76) | |
| 2 | Sandra Rogers | 78 | BUNNA-BARRA | 3:12.91 | 9 |
| | 1:30.33 | | | 3:12.91 (1:42.58) | |
| 3 | Marion Dreyer | 77 | ETTALONG PELICANS | 4:23.30 | 8 |
| | 2:04.31 | | | 4:23.30 (2:18.99) | |

Event 15 Women 80-84 100 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|---------------------|-------------------|----|
| 1 | Lindy Salter | 80 | MIAMI | 2:04.41 | 10 |
| | 59.31 | | | 2:04.41 (1:05.10) | |
| 2 | Gerda Williams | 82 | MANDURAH | 2:09.64 | 9 |
| | 1:01.22 | | | 2:09.64 (1:08.42) | |
| 3 | Jannie Thomson | 82 | MANDURAH | 2:17.25 | 8 |
| | 1:03.42 | | | 2:17.25 (1:13.83) | |
| 4 | Gail Gronholt | 80 | DARWIN STINGERS | 2:35.21 | 7 |
| | 1:15.72 | | | 2:35.21 (1:19.49) | |
| 5 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 2:41.72 | 6 |
| | 1:16.05 | | | 2:41.72 (1:25.67) | |
| 6 | Bridget Cook | 80 | WARRINGAH | 3:17.53 | 5 |
| | 1:28.53 | | | 3:17.53 (1:49.00) | |

Event 15 Women 85-89 100 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|------------------------|-------------------|----|
| 1 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 3:04.92 | 10 |
| | 1:29.47 | | | 3:04.92 (1:35.45) | |
| 2 | Maggie Roberts | 87 | DARWIN STINGERS | 3:22.31 | 9 |
| | 1:33.80 | | | 3:22.31 (1:48.51) | |

Event 15 Men 18-24 100 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|----------------------|-----------------|----|
| 1 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 1:17.64 | 10 |
| | 35.35 | | | 1:17.64 (42.29) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Men 18-24 100 LC Metre Breaststroke)**

| | | | | | |
|---|------------------|---------|-----------------|---------|---|
| 2 | Samuel Bricknell | 24 | DARWIN STINGERS | 1:17.75 | 9 |
| | 35.65 | 1:17.75 | (42.10) | | |
| 3 | Jack Worthington | 20 | PENRITH | 1:18.73 | 8 |
| | 36.74 | 1:18.73 | (41.99) | | |
| 4 | Dylan Mende | 19 | DARWIN BUFFALOS | 1:21.18 | 7 |
| | 35.03 | 1:21.18 | (46.15) | | |
| 5 | Joseph Salt | 24 | SUPERFINS WA | 2:10.43 | 6 |
| | 59.43 | 2:10.43 | (1:11.00) | | |

Event 15 Men 25-29 100 LC Metre Breaststroke

| | | | | | |
|---|---------------|---------|--------------------|---------|----|
| 1 | Joseph Howe | 26 | GLAMOURHEAD SHARKS | 1:13.33 | 10 |
| | 32.96 | 1:13.33 | (40.37) | | |
| 2 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 1:20.27 | 9 |
| | 38.12 | 1:20.27 | (42.15) | | |
| 3 | Adam Ward | 27 | BLACKTOWN CITY | 1:25.13 | 8 |
| | 38.82 | 1:25.13 | (46.31) | | |

Event 15 Men 30-34 100 LC Metre Breaststroke

| | | | | | |
|-----|-----------------|---------|------------------|---------|----|
| 1 | Noah Southam | 32 | MIAMI | 1:22.43 | 10 |
| | 37.48 | 1:22.43 | (44.95) | | |
| 2 | Timothy Few | 32 | DARWIN BUFFALOS | 1:27.70 | 9 |
| | 37.90 | 1:27.70 | (49.80) | | |
| 3 | Charles Gravier | 32 | ADELAIDE | 1:46.96 | 8 |
| | 49.46 | 1:46.96 | (57.50) | | |
| 4 | Geoffrey Keron | 32 | SUPERFINS WA | 1:56.74 | 7 |
| | 54.04 | 1:56.74 | (1:02.70) | | |
| --- | Rhys Fisher | 31 | DEVONPORT DEVILS | DQ | |
| | 42.42 | DQ | (48.97) | | |

Event 15 Men 35-39 100 LC Metre Breaststroke

| | | | | | |
|---|-----------------|---------|--------------------|---------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 1:11.18 | 10 |
| | 32.98 | 1:11.18 | (38.20) | | |
| 2 | Bradley Thomas | 39 | PENRITH | 1:11.28 | 9 |
| | 33.11 | 1:11.28 | (38.17) | | |
| 3 | Daniel Phillpot | 37 | MANLY | 1:14.39 | 8 |
| | 35.26 | 1:14.39 | (39.13) | | |
| 4 | Leigh Guy | 37 | GLAMOURHEAD SHARKS | 1:37.49 | 7 |
| | 44.84 | 1:37.49 | (52.65) | | |
| 5 | Mark McDonald | 37 | BLACKTOWN CITY | 1:37.94 | 6 |
| | 45.37 | 1:37.94 | (52.57) | | |
| 6 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 1:38.33 | 5 |
| | 46.56 | 1:38.33 | (51.77) | | |
| 7 | Gregory Black | 35 | SUPERFINS WA | 1:51.34 | 4 |
| | 52.79 | 1:51.34 | (58.55) | | |
| 8 | Nathan Curry | 38 | SUPERFINS WA | 1:56.91 | 3 |
| | 54.72 | 1:56.91 | (1:02.19) | | |

Event 15 Men 40-44 100 LC Metre Breaststroke

| | | | | | |
|---|------------------------|---------|------------------------|---------|----|
| 1 | Joshua P Baker | 40 | NORTH SHORE | 1:17.18 | 10 |
| | 36.27 | 1:17.18 | (40.91) | | |
| 2 | Koe Davidson | 44 | POWERPOINTS | 1:18.56 | 9 |
| | 36.20 | 1:18.56 | (42.36) | | |
| 3 | Edwin Auzins | 43 | MOLONGLO WATER DRAGONS | 1:22.81 | 8 |
| | 39.23 | 1:22.81 | (43.58) | | |
| 4 | Paul Whelan | 44 | GLAMOURHEAD SHARKS | 1:23.86 | 7 |
| | 38.71 | 1:23.86 | (45.15) | | |
| 5 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 1:23.97 | 6 |
| | 39.50 | 1:23.97 | (44.47) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Men 40-44 100 LC Metre Breaststroke)**

| | | | | | |
|---|------------------|----|-------------------|---------|---|
| 6 | Mark Robertson | 41 | ETTALONG PELICANS | 1:30.56 | 5 |
| | 41.75 | | 1:30.56 (48.81) | | |
| 7 | Varant Jambazian | 41 | MERRYLANDS | 1:38.04 | 4 |
| | 45.77 | | 1:38.04 (52.27) | | |

Event 15 Men 45-49 100 LC Metre Breaststroke

| | | | | | |
|---|--------------------|----|--------------------|---------|----|
| 1 | Sam Radford | 48 | DONCASTER DOLPHINS | 1:18.07 | 10 |
| | 35.49 | | 1:18.07 (42.58) | | |
| 2 | Steven Vermey | 45 | PENRITH | 1:20.48 | 9 |
| | 37.75 | | 1:20.48 (42.73) | | |
| 3 | Kristopher Watkins | 46 | MIAMI | 1:21.08 | 8 |
| | 36.77 | | 1:21.08 (44.31) | | |
| 4 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 1:21.56 | 7 |
| | 38.96 | | 1:21.56 (42.60) | | |
| 5 | Andrew Osborne | 49 | PHOENIX | 1:28.22 | 6 |
| | 40.91 | | 1:28.22 (47.31) | | |

Event 15 Men 50-54 100 LC Metre Breaststroke

| | | | | | |
|---|----------------------|----|-------------------|---------|----|
| 1 | Kieren Jon Lawrenson | 50 | CLAREMONT | 1:13.24 | 10 |
| | 34.90 | | 1:13.24 (38.34) | | |
| 2 | James Watson | 50 | SEASIDE PIRATES | 1:25.54 | 9 |
| | 38.94 | | 1:25.54 (46.60) | | |
| 3 | Jason Gronowicz | 50 | BLACKTOWN CITY | 1:32.01 | 8 |
| | 42.55 | | 1:32.01 (49.46) | | |
| 4 | Tony Burt | 54 | MALVERN MARLINS | 1:33.17 | 7 |
| | 43.28 | | 1:33.17 (49.89) | | |
| 5 | Paul Lendvay | 50 | GENESIS AQUATICS | 1:33.39 | 6 |
| | 43.66 | | 1:33.39 (49.73) | | |
| 6 | Andrew Goldswain | 53 | SUPERFINS WA | 2:06.36 | 5 |
| | 57.57 | | 2:06.36 (1:08.79) | | |
| 7 | Phillip Smith | 54 | SUPERFINS WA | 2:36.19 | 4 |
| | 1:14.54 | | 2:36.19 (1:21.65) | | |

Event 15 Men 55-59 100 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-----------------|---------|----|
| 1 | Craig Magnusson | 59 | NORTH SHORE | 1:16.85 | 10 |
| | 35.73 | | 1:16.85 (41.12) | | |
| 2 | Brett Davidson | 57 | POWERPOINTS | 1:20.12 | 9 |
| | 37.89 | | 1:20.12 (42.23) | | |
| 3 | Peter Bubrzycki | 59 | COCKBURN | 1:25.78 | 8 |
| | 40.18 | | 1:25.78 (45.60) | | |
| 4 | Stephen Greenall | 59 | DARWIN STINGERS | 1:35.60 | 7 |
| | 44.97 | | 1:35.60 (50.63) | | |
| 5 | Warren Midgley | 59 | TOOWOOMBA | 1:49.24 | 6 |
| | 53.06 | | 1:49.24 (56.18) | | |

Event 15 Men 60-64 100 LC Metre Breaststroke

| | | | | | |
|---|-----------------|----|-----------------|---------|----|
| 1 | Anthony Dunne | 61 | CLAREMONT | 1:19.63 | 10 |
| | 36.92 | | 1:19.63 (42.71) | | |
| 2 | Ian Robinson | 61 | RIVER CITY | 1:20.36 | 9 |
| | 36.40 | | 1:20.36 (43.96) | | |
| 3 | William O'Leary | 63 | TSA | 1:33.54 | 8 |
| | 43.85 | | 1:33.54 (49.69) | | |
| 4 | Mark Huggins | 63 | MALVERN MARLINS | 1:33.77 | 7 |
| | 45.57 | | 1:33.77 (48.20) | | |
| 5 | Wayne Carlish | 61 | TOOWOOMBA | 1:36.26 | 6 |
| | 44.15 | | 1:36.26 (52.11) | | |
| 6 | Tony Tooher | 62 | WARRINGAH | 1:40.67 | 5 |
| | 47.34 | | 1:40.67 (53.33) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Men 60-64 100 LC Metre Breaststroke)**

| | | | | | |
|----|-------------------|----|----------------------|-------------------|---|
| 7 | Gordon Southam | 62 | MIAMI | 1:42.56 | 4 |
| | 47.21 | | | 1:42.56 (55.35) | |
| 8 | Andrew McCrindell | 61 | RYDE | 1:42.93 | 3 |
| | 48.46 | | | 1:42.93 (54.47) | |
| 9 | Robert Wilson | 62 | MORNINGTON PENINSULA | 1:51.48 | 2 |
| | 51.82 | | | 1:51.48 (59.66) | |
| 10 | Gordon Simpson | 64 | GIPPSLAND FLIPPERS | 2:36.65 | 1 |
| | 1:10.58 | | | 2:36.65 (1:26.07) | |

Event 15 Men 65-69 100 LC Metre Breaststroke

| | | | | | |
|----|-------------------|----|---------------------|-------------------|----|
| *1 | Dieter Machate | 65 | INDONESIA | 1:24.95 | 10 |
| | 39.18 | | | 1:24.95 (45.77) | |
| *1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 1:26.49 | 10 |
| | 40.72 | | | 1:26.49 (45.77) | |
| 2 | Owen Sinden | 69 | BLACKTOWN CITY | 1:32.92 | 9 |
| | 45.19 | | | 1:32.92 (47.73) | |
| 3 | Keith Bourdon | 67 | WARRINGAH | 1:36.80 | 8 |
| | 45.13 | | | 1:36.80 (51.67) | |
| 4 | Geoffrey Toogood | 65 | POWERPOINTS | 1:41.75 | 7 |
| | 48.04 | | | 1:41.75 (53.71) | |
| 5 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 1:46.03 | 6 |
| | 49.51 | | | 1:46.03 (56.52) | |
| 6 | Neil Newman | 68 | BELGRAVIA | 1:46.18 | 5 |
| | 51.80 | | | 1:46.18 (54.38) | |
| 7 | Anthony Horadam | 67 | BLACKTOWN CITY | 1:48.90 | 4 |
| | 51.07 | | | 1:48.90 (57.83) | |
| 8 | Anthony Gallagher | 69 | WARRINGAH | 2:15.68 | 3 |
| | 59.85 | | | 2:15.68 (1:15.83) | |
| 9 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 2:22.70 | 2 |
| | 1:03.75 | | | 2:22.70 (1:18.95) | |

Event 15 Men 70-74 100 LC Metre Breaststroke

| | | | | | |
|----|---------------------|----|-----------------------|-------------------|----|
| 1 | Stuart Ellicott | 72 | NORTH SHORE | 1:23.48 | 10 |
| | 39.01 | | | 1:23.48 (44.47) | |
| 2 | Paul Gibson | 71 | DARWIN STINGERS | 1:39.26 | 9 |
| | 45.92 | | | 1:39.26 (53.34) | |
| 3 | Jim Milne | 70 | YARRA ROUGHIES | 1:40.89 | 8 |
| | 48.01 | | | 1:40.89 (52.88) | |
| 4 | Michael Daly | 70 | POWERPOINTS | 1:41.04 | 7 |
| | 46.19 | | | 1:41.04 (54.85) | |
| 5 | Shane Austin | 70 | SURREY PARK SEAHORSES | 1:42.17 | 6 |
| | 48.36 | | | 1:42.17 (53.81) | |
| 6 | Charles Croft | 74 | ARMADALE | 1:47.17 | 5 |
| | 49.69 | | | 1:47.17 (57.48) | |
| 7 | Trevor Wainstein | 71 | CLAREMONT | 1:54.63 | 4 |
| | 55.80 | | | 1:54.63 (58.83) | |
| 8 | Anthony Catto-Smith | 70 | MORNINGTON PENINSULA | 1:55.27 | 3 |
| | 53.07 | | | 1:55.27 (1:02.20) | |
| 9 | Terry Moore | 73 | DONCASTER DOLPHINS | 1:59.79 | 2 |
| | 58.73 | | | 1:59.79 (1:01.06) | |
| 10 | John Towers | 74 | LAUNCESTON LEMMINGS | 2:22.80 | 1 |
| | 1:07.86 | | | 2:22.80 (1:14.94) | |
| 11 | Ross Hall | 71 | MANLY | 2:36.19 | 1 |
| | 1:12.65 | | | 2:36.19 (1:23.54) | |

Event 15 Men 75-79 100 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-----------------|-----------------|----|
| 1 | Robert Patterson | 77 | DARWIN STINGERS | 1:38.38 | 10 |
| | 46.07 | | | 1:38.38 (52.31) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 15 Men 75-79 100 LC Metre Breaststroke)**

| | | | | | |
|---|--------------|-------------------|--------------------|---------|---|
| 2 | Rod Clarke | 78 | DONCASTER DOLPHINS | 1:40.08 | 9 |
| | 45.54 | 1:40.08 (54.54) | | | |
| 3 | Gerry Tucker | 75 | MALVERN MARLINS | 1:41.85 | 8 |
| | 48.78 | 1:41.85 (53.07) | | | |
| 4 | John Stanton | 77 | MALVERN MARLINS | 1:59.61 | 7 |
| | 57.56 | 1:59.61 (1:02.05) | | | |

Event 15 Men 80-84 100 LC Metre Breaststroke

| | | | | | |
|---|-----------------|-------------------|-----------------|---------|----|
| 1 | Robert Magin | 80 | DARWIN STINGERS | 2:44.31 | 10 |
| | 1:17.17 | 2:44.31 (1:27.14) | | | |
| 2 | Graham Campbell | 80 | WARRINGAH | 3:27.35 | 9 |
| | 1:38.06 | 3:27.35 (1:49.29) | | | |
| 3 | James Ross | 80 | NEW ZEALAND | 3:49.01 | 8 |
| | 1:48.87 | 3:49.01 (2:00.14) | | | |

Event 15 Men 85-89 100 LC Metre Breaststroke

| | | | | | |
|---|--------------|-----------------|-------|---------|----|
| 1 | Tony Goodwin | 87 | MANLY | 1:40.42 | 10 |
| | 47.61 | 1:40.42 (52.81) | | | |

Event 15 Men 90-94 100 LC Metre Breaststroke

| | | | | | |
|---|----------------|-------------------|-----------------|---------|----|
| 1 | Patrick Galvin | 91 | MALVERN MARLINS | 2:07.70 | 10 |
| | 58.81 | 2:07.70 (1:08.89) | | | |

Event 15 Men 95-99 100 LC Metre Breaststroke

| | | | | | |
|---|----------------|-------------------|----------|---------|----|
| 1 | Charles Renner | 96 | MELVILLE | 4:15.59 | 10 |
| | 1:59.98 | 4:15.59 (2:15.61) | | | |

Event 16 Women 30-34 200 LC Metre Butterfly

| | | | | | |
|---|----------------------|-------------------|-------------------|-------------------|----|
| 1 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 4:22.20 | 10 |
| | 56.32 | 2:03.93 (1:07.61) | 3:13.10 (1:09.17) | 4:22.20 (1:09.10) | |

Event 16 Women 35-39 200 LC Metre Butterfly

| | | | | | |
|---|-----------------|-----------------|--------------------|-----------------|----|
| 1 | Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 2:36.05 | 10 |
| | 35.19 | 1:15.18 (39.99) | 1:55.34 (40.16) | 2:36.05 (40.71) | |
| 2 | Alison Sakurovs | 39 | MERRYLANDS | 3:11.17 | 9 |
| | 39.68 | 1:28.41 (48.73) | 2:20.08 (51.67) | 3:11.17 (51.09) | |
| 3 | Belinda Meek | 35 | BLACKTOWN CITY | 3:40.37 | 8 |
| | 47.02 | 1:43.96 (56.94) | 2:42.08 (58.12) | 3:40.37 (58.29) | |

Event 16 Women 40-44 200 LC Metre Butterfly

| | | | | | |
|---|-----------------|-----------------|--------------------|-----------------|----|
| 1 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 2:54.75 | 10 |
| | 38.78 | 1:24.53 (45.75) | 2:10.26 (45.73) | 2:54.75 (44.49) | |
| 2 | Anna Eisenhauer | 40 | CLAREMONT | 3:02.98 | 9 |
| | 39.86 | 1:27.29 (47.43) | 2:15.67 (48.38) | 3:02.98 (47.31) | |
| 3 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 3:12.39 | 8 |
| | 40.47 | 1:29.81 (49.34) | 2:21.04 (51.23) | 3:12.39 (51.35) | |
| 4 | Lauren Bradley | 40 | ETTALONG PELICANS | 3:47.00 | 7 |
| | 50.85 | 1:47.81 (56.96) | 2:48.14 (1:00.33) | 3:47.00 (58.86) | |

Event 16 Women 45-49 200 LC Metre Butterfly

| | | | | | |
|---|----------------------|-----------------|-----------------|-----------------|----|
| 1 | Lisandra De Carvalho | 46 | POWERPOINTS | 2:32.77 | 10 |
| | 33.55 | 1:12.37 (38.82) | 1:52.19 (39.82) | 2:32.77 (40.58) | |
| 2 | Fiona Reed | 48 | NORTH SYDNEY | 2:57.31 | 9 |
| | 37.70 | 1:22.67 (44.97) | 2:09.73 (47.06) | 2:57.31 (47.58) | |
| 3 | Amy Dickinson | 46 | SEASIDE PIRATES | 3:18.53 | 8 |
| | 43.14 | 1:34.87 (51.73) | 2:28.33 (53.46) | 3:18.53 (50.20) | |

Event 16 Women 50-54 200 LC Metre Butterfly

| | | | | | |
|---|-------------|-----------------|-----------------|-----------------|----|
| 1 | Heidi Roche | 52 | SEASIDE PIRATES | 3:26.84 | 10 |
| | 43.70 | 1:36.89 (53.19) | 2:30.14 (53.25) | 3:26.84 (56.70) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 16 Women 50-54 200 LC Metre Butterfly)**

| | | | | | |
|---|----------------------|-------------------|-------------------|-------------------|---|
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 3:37.83 | 9 |
| | 42.35 | 1:42.75 (1:00.40) | 2:41.99 (59.24) | 3:37.83 (55.84) | |
| 3 | Patricia Burton | 54 | CLAREMONT | 3:44.46 | 8 |
| | 49.31 | 1:46.01 (56.70) | 2:45.27 (59.26) | 3:44.46 (59.19) | |
| 4 | Kerryn Blanch | 51 | BLACKTOWN CITY | 4:10.92 | 7 |
| | 55.36 | 2:00.37 (1:05.01) | 3:05.68 (1:05.31) | 4:10.92 (1:05.24) | |
| 5 | Jodie Newman | 54 | MIAMI | 4:15.52 | 6 |
| | 54.20 | 1:58.21 (1:04.01) | 3:06.14 (1:07.93) | 4:15.52 (1:09.38) | |
| 6 | LiQun Hussey | 54 | NOOSA | 4:21.43 | 5 |
| | 55.13 | 2:01.15 (1:06.02) | 3:13.80 (1:12.65) | 4:21.43 (1:07.63) | |
| 7 | Lorraine Aw | 54 | MALVERN MARLINS | 4:45.67 | 4 |
| | 1:02.23 | 2:17.67 (1:15.44) | 3:38.04 (1:20.37) | 4:45.67 (1:07.63) | |
| 8 | Charmaine Groppler | 51 | WARRINGAH | 5:55.38 | 3 |
| | 1:11.99 | 2:43.44 (1:31.45) | 4:18.21 (1:34.77) | 5:55.38 (1:37.17) | |

Event 16 Women 55-59 200 LC Metre Butterfly

| | | | | | |
|---|-----------------|-----------------|-------------------|-------------------|----|
| 1 | Anne Henderson | 56 | HOBART AQUATIC | 3:03.78 | 10 |
| | 39.88 | 1:26.46 (46.58) | 2:15.28 (48.82) | 3:03.78 (48.50) | |
| 2 | Wendy McMurtrie | 57 | PORT MACQUARIE | 3:47.73 | 9 |
| | 51.37 | | 2:50.39 () | 3:47.73 (57.34) | |
| 3 | Colette Southam | 59 | MIAMI | 3:55.50 | 8 |
| | 49.31 | 1:49.07 (59.76) | 2:51.59 (1:02.52) | 3:55.50 (1:03.91) | |

Event 16 Women 60-64 200 LC Metre Butterfly

| | | | | | |
|-----|-----------------|-------------------|---------------------|-----------------|----|
| 1 | Bridget Young | 60 | ROCKINGHAM | 3:21.12 | 10 |
| | 44.25 | 1:35.08 (50.83) | 2:27.83 (52.75) | 3:21.12 (53.29) | |
| 2 | Janette Dickey | 64 | MALVERN MARLINS | 3:27.88 | 9 |
| | 43.42 | 1:35.92 (52.50) | 2:31.33 (55.41) | 3:27.88 (56.55) | |
| 3 | Sue Tompkins | 61 | SEASIDE PIRATES | 3:38.16 | 8 |
| | 50.79 | 1:48.79 (58.00) | 2:45.76 (56.97) | 3:38.16 (52.40) | |
| 4 | Meryl Churchill | 61 | RATS OF TOBRUK | 3:56.16 | 7 |
| | 54.09 | 1:54.10 (1:00.01) | 2:56.95 (1:02.85) | 3:56.16 (59.21) | |
| --- | Min Wang | 62 | SUTHERLAND SANDBERN | DQ | |
| | 52.52 | 1:56.34 (1:03.82) | 3:06.92 (1:10.58) | DQ (1:10.70) | |

Event 16 Women 65-69 200 LC Metre Butterfly

| | | | | | |
|---|-------------------|-------------------|------------------------|-------------------|----|
| 1 | Heather Whitehead | 65 | BEATTY PARK | 3:29.22 | 10 |
| | 45.18 | 1:38.31 (53.13) | 2:34.49 (56.18) | 3:29.22 (54.73) | |
| 2 | Moira Wigley | 65 | DARWIN BUFFALOS | 3:34.99 | 9 |
| | 45.43 | 1:41.52 (56.09) | 2:40.41 (58.89) | 3:34.99 (54.58) | |
| 3 | Vivienne Anthony | 65 | CLAREMONT | 4:14.66 | 8 |
| | 55.54 | 2:03.34 (1:07.80) | 3:10.30 (1:06.96) | 4:14.66 (1:04.36) | |
| 4 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 6:56.65 | 7 |
| | 1:39.72 | 3:35.08 (1:55.36) | 6:56.65 (3:21.57) | | |

Event 16 Women 70-74 200 LC Metre Butterfly

| | | | | | |
|---|-----------------|-------------------|-------------------|-------------------|----|
| 1 | Pam Munday | 73 | OAK FLATS | 4:05.29 | 10 |
| | 55.03 | 1:59.92 (1:04.89) | 3:02.41 (1:02.49) | 4:05.29 (1:02.88) | |
| 2 | Lesley Buchanan | 73 | NORTH SHORE | 4:33.67 | 9 |
| | 1:01.52 | 2:12.66 (1:11.14) | 3:23.01 (1:10.35) | 4:33.67 (1:10.66) | |
| 3 | Helen Rubin | 72 | RYDE | 7:15.32 | 8 |
| | 1:42.28 | 3:36.36 (1:54.08) | 5:26.91 (1:50.55) | 7:15.32 (1:48.41) | |

Event 16 Women 80-84 200 LC Metre Butterfly

| | | | | | |
|---|----------------|-------------------|---------------------|-------------------|----|
| 1 | Marsha Reddiex | 81 | BELGRAVIA | 5:05.44 | 10 |
| | 1:03.24 | 2:23.04 (1:19.80) | 3:43.50 (1:20.46) | 5:05.44 (1:21.94) | |
| 2 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 6:55.85 | 9 |
| | 1:25.71 | | 5:16.19 () | 6:55.85 (1:39.66) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 16 Men 25-29 200 LC Metre Butterfly

| | | | | | |
|---|--------------|-----------------|-----------------|-----------------|----|
| 1 | Jordan Henry | 28 | BLACKTOWN CITY | 2:42.68 | 10 |
| | 33.50 | 1:15.47 (41.97) | 1:59.28 (43.81) | 2:42.68 (43.40) | |

Event 16 Men 30-34 200 LC Metre Butterfly

| | | | | | |
|---|---------------|-----------------|--------------------|-----------------|----|
| 1 | David Almeida | 31 | NORTH SHORE | 2:39.65 | 10 |
| | 34.44 | 1:15.60 (41.16) | 1:57.40 (41.80) | 2:39.65 (42.25) | |
| 2 | Ofir Kuberman | 34 | DONCASTER DOLPHINS | 2:52.77 | 9 |
| | 33.49 | 1:19.02 (45.53) | 2:06.24 (47.22) | 2:52.77 (46.53) | |
| 3 | Rhys Fisher | 31 | DEVONPORT DEVILS | 3:15.91 | 8 |
| | 42.82 | 1:33.72 (50.90) | 2:27.61 (53.89) | 3:15.91 (48.30) | |

Event 16 Men 35-39 200 LC Metre Butterfly

| | | | | | |
|---|---------------|-----------------|------------------|-----------------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 2:29.69 | 10 |
| | 33.45 | 1:14.84 (41.39) | 1:55.87 (41.03) | 2:29.69 (33.82) | |
| 2 | Mark McDonald | 37 | BLACKTOWN CITY | 3:39.36 | 9 |
| | 47.81 | 1:43.44 (55.63) | 2:42.05 (58.61) | 3:39.36 (57.31) | |

Event 16 Men 40-44 200 LC Metre Butterfly

| | | | | | |
|---|----------------|-----------------|-----------------|-----------------|----|
| 1 | Joshua P Baker | 40 | NORTH SHORE | 3:08.03 | 10 |
| | 38.89 | 1:27.98 (49.09) | 2:18.82 (50.84) | 3:08.03 (49.21) | |

Event 16 Men 45-49 200 LC Metre Butterfly

| | | | | | |
|---|--------------------|-----------------|-----------------|-----------------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 2:26.27 | 10 |
| | 33.78 | 1:11.46 (37.68) | 1:48.66 (37.20) | 2:26.27 (37.61) | |
| 2 | Kristopher Watkins | 46 | MIAMI | 3:39.15 | 9 |
| | 42.25 | 1:40.84 (58.59) | 2:39.90 (59.06) | 3:39.15 (59.25) | |

Event 16 Men 50-54 200 LC Metre Butterfly

| | | | | | |
|---|----------------|-------------------|--------------------|-------------------|----|
| 1 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 2:47.43 | 10 |
| | 34.32 | 1:15.62 (41.30) | 2:00.84 (45.22) | 2:47.43 (46.59) | |
| 2 | Carlos Quevedo | 53 | TSA | 3:02.73 | 9 |
| | 39.72 | 1:27.42 (47.70) | 2:16.41 (48.99) | 3:02.73 (46.32) | |
| 3 | Cameron Dawe | 53 | DARWIN STINGERS | 3:34.30 | 8 |
| | 47.69 | 1:44.21 (56.52) | 2:40.51 (56.30) | 3:34.30 (53.79) | |
| 4 | Tony Burt | 54 | MALVERN MARLINS | 3:46.24 | 7 |
| | 48.19 | 1:46.17 (57.98) | 2:45.86 (59.69) | 3:46.24 (1:00.38) | |
| 5 | Sandeep Gulia | 51 | PENRITH | 3:55.04 | 6 |
| | 48.48 | 1:49.32 (1:00.84) | 2:52.60 (1:03.28) | 3:55.04 (1:02.44) | |

Event 16 Men 60-64 200 LC Metre Butterfly

| | | | | | |
|---|------------------|-------------------|-----------------------|-------------------|----|
| 1 | Glen Walker | 63 | PENRITH | 2:59.16 | 10 |
| | 36.94 | 1:20.64 (43.70) | 2:07.36 (46.72) | 2:59.16 (51.80) | |
| 2 | Peter Williamson | 61 | POWERPOINTS | 3:02.22 | 9 |
| | 38.81 | 1:27.00 (48.19) | 2:15.50 (48.50) | 3:02.22 (46.72) | |
| 3 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 3:32.25 | 8 |
| | 41.18 | 1:35.43 (54.25) | 2:34.69 (59.26) | 3:32.25 (57.56) | |
| 4 | John Fisher | 61 | PENRITH | 4:22.42 | 7 |
| | 59.37 | 2:06.75 (1:07.38) | 3:14.99 (1:08.24) | 4:22.42 (1:07.43) | |

Event 16 Men 65-69 200 LC Metre Butterfly

| | | | | | |
|---|------------------|-------------------|---------------------|-------------------|----|
| 1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 3:15.61 | 10 |
| | 44.53 | 1:35.85 (51.32) | 2:27.32 (51.47) | 3:15.61 (48.29) | |
| 2 | Hobe Horton | 67 | MIAMI | 3:24.47 | 9 |
| | 44.65 | 1:39.79 (55.14) | 2:33.58 (53.79) | 3:24.47 (50.89) | |
| 3 | Owen Sinden | 69 | BLACKTOWN CITY | 4:01.06 | 8 |
| | 53.81 | 1:54.21 (1:00.40) | 2:58.03 (1:03.82) | 4:01.06 (1:03.03) | |

Event 16 Men 70-74 200 LC Metre Butterfly

| | | | | | |
|---|------------|-------------------|-------------------|-----------------|----|
| 1 | Don Taylor | 74 | TOOWOOMBA | 4:00.40 | 10 |
| | 53.19 | 1:56.72 (1:03.53) | 3:00.73 (1:04.01) | 4:00.40 (59.67) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 16 Men 75-79 200 LC Metre Butterfly**

| | | | | | |
|---|-------------|-------------------|----------------------------|-------------------|----|
| 1 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 4:39.25 | 10 |
| | 57.86 | 2:14.22 (1:16.36) | 3:28.85 (1:14.63) | 4:39.25 (1:10.40) | |

Event 16 Men 80-84 200 LC Metre Butterfly

| | | | | | |
|---|--------------|-------------------|-------------------|-------------------|----|
| 1 | Robert Magin | 80 | DARWIN STINGERS | 6:46.38 | 10 |
| | 1:33.84 | 3:22.84 (1:49.00) | 5:06.35 (1:43.51) | 6:46.38 (1:40.03) | |

Event 17 Women 18-24 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|-----------------------|-------|----|
| 1 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 35.83 | 10 |
| 2 | Paris McGrath | 24 | MORNINGTON PENINSULA | 36.90 | 9 |
| 3 | Annabelle West | 22 | NIGHTCLIFF | 37.61 | 8 |
| 4 | Shannon Coutts | 23 | DARWIN STINGERS | 39.15 | 7 |
| 5 | Alexia Green | 22 | MORNINGTON PENINSULA | 39.60 | 6 |
| 6 | Joanna Lill | 21 | BLACKTOWN CITY | 40.44 | 5 |

Event 17 Women 25-29 50 LC Metre Backstroke

| | | | | | |
|---|-------------------|----|--------------|-------|----|
| 1 | Kady Ibell | 28 | TSA | 32.74 | 10 |
| 2 | Kimberley Vidura | 28 | UNISA | 34.41 | 9 |
| 3 | Alison Sparks | 25 | NORTH SHORE | 36.31 | 8 |
| 4 | Chloe Hogan | 29 | TSA | 37.25 | 7 |
| 5 | Megan Clark | 26 | PENRITH | 41.36 | 6 |
| 6 | Amy Small | 29 | NOARLUNGA | 47.42 | 5 |
| 7 | Stephanie Neville | 28 | SUPERFINS WA | 52.27 | 4 |

Event 17 Women 30-34 50 LC Metre Backstroke

| | | | | | |
|---|-------------------|----|----------------|---------|----|
| 1 | Suzanna Olsen | 32 | CLAREMONT | 36.59 | 10 |
| 2 | Tiane Burwood | 32 | BLACKTOWN CITY | 45.73 | 9 |
| 3 | Carys Munks | 30 | SUPERFINS WA | 1:10.13 | 8 |
| 4 | Charlotte Britton | 33 | SUPERFINS WA | 1:16.98 | 7 |
| 5 | Courtney Marano | 34 | SUPERFINS WA | 1:22.39 | 6 |

Event 17 Women 35-39 50 LC Metre Backstroke

| | | | | | |
|-----|-------------------|----|---------------------|---------|----|
| 1 | Ashleigh Davis | 35 | SUTHERLAND SANDBERN | 35.10 | 10 |
| 2 | Anna Lucchesi | 35 | POWERPOINTS | 35.42 | 9 |
| 3 | Shelley Devers | 38 | GYMPIE GOLD FINS | 35.89 | 8 |
| 4 | Claire Gorham | 38 | DARWIN STINGERS | 39.56 | 7 |
| 5 | Belinda Meek | 35 | BLACKTOWN CITY | 40.74 | 6 |
| 6 | Kate Conway | 39 | DARWIN STINGERS | 41.02 | 5 |
| 7 | Liz Daly | 39 | TUGGERANONG | 42.18 | 4 |
| 8 | Sarah George | 38 | ETTALONG PELICANS | 43.80 | 3 |
| 9 | Suzie Haddad | 39 | BLACKTOWN CITY | 44.45 | 2 |
| 10 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 46.24 | 1 |
| *11 | Alyssa Josephs | 39 | NEW ZEALAND | 46.51 | 1 |
| *11 | Jessica Valentine | 37 | BLACKTOWN CITY | 1:17.39 | 1 |

Event 17 Women 40-44 50 LC Metre Backstroke

| | | | | | |
|----|-----------------------|----|--------------------|-------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 34.41 | 10 |
| 2 | Stacia Kirk | 43 | CLAREMONT | 34.98 | 9 |
| 3 | Amy McCloskey | 41 | RYDE | 36.10 | 8 |
| 4 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 37.59 | 7 |
| 5 | Miranda Schoolderman | 41 | COTTON TREE | 37.72 | 6 |
| 6 | Michelle Coleman | 44 | DARWIN STINGERS | 37.97 | 5 |
| 7 | Lauren Bradley | 40 | ETTALONG PELICANS | 40.63 | 4 |
| 8 | Karen Williams | 40 | ROCKINGHAM | 41.05 | 3 |
| 9 | Shannon Bowron | 44 | ROCKINGHAM | 41.37 | 2 |
| 10 | Rebecca Milton | 40 | ADELAIDE | 42.52 | 1 |
| 11 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | 42.67 | 1 |
| 12 | Cassandra Whittome | 41 | COCKBURN | 43.97 | 1 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 17 Women 40-44 50 LC Metre Backstroke)**

| | | | | | |
|----|--------------------|----|-------------------|---------|---|
| 13 | Katrina Munn | 41 | RACKLEY SWIM TEAM | 44.71 | 1 |
| 14 | Kristina Caldwell | 42 | IPSWICH CITY | 49.76 | 1 |
| 15 | Nicole Patterson | 41 | SUPERFINS WA | 51.53 | 1 |
| 16 | Tahnee Afuhaamango | 42 | DARWIN STINGERS | 53.78 | 1 |
| 17 | Candice Carpenter | 41 | NIGHTCLIFF | 57.43 | 1 |
| 18 | Mischa Beckett | 41 | SUPERFINS WA | 1:13.92 | 1 |

Event 17 Women 45-49 50 LC Metre Backstroke

| | | | | | |
|----|-------------------|----|-------------------|---------|----|
| 1 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 34.30 | 10 |
| 2 | Kristy Brackstone | 45 | CLAREMONT | 36.99 | 9 |
| 3 | Fiona Reed | 48 | NORTH SYDNEY | 37.13 | 8 |
| 4 | Fiona Griffin | 46 | BOLD PARK | 37.19 | 7 |
| 5 | Nicky Kerr | 49 | MALVERN MARLINS | 38.36 | 6 |
| 6 | Kylie Lane | 47 | TUGGERANONG | 42.97 | 5 |
| 7 | Amy Dickinson | 46 | SEASIDE PIRATES | 43.49 | 4 |
| 8 | Kathleen Bouchier | 45 | PENRITH | 44.52 | 3 |
| 9 | Belinda Peacocke | 48 | DARWIN STINGERS | 45.12 | 2 |
| 10 | Catherine Wilson | 49 | BUNNA-BARRA | 47.23 | 1 |
| 11 | Bec Wright | 49 | BUNNA-BARRA | 1:04.46 | 1 |
| 12 | Cheree Dodkin | 45 | TOOWOOMBA | 1:54.02 | 1 |

Event 17 Women 50-54 50 LC Metre Backstroke

| | | | | | |
|----|----------------------|----|--------------------|---------|----|
| 1 | Madelyn-Anne Ring | 51 | POWERPOINTS | 39.11 | 10 |
| 2 | Tracey Zammit | 53 | MIAMI | 40.49 | 9 |
| 3 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 40.92 | 8 |
| 4 | Heidi Roche | 52 | SEASIDE PIRATES | 41.10 | 7 |
| 5 | Sharyn Bury | 54 | DARWIN STINGERS | 43.50 | 6 |
| 6 | Heike Rahmann | 50 | GLAMOURHEAD SHARKS | 46.17 | 5 |
| *7 | Clarissa Then | 54 | SINGAPORE | 48.72 | 4 |
| *7 | LiQun Hussey | 54 | NOOSA | 52.75 | 4 |
| 8 | Jackie Gardiner | 50 | PERTH CITY | 53.50 | 3 |
| 9 | Charmaine Groppler | 51 | WARRINGAH | 1:11.02 | 2 |

Event 17 Women 55-59 50 LC Metre Backstroke

| | | | | | |
|----|-----------------|----|-----------------------|---------|----|
| 1 | Jennie Bucknell | 58 | POWERPOINTS | 34.25 | 10 |
| 2 | Nola Macaulay | 55 | TSA | 38.51 | 9 |
| 3 | Patricia Reid | 59 | TATTERSALLS CLUB | 40.78 | 8 |
| 4 | Elana McNeil | 59 | MALVERN MARLINS | 40.82 | 7 |
| 5 | Sharon Beaver | 57 | ADELAIDE | 40.90 | 6 |
| 6 | Caz Makin | 56 | TUGGERANONG | 41.20 | 5 |
| 7 | Katrina Burgess | 57 | TUGGERANONG | 42.28 | 4 |
| 8 | Rachel Trenaman | 55 | BEATTY PARK | 42.47 | 3 |
| 9 | Megan Tetley | 56 | CLAREMONT | 43.15 | 2 |
| 10 | Kylee Murray | 58 | MERRYLANDS | 45.96 | 1 |
| 11 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 46.78 | 1 |
| 12 | Clairly Lance | 58 | PERTH CITY | 47.66 | 1 |
| 13 | Carolyn Lunney | 55 | TOOWOOMBA | 1:04.37 | 1 |

Event 17 Women 60-64 50 LC Metre Backstroke

| | | | | | |
|---|------------------|----|----------------------|-------|----|
| 1 | Joanne Sutcliffe | 64 | PHOENIX | 37.25 | 10 |
| 2 | Sue Tompkins | 61 | SEASIDE PIRATES | 39.73 | 9 |
| 3 | Bridget Young | 60 | ROCKINGHAM | 40.53 | 8 |
| 4 | Janette Dickey | 64 | MALVERN MARLINS | 42.40 | 7 |
| 5 | Catherine Reid | 62 | POWERPOINTS | 44.11 | 6 |
| 6 | Meryl Churchill | 61 | RATS OF TOBRUK | 44.46 | 5 |
| 7 | Susan Dalton | 62 | NORTH MACKAY SINKERS | 45.22 | 4 |
| 8 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 45.97 | 3 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 17 Women 60-64 50 LC Metre Backstroke)**

| | | | | | |
|----|----------------------|----|------------------------|---------|---|
| 9 | Tamara Stenhouse | 63 | DARWIN STINGERS | 46.29 | 2 |
| 10 | Fiona Hogarth | 60 | DARWIN STINGERS | 46.54 | 1 |
| 11 | Andrea Hutchinson | 62 | RACKLEY SWIM TEAM | 48.20 | 1 |
| 12 | Louise Jones | 60 | DARWIN STINGERS | 49.36 | 1 |
| 13 | Robyn Richards | 62 | SUNSHINE COAST | 49.79 | 1 |
| 14 | Di Woods | 64 | GLAMOURHEAD SHARKS | 52.37 | 1 |
| 15 | Margaret Fell | 63 | BLACKTOWN CITY | 52.66 | 1 |
| 16 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 52.83 | 1 |
| 17 | Julia Atkins | 61 | WARRINGAH | 53.18 | 1 |
| 18 | Min Wang | 62 | SUTHERLAND SANDBERN | 54.15 | 1 |
| 19 | Beth Ashwood | 64 | MALVERN MARLINS | 55.21 | 1 |
| 20 | Elizabeth McLoughlin | 60 | BLACKTOWN CITY | 1:02.14 | 1 |
| 21 | Donna Uren | 64 | SAPPHIRE COAST | 1:03.57 | 1 |
| 22 | Anne Gillian | 63 | HOBART DOLPHINS | 1:04.84 | 1 |
| 23 | Kathleen Wainwright | 63 | CARINE | 1:19.58 | 1 |

Event 17 Women 65-69 50 LC Metre Backstroke

| | | | | | |
|----|-------------------|----|----------------------|---------|----|
| 1 | Vivienne Anthony | 65 | CLAREMONT | 42.96 | 10 |
| 2 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 43.84 | 9 |
| 3 | Pip Hawson | 65 | CLAREMONT | 45.71 | 8 |
| 4 | Heather Whitehead | 65 | BEATTY PARK | 47.64 | 7 |
| 5 | Fiona Redgrove | 68 | HOBART DOLPHINS | 48.65 | 6 |
| 6 | Eleanor Parsons | 69 | CLAREMONT | 48.76 | 5 |
| 7 | Anke Kohfahl | 66 | GLAMOURHEAD SHARKS | 49.52 | 4 |
| 8 | Gay Bradley | 69 | COTTON TREE | 51.59 | 3 |
| 9 | Joy Johnson | 66 | CLAREMONT | 58.10 | 2 |
| 10 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | 58.97 | 1 |
| 11 | Jane Noake | 67 | SEASIDE PIRATES | 1:02.09 | 1 |
| 12 | Pamela Dawes | 66 | WARRINGAH | 1:04.98 | 1 |
| 13 | Marie Morrison | 69 | DARWIN STINGERS | 1:07.64 | 1 |
| 14 | Philippa Sawyer | 68 | LANE COVE | 1:10.53 | 1 |

Event 17 Women 70-74 50 LC Metre Backstroke

| | | | | | |
|----|-----------------------|----|------------------------------|---------|----|
| 1 | Susan Swire-Thompson | 70 | CLAREMONT | 41.47 | 10 |
| 2 | Suzanne Hollis | 70 | TSA | 44.07 | 9 |
| 3 | Gail Fletcher | 70 | RYDE | 44.42 | 8 |
| 4 | Wendy Cooper | 71 | WARRINGAH | 44.57 | 7 |
| 5 | Carol Russell | 72 | COOGEE-RANDWICK | 47.60 | 6 |
| 6 | Megan Stronach | 72 | HOBART DOLPHINS | 47.63 | 5 |
| 7 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 49.89 | 4 |
| 8 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 52.58 | 3 |
| 9 | Patricia Moore | 71 | DARWIN STINGERS | 53.91 | 2 |
| 10 | Patricia Helmore | 73 | SAPPHIRE COAST | 57.77 | 1 |
| 11 | Jacky Shields | 70 | NOOSA | 59.40 | 1 |
| 12 | Jacqui Ellison | 70 | SURREY PARK SEAHORSES | 59.99 | 1 |
| 13 | Catherine Alexander | 70 | TUGGERANONG | 1:02.28 | 1 |
| 14 | Gail Milroy | 70 | SAPPHIRE COAST | 1:03.25 | 1 |
| 15 | Pauline Tauschke | 70 | DARWIN STINGERS | 1:11.09 | 1 |
| 16 | Jenelle Templeton | 72 | DONCASTER DOLPHINS | 1:27.41 | 1 |
| 17 | Mary McHenry | 72 | CLAREMONT | 1:30.14 | 1 |
| 18 | Helen Rubin | 72 | RYDE | 1:31.56 | 1 |

Event 17 Women 75-79 50 LC Metre Backstroke

| | | | | | |
|---|------------------|----|-----------------|---------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 51.37 | 10 |
| 2 | Narelle Phillips | 77 | BELGRAVIA | 53.91 | 9 |
| 3 | Joan Simpson | 78 | MALVERN MARLINS | 56.72 | 8 |
| 4 | Sandra Rogers | 78 | BUNNA-BARRA | 1:09.17 | 7 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 17 Women 75-79 50 LC Metre Backstroke)**

| | | | | | |
|---|--------------------|----|-------------------|---------|---|
| 5 | Helen Campbell | 76 | WARRINGAH | 1:09.93 | 6 |
| 6 | Jan Salmon | 77 | DARWIN STINGERS | 1:13.55 | 5 |
| 7 | Anne Birt | 78 | ETTALONG PELICANS | 1:26.56 | 4 |
| 8 | Jennifer Sanderson | 76 | DARWIN STINGERS | 1:34.15 | 3 |

Event 17 Women 80-84 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|---------------------|---------|----|
| 1 | Lindy Salter | 80 | MIAMI | 50.28 | 10 |
| 2 | Gerda Williams | 82 | MANDURAH | 51.81 | 9 |
| 3 | Jannie Thomson | 82 | MANDURAH | 53.01 | 8 |
| 4 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 58.07 | 7 |
| 5 | Lois Hill | 81 | NOOSA | 1:02.45 | 6 |
| 6 | Gail Gronholt | 80 | DARWIN STINGERS | 1:04.06 | 5 |

Event 17 Women 85-89 50 LC Metre Backstroke

| | | | | | |
|---|------------------|----|------------------------|---------|----|
| 1 | Valerie Hristova | 85 | DARWIN STINGERS | 1:16.53 | 10 |
| 2 | Barbara Pearce | 87 | MARION | 1:18.31 | 9 |
| 3 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 1:21.29 | 8 |
| 4 | Maggie Roberts | 87 | DARWIN STINGERS | 1:30.08 | 7 |

Event 17 Women 90-94 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|--------------------|---------|----|
| 1 | Dorothy Dickey | 94 | DONCASTER DOLPHINS | 1:20.47 | 10 |
|---|----------------|----|--------------------|---------|----|

Event 17 Men 18-24 50 LC Metre Backstroke

| | | | | | |
|---|------------------|----|----------------------|---------|----|
| 1 | Dylan Mende | 19 | DARWIN BUFFALOS | 31.34 | 10 |
| 2 | Khaden Mallett | 20 | DARWIN BUFFALOS | 32.26 | 9 |
| 3 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 33.64 | 8 |
| 4 | Thomas Micallef | 21 | BLACKTOWN CITY | 33.80 | 7 |
| 5 | Phoenix Galistan | 23 | BLACKTOWN CITY | 50.88 | 6 |
| 6 | Joseph Salt | 24 | SUPERFINS WA | 1:00.97 | 5 |

Event 17 Men 25-29 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|--------------------|---------|----|
| 1 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 32.26 | 10 |
| 2 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 36.21 | 9 |
| 3 | Adam Ward | 27 | BLACKTOWN CITY | 39.70 | 8 |
| 4 | Daniel Paull | 25 | SUPERFINS WA | 50.79 | 7 |
| 5 | Dylan Broadway | 28 | SUPERFINS WA | 54.74 | 6 |
| 6 | James Burt | 28 | SUPERFINS WA | 1:00.61 | 5 |
| 7 | Keith Robinson | 27 | SUPERFINS WA | 1:12.15 | 4 |

Event 17 Men 30-34 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|--------------------|-------|----|
| 1 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 30.26 | 10 |
| 2 | Ryan Jamieson | 30 | DONCASTER DOLPHINS | 35.05 | 9 |
| 3 | Rhys Fisher | 31 | DEVONPORT DEVILS | 36.23 | 8 |

Event 17 Men 35-39 50 LC Metre Backstroke

| | | | | | |
|---|------------------|----|--------------------|---------|----|
| 1 | Anthony Dragovic | 39 | BLACKTOWN CITY | 33.01 | 10 |
| 2 | Leigh Guy | 37 | GLAMOURHEAD SHARKS | 44.74 | 9 |
| 3 | Gregory Black | 35 | SUPERFINS WA | 50.08 | 8 |
| 4 | Matthew Barndon | 38 | CARINE | 59.13 | 7 |
| 5 | Nathan Curry | 38 | SUPERFINS WA | 1:04.64 | 6 |

Event 17 Men 40-44 50 LC Metre Backstroke

| | | | | | |
|---|------------------------|----|--------------------|-------|----|
| 1 | Sean Giuricin | 41 | TSA | 31.08 | 10 |
| 2 | Daniel Lynch | 43 | BLACKTOWN CITY | 33.68 | 9 |
| 3 | Joshua P Baker | 40 | NORTH SHORE | 33.71 | 8 |
| 4 | Paul Whelan | 44 | GLAMOURHEAD SHARKS | 37.06 | 7 |
| 5 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 39.37 | 6 |
| 6 | Mark Robertson | 41 | ETTALONG PELICANS | 42.93 | 5 |
| 7 | Varant Jambazian | 41 | MERRYLANDS | 47.48 | 4 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 17 Men 40-44 50 LC Metre Backstroke)**

| | | | | | |
|---|-----------------|----|------------|-------|---|
| 8 | James Carpenter | 41 | NIGHTCLIFF | 49.28 | 3 |
|---|-----------------|----|------------|-------|---|

Event 17 Men 45-49 50 LC Metre Backstroke

| | | | | | |
|---|--------------------|----|--------------------|-------|----|
| 1 | Brad Johnson | 47 | DONCASTER DOLPHINS | 31.12 | 10 |
| 2 | Stuart Mackay | 49 | PENRITH | 32.82 | 9 |
| 3 | Todd Patrick | 45 | GLAMOURHEAD SHARKS | 33.07 | 8 |
| 4 | Andrew Osborne | 49 | PHOENIX | 34.35 | 7 |
| 5 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 36.67 | 6 |
| 6 | Kristopher Watkins | 46 | MIAMI | 42.16 | 5 |
| 7 | John Welch | 49 | GLAMOURHEAD SHARKS | 53.65 | 4 |

Event 17 Men 50-54 50 LC Metre Backstroke

| | | | | | |
|----|-------------------|----|--------------------|-------|----|
| 1 | Juergen Langfeldt | 52 | DONCASTER DOLPHINS | 31.71 | 10 |
| 2 | Mark Preiss | 52 | AQUADOME OTTERS | 32.47 | 9 |
| 3 | Bradley Halicek | 51 | BLACKTOWN CITY | 32.62 | 8 |
| 4 | James Watson | 50 | SEASIDE PIRATES | 33.26 | 7 |
| 5 | Julius Turanyik | 54 | POWERPOINTS | 34.00 | 6 |
| 6 | Cameron McInerney | 51 | NIGHTCLIFF | 35.19 | 5 |
| 7 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 35.75 | 4 |
| 8 | Damien Eyre | 51 | RIVERTON | 35.79 | 3 |
| 9 | Robert Bailey | 54 | MIAMI | 36.39 | 2 |
| 10 | Carlos Quevedo | 53 | TSA | 37.95 | 1 |
| 11 | Jason Gronowicz | 50 | BLACKTOWN CITY | 46.10 | 1 |
| 12 | Andrew Goldswain | 53 | SUPERFINS WA | 56.62 | 1 |

Event 17 Men 55-59 50 LC Metre Backstroke

| | | | | | |
|----|-----------------|----|-----------------------|-------|----|
| 1 | Martin Banks | 56 | TSA | 32.30 | 10 |
| 2 | Brett Davidson | 57 | POWERPOINTS | 34.42 | 9 |
| 3 | David O'Brien | 56 | SUTHERLAND SANDBERN | 34.94 | 8 |
| 4 | Darren Turner | 58 | PENRITH | 35.78 | 7 |
| 5 | Craig Magnusson | 59 | NORTH SHORE | 36.03 | 6 |
| 6 | Ian Pollock | 56 | DARWIN STINGERS | 36.42 | 5 |
| 7 | Stephen Hawkins | 59 | WARRINGAH | 36.66 | 4 |
| 8 | Arie Walker | 57 | SURREY PARK SEAHORSES | 37.47 | 3 |
| 9 | Paul Johnson | 57 | WARRINGAH | 39.01 | 2 |
| 10 | Peter Bubrzycki | 59 | COCKBURN | 41.35 | 1 |
| 11 | Michael Poot | 57 | SUTHERLAND SANDBERN | 42.49 | 1 |
| 12 | Warren Midgley | 59 | TOOWOOMBA | 43.72 | 1 |
| 13 | Stephen Wills | 56 | RIVERTON | 44.43 | 1 |

Event 17 Men 60-64 50 LC Metre Backstroke

| | | | | | |
|----|-------------------|----|-----------------------|-------|----|
| 1 | Allan Samuels | 60 | TSA | 35.70 | 10 |
| 2 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 36.09 | 9 |
| 3 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 36.65 | 8 |
| 4 | Des McPherson | 62 | CASEY SEALS | 38.37 | 7 |
| 5 | Bruce Havilah | 63 | BEATTY PARK | 38.54 | 6 |
| 6 | Glen Walker | 63 | PENRITH | 39.34 | 5 |
| 7 | Tony Tooher | 62 | WARRINGAH | 40.38 | 4 |
| 8 | Scott Sugden | 61 | NORTH SHORE | 40.85 | 3 |
| 9 | Ronald Massaar | 64 | SUTHERLAND SANDBERN | 42.30 | 2 |
| 10 | Robert Wilson | 62 | MORNINGTON PENINSULA | 42.50 | 1 |
| 11 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 43.70 | 1 |
| 12 | Mark Huggins | 63 | MALVERN MARLINS | 45.07 | 1 |
| 13 | Andrew McCrindell | 61 | RYDE | 47.62 | 1 |
| 14 | Wayne Carlsh | 61 | TOOWOOMBA | 47.82 | 1 |
| 15 | Richard Hughes | 62 | CLAREMONT | 57.07 | 1 |
| 16 | John Fisher | 61 | PENRITH | 59.82 | 1 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 17 Men 60-64 50 LC Metre Backstroke)**

| | | | | | |
|----|----------------|----|--------------------|---------|---|
| 17 | Gordon Simpson | 64 | GIPPSLAND FLIPPERS | 1:03.41 | 1 |
|----|----------------|----|--------------------|---------|---|

Event 17 Men 65-69 50 LC Metre Backstroke

| | | | | | |
|---|-------------------|----|---------------------|-------|----|
| 1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 37.12 | 10 |
| 2 | Tony Renner | 67 | MELVILLE | 39.60 | 9 |
| 3 | Alan Godfrey | 67 | GLAMOURHEAD SHARKS | 39.94 | 8 |
| 4 | Anthony Gallagher | 69 | WARRINGAH | 50.92 | 7 |
| 5 | Alan Denton | 66 | POWERPOINTS | 54.83 | 6 |
| 6 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 59.43 | 5 |

Event 17 Men 70-74 50 LC Metre Backstroke

| | | | | | |
|----|------------------|----|-----------------------|---------|----|
| 1 | Anthony Curran | 71 | ETTALONG PELICANS | 39.10 | 10 |
| 2 | Paul Gibson | 71 | DARWIN STINGERS | 41.65 | 9 |
| *3 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 48.47 | 8 |
| *3 | Gordon Whyte | 72 | WARRINGAH | 48.47 | 8 |
| 5 | Trevor Wainstein | 71 | CLAREMONT | 55.43 | 6 |
| 6 | Ross Hall | 71 | MANLY | 1:08.38 | 5 |
| 7 | John Towers | 74 | LAUNCESTON LEMMINGS | 1:29.81 | 4 |

Event 17 Men 75-79 50 LC Metre Backstroke

| | | | | | |
|----|------------------|----|----------------------------|---------|----|
| 1 | Stephen Lamy | 75 | MANLY | 39.48 | 10 |
| 2 | Robert Patterson | 77 | DARWIN STINGERS | 42.71 | 9 |
| 3 | Rod Clarke | 78 | DONCASTER DOLPHINS | 42.84 | 8 |
| 4 | Gerry Tucker | 75 | MALVERN MARLINS | 44.70 | 7 |
| 5 | Trevor Skinner | 76 | MALVERN MARLINS | 45.65 | 6 |
| 6 | Trevor Mathews | 79 | NOOSA | 49.36 | 5 |
| 7 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 50.79 | 4 |
| 8 | Peter Lord | 77 | SURREY PARK SEAHORSES | 51.93 | 3 |
| 9 | John Stanton | 77 | MALVERN MARLINS | 56.40 | 2 |
| 10 | John Bell | 77 | CARINE | 59.16 | 1 |
| 11 | Peter Caust | 75 | DARWIN STINGERS | 1:01.50 | 1 |

Event 17 Men 80-84 50 LC Metre Backstroke

| | | | | | |
|---|-----------------|----|----------------|---------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 52.36 | 10 |
| 2 | David Salter | 82 | MIAMI | 1:03.09 | 9 |
| 3 | David Craig | 80 | WARRINGAH | 1:06.81 | 8 |
| 4 | Graham Campbell | 80 | WARRINGAH | 1:23.10 | 7 |
| 5 | James Ross | 80 | NEW ZEALAND | 1:32.01 | 6 |

Event 17 Men 85-89 50 LC Metre Backstroke

| | | | | | |
|---|--------------|----|-----------------|---------|----|
| 1 | John Pollock | 85 | DARWIN STINGERS | 1:09.77 | 10 |
|---|--------------|----|-----------------|---------|----|

Event 17 Men 90-94 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|-----------------|---------|----|
| 1 | Patrick Galvin | 91 | MALVERN MARLINS | 54.74 | 10 |
| 2 | Peter Couttie | 94 | MALVERN MARLINS | 2:08.25 | 9 |

Event 17 Men 95-99 50 LC Metre Backstroke

| | | | | | |
|---|----------------|----|----------|---------|----|
| 1 | Charles Renner | 96 | MELVILLE | 1:05.97 | 10 |
|---|----------------|----|----------|---------|----|

Event 18 Women 18-24 100 LC Metre Butterfly

| | | | | | |
|---|--------------|----|----------------------|---------|----|
| 1 | Alexia Green | 22 | MORNINGTON PENINSULA | 1:29.12 | 10 |
| | 40.12 | | 1:29.12 (49.00) | | |

Event 18 Women 25-29 100 LC Metre Butterfly

| | | | | | |
|---|------------------|----|-------------------|---------|----|
| 1 | Kimberley Vidura | 28 | UNISA | 1:15.72 | 10 |
| | 34.70 | | 1:15.72 (41.02) | | |
| 2 | Amy Small | 29 | NOARLUNGA | 1:53.48 | 9 |
| | 45.21 | | 1:53.48 (1:08.27) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 18 Women 30-34 100 LC Metre Butterfly**

| | | | | | |
|---|----------------------|---------|-----------------|---------|----|
| 1 | Jayde Richardson | 32 | HOBART DOLPHINS | 1:15.76 | 10 |
| | 35.18 | 1:15.76 | (40.58) | | |
| 2 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 1:58.08 | 9 |
| | 54.34 | 1:58.08 | (1:03.74) | | |

Event 18 Women 35-39 100 LC Metre Butterfly

| | | | | | |
|---|------------------|---------|--------------------|---------|----|
| 1 | Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 1:09.94 | 10 |
| | 32.71 | 1:09.94 | (37.23) | | |
| 2 | Shelley Devers | 38 | GYMPIE GOLD FINS | 1:16.55 | 9 |
| | 33.59 | 1:16.55 | (42.96) | | |
| 3 | Alison Sakurovs | 39 | MERRYLANDS | 1:21.73 | 8 |
| | 36.02 | 1:21.73 | (45.71) | | |
| 4 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 1:44.31 | 7 |
| | 45.53 | 1:44.31 | (58.78) | | |

Event 18 Women 40-44 100 LC Metre Butterfly

| | | | | | |
|---|-------------------|---------|--------------------|---------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 1:13.45 | 10 |
| | 33.06 | 1:13.45 | (40.39) | | |
| 2 | Anna Eisenhauer | 40 | CLAREMONT | 1:22.48 | 9 |
| | 37.63 | 1:22.48 | (44.85) | | |
| 3 | Shannon Lorimer | 42 | DONCASTER DOLPHINS | 1:23.24 | 8 |
| | 38.48 | 1:23.24 | (44.76) | | |
| 4 | Lauren Bradley | 40 | ETTALONG PELICANS | 1:34.94 | 7 |
| | 43.44 | 1:34.94 | (51.50) | | |
| 5 | Kristi Ruus | 40 | TUGGERANONG | 1:45.17 | 6 |
| | 48.04 | 1:45.17 | (57.13) | | |

Event 18 Women 45-49 100 LC Metre Butterfly

| | | | | | |
|---|----------------------|---------|-------------------|---------|----|
| 1 | Lisandra De Carvalho | 46 | POWERPOINTS | 1:08.47 | 10 |
| | 32.10 | 1:08.47 | (36.37) | | |
| 2 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 1:12.52 | 9 |
| | 32.64 | 1:12.52 | (39.88) | | |
| 3 | Fiona Reed | 48 | NORTH SYDNEY | 1:17.19 | 8 |
| | 35.53 | 1:17.19 | (41.66) | | |
| 4 | Carri Forrester | 45 | CLAREMONT | 1:27.27 | 7 |
| | 40.32 | 1:27.27 | (46.95) | | |
| 5 | Amy Dickinson | 46 | SEASIDE PIRATES | 1:29.54 | 6 |
| | 41.30 | 1:29.54 | (48.24) | | |
| 6 | Rebecca Draper | 46 | NORTHERN | 1:46.33 | 5 |
| | 48.23 | 1:46.33 | (58.10) | | |

Event 18 Women 50-54 100 LC Metre Butterfly

| | | | | | |
|---|----------------------|---------|----------------------|---------|----|
| 1 | Tracey Zammit | 53 | MIAMI | 1:25.10 | 10 |
| | 39.14 | 1:25.10 | (45.96) | | |
| 2 | Heidi Roche | 52 | SEASIDE PIRATES | 1:29.63 | 9 |
| | 39.92 | 1:29.63 | (49.71) | | |
| 3 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 1:33.19 | 8 |
| | 39.47 | 1:33.19 | (53.72) | | |
| 4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 1:33.22 | 7 |
| | 42.48 | 1:33.22 | (50.74) | | |
| 5 | Patricia Burton | 54 | CLAREMONT | 1:39.51 | 6 |
| | 44.15 | 1:39.51 | (55.36) | | |
| 6 | LiQun Hussey | 54 | NOOSA | 1:57.87 | 5 |
| | 54.23 | 1:57.87 | (1:03.64) | | |
| 7 | Kerryn Blanch | 51 | BLACKTOWN CITY | 2:03.41 | 4 |
| | 57.88 | 2:03.41 | (1:05.53) | | |
| 8 | Charmaine Groppler | 51 | WARRINGAH | 2:30.39 | 3 |
| | 1:06.55 | 2:30.39 | (1:23.84) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 18 Women 55-59 100 LC Metre Butterfly**

| | | | | | |
|---|-----------------|---------|-----------------|---------|----|
| 1 | Nola Macaulay | 55 | TSA | 1:15.09 | 10 |
| | 33.25 | 1:15.09 | (41.84) | | |
| 2 | Anne Henderson | 56 | HOBART AQUATIC | 1:25.37 | 9 |
| | 38.98 | 1:25.37 | (46.39) | | |
| 3 | Elana McNeil | 59 | MALVERN MARLINS | 1:31.77 | 8 |
| | 40.14 | 1:31.77 | (51.63) | | |
| 4 | Colette Southam | 59 | MIAMI | 1:42.60 | 7 |
| | 44.24 | 1:42.60 | (58.36) | | |
| 5 | Wendy McMurtrie | 57 | PORT MACQUARIE | 1:45.81 | 6 |
| | 48.44 | 1:45.81 | (57.37) | | |
| 6 | Sharon Newstead | 59 | MALVERN MARLINS | 1:57.05 | 5 |
| | 51.34 | 1:57.05 | (1:05.71) | | |
| 7 | Kylee Murray | 58 | MERRYLANDS | 1:58.73 | 4 |
| | 50.53 | 1:58.73 | (1:08.20) | | |
| 8 | Alison Farmer | 59 | CLAREMONT | 1:59.48 | 3 |
| | 56.64 | 1:59.48 | (1:02.84) | | |

Event 18 Women 60-64 100 LC Metre Butterfly

| | | | | | |
|---|-------------------|---------|-----------------------|---------|----|
| 1 | Bridget Young | 60 | ROCKINGHAM | 1:28.15 | 10 |
| | 39.91 | 1:28.15 | (48.24) | | |
| 2 | Janette Dickey | 64 | MALVERN MARLINS | 1:29.86 | 9 |
| | 41.22 | 1:29.86 | (48.64) | | |
| 3 | Nicola Corsbie | 62 | CLAREMONT | 1:31.99 | 8 |
| | 42.85 | 1:31.99 | (49.14) | | |
| 4 | Meryl Churchill | 61 | RATS OF TOBRUK | 1:46.89 | 7 |
| | 48.88 | 1:46.89 | (58.01) | | |
| 5 | Andrea Hutchinson | 62 | RACKLEY SWIM TEAM | 1:48.90 | 6 |
| | 49.85 | 1:48.90 | (59.05) | | |
| 6 | Min Wang | 62 | SUTHERLAND SANDBERN | 1:58.15 | 5 |
| | 52.54 | 1:58.15 | (1:05.61) | | |
| 7 | Wendy Kingma | 63 | GOULBURN VALLEY CROCS | 1:59.40 | 4 |
| | 55.70 | 1:59.40 | (1:03.70) | | |

Event 18 Women 65-69 100 LC Metre Butterfly

| | | | | | |
|---|-------------------|---------|------------------------|---------|----|
| 1 | Moira Wigley | 65 | DARWIN BUFFALOS | 1:33.59 | 10 |
| | 42.48 | 1:33.59 | (51.11) | | |
| 2 | Heather Whitehead | 65 | BEATTY PARK | 1:34.81 | 9 |
| | 45.27 | 1:34.81 | (49.54) | | |
| 3 | Yvonne Mutton | 66 | NOOSA | 1:42.89 | 8 |
| | 44.19 | 1:42.89 | (58.70) | | |
| 4 | Vivienne Anthony | 65 | CLAREMONT | 1:57.65 | 7 |
| | 53.33 | 1:57.65 | (1:04.32) | | |
| 5 | Therese Crollick | 67 | RIVER CITY | 2:11.89 | 6 |
| | 1:00.23 | 2:11.89 | (1:11.66) | | |
| 6 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 3:05.07 | 5 |
| | 1:30.81 | 3:05.07 | (1:34.26) | | |

Event 18 Women 70-74 100 LC Metre Butterfly

| | | | | | |
|---|-----------------|---------|-----------------|---------|----|
| 1 | Suzanne Hollis | 70 | TSA | 1:42.81 | 10 |
| | 47.38 | 1:42.81 | (55.43) | | |
| 2 | Pam Munday | 73 | OAK FLATS | 1:53.59 | 9 |
| | 51.81 | 1:53.59 | (1:01.78) | | |
| 3 | Megan Stronach | 72 | HOBART DOLPHINS | 1:56.55 | 8 |
| | 51.90 | 1:56.55 | (1:04.65) | | |
| 4 | Helen Malar | 70 | NOOSA | 2:02.43 | 7 |
| | 57.61 | 2:02.43 | (1:04.82) | | |
| 5 | Christine Leary | 70 | TUGGERANONG | 2:06.75 | 6 |
| | 1:01.41 | 2:06.75 | (1:05.34) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 18 Women 70-74 100 LC Metre Butterfly)**

| | | | | | |
|---|-----------------|---------|-------------|---------|---|
| 6 | Lesley Buchanan | 73 | NORTH SHORE | 2:07.80 | 5 |
| | 1:00.30 | 2:07.80 | (1:07.50) | | |
| 7 | Helen Rubin | 72 | RYDE | 3:27.05 | 4 |
| | 1:44.57 | 3:27.05 | (1:42.48) | | |

Event 18 Women 75-79 100 LC Metre Butterfly

| | | | | | |
|---|---------------|---------|-------------|---------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 2:06.28 | 10 |
| | 56.41 | 2:06.28 | (1:09.87) | | |

Event 18 Women 80-84 100 LC Metre Butterfly

| | | | | | |
|---|----------------|---------|---------------------|---------|----|
| 1 | Marsha Reddiex | 81 | BELGRAVIA | 2:19.54 | 10 |
| | 1:03.31 | 2:19.54 | (1:16.23) | | |
| 2 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 3:00.04 | 9 |
| | 1:17.17 | 3:00.04 | (1:42.87) | | |

Event 18 Women 85-89 100 LC Metre Butterfly

| | | | | | |
|---|------------|---------|------------------------|---------|----|
| 1 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 3:36.38 | 10 |
| | 1:50.32 | 3:36.38 | (1:46.06) | | |

Event 18 Men 18-24 100 LC Metre Butterfly

| | | | | | |
|---|-----------------|---------|-----------------|---------|----|
| 1 | Oscar Callander | 22 | DARWIN BUFFALOS | 1:07.73 | 10 |
| | 30.37 | 1:07.73 | (37.36) | | |
| 2 | Khaden Mallett | 20 | DARWIN BUFFALOS | 1:08.69 | 9 |
| | 30.59 | 1:08.69 | (38.10) | | |

Event 18 Men 25-29 100 LC Metre Butterfly

| | | | | | |
|---|--------------|---------|-------------------|---------|----|
| 1 | Jordan Henry | 28 | BLACKTOWN CITY | 1:09.99 | 10 |
| | 31.63 | 1:09.99 | (38.36) | | |
| 2 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 1:15.83 | 9 |
| | 34.92 | 1:15.83 | (40.91) | | |

Event 18 Men 30-34 100 LC Metre Butterfly

| | | | | | |
|---|----------------|---------|--------------------|---------|----|
| 1 | Radu Coicici | 33 | POWERPOINTS | 59.92 | 10 |
| | 27.92 | 59.92 | (32.00) | | |
| 2 | Ofir Kuberman | 34 | DONCASTER DOLPHINS | 1:04.74 | 9 |
| | 28.54 | 1:04.74 | (36.20) | | |
| 3 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 1:05.21 | 8 |
| | 28.41 | 1:05.21 | (36.80) | | |
| 4 | David Almeida | 31 | NORTH SHORE | 1:06.54 | 7 |
| | 30.29 | 1:06.54 | (36.25) | | |

Event 18 Men 35-39 100 LC Metre Butterfly

| | | | | | |
|---|----------------|---------|--------------------|---------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 1:01.50 | 10 |
| | 28.05 | 1:01.50 | (33.45) | | |
| 2 | Bradley Thomas | 39 | PENRITH | 1:04.18 | 9 |
| | 29.05 | 1:04.18 | (35.13) | | |
| 3 | Haydn Valle | 35 | DARWIN STINGERS | 1:11.08 | 8 |
| | 32.82 | 1:11.08 | (38.26) | | |
| 4 | Mark McDonald | 37 | BLACKTOWN CITY | 1:34.15 | 7 |
| | 43.22 | 1:34.15 | (50.93) | | |
| 5 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 1:38.87 | 6 |
| | 42.83 | 1:38.87 | (56.04) | | |

Event 18 Men 40-44 100 LC Metre Butterfly

| | | | | | |
|---|------------------------|---------|--------------------|---------|----|
| 1 | David Kellam | 43 | POWERPOINTS | 1:03.25 | 10 |
| | 30.41 | 1:03.25 | (32.84) | | |
| 2 | Sean Giuricin | 41 | TSA | 1:06.33 | 9 |
| | 30.07 | 1:06.33 | (36.26) | | |
| 3 | Alberto Caceres Castro | 42 | GLAMOURHEAD SHARKS | 1:21.68 | 8 |
| | 36.25 | 1:21.68 | (45.43) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 18 Men 45-49 100 LC Metre Butterfly**

| | | | | | |
|---|--------------------|---------|---------|---------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 1:05.30 | 10 |
| | 29.73 | 1:05.30 | (35.57) | | |
| 2 | Louis Whant | 46 | PENRITH | 1:06.19 | 9 |
| | 30.72 | 1:06.19 | (35.47) | | |
| 3 | Kristopher Watkins | 46 | MIAMI | 1:25.70 | 8 |
| | 37.65 | 1:25.70 | (48.05) | | |

Event 18 Men 50-54 100 LC Metre Butterfly

| | | | | | |
|---|----------------------|---------|--------------------|---------|----|
| 1 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 1:09.46 | 10 |
| | 31.83 | 1:09.46 | (37.63) | | |
| 2 | Kieren Jon Lawrenson | 50 | CLAREMONT | 1:09.90 | 9 |
| | 31.21 | 1:09.90 | (38.69) | | |
| 3 | James Watson | 50 | SEASIDE PIRATES | 1:12.37 | 8 |
| | 33.17 | 1:12.37 | (39.20) | | |
| 4 | Carlos Quevedo | 53 | TSA | 1:19.30 | 7 |
| | 36.81 | 1:19.30 | (42.49) | | |
| 5 | Cameron Dawe | 53 | DARWIN STINGERS | 1:23.70 | 6 |
| | 37.44 | 1:23.70 | (46.26) | | |
| 6 | Sandeep Gulia | 51 | PENRITH | 1:39.17 | 5 |
| | 44.07 | 1:39.17 | (55.10) | | |

Event 18 Men 55-59 100 LC Metre Butterfly

| | | | | | |
|---|-----------------|---------|-----------------|---------|----|
| 1 | Brett Davidson | 57 | POWERPOINTS | 1:08.98 | 10 |
| | 32.19 | 1:08.98 | (36.79) | | |
| 2 | Stephen Hawkins | 59 | WARRINGAH | 1:22.44 | 9 |
| | 37.63 | 1:22.44 | (44.81) | | |
| 3 | Ian Pollock | 56 | DARWIN STINGERS | 1:23.63 | 8 |
| | 34.75 | 1:23.63 | (48.88) | | |

Event 18 Men 60-64 100 LC Metre Butterfly

| | | | | | |
|---|------------------|---------|-----------------------|---------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 1:12.16 | 10 |
| | 32.33 | 1:12.16 | (39.83) | | |
| 2 | Glen Walker | 63 | PENRITH | 1:14.69 | 9 |
| | 35.53 | 1:14.69 | (39.16) | | |
| 3 | Allan Samuels | 60 | TSA | 1:15.02 | 8 |
| | 34.33 | 1:15.02 | (40.69) | | |
| 4 | Peter Williamson | 61 | POWERPOINTS | 1:16.89 | 7 |
| | 34.74 | 1:16.89 | (42.15) | | |
| 5 | Simon Horan | 62 | MALVERN MARLINS | 1:21.41 | 6 |
| | 36.54 | 1:21.41 | (44.87) | | |
| 6 | William O'Leary | 63 | TSA | 1:21.96 | 5 |
| | 32.74 | 1:21.96 | (49.22) | | |
| 7 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 1:28.49 | 4 |
| | 39.09 | 1:28.49 | (49.40) | | |
| 8 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 1:45.08 | 3 |
| | 47.56 | 1:45.08 | (57.52) | | |
| 9 | John Fisher | 61 | PENRITH | 1:57.00 | 2 |
| | 55.18 | 1:57.00 | (1:01.82) | | |

Event 18 Men 65-69 100 LC Metre Butterfly

| | | | | | |
|---|------------------|---------|---------------------|---------|----|
| 1 | Paul Blackbeard | 66 | CLAREMONT | 1:13.39 | 10 |
| | 33.32 | 1:13.39 | (40.07) | | |
| 2 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 1:26.73 | 9 |
| | 42.02 | 1:26.73 | (44.71) | | |
| 3 | Neil Newman | 68 | BELGRAVIA | 1:37.77 | 8 |
| | 41.65 | 1:37.77 | (56.12) | | |

Event 18 Men 70-74 100 LC Metre Butterfly

| | | | | | |
|---|-----------|---------|---------|---------|----|
| 1 | Ian Young | 72 | MARION | 1:24.78 | 10 |
| | 39.89 | 1:24.78 | (44.89) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 18 Men 70-74 100 LC Metre Butterfly)**

| | | | | | |
|---|--------------|-------------------|-----------------------|---------|---|
| 2 | Gordon Whyte | 72 | WARRINGAH | 1:35.90 | 9 |
| | 45.08 | 1:35.90 (50.82) | | | |
| 3 | Tom Fanning | 70 | SURREY PARK SEAHORSES | 1:58.11 | 8 |
| | 52.39 | 1:58.11 (1:05.72) | | | |

Event 18 Men 75-79 100 LC Metre Butterfly

| | | | | | |
|---|--------------|-------------------|----------------------------|---------|----|
| 1 | Gerry Tucker | 75 | MALVERN MARLINS | 1:38.81 | 10 |
| | 48.07 | 1:38.81 (50.74) | | | |
| 2 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 2:02.06 | 9 |
| | 52.30 | 2:02.06 (1:09.76) | | | |

Event 18 Men 80-84 100 LC Metre Butterfly

| | | | | | |
|---|--------------|-------------------|-----------------|---------|----|
| 1 | Robert Magin | 80 | DARWIN STINGERS | 3:26.88 | 10 |
| | 1:39.38 | 3:26.88 (1:47.50) | | | |

Event 19 Women 18-24 200 LC Metre IM

| | | | | | |
|---|----------------|-----------------|-----------------------|-----------------|----|
| 1 | Annabelle West | 22 | NIGHTCLIFF | 2:57.36 | 10 |
| | 38.57 | 1:25.65 (47.08) | 2:15.15 (49.50) | 2:57.36 (42.21) | |
| 2 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 3:00.32 | 9 |
| | 35.34 | 1:19.17 (43.83) | 2:18.00 (58.83) | 3:00.32 (42.32) | |
| 3 | Paris McGrath | 24 | MORNINGTON PENINSULA | 3:07.91 | 8 |
| | 35.39 | 1:22.40 (47.01) | 2:24.07 (1:01.67) | 3:07.91 (43.84) | |
| 4 | Joanna Lill | 21 | BLACKTOWN CITY | 3:08.99 | 7 |
| | 42.04 | 1:30.15 (48.11) | 2:27.27 (57.12) | 3:08.99 (41.72) | |
| 5 | Alexia Green | 22 | MORNINGTON PENINSULA | 3:11.98 | 6 |
| | 39.65 | 1:24.73 (45.08) | 2:29.20 (1:04.47) | 3:11.98 (42.78) | |

Event 19 Women 25-29 200 LC Metre IM

| | | | | | |
|---|-------------------|-------------------|-------------------|-----------------|----|
| 1 | Kady Ibell | 28 | TSA | 2:35.10 | 10 |
| | 31.36 | 1:12.13 (40.77) | 1:57.58 (45.45) | 2:35.10 (37.52) | |
| 2 | Kimberley Vidura | 28 | UNISA | 2:55.41 | 9 |
| | 34.05 | 1:18.11 (44.06) | 2:15.71 (57.60) | 2:55.41 (39.70) | |
| 3 | Stephanie Neville | 28 | SUPERFINS WA | 4:10.55 | 8 |
| | 56.42 | 2:07.74 (1:11.32) | 3:20.42 (1:12.68) | 4:10.55 (50.13) | |

Event 19 Women 30-34 200 LC Metre IM

| | | | | | |
|---|----------------------|-------------------|-------------------|-------------------|----|
| 1 | Amanda Tully | 33 | DARWIN STINGERS | 2:47.02 | 10 |
| | 35.65 | 1:18.81 (43.16) | 2:08.23 (49.42) | 2:47.02 (38.79) | |
| 2 | Rebecca Kierath | 30 | CLAREMONT | 3:04.78 | 9 |
| | 38.69 | 1:28.83 (50.14) | 2:20.16 (51.33) | 3:04.78 (44.62) | |
| 3 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 4:06.54 | 8 |
| | 56.24 | 2:02.46 (1:06.22) | 3:11.52 (1:09.06) | 4:06.54 (55.02) | |
| 4 | Carys Munks | 30 | SUPERFINS WA | 6:28.64 | 7 |
| | 1:22.45 | 2:47.10 (1:24.65) | 4:57.06 (2:09.96) | 6:28.64 (1:31.58) | |

Event 19 Women 35-39 200 LC Metre IM

| | | | | | |
|---|----------------|-----------------|-------------------------|-----------------|----|
| 1 | Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 2:35.43 | 10 |
| | 33.03 | 1:14.84 (41.81) | 2:00.04 (45.20) | 2:35.43 (35.39) | |
| 2 | Shelley Devers | 38 | GYMPIE GOLD FINS | 2:45.47 | 9 |
| | 32.95 | 1:18.63 (45.68) | 2:05.08 (46.45) | 2:45.47 (40.39) | |
| 3 | Rachael Cooper | 35 | GUILDFORD AND KALAMUNDA | 3:08.17 | 8 |
| | 42.16 | 1:32.97 (50.81) | 2:26.38 (53.41) | 3:08.17 (41.79) | |
| 4 | Claire Gorham | 38 | DARWIN STINGERS | 3:09.63 | 7 |
| | 41.26 | 1:28.67 (47.41) | 2:25.89 (57.22) | 3:09.63 (43.74) | |
| 5 | Belinda Meek | 35 | BLACKTOWN CITY | 3:14.52 | 6 |
| | 40.26 | 1:30.01 (49.75) | 2:27.55 (57.54) | 3:14.52 (46.97) | |
| 6 | Kate Conway | 39 | DARWIN STINGERS | 3:22.61 | 5 |
| | 42.17 | 1:35.15 (52.98) | 2:35.17 (1:00.02) | 3:22.61 (47.44) | |
| 7 | Suzie Haddad | 39 | BLACKTOWN CITY | 3:23.73 | 4 |
| | 43.88 | 1:37.96 (54.08) | 2:37.62 (59.66) | 3:23.73 (46.11) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 19 Women 35-39 200 LC Metre IM)**

| | | | | | |
|---|------------------|-----------------|-------------------|-----------------|---|
| 8 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 3:40.44 | 3 |
| | 47.82 | 1:45.76 (57.94) | 2:49.21 (1:03.45) | 3:40.44 (51.23) | |

Event 19 Women 40-44 200 LC Metre IM

| | | | | | |
|----|----------------------|-------------------|--------------------|-----------------|----|
| 1 | Elizabeth Merenda | 44 | TUGGERANONG | 2:40.62 | 10 |
| | 32.70 | 1:13.10 (40.40) | 2:01.88 (48.78) | 2:40.62 (38.74) | |
| 2 | Stacia Kirk | 43 | CLAREMONT | 2:45.32 | 9 |
| | 34.62 | 1:20.62 (46.00) | 2:08.96 (48.34) | 2:45.32 (36.36) | |
| 3 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 2:47.33 | 8 |
| | 36.77 | 1:19.43 (42.66) | 2:11.39 (51.96) | 2:47.33 (35.94) | |
| 4 | Amy McCloskey | 41 | RYDE | 2:53.21 | 7 |
| | 34.64 | 1:19.88 (45.24) | 2:11.45 (51.57) | 2:53.21 (41.76) | |
| 5 | Anna Eisenhauer | 40 | CLAREMONT | 3:04.17 | 6 |
| | 35.42 | 1:25.32 (49.90) | 2:19.02 (53.70) | 3:04.17 (45.15) | |
| 6 | Miranda Schoolderman | 41 | COTTON TREE | 3:04.52 | 5 |
| | 37.13 | 1:22.52 (45.39) | 2:21.90 (59.38) | 3:04.52 (42.62) | |
| 7 | Karen Williams | 40 | ROCKINGHAM | 3:07.25 | 4 |
| | 39.46 | 1:31.89 (52.43) | 2:24.49 (52.60) | 3:07.25 (42.76) | |
| 8 | Rebecca Milton | 40 | ADELAIDE | 3:09.06 | 3 |
| | 39.36 | 1:27.48 (48.12) | 2:24.53 (57.05) | 3:09.06 (44.53) | |
| 9 | Lauren Bradley | 40 | ETTALONG PELICANS | 3:14.81 | 2 |
| | 39.42 | 1:31.36 (51.94) | 2:29.60 (58.24) | 3:14.81 (45.21) | |
| 10 | Cassandra Whittome | 41 | COCKBURN | 3:29.11 | 1 |
| | 41.99 | 1:41.12 (59.13) | 2:41.57 (1:00.45) | 3:29.11 (47.54) | |
| 11 | Kristina Caldwell | 42 | IPSWICH CITY | 3:40.85 | 1 |
| | 42.62 | 1:48.55 (1:05.93) | 2:50.78 (1:02.23) | 3:40.85 (50.07) | |

Event 19 Women 45-49 200 LC Metre IM

| | | | | | |
|----|----------------------|-------------------|--------------------|-------------------|----|
| 1 | Lisandra De Carvalho | 46 | POWERPOINTS | 2:43.90 | 10 |
| | 33.66 | 1:16.28 (42.62) | 2:07.31 (51.03) | 2:43.90 (36.59) | |
| 2 | Zhenya Mikulchik | 45 | BRUNSWICK BELUGAS | 2:44.37 | 9 |
| | 33.42 | 1:14.56 (41.14) | 2:07.01 (52.45) | 2:44.37 (37.36) | |
| 3 | Kristy Brackstone | 45 | CLAREMONT | 2:51.64 | 8 |
| | 38.24 | 1:22.03 (43.79) | 2:15.12 (53.09) | 2:51.64 (36.52) | |
| 4 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 2:51.97 | 7 |
| | 34.67 | 1:23.43 (48.76) | 2:12.07 (48.64) | 2:51.97 (39.90) | |
| 5 | Fiona Reed | 48 | NORTH SYDNEY | 2:54.48 | 6 |
| | 35.69 | 1:20.23 (44.54) | 2:13.39 (53.16) | 2:54.48 (41.09) | |
| 6 | Michelle Waite | 48 | NORTH SHORE | 3:06.29 | 5 |
| | 37.88 | 1:26.91 (49.03) | 2:23.06 (56.15) | 3:06.29 (43.23) | |
| 7 | Fiona Griffin | 46 | BOLD PARK | 3:10.58 | 4 |
| | 38.71 | 1:30.77 (52.06) | 2:29.51 (58.74) | 3:10.58 (41.07) | |
| 8 | Amy Dickinson | 46 | SEASIDE PIRATES | 3:11.47 | 3 |
| | 39.37 | 1:29.74 (50.37) | 2:28.18 (58.44) | 3:11.47 (43.29) | |
| 9 | Dana Richards | 48 | ROCKINGHAM | 3:20.51 | 2 |
| | 39.51 | 1:32.31 (52.80) | 2:35.88 (1:03.57) | 3:20.51 (44.63) | |
| 10 | Bec Wright | 49 | BUNNA-BARRA | 5:04.95 | 1 |
| | 1:04.27 | 2:25.83 (1:21.56) | 3:55.94 (1:30.11) | 5:04.95 (1:09.01) | |

Event 19 Women 50-54 200 LC Metre IM

| | | | | | |
|---|----------------------|-----------------|----------------------|-----------------|----|
| 1 | Anita Lendvay | 53 | GENESIS AQUATICS | 2:53.59 | 10 |
| | 35.68 | 1:22.64 (46.96) | 2:14.74 (52.10) | 2:53.59 (38.85) | |
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | 3:07.74 | 9 |
| | 39.22 | 1:30.15 (50.93) | 2:27.30 (57.15) | 3:07.74 (40.44) | |
| 3 | Tracey Zammit | 53 | MIAMI | 3:12.76 | 8 |
| | 37.79 | 1:28.63 (50.84) | 2:27.13 (58.50) | 3:12.76 (45.63) | |
| 4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 3:13.57 | 7 |
| | 42.16 | 1:32.35 (50.19) | 2:29.77 (57.42) | 3:13.57 (43.80) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 19 Women 50-54 200 LC Metre IM)**

| | | | | | |
|----|--------------------|-------------------|--------------------|-------------------|---|
| 5 | Heidi Roche | 52 | SEASIDE PIRATES | 3:15.09 | 6 |
| | 41.04 | 1:32.60 (51.56) | 2:31.88 (59.28) | 3:15.09 (43.21) | |
| 6 | Jodie Newman | 54 | MIAMI | 3:43.41 | 5 |
| | 53.01 | 1:51.07 (58.06) | 2:59.21 (1:08.14) | 3:43.41 (44.20) | |
| 7 | Jackie Gardiner | 50 | PERTH CITY | 3:51.29 | 4 |
| | 56.02 | 1:57.27 (1:01.25) | 2:59.51 (1:02.24) | 3:51.29 (51.78) | |
| 8 | Lorraine Aw | 54 | MALVERN MARLINS | 4:06.78 | 3 |
| | 53.49 | 1:58.11 (1:04.62) | 3:11.14 (1:13.03) | 4:06.78 (55.64) | |
| 9 | Kerryn Blanch | 51 | BLACKTOWN CITY | 4:26.92 | 2 |
| | 1:00.43 | 2:14.05 (1:13.62) | 3:28.29 (1:14.24) | 4:26.92 (58.63) | |
| 10 | Charmaine Groppler | 51 | WARRINGAH | 4:38.32 | 1 |
| | 1:06.04 | 2:24.81 (1:18.77) | 3:40.41 (1:15.60) | 4:38.32 (57.91) | |
| 11 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 6:00.53 | 1 |
| | 1:29.53 | 3:02.31 (1:32.78) | 4:54.45 (1:52.14) | 6:00.53 (1:06.08) | |

Event 19 Women 55-59 200 LC Metre IM

| | | | | | |
|----|-------------------|-------------------|-----------------------|-----------------|----|
| 1 | Nola Macaulay | 55 | TSA | 2:53.70 | 10 |
| | 33.83 | 1:20.99 (47.16) | 2:15.22 (54.23) | 2:53.70 (38.48) | |
| 2 | Sharon Beaver | 57 | ADELAIDE | 3:11.06 | 9 |
| | 42.06 | 1:28.56 (46.50) | 2:26.95 (58.39) | 3:11.06 (44.11) | |
| 3 | Caz Makin | 56 | TUGGERANONG | 3:12.21 | 8 |
| | 41.21 | 1:32.04 (50.83) | 2:29.96 (57.92) | 3:12.21 (42.25) | |
| 4 | Rachel Trenaman | 55 | BEATTY PARK | 3:17.99 | 7 |
| | 43.36 | 1:33.56 (50.20) | 2:32.85 (59.29) | 3:17.99 (45.14) | |
| 5 | Wendy McMurtrie | 57 | PORT MACQUARIE | 3:32.37 | 6 |
| | 47.42 | 1:43.50 (56.08) | 2:43.68 (1:00.18) | 3:32.37 (48.69) | |
| 6 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 3:32.55 | 5 |
| | 51.35 | 1:50.16 (58.81) | 2:47.00 (56.84) | 3:32.55 (45.55) | |
| 7 | Alison Farmer | 59 | CLAREMONT | 3:49.09 | 4 |
| | 57.27 | 1:56.35 (59.08) | 3:01.15 (1:04.80) | 3:49.09 (47.94) | |
| 8 | Kylee Murray | 58 | MERRYLANDS | 3:56.01 | 3 |
| | 50.19 | 1:51.28 (1:01.09) | 3:09.78 (1:18.50) | 3:56.01 (46.23) | |
| 9 | Clairly Lance | 58 | PERTH CITY | 3:59.29 | 2 |
| | 55.27 | 1:57.08 (1:01.81) | 3:04.90 (1:07.82) | 3:59.29 (54.39) | |
| 10 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 4:00.68 | 1 |
| | 1:00.46 | 2:06.57 (1:06.11) | 3:11.21 (1:04.64) | 4:00.68 (49.47) | |

Event 19 Women 60-64 200 LC Metre IM

| | | | | | |
|----|------------------------|-------------------|-------------------|-----------------|----|
| 1 | Joanne Sutcliffe | 64 | PHOENIX | 2:59.10 | 10 |
| | 39.71 | 1:23.80 (44.09) | 2:18.55 (54.75) | 2:59.10 (40.55) | |
| 2 | Bridget Young | 60 | ROCKINGHAM | 3:06.03 | 9 |
| | 39.62 | 1:29.74 (50.12) | 2:24.96 (55.22) | 3:06.03 (41.07) | |
| 3 | Amanda Duggan | 64 | HOBART DOLPHINS | 3:07.33 | 8 |
| | 40.37 | 1:31.41 (51.04) | 2:25.54 (54.13) | 3:07.33 (41.79) | |
| 4 | Sue Tompkins | 61 | SEASIDE PIRATES | 3:14.17 | 7 |
| | 44.39 | 1:33.74 (49.35) | 2:32.11 (58.37) | 3:14.17 (42.06) | |
| 5 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 3:15.91 | 6 |
| | 42.12 | 1:33.48 (51.36) | 2:31.40 (57.92) | 3:15.91 (44.51) | |
| 6 | Janette Dickey | 64 | MALVERN MARLINS | 3:32.35 | 5 |
| | 43.60 | 1:34.95 (51.35) | 2:49.35 (1:14.40) | 3:32.35 (43.00) | |
| 7 | Meryl Churchill | 61 | RATS OF TOBRUK | 3:37.97 | 4 |
| | 52.13 | 1:40.81 (48.68) | 2:46.97 (1:06.16) | 3:37.97 (51.00) | |
| 8 | Donna Rickwood | 62 | HOBART AQUATIC | 3:45.85 | 3 |
| | 51.06 | 1:54.35 (1:03.29) | 2:59.68 (1:05.33) | 3:45.85 (46.17) | |
| 9 | Robyn Richards | 62 | SUNSHINE COAST | 3:49.03 | 2 |
| | 51.45 | 1:54.59 (1:03.14) | 3:00.57 (1:05.98) | 3:49.03 (48.46) | |
| 10 | Julia Atkins | 61 | WARRINGAH | 3:53.13 | 1 |
| | 55.53 | 1:53.45 (57.92) | 3:04.68 (1:11.23) | 3:53.13 (48.45) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 19 Women 60-64 200 LC Metre IM)**

| | | | | | |
|----|-----------------|-------------------|-----------------------|-----------------|---|
| 11 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 3:57.70 | 1 |
| | 55.14 | 1:51.20 (56.06) | 3:05.62 (1:14.42) | 3:57.70 (52.08) | |
| 12 | Linda Gunzburg | 64 | SURREY PARK SEAHORSES | 4:01.71 | 1 |
| | 57.00 | 2:05.80 (1:08.80) | 3:09.47 (1:03.67) | 4:01.71 (52.24) | |
| 13 | Caroline Symons | 63 | GLAMOURHEAD SHARKS | 4:04.94 | 1 |
| | 1:02.00 | 2:02.51 (1:00.51) | 3:07.64 (1:05.13) | 4:04.94 (57.30) | |
| 14 | Min Wang | 62 | SUTHERLAND SANDBERN | 4:13.92 | 1 |
| | 52.85 | 1:57.81 (1:04.96) | 3:15.03 (1:17.22) | 4:13.92 (58.89) | |
| 15 | Jenny Hookey | 64 | SURREY PARK SEAHORSES | 4:20.08 | 1 |
| | | 2:15.04 () | 3:24.65 (1:09.61) | 4:20.08 (55.43) | |
| 16 | Donna Campbell | 62 | TUGGERANONG | 4:30.55 | 1 |
| | 1:02.89 | 2:19.74 (1:16.85) | 3:30.82 (1:11.08) | 4:30.55 (59.73) | |

Event 19 Women 65-69 200 LC Metre IM

| | | | | | |
|----|-------------------|-------------------|------------------------|-------------------|----|
| 1 | Yvonne Mutton | 66 | NOOSA | 3:24.68 | 10 |
| | 43.67 | 1:37.86 (54.19) | 2:39.85 (1:01.99) | 3:24.68 (44.83) | |
| 2 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 3:24.74 | 9 |
| | 45.82 | 1:44.85 (59.03) | 2:39.23 (54.38) | 3:24.74 (45.51) | |
| 3 | Moira Wigley | 65 | DARWIN BUFFALOS | 3:24.97 | 8 |
| | 42.81 | 1:38.36 (55.55) | 2:39.98 (1:01.62) | 3:24.97 (44.99) | |
| 4 | Heather Whitehead | 65 | BEATTY PARK | 3:30.08 | 7 |
| | 49.44 | 1:43.58 (54.14) | 2:45.33 (1:01.75) | 3:30.08 (44.75) | |
| 5 | Vivienne Anthony | 65 | CLAREMONT | 3:42.96 | 6 |
| | 53.57 | 1:46.33 (52.76) | 2:52.55 (1:06.22) | 3:42.96 (50.41) | |
| 6 | Fiona Redgrove | 68 | HOBART DOLPHINS | 3:57.00 | 5 |
| | 56.10 | 1:57.61 (1:01.51) | 3:00.96 (1:03.35) | 3:57.00 (56.04) | |
| 7 | Eleanor Parsons | 69 | CLAREMONT | 3:58.03 | 4 |
| | 51.12 | 1:54.53 (1:03.41) | 3:08.62 (1:14.09) | 3:58.03 (49.41) | |
| 8 | Therese Crollick | 67 | RIVER CITY | 4:20.97 | 3 |
| | 58.92 | 2:12.89 (1:13.97) | 3:22.74 (1:09.85) | 4:20.97 (58.23) | |
| 9 | Joy Johnson | 66 | CLAREMONT | 4:40.51 | 2 |
| | 1:07.62 | 2:16.63 (1:09.01) | 3:35.87 (1:19.24) | 4:40.51 (1:04.64) | |
| 10 | Pamela Dawes | 66 | WARRINGAH | 4:58.96 | 1 |
| | 1:17.48 | 2:32.84 (1:15.36) | 3:55.85 (1:23.01) | 4:58.96 (1:03.11) | |
| 11 | Sally Hatcher | 68 | BLUE MOUNTAINS PHOENIX | 5:46.50 | 1 |
| | 1:35.24 | 3:07.03 (1:31.79) | 4:42.27 (1:35.24) | 5:46.50 (1:04.23) | |

Event 19 Women 70-74 200 LC Metre IM

| | | | | | |
|---|-----------------|-------------------|------------------------------|-------------------|----|
| 1 | Suzanne Hollis | 70 | TSA | 3:37.60 | 10 |
| | 46.42 | 1:42.05 (55.63) | 2:49.46 (1:07.41) | 3:37.60 (48.14) | |
| 2 | Wendy Cooper | 71 | WARRINGAH | 3:40.76 | 9 |
| | 50.12 | 1:47.37 (57.25) | 2:52.41 (1:05.04) | 3:40.76 (48.35) | |
| 3 | Carol Russell | 72 | COOGEE-RANDWICK | 3:46.58 | 8 |
| | 49.97 | 1:50.81 (1:00.84) | 2:54.57 (1:03.76) | 3:46.58 (52.01) | |
| 4 | Megan Stronach | 72 | HOBART DOLPHINS | 3:48.35 | 7 |
| | 52.66 | 1:50.16 (57.50) | 2:57.56 (1:07.40) | 3:48.35 (50.79) | |
| 5 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 3:57.22 | 6 |
| | 50.38 | 1:57.55 (1:07.17) | 3:03.53 (1:05.98) | 3:57.22 (53.69) | |
| 6 | Christine Leary | 70 | TUGGERANONG | 4:15.22 | 5 |
| | 59.92 | 2:02.35 (1:02.43) | 3:14.27 (1:11.92) | 4:15.22 (1:00.95) | |

Event 19 Women 75-79 200 LC Metre IM

| | | | | | |
|---|------------------|-------------------|-------------------|-------------------|----|
| 1 | Narelle Phillips | 77 | BELGRAVIA | 4:27.63 | 10 |
| | 1:05.61 | 2:11.28 (1:05.67) | 3:29.16 (1:17.88) | 4:27.63 (58.47) | |
| 2 | Sandra Rogers | 78 | BUNNA-BARRA | 6:00.00 | 9 |
| | 1:34.57 | 3:08.17 (1:33.60) | 4:48.21 (1:40.04) | 6:00.00 (1:11.79) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

Event 19 Women 80-84 200 LC Metre IM

| | | | | | |
|---|---------------|-------------------|----------------------|-------------------|----|
| 1 | Lindy Salter | 80 | MIAMI | 4:13.48 | 10 |
| | 1:00.80 | 2:04.30 (1:03.50) | 4:13.48 (2:09.18) | | |
| 2 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 4:44.89 | 9 |
| | 1:11.17 | 2:20.93 (1:09.76) | 3:48.35 (1:27.42) | 4:44.89 (56.54) | |
| 3 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 4:44.99 | 8 |
| | 1:13.52 | 2:19.05 (1:05.53) | 3:43.69 (1:24.64) | 4:44.99 (1:01.30) | |

Event 19 Women 85-89 200 LC Metre IM

| | | | | | |
|---|------------|-------------------|------------------------|---------|----|
| 1 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 6:38.73 | 10 |
| | 1:46.06 | 3:22.77 (1:36.71) | 6:38.73 (3:15.96) | | |

Event 19 Men 18-24 200 LC Metre IM

| | | | | | |
|---|------------------|-----------------|----------------------|-----------------|----|
| 1 | Jack Worthington | 20 | PENRITH | 2:27.38 | 10 |
| | 30.93 | 1:10.84 (39.91) | 1:52.43 (41.59) | 2:27.38 (34.95) | |
| 2 | Dylan Mende | 19 | DARWIN BUFFALOS | 2:43.07 | 9 |
| | 31.38 | 1:13.76 (42.38) | 2:01.92 (48.16) | 2:43.07 (41.15) | |
| 3 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 2:43.66 | 8 |
| | 32.49 | 1:15.75 (43.26) | 2:04.67 (48.92) | 2:43.66 (38.99) | |
| 4 | Thomas Micallef | 21 | BLACKTOWN CITY | 2:46.16 | 7 |
| | 33.60 | 1:15.99 (42.39) | 2:06.33 (50.34) | 2:46.16 (39.83) | |

Event 19 Men 25-29 200 LC Metre IM

| | | | | | |
|---|---------------|-----------------|--------------------|-----------------|----|
| 1 | Jordan Henry | 28 | BLACKTOWN CITY | 2:31.07 | 10 |
| | 31.68 | 1:13.30 (41.62) | 1:57.80 (44.50) | 2:31.07 (33.27) | |
| 2 | Joseph Howe | 26 | GLAMOURHEAD SHARKS | 2:32.28 | 9 |
| | 30.19 | 1:10.53 (40.34) | 1:55.24 (44.71) | 2:32.28 (37.04) | |
| 3 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 2:36.05 | 8 |
| | 31.78 | 1:12.11 (40.33) | 2:00.01 (47.90) | 2:36.05 (36.04) | |

Event 19 Men 30-34 200 LC Metre IM

| | | | | | |
|---|---------------|-----------------|------------------|-----------------|----|
| 1 | David Almeida | 31 | NORTH SHORE | 2:51.31 | 10 |
| | 30.64 | 1:15.98 (45.34) | 2:07.45 (51.47) | 2:51.31 (43.86) | |
| 2 | Rhys Fisher | 31 | DEVONPORT DEVILS | 2:52.71 | 9 |
| | 35.06 | 1:21.08 (46.02) | 2:13.58 (52.50) | 2:52.71 (39.13) | |

Event 19 Men 35-39 200 LC Metre IM

| | | | | | |
|---|------------------|-------------------|--------------------|-----------------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 2:22.07 | 10 |
| | 28.17 | 1:06.39 (38.22) | 1:48.97 (42.58) | 2:22.07 (33.10) | |
| 2 | Bradley Thomas | 39 | PENRITH | 2:23.07 | 9 |
| | 29.40 | 1:07.31 (37.91) | 1:49.41 (42.10) | 2:23.07 (33.66) | |
| 3 | Daniel Phillipot | 37 | MANLY | 2:30.11 | 8 |
| | 32.13 | 1:14.39 (42.26) | 1:54.57 (40.18) | 2:30.11 (35.54) | |
| 4 | Brendan Knox | 38 | GLAMOURHEAD SHARKS | 3:17.87 | 7 |
| | 40.19 | 1:33.97 (53.78) | 2:32.80 (58.83) | 3:17.87 (45.07) | |
| 5 | Dylan Coop | 38 | SUPERFINS WA | 3:58.68 | 6 |
| | 50.06 | 1:55.88 (1:05.82) | 3:13.12 (1:17.24) | 3:58.68 (45.56) | |
| 6 | Nathan Curry | 38 | SUPERFINS WA | 4:07.63 | 5 |
| | 56.17 | | 3:12.69 () | 4:07.63 (54.94) | |

Event 19 Men 40-44 200 LC Metre IM

| | | | | | |
|---|----------------|-----------------|------------------------|-----------------|----|
| 1 | Sean Giuricin | 41 | TSA | 2:29.92 | 10 |
| | 30.77 | 1:10.14 (39.37) | 1:55.45 (45.31) | 2:29.92 (34.47) | |
| 2 | Joshua P Baker | 40 | NORTH SHORE | 2:39.33 | 9 |
| | 33.15 | 1:14.65 (41.50) | 2:00.94 (46.29) | 2:39.33 (38.39) | |
| 3 | Daniel Lynch | 43 | BLACKTOWN CITY | 2:46.61 | 8 |
| | 33.14 | 1:15.85 (42.71) | 2:07.37 (51.52) | 2:46.61 (39.24) | |
| 4 | Edwin Auzins | 43 | MOLONGLO WATER DRAGONS | 2:48.95 | 7 |
| | 33.31 | 1:21.80 (48.49) | 2:09.27 (47.47) | 2:48.95 (39.68) | |
| 5 | Mark Robertson | 41 | ETTALONG PELICANS | 3:06.38 | 6 |
| | 38.80 | 1:29.98 (51.18) | 2:21.67 (51.69) | 3:06.38 (44.71) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 19 Men 40-44 200 LC Metre IM)**

| | | | | | |
|---|------------------|-----------------|-------------------|-----------------|---|
| 6 | Varant Jambazian | 41 | MERRYLANDS | 3:31.11 | 5 |
| | 43.24 | 1:42.31 (59.07) | 2:43.66 (1:01.35) | 3:31.11 (47.45) | |

Event 19 Men 45-49 200 LC Metre IM

| | | | | | |
|---|---------------|-----------------|--------------------|-----------------|----|
| 1 | Stuart Mackay | 49 | PENRITH | 2:29.91 | 10 |
| | 31.54 | 1:10.48 (38.94) | 1:53.89 (43.41) | 2:29.91 (36.02) | |
| 2 | Nigel Fanning | 49 | POWERPOINTS | 2:37.25 | 9 |
| | 31.06 | 1:14.04 (42.98) | 1:59.44 (45.40) | 2:37.25 (37.81) | |
| 3 | Steven Vermey | 45 | PENRITH | 2:38.20 | 8 |
| | 31.21 | 1:11.26 (40.05) | 2:00.03 (48.77) | 2:38.20 (38.17) | |
| 4 | Brad Johnson | 47 | DONCASTER DOLPHINS | 2:41.01 | 7 |
| | 32.17 | 1:13.20 (41.03) | 2:02.83 (49.63) | 2:41.01 (38.18) | |
| 5 | Sam Radford | 48 | DONCASTER DOLPHINS | 2:46.87 | 6 |
| | 33.28 | 1:20.63 (47.35) | 2:08.16 (47.53) | 2:46.87 (38.71) | |
| 6 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 2:49.64 | 5 |
| | 37.60 | 1:22.50 (44.90) | 2:11.78 (49.28) | 2:49.64 (37.86) | |

Event 19 Men 50-54 200 LC Metre IM

| | | | | | |
|---|-----------------|-------------------|--------------------|-----------------|----|
| 1 | Bradley Halicek | 51 | BLACKTOWN CITY | 2:34.95 | 10 |
| | 31.28 | 1:10.46 (39.18) | 1:57.68 (47.22) | 2:34.95 (37.27) | |
| 2 | Jason Buckner | 52 | GLAMOURHEAD SHARKS | 2:44.20 | 9 |
| | 32.90 | 1:15.96 (43.06) | 2:06.44 (50.48) | 2:44.20 (37.76) | |
| 3 | Damien Eyre | 51 | RIVERTON | 2:51.66 | 8 |
| | 37.71 | 1:22.90 (45.19) | 2:15.48 (52.58) | 2:51.66 (36.18) | |
| 4 | Carlos Quevedo | 53 | TSA | 3:04.39 | 7 |
| | 36.46 | 1:24.88 (48.42) | 2:19.87 (54.99) | 3:04.39 (44.52) | |
| 5 | Tony Burt | 54 | MALVERN MARLINS | 3:13.56 | 6 |
| | 41.66 | 1:34.62 (52.96) | 2:28.78 (54.16) | 3:13.56 (44.78) | |
| 6 | Jason Gronowicz | 50 | BLACKTOWN CITY | 3:33.83 | 5 |
| | 41.98 | 1:42.29 (1:00.31) | 2:43.26 (1:00.97) | 3:33.83 (50.57) | |
| 7 | Sandeep Gulia | 51 | PENRITH | 3:58.35 | 4 |
| | 47.11 | 2:00.86 (1:13.75) | 3:04.80 (1:03.94) | 3:58.35 (53.55) | |

Event 19 Men 55-59 200 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|-------------------|-----------------|----|
| 1 | Craig Magnusson | 59 | NORTH SHORE | 2:35.11 | 10 |
| | 31.98 | 1:14.77 (42.79) | 1:56.98 (42.21) | 2:35.11 (38.13) | |
| 2 | Darren Turner | 58 | PENRITH | 2:46.79 | 9 |
| | 33.52 | 1:16.99 (43.47) | 2:07.87 (50.88) | 2:46.79 (38.92) | |
| 3 | Peter Bubrzycki | 59 | COCKBURN | 3:07.32 | 8 |
| | 38.21 | 1:31.42 (53.21) | 2:24.99 (53.57) | 3:07.32 (42.33) | |
| 4 | Brett Roach | 55 | DARWIN BUFFALOS | 3:18.30 | 7 |
| | 41.06 | 1:33.16 (52.10) | 2:35.89 (1:02.73) | 3:18.30 (42.41) | |

Event 19 Men 60-64 200 LC Metre IM

| | | | | | |
|---|-----------------|-----------------|-----------------------|-----------------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | 2:46.55 | 10 |
| | 33.96 | 1:20.63 (46.67) | 2:10.89 (50.26) | 2:46.55 (35.66) | |
| 2 | Ian Robinson | 61 | RIVER CITY | 2:46.94 | 9 |
| | 31.33 | 1:18.29 (46.96) | 2:08.90 (50.61) | 2:46.94 (38.04) | |
| 3 | Glen Walker | 63 | PENRITH | 2:55.98 | 8 |
| | 36.94 | 1:23.16 (46.22) | 2:17.17 (54.01) | 2:55.98 (38.81) | |
| 4 | Anthony Dunne | 61 | CLAREMONT | 2:58.30 | 7 |
| | 35.43 | 1:27.71 (52.28) | 2:15.94 (48.23) | 2:58.30 (42.36) | |
| 5 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | 3:10.45 | 6 |
| | 41.32 | 1:27.26 (45.94) | 2:28.74 (1:01.48) | 3:10.45 (41.71) | |
| 6 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 3:15.80 | 5 |
| | 39.06 | 1:35.01 (55.95) | 2:32.42 (57.41) | 3:15.80 (43.38) | |
| 7 | Tony Tooher | 62 | WARRINGAH | 3:21.59 | 4 |
| | 45.87 | 1:37.37 (51.50) | 2:36.39 (59.02) | 3:21.59 (45.20) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 19 Men 60-64 200 LC Metre IM)**

| | | | | | |
|----|----------------|-------------------|----------------------|-----------------|---|
| 8 | Wayne Carlish | 61 | TOOWOOMBA | 3:22.11 | 3 |
| | 43.17 | 1:39.86 (56.69) | 2:39.10 (59.24) | 3:22.11 (43.01) | |
| 9 | Robert Wilson | 62 | MORNINGTON PENINSULA | 3:38.91 | 2 |
| | 44.60 | 1:42.23 (57.63) | 2:50.43 (1:08.20) | 3:38.91 (48.48) | |
| 10 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | 3:42.30 | 1 |
| | 45.74 | 1:45.39 (59.65) | 2:53.71 (1:08.32) | 3:42.30 (48.59) | |
| 11 | Richard Hughes | 62 | CLAREMONT | 3:51.99 | 1 |
| | 49.50 | 1:57.83 (1:08.33) | 3:03.89 (1:06.06) | 3:51.99 (48.10) | |
| 12 | John Fisher | 61 | PENRITH | 4:10.86 | 1 |
| | 56.91 | 2:10.63 (1:13.72) | 3:24.44 (1:13.81) | 4:10.86 (46.42) | |

Event 19 Men 65-69 200 LC Metre IM

| | | | | | |
|-----|------------------|-------------------|---------------------|-----------------|----|
| 1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 2:57.35 | 10 |
| | 40.20 | 1:26.66 (46.46) | 2:17.29 (50.63) | 2:57.35 (40.06) | |
| 2 | John Papple | 65 | DARWIN STINGERS | 3:08.16 | 9 |
| | 37.87 | 1:28.65 (50.78) | 2:25.18 (56.53) | 3:08.16 (42.98) | |
| 3 | Keith Bourdon | 67 | WARRINGAH | 3:13.07 | 8 |
| | 41.64 | 1:34.84 (53.20) | 2:28.51 (53.67) | 3:13.07 (44.56) | |
| 4 | Owen Sinden | 69 | BLACKTOWN CITY | 3:20.45 | 7 |
| | 46.83 | 1:44.36 (57.53) | 2:39.46 (55.10) | 3:20.45 (40.99) | |
| 5 | Tony Renner | 67 | MELVILLE | 3:36.34 | 6 |
| | 48.23 | 1:42.45 (54.22) | 2:49.59 (1:07.14) | 3:36.34 (46.75) | |
| 6 | Peter Clements | 65 | ADELAIDE | 3:40.78 | 5 |
| | 49.76 | 1:48.34 (58.58) | 2:51.83 (1:03.49) | 3:40.78 (48.95) | |
| --- | Geoffrey Toogood | 65 | POWERPOINTS | DQ | |
| | 50.74 | 1:57.73 (1:06.99) | 2:58.97 (1:01.24) | DQ (52.92) | |
| --- | Michael Doran | 67 | LAUNCESTON LEMMINGS | DQ | |
| | 1:09.55 | 2:29.79 (1:20.24) | 3:53.95 (1:24.16) | DQ (1:01.97) | |

Event 19 Men 70-74 200 LC Metre IM

| | | | | | |
|---|-----------------|-------------------|-----------------------|-----------------|----|
| 1 | Stuart Ellicott | 72 | NORTH SHORE | 3:05.46 | 10 |
| | 38.79 | 1:30.00 (51.21) | 2:20.38 (50.38) | 3:05.46 (45.08) | |
| 2 | Don Taylor | 74 | TOOWOOMBA | 3:23.23 | 9 |
| | 43.91 | 1:37.88 (53.97) | 2:37.37 (59.49) | 3:23.23 (45.86) | |
| 3 | Shane Austin | 70 | SURREY PARK SEAHORSES | 3:29.61 | 8 |
| | 42.83 | 1:41.01 (58.18) | 2:39.68 (58.67) | 3:29.61 (49.93) | |
| 4 | Gordon Whyte | 72 | WARRINGAH | 3:32.14 | 7 |
| | 44.22 | 1:44.49 (1:00.27) | 2:47.34 (1:02.85) | 3:32.14 (44.80) | |

Event 19 Men 75-79 200 LC Metre IM

| | | | | | |
|---|------------------|-------------------|----------------------------|-----------------|----|
| 1 | Stephen Lamy | 75 | MANLY | 3:33.73 | 10 |
| | 49.83 | 1:41.54 (51.71) | 2:45.23 (1:03.69) | 3:33.73 (48.50) | |
| 2 | Trevor Skinner | 76 | MALVERN MARLINS | 3:39.12 | 9 |
| | 54.28 | 1:50.28 (56.00) | 2:57.21 (1:06.93) | 3:39.12 (41.91) | |
| 3 | Michael Ferguson | 76 | LANE COVE | 3:46.14 | 8 |
| | 52.54 | 1:56.08 (1:03.54) | 3:01.98 (1:05.90) | 3:46.14 (44.16) | |
| 4 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 4:21.70 | 7 |
| | 55.83 | 2:00.22 (1:04.39) | 3:33.77 (1:33.55) | 4:21.70 (47.93) | |

Event 19 Men 80-84 200 LC Metre IM

| | | | | | |
|---|--------------|-------------------|-------------------|-------------------|----|
| 1 | Robert Magin | 80 | DARWIN STINGERS | 5:43.23 | 10 |
| | 1:38.81 | 3:03.75 (1:24.94) | 4:40.61 (1:36.86) | 5:43.23 (1:02.62) | |

Event 19 Men 85-89 200 LC Metre IM

| | | | | | |
|---|--------------|-------------------|-------------------|-----------------|----|
| 1 | Tony Goodwin | 87 | MANLY | 3:56.22 | 10 |
| | 53.73 | 1:59.39 (1:05.66) | 3:01.78 (1:02.39) | 3:56.22 (54.44) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 20 Mixed 72-99 200 LC Metre Medley Relay**

| | | | | |
|---|--------------------|------------------|-------------------------|-------------------------|
| 1 | BLACKTOWN CITY | A | 2:28.17 | 20 |
| | 1) Joanna Lill W21 | 2) Adam Ward M27 | 3) Bronwyn Stockley W26 | 4) Phoenix Galistan M23 |
| | 41.01 | 1:17.49 (36.48) | 1:54.50 (37.01) | 2:28.17 (33.67) |

Event 20 Mixed 100-119 200 LC Metre Medley Relay

| | | | | |
|---|------------------------|------------------------|--------------------------|-----------------------------|
| 1 | DARWIN STINGERS | A | 2:20.57 | 20 |
| | 1) Jayde Freeman W25 | 2) Haydn Valle M35 | 3) Samuel Bricknell M24 | 4) Shannon Coutts W23 |
| | 38.92 | 1:19.00 (40.08) | 1:48.28 (29.28) | 2:20.57 (32.29) |
| 2 | BLACKTOWN CITY | A | 2:40.13 | 18 |
| | 1) Thomas Micallef M21 | 2) Tiane Burwood W32 | 3) Jordan Henry M28 | 4) Annika-Lee Skulander W34 |
| | 33.28 | 1:22.63 (49.35) | 1:53.29 (30.66) | 2:40.13 (46.84) |
| 3 | SUPERFINS WA | A | 3:41.41 | 16 |
| | 1) Joseph Salt M24 | 2) Dianne Saunders W40 | 3) Stephanie Neville W28 | 4) Keith Robinson M27 |
| | 58.97 | 1:49.16 (50.19) | 2:38.55 (49.39) | 3:41.41 (1:02.86) |

Event 20 Mixed 120-159 200 LC Metre Medley Relay

| | | | | |
|---|------------------------|---------------------------|--------------------------|--------------------------|
| 1 | TSA | A | 2:08.16 | 20 |
| | 1) Martin Banks M56 | 2) Kady Ibell W28 | 3) Sean Giuricin M41 | 4) Chloe Hogan W29 |
| | 31.72 | 1:08.81 (37.09) | 1:36.90 (28.09) | 2:08.16 (31.26) |
| 2 | NORTH SHORE | A | 2:11.82 | 18 |
| | 1) Alison Sparks W25 | 2) Michelle Waite W48 | 3) David Almeida M31 | 4) Joshua P Baker M40 |
| | 35.51 | 1:16.32 (40.81) | 1:44.48 (28.16) | 2:11.82 (27.34) |
| 3 | POWERPOINTS | A | 2:12.32 | 16 |
| | 1) Anna Lucchesi W35 | 2) Koe Davidson M44 | 3) Charli Dobeson W21 | 4) Nigel Fanning M49 |
| | 36.13 | 1:10.70 (34.57) | 1:46.02 (35.32) | 2:12.32 (26.30) |
| 4 | BLACKTOWN CITY | A | 2:12.42 | 14 |
| | 1) Bradley Halicek M51 | 2) Veronica Fucceneco W20 | 3) Anthony Dragovic M39 | 4) Belinda Meek W35 |
| | 32.70 | 1:09.95 (37.25) | 1:39.55 (29.60) | 2:12.42 (32.87) |
| 5 | PENRITH | A | 2:21.20 | 12 |
| | 1) Megan Clark W26 | 2) Jack Worthington M20 | 3) Bradley Thomas M39 | 4) Kathleen Bouchier W45 |
| | 39.84 | 1:16.05 (36.21) | 1:44.13 (28.08) | 2:21.20 (37.07) |
| 6 | DARWIN STINGERS | A | 2:30.84 | 10 |
| | 1) Claire Gorham W38 | 2) Oliver Holm M52 | 3) Amanda Tully W33 | 4) Max Desjardins M32 |
| | 38.58 | 1:18.80 (40.22) | 1:54.14 (35.34) | 2:30.84 (36.70) |
| 7 | NIGHTCLIFF | A | 2:37.57 | 8 |
| | 1) Annabelle West W22 | 2) James Carpenter M41 | 3) Cameron McInerney M51 | 4) Candice Carpenter W41 |
| | 37.85 | 1:22.82 (44.97) | 1:54.24 (31.42) | 2:37.57 (43.33) |
| 8 | SUPERFINS WA | A | 3:57.13 | 6 |
| | 1) Carys Munks W30 | 2) Gregory Black M35 | 3) Nathan Curry M38 | 4) Charlotte Britton W33 |
| | 1:13.32 | 2:06.90 (53.58) | 3:02.07 (55.17) | 3:57.13 (55.06) |

Event 20 Mixed 160-199 200 LC Metre Medley Relay

| | | | | |
|---|-----------------------|--------------------------|-----------------------------|--------------------------|
| 1 | DONCASTER DOLPHINS | A | 2:08.69 | 20 |
| | 1) Brad Johnson M47 | 2) Catherine Wheeler W45 | 3) Ofir Kuberman M34 | 4) Shannon Lorimer W42 |
| | 31.51 | 1:08.63 (37.12) | 1:36.21 (27.58) | 2:08.69 (32.48) |
| 2 | CLAREMONT | A | 2:18.17 | 18 |
| | 1) Suzanna Olsen W32 | 2) Stacia Kirk W43 | 3) Kieren Jon Lawrenson M50 | 4) Richard Hughes M62 |
| | 36.30 | 1:14.36 (38.06) | 1:44.31 (29.95) | 2:18.17 (33.86) |
| 3 | DARWIN STINGERS | A | 2:34.37 | 16 |
| | 1) Adrian Tonkin M53 | 2) Kate Conway W39 | 3) Cameron Dawe M53 | 4) Stacey Kopf W46 |
| | 41.33 | 1:29.37 (48.04) | 2:03.55 (34.18) | 2:34.37 (30.82) |
| 4 | ETTALONG PELICANS | A | 2:35.91 | 14 |
| | 1) Lauren Bradley W40 | 2) Mark Robertson M41 | 3) Sarah George W38 | 4) Anthony Curran M71 |
| | 40.34 | 1:21.32 (40.98) | 2:03.84 (42.52) | 2:35.91 (32.07) |
| 5 | BLACKTOWN CITY | A | 2:35.94 | 12 |
| | 1) Daniel Lynch M43 | 2) Jason Gronowicz M50 | 3) Suzie Haddad W39 | 4) Kerry-Ann Michels W57 |
| | 33.78 | 1:13.31 (39.53) | 1:56.04 (42.73) | 2:35.94 (39.90) |
| 6 | DARWIN BUFFALOS | A | 2:37.41 | 10 |
| | 1) Brett Roach M55 | 2) Timothy Few M32 | 3) Moira Wigley W65 | 4) Pippa Featherston W39 |
| | 43.42 | 1:21.25 (37.83) | 2:00.83 (39.58) | 2:37.41 (36.58) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 20 Mixed 160-199 200 LC Metre Medley Relay)**

| | | | | |
|---|----------------------|----------------------------|-------------------------|---------------------------|
| 7 | MORNINGTON PENINSULA | A | 2:43.89 | 8 |
| | 1) Alexia Green W22 | 2) Anthony Catto-Smith M70 | 3) Paris McGrath W24 | 4) Andrew Prendergast M74 |
| | 40.01 | 1:33.95 (53.94) | 2:08.03 (34.08) | 2:43.89 (35.86) |
| 8 | SUPERFINS WA | A | 3:29.50 | 6 |
| | 1) James Burt M28 | 2) Mischa Beckett W41 | 3) Nicole Patterson W41 | 4) Andrew Goldswain M53 |
| | | 2:00.50 () | 2:51.38 (50.88) | 3:29.50 (38.12) |
| 9 | SUPERFINS WA | B | 4:11.87 | 4 |
| | 1) Rachel Duggin W44 | 2) Phillip Smith M54 | 3) Courtney Marano W34 | 4) Dylan Coop M38 |
| | 1:17.25 | 2:29.98 (1:12.73) | 4:11.87 (1:41.89) | |

Event 20 Mixed 200-239 200 LC Metre Medley Relay

| | | | | |
|---|--------------------------|-------------------------------|-----------------------------|-------------------------|
| 1 | POWERPOINTS | A | 2:09.40 | 20 |
| | 1) Jennie Bucknell W58 | 2) Sal Cuming W56 | 3) David Kellam M43 | 4) Brett Davidson M57 |
| | 34.35 | 1:14.23 (39.88) | 1:41.63 (27.40) | 2:09.40 (27.77) |
| 2 | CLAREMONT | A | 2:15.60 | 18 |
| | 1) Kristy Brackstone W45 | 2) Anthony Dunne M61 | 3) Paul Blackbeard M66 | 4) Anna Eisenhauer W40 |
| | 36.25 | 1:11.05 (34.80) | 1:42.53 (31.48) | 2:15.60 (33.07) |
| 3 | PHOENIX | A | 2:22.14 | 16 |
| | 1) Joanne Sutcliffe W64 | 2) Andrew Osborne M49 | 3) Kim Wellington W48 | 4) Grant Simpson M68 |
| | 37.48 | 1:15.57 (38.09) | 1:51.16 (35.59) | 2:22.14 (30.98) |
| 4 | MIAMI | A | 2:23.64 | 14 |
| | 1) Tracey Zammit W53 | 2) Kristopher Watkins M46 | 3) Colette Southam W59 | 4) Robert Bailey M54 |
| | 40.70 | 1:16.61 (35.91) | 1:55.69 (39.08) | 2:23.64 (27.95) |
| 5 | MORNINGTON PENINSULA | A | 2:33.65 | 12 |
| | 1) Rachel Nevinson W51 | 2) Donna Gadsby W65 | 3) Eduan du Preez M22 | 4) Robert Wilson M62 |
| | 43.16 | 1:28.84 (45.68) | 2:00.88 (32.04) | 2:33.65 (32.77) |
| 6 | DARWIN STINGERS | A | 2:33.81 | 10 |
| | 1) Ian Pollock M56 | 2) Anne Marie Cruickshank W61 | 3) Rebecca Mather-Brown W51 | 4) Stephen Greenall M59 |
| | 36.09 | 1:22.66 (46.57) | 2:01.71 (39.05) | 2:33.81 (32.10) |
| 7 | MERRYLANDS | A | 2:52.46 | 8 |
| | 1) Kylee Murray W58 | 2) Varant Jambazian M41 | 3) Alison Sakurovs W39 | 4) Ian Johnston M72 |
| | 47.47 | 1:32.98 (45.51) | 2:08.64 (35.66) | 2:52.46 (43.82) |
| 8 | GLAMOURHEAD SHARKS | A | 3:03.10 | 6 |
| | 1) Caroline Symons W63 | 2) Teresa Kelly W63 | 3) Charles Williams M65 | 4) Leigh Guy M37 |
| | 49.52 | 1:47.05 (57.53) | 2:31.22 (44.17) | 3:03.10 (31.88) |

Event 20 Mixed 240-279 200 LC Metre Medley Relay

| | | | | |
|---|-------------------------|--------------------------|----------------------------|------------------------|
| 1 | TSA | A | 2:21.40 | 20 |
| | 1) Suzanne Hollis W70 | 2) Christina Scolaro W56 | 3) Allan Samuels M60 | 4) William O'Leary M63 |
| | 43.24 | 1:21.82 (38.58) | 1:53.09 (31.27) | 2:21.40 (28.31) |
| 2 | MALVERN MARLINS | A | 2:29.09 | 18 |
| | 1) Janette Dickey W64 | 2) Kathryn Rogers W52 | 3) Simon Horan M62 | 4) Mark Huggins M63 |
| | 42.35 | 1:25.84 (43.49) | 1:58.89 (33.05) | 2:29.09 (30.20) |
| 3 | DARWIN STINGERS | A | 2:41.59 | 16 |
| | 1) Tamara Stenhouse W63 | 2) Belinda Peacocke W48 | 3) Michael O'Donnell M69 | 4) John Papple M65 |
| | 44.37 | 1:28.17 (43.80) | 2:10.10 (41.93) | 2:41.59 (31.49) |
| 4 | POWERPOINTS | A | 2:42.55 | 14 |
| | 1) Catherine Reid W62 | 2) Geoffrey Toogood M65 | 3) Nelleke Dien Walker W59 | 4) Tom Arthur M59 |
| | 44.08 | 1:30.08 (46.00) | 2:10.92 (40.84) | 2:42.55 (31.63) |
| 5 | MALVERN MARLINS | B | 2:44.34 | 12 |
| | 1) Tony Burt M54 | 2) John Stanton M77 | 3) Nicky Kerr W49 | 4) Daphne Briggs W62 |
| | 42.38 | 1:34.95 (52.57) | 2:09.39 (34.44) | 2:44.34 (34.95) |
| 6 | SURREY PARK SEAHORSES | A | 2:44.79 | 10 |
| | 1) Andrea Phillips W55 | 2) Kelly Paul W57 | 3) Darryl Flukes M63 | 4) Tom Fanning M70 |
| | 47.05 | 1:34.64 (47.59) | 2:10.23 (35.59) | 2:44.79 (34.56) |
| 7 | DONCASTER DOLPHINS | A | 2:46.51 | 8 |
| | 1) Ryan Jamieson M30 | 2) Susan Harbottle W74 | 3) Neroli Nixon W63 | 4) Terry Moore M73 |
| | 34.28 | 1:27.15 (52.87) | 2:08.33 (41.18) | 2:46.51 (38.18) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 20 Mixed 240-279 200 LC Metre Medley Relay)**

| | | | | |
|----|-------------------------------|-------------------------|---------------------------|--------------------------|
| 8 | SURREY PARK SEAHORSES | B | 2:53.50 | 6 |
| | 1) Sue Lyon W60 | 2) Linda Gunzburg W64 | 3) Arie Walker M57 | 4) Ian Phillips M64 |
| | 57.19 | 1:48.48 (51.29) | 2:20.86 (32.38) | 2:53.50 (32.64) |
| 9 | BLACKTOWN CITY | A | 3:02.56 | 4 |
| | 1) Margaret Fell W63 | 2) Owen Sinden M69 | 3) Anthony Horadam M67 | 4) Zara Tai W53 |
| | 51.85 | 1:33.04 (41.19) | 2:17.29 (44.25) | 3:02.56 (45.27) |
| 10 | HOBART AQUATIC | A | 3:03.27 | 2 |
| | 1) Tony Forman M80 | 2) Donna Rickwood W62 | 3) Anne Henderson W56 | 4) Glenn Miller M70 |
| | 51.51 | 1:43.83 (52.32) | 2:22.17 (38.34) | 3:03.27 (41.10) |
| 11 | DARWIN STINGERS | B | 3:04.73 | 2 |
| | 1) Patricia Moore W71 | 2) Robert Patterson M77 | 3) Sharyn Bury W54 | 4) Peter Caust M75 |
| | 53.77 | 1:36.25 (42.48) | 2:18.15 (41.90) | 3:04.73 (46.58) |
| 12 | SUTHERLAND SANDBERN | A | 3:06.90 | 2 |
| | 1) Michael Poot M57 | 2) Ronald Massaar M64 | 3) Min Wang W62 | 4) Anita Saviane W81 |
| | 41.56 | 1:27.92 (46.36) | 2:16.25 (48.33) | 3:06.90 (50.65) |
| 13 | MIAMI | A | 3:08.19 | 2 |
| | 1) Lindy Salter W80 | 2) Gordon Southam M62 | 3) Jodie Newman W54 | 4) David Salter M82 |
| | 50.05 | 1:34.21 (44.16) | 3:08.19 (1:33.98) | |
| 14 | PENRITH | A | 3:16.88 | 2 |
| | 1) Erica Lorraine Credlin W50 | 2) John Fisher M61 | 3) Stephen de Lorenzo M68 | 4) Lesley de Lorenzo W68 |
| | 43.91 | 1:43.57 (59.66) | 2:29.07 (45.50) | 3:16.88 (47.81) |
| 15 | WARRINGAH | A | 3:32.20 | 2 |
| | 1) Tony Tooher M62 | 2) Pamela Dawes W66 | 3) Charmaine Groppler W51 | 4) Anthony Gallagher M69 |
| | 39.79 | 1:49.57 (1:09.78) | 2:50.83 (1:01.26) | 3:32.20 (41.37) |

Event 20 Mixed 280-319 200 LC Metre Medley Relay

| | | | | |
|---|-----------------------------|-------------------------|-------------------------|-------------------------|
| 1 | MALVERN MARLINS | A | 2:38.75 | 20 |
| | 1) Elana McNeil W59 | 2) Janette Jeffrey W74 | 3) Gerry Tucker M75 | 4) Trevor Skinner M76 |
| | 40.14 | 1:27.06 (46.92) | 2:03.32 (36.26) | 2:38.75 (35.43) |
| 2 | CLAREMONT | A | 2:42.08 | 18 |
| | 1) Susan Swire-Thompson W70 | 2) Trevor Wainstein M71 | 3) Graham Croft M76 | 4) Eleanor Parsons W69 |
| | 40.77 | 1:29.93 (49.16) | 2:06.50 (36.57) | 2:42.08 (35.58) |
| 3 | POWERPOINTS | A | 2:51.81 | 16 |
| | 1) Rosa Montague W77 | 2) Michael Daly M70 | 3) Peter Williamson M61 | 4) Marijke Alderson W77 |
| | 51.42 | 1:36.18 (44.76) | 2:08.22 (32.04) | 2:51.81 (43.59) |
| 4 | WARRINGAH | A | 3:07.72 | 14 |
| | 1) Wendy Cooper W71 | 2) Julia Atkins W61 | 3) Gordon Whyte M72 | 4) David Craig M80 |
| | 45.49 | 1:39.19 (53.70) | 2:07.84 (28.65) | 3:07.72 (59.88) |
| 5 | BELGRAVIA | A | 3:15.60 | 12 |
| | 1) Narelle Phillips W77 | 2) Vicki Newman W66 | 3) Neil Newman M68 | 4) Trevor Reynolds M83 |
| | 54.31 | 1:51.78 (57.47) | 2:30.73 (38.95) | 3:15.60 (44.87) |
| 6 | SURREY PARK SEAHORSES | A | 3:29.56 | 10 |
| | 1) Jenny Hookey W64 | 2) Jacqui Ellison W70 | 3) Shane Austin M70 | 4) Peter Lord M77 |
| | 1:03.57 | 2:03.56 (59.99) | 2:47.84 (44.28) | 3:29.56 (41.72) |
| 7 | WARRINGAH | B | 3:37.18 | 8 |
| | 1) Helen Campbell W76 | 2) Keith Bourdon M67 | 3) Stephen Hawkins M59 | 4) Bridget Cook W80 |
| | 1:04.89 | 1:50.36 (45.47) | 2:25.65 (35.29) | 3:37.18 (1:11.53) |

Event 20 Mixed 320-359 200 LC Metre Medley Relay

| | | | | |
|---|-----------------------|-----------------------|------------------------|-----------------------|
| 1 | DONCASTER DOLPHINS | A | 3:30.42 | 20 |
| | 1) Dorothy Dickey W94 | 2) Rod Clarke M78 | 3) Margie Moore W72 | 4) Ewen Templeton M76 |
| | 1:16.15 | 2:00.32 (44.17) | 2:47.22 (46.90) | 3:30.42 (43.20) |
| 2 | MALVERN MARLINS | A | 3:51.10 | 18 |
| | 1) Joan Simpson W78 | 2) Patrick Galvin M91 | 3) Sharon Newstead W59 | 4) Peter Coultie M94 |
| | 53.61 | 1:51.83 (58.22) | 2:35.45 (43.62) | 3:51.10 (1:15.65) |
| 3 | DARWIN STINGERS | A | 4:45.64 | 16 |
| | 1) Anne Walker W87 | 2) Gail Gronholt W80 | 3) Robert Magin M80 | 4) John Pollock M85 |
| | 1:10.38 | 2:20.99 (1:10.61) | 3:47.36 (1:26.37) | 4:45.64 (58.28) |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 21 Women 18-24 50 LC Metre Breaststroke**

| | | | | | |
|---|---------------------|----|-----------------------|-------|----|
| 1 | Veronica Fuccenecco | 20 | BLACKTOWN CITY | 36.65 | 10 |
| 2 | Annabelle West | 22 | NIGHTCLIFF | 37.14 | 9 |
| 3 | Paris McGrath | 24 | MORNINGTON PENINSULA | 44.58 | 8 |
| 4 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 46.94 | 7 |
| 5 | Joanna Lill | 21 | BLACKTOWN CITY | 50.49 | 6 |

Event 21 Women 25-29 50 LC Metre Breaststroke

| | | | | | |
|---|-------------------|----|--------------|-------|----|
| 1 | Kady Ibell | 28 | TSA | 36.15 | 10 |
| 2 | Chloe Hogan | 29 | TSA | 42.92 | 9 |
| 3 | Megan Clark | 26 | PENRITH | 46.07 | 8 |
| 4 | Kimberley Vidura | 28 | UNISA | 49.25 | 7 |
| 5 | Amy Small | 29 | NOARLUNGA | 54.64 | 6 |
| 6 | Stephanie Neville | 28 | SUPERFINS WA | 59.45 | 5 |

Event 21 Women 30-34 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-----------------|---------|----|
| 1 | Rebecca Kierath | 30 | CLAREMONT | 38.62 | 10 |
| 2 | Jayde Richardson | 32 | HOBART DOLPHINS | 40.06 | 9 |
| 3 | Amanda Lee | 31 | SINGAPORE | 41.99 | 8 |
| 4 | Suzanna Olsen | 32 | CLAREMONT | 42.13 | 7 |
| 5 | Tiane Burwood | 32 | BLACKTOWN CITY | 47.84 | 6 |
| 6 | Samantha Oliva | 34 | BEERWAH | 57.97 | 5 |
| 7 | Courtney Marano | 34 | SUPERFINS WA | 1:11.86 | 4 |

Event 21 Women 35-39 50 LC Metre Breaststroke

| | | | | | |
|----|-------------------|----|-----------------------|---------|----|
| 1 | Shelley Devers | 38 | GYMPIE GOLD FINNS | 35.83 | 10 |
| 2 | Julia Barnes | 39 | GOULBURN VALLEY CROCS | 47.13 | 9 |
| 3 | Kate Conway | 39 | DARWIN STINGERS | 47.47 | 8 |
| 4 | Pippa Featherston | 39 | DARWIN BUFFALOS | 50.35 | 7 |
| 5 | Suzie Haddad | 39 | BLACKTOWN CITY | 50.73 | 6 |
| 6 | Hannah Mathieson | 35 | BRUNSWICK BELUGAS | 54.28 | 5 |
| *7 | Alyssa Josephs | 39 | NEW ZEALAND | 56.79 | 4 |
| *7 | Jessica Valentine | 37 | BLACKTOWN CITY | 1:02.78 | 4 |

Event 21 Women 40-44 50 LC Metre Breaststroke

| | | | | | |
|----|---------------------|----|-----------------|---------|----|
| 1 | Stacia Kirk | 43 | CLAREMONT | 37.15 | 10 |
| 2 | Michelle Coleman | 44 | DARWIN STINGERS | 41.15 | 9 |
| 3 | Karen Williams | 40 | ROCKINGHAM | 42.19 | 8 |
| 4 | Anna Eisenhauer | 40 | CLAREMONT | 43.82 | 7 |
| 5 | Erin Fisher | 42 | SWIM WEST | 43.96 | 6 |
| 6 | Susanne Milenkevich | 44 | RIVER CITY | 46.55 | 5 |
| 7 | Cassandra Whittome | 41 | COCKBURN | 46.75 | 4 |
| 8 | Dianne Saunders | 40 | SUPERFINS WA | 48.61 | 3 |
| 9 | Kristi Ruus | 40 | TUGGERANONG | 51.60 | 2 |
| 10 | Rebecca Lamont | 42 | NIGHTCLIFF | 51.89 | 1 |
| 11 | Kristina Caldwell | 42 | IPSWICH CITY | 52.17 | 1 |
| 12 | Ailie McKendrick | 43 | SAPPHIRE COAST | 52.18 | 1 |
| 13 | Candice Carpenter | 41 | NIGHTCLIFF | 59.31 | 1 |
| 14 | Mischa Beckett | 41 | SUPERFINS WA | 1:03.16 | 1 |
| 15 | Tahnee Afuhaamango | 42 | DARWIN STINGERS | 1:04.38 | 1 |
| 16 | Rachel Duggin | 44 | SUPERFINS WA | 1:23.32 | 1 |

Event 21 Women 45-49 50 LC Metre Breaststroke

| | | | | | |
|---|-------------------|----|--------------------|-------|----|
| 1 | Catherine Wheeler | 45 | DONCASTER DOLPHINS | 38.60 | 10 |
| 2 | Nicky Kerr | 49 | MALVERN MARLINS | 39.23 | 9 |
| 3 | Michelle Waite | 48 | NORTH SHORE | 41.75 | 8 |
| 4 | Kim Wellington | 48 | PHOENIX | 42.97 | 7 |
| 5 | Fiona Reed | 48 | NORTH SYDNEY | 43.51 | 6 |
| 6 | Belinda Peacocke | 48 | DARWIN STINGERS | 43.75 | 5 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 21 Women 45-49 50 LC Metre Breaststroke)**

| | | | | | |
|---|------------------|----|-------------|---------|---|
| 7 | Fiona Griffin | 46 | BOLD PARK | 47.08 | 4 |
| 8 | Catherine Wilson | 49 | BUNNA-BARRA | 48.92 | 3 |
| 9 | Cheree Dodkin | 45 | TOOWOOMBA | 1:42.85 | 2 |

Event 21 Women 50-54 50 LC Metre Breaststroke

| | | | | | |
|---|--------------------|----|-----------------|---------|----|
| 1 | Christine Sefton | 54 | MYALL | 41.80 | 10 |
| 2 | Kathryn Rogers | 52 | MALVERN MARLINS | 44.26 | 9 |
| 3 | Patricia Burton | 54 | CLAREMONT | 45.41 | 8 |
| 4 | Sharyn Bury | 54 | DARWIN STINGERS | 47.73 | 7 |
| 5 | Jackie Gardiner | 50 | PERTH CITY | 50.22 | 6 |
| 6 | Heidi Roche | 52 | SEASIDE PIRATES | 51.54 | 5 |
| 7 | LiQun Hussey | 54 | NOOSA | 54.44 | 4 |
| 8 | Kerryn Blanch | 51 | BLACKTOWN CITY | 1:02.39 | 3 |
| 9 | Charmaine Groppler | 51 | WARRINGAH | 1:03.30 | 2 |

Event 21 Women 55-59 50 LC Metre Breaststroke

| | | | | | |
|----|--------------------|----|-----------------------|---------|----|
| 1 | Nola Macaulay | 55 | TSA | 38.92 | 10 |
| 2 | Christina Scolaro | 56 | TSA | 39.04 | 9 |
| 3 | Sal Cuming | 56 | POWERPOINTS | 40.34 | 8 |
| 4 | Katrina Burgess | 57 | TUGGERANONG | 45.26 | 7 |
| 5 | Rachel Trenaman | 55 | BEATTY PARK | 46.01 | 6 |
| 6 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 47.29 | 5 |
| 7 | Megan Tetley | 56 | CLAREMONT | 47.48 | 4 |
| 8 | Elana McNeil | 59 | MALVERN MARLINS | 48.79 | 3 |
| 9 | Wendy McMurtrie | 57 | PORT MACQUARIE | 52.11 | 2 |
| 10 | Clairly Lance | 58 | PERTH CITY | 55.74 | 1 |
| 11 | Michelle Hogue | 57 | CLAREMONT | 57.39 | 1 |
| 12 | Michelle Magnusson | 56 | NORTH SHORE | 1:06.49 | 1 |

Event 21 Women 60-64 50 LC Metre Breaststroke

| | | | | | |
|----|------------------------|----|------------------------|---------|----|
| 1 | Nicola Corsbie | 62 | CLAREMONT | 43.23 | 10 |
| 2 | Susan Dalton | 62 | NORTH MACKAY SINKERS | 46.09 | 9 |
| 3 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 47.39 | 8 |
| 4 | Daphne Briggs | 62 | MALVERN MARLINS | 49.48 | 7 |
| 5 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 49.95 | 6 |
| 6 | Sue Tompkins | 61 | SEASIDE PIRATES | 50.06 | 5 |
| 7 | Tamara Stenhouse | 63 | DARWIN STINGERS | 52.01 | 4 |
| 8 | Min Wang | 62 | SUTHERLAND SANDBERN | 53.37 | 3 |
| 9 | Alexandra Tregonning | 63 | CLAREMONT | 53.54 | 2 |
| 10 | Caroline Symons | 63 | GLAMOURHEAD SHARKS | 54.37 | 1 |
| 11 | Julia Atkins | 61 | WARRINGAH | 56.11 | 1 |
| 12 | Tracey Hersey | 63 | DARWIN STINGERS | 57.05 | 1 |
| 13 | Teresa Kelly | 63 | GLAMOURHEAD SHARKS | 58.24 | 1 |
| 14 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 58.87 | 1 |
| 15 | Donna Campbell | 62 | TUGGERANONG | 58.88 | 1 |
| 16 | Di Woods | 64 | GLAMOURHEAD SHARKS | 1:04.03 | 1 |
| 17 | Vivian Eugster | 62 | DARWIN STINGERS | 1:15.43 | 1 |
| 18 | Sharon Smith | 64 | HOBART DOLPHINS | 1:16.12 | 1 |
| 19 | Kathleen Wainwright | 63 | CARINE | 1:55.16 | 1 |

Event 21 Women 65-69 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|----------------------|---------|----|
| 1 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 45.92 | 10 |
| 2 | Vivienne Anthony | 65 | CLAREMONT | 50.04 | 9 |
| 3 | Gay Bradley | 69 | COTTON TREE | 51.26 | 8 |
| 4 | Fiona Redgrove | 68 | HOBART DOLPHINS | 51.27 | 7 |
| 5 | Vicki Newman | 66 | BELGRAVIA | 1:00.08 | 6 |
| 6 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | 1:01.76 | 5 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 21 Women 65-69 50 LC Metre Breaststroke)**

| | | | | | |
|-----|-----------------|----|-----------------|---------|---|
| 7 | Karen Piper | 68 | DARWIN STINGERS | 1:04.90 | 4 |
| 8 | Joy Johnson | 66 | CLAREMONT | 1:04.94 | 3 |
| 9 | Jane Noake | 67 | SEASIDE PIRATES | 1:10.63 | 2 |
| 10 | Philippa Sawyer | 68 | LANE COVE | 1:15.67 | 1 |
| --- | Pamela Dawes | 66 | WARRINGAH | DQ | |

Event 21 Women 70-74 50 LC Metre Breaststroke

| | | | | | |
|----|-----------------------|----|------------------------------|---------|----|
| 1 | Janette Jeffrey | 74 | MALVERN MARLINS | 46.10 | 10 |
| 2 | Gail Fletcher | 70 | RYDE | 48.58 | 9 |
| 3 | Helen Malar | 70 | NOOSA | 49.04 | 8 |
| 4 | Carol Russell | 72 | COOGEE-RANDWICK | 52.00 | 7 |
| 5 | Pam Munday | 73 | OAK FLATS | 52.77 | 6 |
| 6 | Susan Harbottle | 74 | DONCASTER DOLPHINS | 53.34 | 5 |
| 7 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 54.68 | 4 |
| 8 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 55.40 | 3 |
| 9 | Jacqui Ellison | 70 | SURREY PARK SEAHORSES | 58.17 | 2 |
| 10 | Gail Milroy | 70 | SAPPHIRE COAST | 58.40 | 1 |
| 11 | Catherine Alexander | 70 | TUGGERANONG | 58.48 | 1 |
| 12 | Maree Tuff | 73 | MORNINGTON PENINSULA | 58.70 | 1 |
| 13 | Janette Gooley | 74 | MALVERN MARLINS | 59.65 | 1 |
| 14 | Lesley Buchanan | 73 | NORTH SHORE | 1:01.45 | 1 |
| 15 | Patricia Helmore | 73 | SAPPHIRE COAST | 1:01.80 | 1 |
| 16 | Pauline Tauschke | 70 | DARWIN STINGERS | 1:12.49 | 1 |

Event 21 Women 75-79 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-----------------|---------|----|
| 1 | Marijke Alderson | 77 | POWERPOINTS | 54.16 | 10 |
| 2 | Joan Simpson | 78 | MALVERN MARLINS | 1:08.02 | 9 |
| 3 | Sandra Rogers | 78 | BUNNA-BARRA | 1:27.07 | 8 |

Event 21 Women 80-84 50 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|---------------------|---------|----|
| 1 | Lindy Salter | 80 | MIAMI | 56.53 | 10 |
| 2 | Gerda Williams | 82 | MANDURAH | 1:00.26 | 9 |
| 3 | Jannie Thomson | 82 | MANDURAH | 1:01.31 | 8 |
| 4 | Gail Gronholt | 80 | DARWIN STINGERS | 1:12.00 | 7 |
| 5 | Anita Saviane | 81 | SUTHERLAND SANDBERN | 1:13.07 | 6 |
| 6 | Barbara Jones | 80 | SUTHERLAND SANDBERN | 1:21.67 | 5 |
| 7 | Bridget Cook | 80 | WARRINGAH | 1:27.06 | 4 |

Event 21 Women 85-89 50 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|------------------------|---------|----|
| 1 | Kay Burton | 85 | BLUE MOUNTAINS PHOENIX | 1:18.75 | 10 |
| 2 | Maggie Roberts | 87 | DARWIN STINGERS | 1:38.03 | 9 |

Event 21 Men 18-24 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|----------------------|---------|----|
| 1 | Samuel Bricknell | 24 | DARWIN STINGERS | 34.28 | 10 |
| 2 | Eduan du Preez | 22 | MORNINGTON PENINSULA | 35.21 | 9 |
| 3 | Dylan Mende | 19 | DARWIN BUFFALOS | 35.40 | 8 |
| 4 | Joseph Salt | 24 | SUPERFINS WA | 1:00.04 | 7 |

Event 21 Men 25-29 50 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|--------------------|-------|----|
| 1 | Joseph Howe | 26 | GLAMOURHEAD SHARKS | 32.56 | 10 |
| 2 | Adam Ward | 27 | BLACKTOWN CITY | 37.30 | 9 |
| 3 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 39.19 | 8 |
| 4 | Dylan Broadway | 28 | SUPERFINS WA | 57.22 | 7 |

Event 21 Men 30-34 50 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|--------------------|-------|----|
| 1 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 34.00 | 10 |
| 2 | Noah Southam | 32 | MIAMI | 37.00 | 9 |
| 3 | Timothy Few | 32 | DARWIN BUFFALOS | 38.23 | 8 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 21 Men 30-34 50 LC Metre Breaststroke)**

| | | | | | |
|---|-----------------|----|------------------|-------|---|
| 4 | Rhys Fisher | 31 | DEVONPORT DEVILS | 41.37 | 7 |
| 5 | Charles Gravier | 32 | ADELAIDE | 50.04 | 6 |
| 6 | Geoffrey Keron | 32 | SUPERFINS WA | 52.06 | 5 |

Event 21 Men 35-39 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|--------------------|-------|----|
| 1 | Bradley Thomas | 39 | PENRITH | 32.84 | 10 |
| 2 | Daniel Phillpot | 37 | MANLY | 34.43 | 9 |
| 3 | Anthony Dragovic | 39 | BLACKTOWN CITY | 35.33 | 8 |
| 4 | Mark McDonald | 37 | BLACKTOWN CITY | 38.70 | 7 |
| 5 | Leigh Guy | 37 | GLAMOURHEAD SHARKS | 43.41 | 6 |
| 6 | Gregory Black | 35 | SUPERFINS WA | 51.86 | 5 |
| 7 | Nathan Curry | 38 | SUPERFINS WA | 54.46 | 4 |

Event 21 Men 40-44 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-----------------------|-------|----|
| 1 | Joshua P Baker | 40 | NORTH SHORE | 34.92 | 10 |
| 2 | Koe Davidson | 44 | POWERPOINTS | 35.14 | 9 |
| 3 | Edwin Auzins | 43 | MOLOGLO WATER DRAGONS | 36.72 | 8 |
| 4 | Mark Robertson | 41 | ETTALONG PELICANS | 40.42 | 7 |
| 5 | Varant Jambazian | 41 | MERRYLANDS | 43.68 | 6 |
| 6 | James Carpenter | 41 | NIGHTCLIFF | 44.95 | 5 |

Event 21 Men 45-49 50 LC Metre Breaststroke

| | | | | | |
|---|--------------------|----|--------------------|-------|----|
| 1 | Kristopher Watkins | 46 | MIAMI | 34.84 | 10 |
| 2 | Sam Radford | 48 | DONCASTER DOLPHINS | 34.85 | 9 |
| 3 | Stuart Mackay | 49 | PENRITH | 35.04 | 8 |
| 4 | Steven Vermey | 45 | PENRITH | 37.18 | 7 |
| 5 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 38.23 | 6 |
| 6 | Brad Johnson | 47 | DONCASTER DOLPHINS | 38.83 | 5 |
| 7 | Andrew Osborne | 49 | PHOENIX | 39.25 | 4 |
| 8 | Colin Drysdale | 49 | GLAMOURHEAD SHARKS | 40.02 | 3 |
| 9 | John Welch | 49 | GLAMOURHEAD SHARKS | 51.49 | 2 |

Event 21 Men 50-54 50 LC Metre Breaststroke

| | | | | | |
|----|----------------------|----|------------------|---------|----|
| 1 | Kieren Jon Lawrenson | 50 | CLAREMONT | 33.11 | 10 |
| 2 | James Watson | 50 | SEASIDE PIRATES | 38.06 | 9 |
| 3 | Jason Gronowicz | 50 | BLACKTOWN CITY | 39.49 | 8 |
| 4 | Cameron McInerney | 51 | NIGHTCLIFF | 40.79 | 7 |
| 5 | Paul Lendvay | 50 | GENESIS AQUATICS | 41.84 | 6 |
| 6 | Tony Burt | 54 | MALVERN MARLINS | 42.13 | 5 |
| 7 | Cameron Dawe | 53 | DARWIN STINGERS | 44.06 | 4 |
| 8 | Sandeep Gulia | 51 | PENRITH | 46.38 | 3 |
| 9 | Andrew Goldswain | 53 | SUPERFINS WA | 56.20 | 2 |
| 10 | Phillip Smith | 54 | SUPERFINS WA | 1:14.36 | 1 |

Event 21 Men 55-59 50 LC Metre Breaststroke

| | | | | | |
|---|-----------------|----|---------------------|-------|----|
| 1 | Craig Magnusson | 59 | NORTH SHORE | 34.79 | 10 |
| 2 | Brett Davidson | 57 | POWERPOINTS | 35.60 | 9 |
| 3 | Peter Bubrzycki | 59 | COCKBURN | 38.34 | 8 |
| 4 | Michael Poot | 57 | SUTHERLAND SANDBERN | 44.37 | 7 |
| 5 | Warren Midgley | 59 | TOOWOOMBA | 44.48 | 6 |

Event 21 Men 60-64 50 LC Metre Breaststroke

| | | | | | |
|---|-----------------|----|-----------------|-------|----|
| 1 | Ian Robinson | 61 | RIVER CITY | 35.04 | 10 |
| 2 | Anthony Dunne | 61 | CLAREMONT | 35.53 | 9 |
| 3 | William O'Leary | 63 | TSA | 39.40 | 8 |
| 4 | Mark Huggins | 63 | MALVERN MARLINS | 41.03 | 7 |
| 5 | Wayne Carlisch | 61 | TOOWOOMBA | 41.91 | 6 |
| 6 | Tony Tooher | 62 | WARRINGAH | 42.21 | 5 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024

Results

(Event 21 Men 60-64 50 LC Metre Breaststroke)

| | | | | | |
|----|-------------------|----|-----------------------|---------|---|
| 7 | Andrew McCrindell | 61 | RYDE | 43.75 | 4 |
| 8 | Gordon Southam | 62 | MIAMI | 44.18 | 3 |
| 9 | Ronald Massaar | 64 | SUTHERLAND SANDBERN | 44.71 | 2 |
| 10 | Darryl Flukes | 63 | SURREY PARK SEAHORSES | 46.13 | 1 |
| 11 | Richard Hughes | 62 | CLAREMONT | 52.03 | 1 |
| 12 | Gordon Simpson | 64 | GIPPSLAND FLIPPERS | 1:09.92 | 1 |

Event 21 Men 65-69 50 LC Metre Breaststroke

| | | | | | |
|----|-------------------|----|---------------------|---------|----|
| *1 | Dieter Machate | 65 | INDONESIA | 38.39 | 10 |
| *1 | Stephen Thompson | 65 | SUTHERLAND SANDBERN | 39.31 | 10 |
| 2 | Owen Sinden | 69 | BLACKTOWN CITY | 41.99 | 9 |
| 3 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 43.41 | 8 |
| 4 | Alan Godfrey | 67 | GLAMOURHEAD SHARKS | 44.36 | 7 |
| 5 | Geoffrey Toogood | 65 | POWERPOINTS | 47.50 | 6 |
| 6 | Neil Newman | 68 | BELGRAVIA | 48.85 | 5 |
| 7 | Anthony Horadam | 67 | BLACKTOWN CITY | 49.57 | 4 |
| 8 | Anthony Gallagher | 69 | WARRINGAH | 55.53 | 3 |
| 9 | Sjaak Verschoor | 67 | COOGEE-RANDWICK | 1:00.79 | 2 |
| 10 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 1:01.14 | 1 |
| 11 | Rick Cleveland | 67 | LAUNCESTON LEMMINGS | 1:03.61 | 1 |

Event 21 Men 70-74 50 LC Metre Breaststroke

| | | | | | |
|----|---------------------|----|-----------------------|---------|----|
| 1 | Stuart Ellicott | 72 | NORTH SHORE | 36.57 | 10 |
| 2 | Jim Milne | 70 | YARRA ROUGHIES | 44.22 | 9 |
| 3 | Michael Daly | 70 | POWERPOINTS | 45.87 | 8 |
| 4 | Shane Austin | 70 | SURREY PARK SEAHORSES | 47.34 | 7 |
| 5 | Charles Croft | 74 | ARMADALE | 48.44 | 6 |
| 6 | Trevor Wainstein | 71 | CLAREMONT | 49.98 | 5 |
| 7 | Gordon Whyte | 72 | WARRINGAH | 50.02 | 4 |
| 8 | Anthony Catto-Smith | 70 | MORNINGTON PENINSULA | 55.22 | 3 |
| 9 | John Towers | 74 | LAUNCESTON LEMMINGS | 59.56 | 2 |
| 10 | Ross Hall | 71 | MANLY | 1:10.83 | 1 |

Event 21 Men 75-79 50 LC Metre Breaststroke

| | | | | | |
|---|------------------|----|-----------------------|-------|----|
| 1 | Robert Patterson | 77 | DARWIN STINGERS | 42.33 | 10 |
| 2 | Graham Croft | 76 | CLAREMONT | 44.43 | 9 |
| 3 | Rod Clarke | 78 | DONCASTER DOLPHINS | 45.85 | 8 |
| 4 | Stephen Lamy | 75 | MANLY | 49.16 | 7 |
| 5 | John Stanton | 77 | MALVERN MARLINS | 52.36 | 6 |
| 6 | Peter Lord | 77 | SURREY PARK SEAHORSES | 57.41 | 5 |

Event 21 Men 80-84 50 LC Metre Breaststroke

| | | | | | |
|---|-----------------|----|-------------|---------|----|
| 1 | David Craig | 80 | WARRINGAH | 1:29.08 | 10 |
| 2 | Graham Campbell | 80 | WARRINGAH | 1:34.71 | 9 |
| 3 | James Ross | 80 | NEW ZEALAND | 1:39.46 | 8 |

Event 21 Men 85-89 50 LC Metre Breaststroke

| | | | | | |
|---|--------------|----|-------|-------|----|
| 1 | Tony Goodwin | 87 | MANLY | 45.62 | 10 |
|---|--------------|----|-------|-------|----|

Event 21 Men 90-94 50 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|-----------------|-------|----|
| 1 | Patrick Galvin | 91 | MALVERN MARLINS | 57.35 | 10 |
|---|----------------|----|-----------------|-------|----|

Event 21 Men 95-99 50 LC Metre Breaststroke

| | | | | | |
|---|----------------|----|----------|---------|----|
| 1 | Charles Renner | 96 | MELVILLE | 1:46.86 | 10 |
|---|----------------|----|----------|---------|----|

Event 22 Women 18-24 200 LC Metre Freestyle

| | | | | | |
|---|---------------|----|-----------------------|---------|----|
| 1 | Kealey Cussen | 24 | TOWNSVILLE AQUAHOLICS | 2:33.89 | 10 |
|---|---------------|----|-----------------------|---------|----|

34.38 1:12.68 (38.30) 1:53.53 (40.85) 2:33.89 (40.36)

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Women 18-24 200 LC Metre Freestyle)**

| | | | | | |
|---|--------------|-----------------|----------------------|-----------------|---|
| 2 | Joanna Lill | 21 | BLACKTOWN CITY | 2:38.17 | 9 |
| | 36.30 | 1:16.23 (39.93) | 1:57.35 (41.12) | 2:38.17 (40.82) | |
| 3 | Alexia Green | 22 | MORNINGTON PENINSULA | 2:43.21 | 8 |
| | 37.28 | 1:18.79 (41.51) | 2:01.54 (42.75) | 2:43.21 (41.67) | |
| 4 | Lotti Fox | 24 | CLAREMONT | 2:44.36 | 7 |
| | 39.82 | 1:23.86 (44.04) | 2:05.80 (41.94) | 2:44.36 (38.56) | |

Event 22 Women 25-29 200 LC Metre Freestyle

| | | | | | |
|---|-------------------|-----------------|-----------------|-----------------|----|
| 1 | Kady Ibell | 28 | TSA | 2:20.28 | 10 |
| | 31.72 | 1:07.60 (35.88) | 1:44.03 (36.43) | 2:20.28 (36.25) | |
| 2 | Bronwyn Stockley | 26 | BLACKTOWN CITY | 2:42.85 | 9 |
| | 36.80 | 1:18.28 (41.48) | 2:01.51 (43.23) | 2:42.85 (41.34) | |
| 3 | Megan Clark | 26 | PENRITH | 2:45.96 | 8 |
| | 37.17 | 1:19.86 (42.69) | 2:03.56 (43.70) | 2:45.96 (42.40) | |
| 4 | Amy Small | 29 | NOARLUNGA | 3:12.91 | 7 |
| | 43.02 | 1:32.12 (49.10) | 2:23.42 (51.30) | 3:12.91 (49.49) | |
| 5 | Stephanie Neville | 28 | SUPERFINS WA | 3:27.18 | 6 |
| | 50.64 | 1:45.25 (54.61) | 2:38.14 (52.89) | 3:27.18 (49.04) | |

Event 22 Women 30-34 200 LC Metre Freestyle

| | | | | | |
|---|----------------------|-----------------|-----------------|-----------------|----|
| 1 | Amanda Tully | 33 | DARWIN STINGERS | 2:26.92 | 10 |
| | 32.78 | 1:10.23 (37.45) | 1:48.88 (38.65) | 2:26.92 (38.04) | |
| 2 | Jayde Richardson | 32 | HOBART DOLPHINS | 2:28.31 | 9 |
| | 34.40 | 1:11.95 (37.55) | 1:50.61 (38.66) | 2:28.31 (37.70) | |
| 3 | Rebecca Kierath | 30 | CLAREMONT | 2:45.17 | 8 |
| | 37.61 | 1:19.65 (42.04) | 2:02.42 (42.77) | 2:45.17 (42.75) | |
| 4 | Tiane Burwood | 32 | BLACKTOWN CITY | 3:04.12 | 7 |
| | 40.12 | 1:26.93 (46.81) | 2:16.84 (49.91) | 3:04.12 (47.28) | |
| 5 | Annika-Lee Skulander | 34 | BLACKTOWN CITY | 3:49.77 | 6 |
| | 51.96 | 1:50.98 (59.02) | 2:50.89 (59.91) | 3:49.77 (58.88) | |

Event 22 Women 35-39 200 LC Metre Freestyle

| | | | | | |
|---|-------------------|-----------------|---------------------------|-----------------|----|
| 1 | Tracey Murphy | 39 | GIPPSLAND FLIPPERS | 2:17.08 | 10 |
| | 31.77 | 1:06.42 (34.65) | 1:41.90 (35.48) | 2:17.08 (35.18) | |
| 2 | Erin Abson | 37 | LAVERTON WYNDHAM AQUATICS | 2:32.51 | 9 |
| | 33.89 | 1:11.99 (38.10) | 1:53.18 (41.19) | 2:32.51 (39.33) | |
| 3 | Alison Sakurovs | 39 | MERRYLANDS | 2:36.35 | 8 |
| | 34.33 | 1:14.73 (40.40) | 1:56.25 (41.52) | 2:36.35 (40.10) | |
| 4 | Belinda Meek | 35 | BLACKTOWN CITY | 2:42.22 | 7 |
| | 36.66 | 1:17.29 (40.63) | 1:59.23 (41.94) | 2:42.22 (42.99) | |
| 5 | Rachael Cooper | 35 | GUILDFORD AND KALAMUNDA | 2:44.33 | 6 |
| | 37.83 | 1:19.70 (41.87) | 2:01.93 (42.23) | 2:44.33 (42.40) | |
| 6 | Pippa Featherston | 39 | DARWIN BUFFALOS | 2:49.36 | 5 |
| | 38.94 | 1:21.15 (42.21) | 2:04.52 (43.37) | 2:49.36 (44.84) | |
| 7 | Suzie Haddad | 39 | BLACKTOWN CITY | 2:50.81 | 4 |
| | 38.68 | 1:21.61 (42.93) | 2:06.15 (44.54) | 2:50.81 (44.66) | |
| 8 | Julia Barnes | 39 | GOULBURN VALLEY CROCS | 3:02.99 | 3 |
| | 38.83 | 1:24.60 (45.77) | 2:13.88 (49.28) | 3:02.99 (49.11) | |
| 9 | Liz Daly | 39 | TUGGERANONG | 3:07.10 | 2 |
| | 37.26 | 1:22.86 (45.60) | 2:13.54 (50.68) | 3:07.10 (53.56) | |

Event 22 Women 40-44 200 LC Metre Freestyle

| | | | | | |
|---|-------------------|-----------------|--------------------|-----------------|----|
| 1 | Stacia Kirk | 43 | CLAREMONT | 2:20.90 | 10 |
| | 32.79 | 1:09.11 (36.32) | 1:45.68 (36.57) | 2:20.90 (35.22) | |
| 2 | Tracy Denning | 41 | GIPPSLAND FLIPPERS | 2:21.21 | 9 |
| | 32.99 | 1:08.49 (35.50) | 1:44.74 (36.25) | 2:21.21 (36.47) | |
| 3 | Elizabeth Merenda | 44 | TUGGERANONG | 2:21.65 | 8 |
| | 33.05 | 1:09.66 (36.61) | 1:46.01 (36.35) | 2:21.65 (35.64) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Women 40-44 200 LC Metre Freestyle)**

| | | | | | | |
|-----|-----------------------|-------------------|-------------------|-------------------|---------|---|
| 4 | Miranda Schoolderman | 41 | COTTON TREE | | 2:37.66 | 7 |
| | 35.73 | 1:16.16 (40.43) | 1:57.13 (40.97) | 2:37.66 (40.53) | | |
| 5 | Shannon Bowron | 44 | ROCKINGHAM | | 2:43.08 | 6 |
| | 36.97 | 1:18.74 (41.77) | 2:01.42 (42.68) | 2:43.08 (41.66) | | |
| 6 | Lauren Bradley | 40 | ETTALONG PELICANS | | 2:44.02 | 5 |
| | 36.82 | 1:18.66 (41.84) | 2:01.28 (42.62) | 2:44.02 (42.74) | | |
| 7 | Michelle Coleman | 44 | DARWIN STINGERS | | 2:47.56 | 4 |
| | 37.28 | 1:20.67 (43.39) | 2:04.86 (44.19) | 2:47.56 (42.70) | | |
| 8 | Karen Williams | 40 | ROCKINGHAM | | 2:51.25 | 3 |
| | 36.52 | 1:18.72 (42.20) | 2:04.49 (45.77) | 2:51.25 (46.76) | | |
| 9 | Susanne Milenkevich | 44 | RIVER CITY | | 2:58.94 | 2 |
| | 40.65 | 1:26.84 (46.19) | 2:14.27 (47.43) | 2:58.94 (44.67) | | |
| 10 | Kristi Ruus | 40 | TUGGERANONG | | 3:01.14 | 1 |
| | 42.18 | 1:27.99 (45.81) | 2:14.65 (46.66) | 3:01.14 (46.49) | | |
| 11 | Cathy Van Croonenborg | 40 | GENESIS AQUATICS | | 3:03.51 | 1 |
| | 40.36 | 1:27.49 (47.13) | 2:17.12 (49.63) | 3:03.51 (46.39) | | |
| 12 | Ailie McKendrick | 43 | SAPPHIRE COAST | | 3:07.33 | 1 |
| | 40.91 | 1:29.20 (48.29) | 2:19.28 (50.08) | 3:07.33 (48.05) | | |
| 13 | Kristina Caldwell | 42 | IPSWICH CITY | | 3:15.21 | 1 |
| | 44.24 | 1:36.32 (52.08) | 2:28.79 (52.47) | 3:15.21 (46.42) | | |
| 14 | Natalie Wright | 40 | DARWIN STINGERS | | 3:18.10 | 1 |
| | 41.83 | 1:32.48 (50.65) | 2:25.51 (53.03) | 3:18.10 (52.59) | | |
| 15 | Dianne Saunders | 40 | SUPERFINS WA | | 3:46.59 | 1 |
| | 49.48 | 1:48.49 (59.01) | 2:47.47 (58.98) | 3:46.59 (59.12) | | |
| 16 | Rachel Duggin | 44 | SUPERFINS WA | | 4:15.12 | 1 |
| | 59.00 | 2:04.66 (1:05.66) | 3:08.96 (1:04.30) | 4:15.12 (1:06.16) | | |
| --- | Tahnee Afuhaamango | 42 | DARWIN STINGERS | | DNF | |
| | 51.40 | 1:50.64 (59.24) | | | | |

Event 22 Women 45-49 200 LC Metre Freestyle

| | | | | | | |
|----|----------------------|-----------------|-------------------|-------------------|---------|----|
| 1 | Kristy Brackstone | 45 | CLAREMONT | | 2:21.37 | 10 |
| | 33.15 | 1:08.61 (35.46) | 1:44.89 (36.28) | 2:21.37 (36.48) | | |
| 2 | Lisandra De Carvalho | 46 | POWERPOINTS | | 2:23.43 | 9 |
| | 33.53 | 1:10.18 (36.65) | 1:47.60 (37.42) | 2:23.43 (35.83) | | |
| 3 | Kim Wellington | 48 | PHOENIX | | 2:36.74 | 8 |
| | 36.07 | 1:15.46 (39.39) | 1:56.30 (40.84) | 2:36.74 (40.44) | | |
| 4 | Fiona Griffin | 46 | BOLD PARK | | 2:40.03 | 7 |
| | 37.24 | 1:18.23 (40.99) | 2:01.57 (43.34) | 2:40.03 (38.46) | | |
| 5 | Dana Richards | 48 | ROCKINGHAM | | 2:44.22 | 6 |
| | 37.83 | 1:19.89 (42.06) | 2:02.61 (42.72) | 2:44.22 (41.61) | | |
| 6 | Belinda Peacocke | 48 | DARWIN STINGERS | | 2:49.07 | 5 |
| | 37.67 | 1:21.43 (43.76) | 2:06.55 (45.12) | 2:49.07 (42.52) | | |
| 7 | Rebecca Draper | 46 | NORTHERN | | 2:50.60 | 4 |
| | 38.68 | 1:21.87 (43.19) | 2:06.66 (44.79) | 2:50.60 (43.94) | | |
| 8 | Catherine Way | 46 | DARWIN STINGERS | | 3:07.00 | 3 |
| | 42.08 | 1:28.80 (46.72) | 2:17.91 (49.11) | 3:07.00 (49.09) | | |
| 9 | Catherine Wilson | 49 | BUNNA-BARRA | | 3:09.18 | 2 |
| | 39.00 | 1:26.76 (47.76) | 2:16.84 (50.08) | 3:09.18 (52.34) | | |
| 10 | Cheree Dodkin | 45 | TOOWOOMBA | | 6:38.78 | 1 |
| | | 3:06.31 () | 4:51.75 (1:45.44) | 6:38.78 (1:47.03) | | |

Event 22 Women 50-54 200 LC Metre Freestyle

| | | | | | | |
|---|----------------------|-----------------|------------------|-----------------|---------|----|
| 1 | Anita Lendvay | 53 | GENESIS AQUATICS | | 2:30.14 | 10 |
| | 33.41 | 1:10.35 (36.94) | 1:49.65 (39.30) | 2:30.14 (40.49) | | |
| 2 | Rebecca Mather-Brown | 51 | DARWIN STINGERS | | 2:37.72 | 9 |
| | 35.79 | 1:15.93 (40.14) | 1:57.21 (41.28) | 2:37.72 (40.51) | | |
| 3 | Deanne Sanderson | 50 | BELGRAVIA | | 2:40.05 | 8 |
| | 35.97 | 1:16.49 (40.52) | 1:58.12 (41.63) | 2:40.05 (41.93) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Women 50-54 200 LC Metre Freestyle)**

| | | | | | |
|----|------------------|-------------------|----------------------|-------------------|---|
| 4 | Rachel Nevinson | 51 | MORNINGTON PENINSULA | 2:50.39 | 7 |
| | 39.03 | 1:22.55 (43.52) | 2:06.69 (44.14) | 2:50.39 (43.70) | |
| 5 | Jodie Newman | 54 | MIAMI | 2:54.25 | 6 |
| | 40.26 | 1:24.67 (44.41) | 2:10.30 (45.63) | 2:54.25 (43.95) | |
| *6 | Clarissa Then | 54 | SINGAPORE | 3:04.93 | 5 |
| | 39.75 | 1:26.99 (47.24) | 2:17.18 (50.19) | 3:04.93 (47.75) | |
| *6 | Lorraine Aw | 54 | MALVERN MARLINS | 3:23.37 | 5 |
| | 46.67 | 1:39.65 (52.98) | 2:33.10 (53.45) | 3:23.37 (50.27) | |
| 7 | Jackie Gardiner | 50 | PERTH CITY | 3:25.08 | 4 |
| | 46.41 | 1:39.70 (53.29) | 2:33.22 (53.52) | 3:25.08 (51.86) | |
| 8 | Zara Tai | 53 | BLACKTOWN CITY | 3:48.38 | 3 |
| | 48.91 | 1:44.95 (56.04) | 2:45.06 (1:00.11) | 3:48.38 (1:03.32) | |
| 9 | Primrose Ritchie | 51 | DONCASTER DOLPHINS | 4:24.14 | 2 |
| | 1:04.63 | 2:12.61 (1:07.98) | 3:22.77 (1:10.16) | 4:24.14 (1:01.37) | |

Event 22 Women 55-59 200 LC Metre Freestyle

| | | | | | |
|----|---------------------|-------------------|-----------------------|-------------------|----|
| 1 | Jennie Bucknell | 58 | POWERPOINTS | 2:22.74 | 10 |
| | 32.98 | 1:09.59 (36.61) | 1:47.10 (37.51) | 2:22.74 (35.64) | |
| 2 | Julie Bowman | 59 | ADELAIDE | 2:41.23 | 9 |
| | 38.03 | 1:19.03 (41.00) | 2:00.68 (41.65) | 2:41.23 (40.55) | |
| 3 | Anne Henderson | 56 | HOBART AQUATIC | 2:41.54 | 8 |
| | 36.79 | 1:18.81 (42.02) | 2:00.43 (41.62) | 2:41.54 (41.11) | |
| 4 | Megan Tetley | 56 | CLAREMONT | 2:44.35 | 7 |
| | 37.37 | 1:19.74 (42.37) | 2:01.62 (41.88) | 2:44.35 (42.73) | |
| 5 | Caz Makin | 56 | TUGGERANONG | 2:46.30 | 6 |
| | 37.81 | 1:19.87 (42.06) | 2:03.39 (43.52) | 2:46.30 (42.91) | |
| 6 | Kelly Paul | 57 | SURREY PARK SEAHORSES | 2:57.55 | 5 |
| | 40.87 | 1:27.28 (46.41) | 2:14.27 (46.99) | 2:57.55 (43.28) | |
| 7 | Nelleke Dien Walker | 59 | POWERPOINTS | 2:58.02 | 4 |
| | 40.11 | 1:25.47 (45.36) | 2:13.25 (47.78) | 2:58.02 (44.77) | |
| 8 | Katrina Burgess | 57 | TUGGERANONG | 2:58.94 | 3 |
| | 39.41 | 1:24.90 (45.49) | 2:12.06 (47.16) | 2:58.94 (46.88) | |
| 9 | Sharon Newstead | 59 | MALVERN MARLINS | 3:03.32 | 2 |
| | 41.55 | 1:29.43 (47.88) | 2:17.65 (48.22) | 3:03.32 (45.67) | |
| 10 | Jayna Gordon | 58 | DARWIN STINGERS | 3:04.61 | 1 |
| | 42.45 | 1:29.69 (47.24) | 2:17.70 (48.01) | 3:04.61 (46.91) | |
| 11 | Alison Farmer | 59 | CLAREMONT | 3:06.04 | 1 |
| | 41.63 | 1:28.93 (47.30) | 2:17.57 (48.64) | 3:06.04 (48.47) | |
| 12 | Kylee Murray | 58 | MERRYLANDS | 3:10.73 | 1 |
| | 40.04 | 1:29.13 (49.09) | 2:21.18 (52.05) | 3:10.73 (49.55) | |
| 13 | Michelle Hogue | 57 | CLAREMONT | 3:13.68 | 1 |
| | 43.52 | 1:32.19 (48.67) | 2:23.39 (51.20) | 3:13.68 (50.29) | |
| 14 | Kerry-Ann Michels | 57 | BLACKTOWN CITY | 3:19.85 | 1 |
| | 43.94 | 1:35.66 (51.72) | 2:27.86 (52.20) | 3:19.85 (51.99) | |
| 15 | Clairly Lance | 58 | PERTH CITY | 3:20.61 | 1 |
| | 44.73 | 1:37.52 (52.79) | 2:31.61 (54.09) | 3:20.61 (49.00) | |
| 16 | Yvonne Egan | 59 | POWERPOINTS | 3:31.11 | 1 |
| | 48.33 | 1:41.68 (53.35) | 2:37.78 (56.10) | 3:31.11 (53.33) | |
| 17 | Carolyn Lunney | 55 | TOOWOOMBA | 4:01.78 | 1 |
| | 51.48 | 1:52.17 (1:00.69) | 2:58.30 (1:06.13) | 4:01.78 (1:03.48) | |

Event 22 Women 60-64 200 LC Metre Freestyle

| | | | | | |
|----|------------------|-----------------|--------------------------|-----------------|----|
| 1 | Jeanette Brits | 63 | MANLY | 2:20.92 | 10 |
| | 31.79 | 1:07.28 (35.49) | 1:44.09 (36.81) | 2:20.92 (36.83) | |
| *2 | Carola Khouri | 62 | UNITED STATES OF AMERICA | 2:28.19 | 9 |
| | 34.35 | 1:11.76 (37.41) | 1:50.41 (38.65) | 2:28.19 (37.78) | |
| *2 | Joanne Sutcliffe | 64 | PHOENIX | 2:33.35 | 9 |
| | 35.25 | 1:14.51 (39.26) | 1:54.95 (40.44) | 2:33.35 (38.40) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Women 60-64 200 LC Metre Freestyle)**

| | | | | | |
|----|------------------------|-------------------|------------------------|-------------------|---|
| 3 | Bridget Young | 60 | ROCKINGHAM | 2:38.25 | 8 |
| | 35.80 | 1:15.33 (39.53) | 1:56.71 (41.38) | 2:38.25 (41.54) | |
| 4 | Amanda Duggan | 64 | HOBART DOLPHINS | 2:39.66 | 7 |
| | 36.07 | 1:16.29 (40.22) | 1:58.43 (42.14) | 2:39.66 (41.23) | |
| 5 | Janette Dickey | 64 | MALVERN MARLINS | 2:40.24 | 6 |
| | 37.13 | 1:18.20 (41.07) | 2:00.16 (41.96) | 2:40.24 (40.08) | |
| 6 | Anne Marie Cruickshank | 61 | DARWIN STINGERS | 2:50.79 | 5 |
| | 38.91 | 1:22.80 (43.89) | 2:08.10 (45.30) | 2:50.79 (42.69) | |
| 7 | Daphne Briggs | 62 | MALVERN MARLINS | 2:51.54 | 4 |
| | 40.50 | 1:25.25 (44.75) | 2:10.07 (44.82) | 2:51.54 (41.47) | |
| 8 | Donna Rickwood | 62 | HOBART AQUATIC | 2:52.08 | 3 |
| | 39.51 | 1:24.33 (44.82) | 2:09.29 (44.96) | 2:52.08 (42.79) | |
| 9 | Julia Atkins | 61 | WARRINGAH | 3:09.48 | 2 |
| | 41.74 | 1:31.28 (49.54) | 2:21.44 (50.16) | 3:09.48 (48.04) | |
| 10 | Wendy Kingma | 63 | GOULBURN VALLEY CROCS | 3:12.86 | 1 |
| | 43.23 | 1:31.76 (48.53) | 2:23.35 (51.59) | 3:12.86 (49.51) | |
| 11 | Linda Hogg | 62 | NOOSA | 3:16.60 | 1 |
| | 46.28 | 1:37.24 (50.96) | 2:28.57 (51.33) | 3:16.60 (48.03) | |
| 12 | Robyn Richards | 62 | SUNSHINE COAST | 3:17.57 | 1 |
| | 45.23 | 1:36.35 (51.12) | 2:27.97 (51.62) | 3:17.57 (49.60) | |
| 13 | Catherine Reid | 62 | POWERPOINTS | 3:17.59 | 1 |
| | 43.57 | 1:34.24 (50.67) | 2:27.04 (52.80) | 3:17.59 (50.55) | |
| 14 | Susan Dalton | 62 | NORTH MACKAY SINKERS | 3:18.15 | 1 |
| | 43.39 | 1:33.46 (50.07) | 2:26.66 (53.20) | 3:18.15 (51.49) | |
| 15 | Susan Leech | 61 | BLUE MOUNTAINS PHOENIX | 3:18.48 | 1 |
| | 45.00 | 1:36.15 (51.15) | 2:27.74 (51.59) | 3:18.48 (50.74) | |
| 16 | Deborah Tuck | 62 | MORNINGTON PENINSULA | 3:19.44 | 1 |
| | 43.53 | 1:32.38 (48.85) | 2:25.14 (52.76) | 3:19.44 (54.30) | |
| 17 | Fiona Hogarth | 60 | DARWIN STINGERS | 3:22.29 | 1 |
| | 46.94 | 1:39.44 (52.50) | 2:31.77 (52.33) | 3:22.29 (50.52) | |
| 18 | Alexandra Tregonning | 63 | CLAREMONT | 3:24.99 | 1 |
| | 45.36 | 1:38.05 (52.69) | 2:32.47 (54.42) | 3:24.99 (52.52) | |
| 19 | Jenny Hookey | 64 | SURREY PARK SEAHORSES | 3:26.76 | 1 |
| | 48.04 | 1:39.63 (51.59) | 2:33.22 (53.59) | 3:26.76 (53.54) | |
| 20 | Beth Ashwood | 64 | MALVERN MARLINS | 3:30.17 | 1 |
| | 48.00 | 1:42.36 (54.36) | 2:37.26 (54.90) | 3:30.17 (52.91) | |
| 21 | Margaret Fell | 63 | BLACKTOWN CITY | 3:40.71 | 1 |
| | 49.51 | | 2:45.79 () | 3:40.71 (54.92) | |
| 22 | Di Woods | 64 | GLAMOURHEAD SHARKS | 3:59.40 | 1 |
| | 50.63 | 1:52.82 (1:02.19) | 3:00.75 (1:07.93) | 3:59.40 (58.65) | |
| 23 | Sharon Smith | 64 | HOBART DOLPHINS | 4:00.67 | 1 |
| | 51.23 | 1:52.11 (1:00.88) | 2:55.48 (1:03.37) | 4:00.67 (1:05.19) | |
| 24 | Anne Gillian | 63 | HOBART DOLPHINS | 4:20.88 | 1 |
| | 54.05 | 2:05.13 (1:11.08) | 4:20.88 (2:15.75) | | |
| 25 | Kathleen Wainwright | 63 | CARINE | 5:36.43 | 1 |
| | 1:10.57 | 2:39.58 (1:29.01) | 4:10.23 (1:30.65) | 5:36.43 (1:26.20) | |

Event 22 Women 65-69 200 LC Metre Freestyle

| | | | | | |
|---|-----------------|-----------------|----------------------|-----------------|----|
| 1 | Elaine Sng | 66 | RIVER CITY | 2:40.73 | 10 |
| | 36.73 | 1:17.71 (40.98) | 1:58.60 (40.89) | 2:40.73 (42.13) | |
| 2 | Yvonne Mutton | 66 | NOOSA | 2:45.23 | 9 |
| | 38.12 | 1:20.48 (42.36) | 2:03.07 (42.59) | 2:45.23 (42.16) | |
| 3 | Moira Wigley | 65 | DARWIN BUFFALOS | 2:54.08 | 8 |
| | 38.25 | 1:22.06 (43.81) | 2:08.17 (46.11) | 2:54.08 (45.91) | |
| 4 | Donna Gadsby | 65 | MORNINGTON PENINSULA | 2:55.81 | 7 |
| | 40.68 | 1:27.06 (46.38) | 2:12.78 (45.72) | 2:55.81 (43.03) | |
| 5 | Eleanor Parsons | 69 | CLAREMONT | 2:59.29 | 6 |
| | 40.12 | 1:25.79 (45.67) | 2:13.35 (47.56) | 2:59.29 (45.94) | |

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Results

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Women 65-69 200 LC Metre Freestyle)**

| | | | | | |
|----|-------------------|-------------------|----------------------|-------------------|---|
| 6 | Heather Whitehead | 65 | BEATTY PARK | 2:59.73 | 5 |
| | 41.36 | 1:28.20 (46.84) | 2:14.55 (46.35) | 2:59.73 (45.18) | |
| 7 | Pip Hawson | 65 | CLAREMONT | 3:08.71 | 4 |
| | 43.70 | 1:32.98 (49.28) | 2:21.35 (48.37) | 3:08.71 (47.36) | |
| 8 | Gay Bradley | 69 | COTTON TREE | 3:12.26 | 3 |
| | 43.39 | 1:32.44 (49.05) | 2:22.70 (50.26) | 3:12.26 (49.56) | |
| 9 | Susan Grimshaw | 68 | MORNINGTON PENINSULA | 3:30.97 | 2 |
| | 48.49 | 1:42.38 (53.89) | 2:39.01 (56.63) | 3:30.97 (51.96) | |
| 10 | Lesley de Lorenzo | 68 | PENRITH | 3:50.64 | 1 |
| | 52.17 | 1:50.13 (57.96) | 2:51.09 (1:00.96) | 3:50.64 (59.55) | |
| 11 | Philippa Sawyer | 68 | LANE COVE | 4:33.92 | 1 |
| | 58.21 | 2:06.52 (1:08.31) | 3:19.43 (1:12.91) | 4:33.92 (1:14.49) | |

Event 22 Women 70-74 200 LC Metre Freestyle

| | | | | | |
|----|-----------------------|-------------------|------------------------------|-------------------|----|
| 1 | Susan Swire-Thompson | 70 | CLAREMONT | 3:05.71 | 10 |
| | 41.76 | | 2:20.46 () | 3:05.71 (45.25) | |
| 2 | Margie Moore | 72 | DONCASTER DOLPHINS | 3:14.48 | 9 |
| | 44.47 | 1:34.28 (49.81) | 2:25.54 (51.26) | 3:14.48 (48.94) | |
| 3 | Janet Sayers | 73 | DONCASTER DOLPHINS | 3:23.51 | 8 |
| | 44.59 | 1:36.60 (52.01) | 2:30.17 (53.57) | 3:23.51 (53.34) | |
| 4 | Andree Ernst | 73 | THE UNIVERSITY OF QUEENSLAND | 3:27.37 | 7 |
| | 46.92 | 1:43.34 (56.42) | 2:35.36 (52.02) | 3:27.37 (52.01) | |
| 5 | Maree Tuff | 73 | MORNINGTON PENINSULA | 3:36.71 | 6 |
| | 46.94 | 1:42.86 (55.92) | 2:39.45 (56.59) | 3:36.71 (57.26) | |
| 6 | Jacky Shields | 70 | NOOSA | 3:44.79 | 5 |
| | 49.51 | 1:48.39 (58.88) | 2:47.67 (59.28) | 3:44.79 (57.12) | |
| 7 | Carol Spencer-Gardner | 70 | MALVERN MARLINS | 3:45.63 | 4 |
| | 50.32 | 1:48.60 (58.28) | 2:48.34 (59.74) | 3:45.63 (57.29) | |
| 8 | Gail Milroy | 70 | SAPPHIRE COAST | 3:56.44 | 3 |
| | 49.54 | 1:51.39 (1:01.85) | 2:53.76 (1:02.37) | 3:56.44 (1:02.68) | |
| 9 | Janette Gooley | 74 | MALVERN MARLINS | 4:27.46 | 2 |
| | 1:01.67 | 2:12.53 (1:10.86) | 3:21.56 (1:09.03) | 4:27.46 (1:05.90) | |
| 10 | Pauline Tauschke | 70 | DARWIN STINGERS | 4:32.52 | 1 |
| | 59.78 | 2:13.55 (1:13.77) | 3:23.70 (1:10.15) | 4:32.52 (1:08.82) | |
| 11 | Jenelle Templeton | 72 | DONCASTER DOLPHINS | 5:08.52 | 1 |
| | 1:07.22 | 2:26.94 (1:19.72) | 3:46.39 (1:19.45) | 5:08.52 (1:22.13) | |
| 12 | Helen Rubin | 72 | RYDE | 5:27.18 | 1 |
| | 1:15.60 | 2:40.34 (1:24.74) | 4:02.16 (1:21.82) | 5:27.18 (1:25.02) | |

Event 22 Women 75-79 200 LC Metre Freestyle

| | | | | | |
|---|------------------|-------------------|-------------------|-------------------|----|
| 1 | Rosa Montague | 77 | POWERPOINTS | 3:19.93 | 10 |
| | 47.25 | 1:39.87 (52.62) | 2:31.39 (51.52) | 3:19.93 (48.54) | |
| 2 | Marijke Alderson | 77 | POWERPOINTS | 3:22.09 | 9 |
| | 47.73 | 1:40.96 (53.23) | 2:33.41 (52.45) | 3:22.09 (48.68) | |
| 3 | Robyn Smith | 75 | CLAREMONT | 3:27.57 | 8 |
| | 48.28 | 1:43.64 (55.36) | 2:35.84 (52.20) | 3:27.57 (51.73) | |
| 4 | Narelle Phillips | 77 | BELGRAVIA | 3:49.87 | 7 |
| | 52.04 | 1:50.76 (58.72) | 2:52.37 (1:01.61) | 3:49.87 (57.50) | |
| 5 | Helen Campbell | 76 | WARRINGAH | 3:52.10 | 6 |
| | 54.23 | 1:54.99 (1:00.76) | 2:54.55 (59.56) | 3:52.10 (57.55) | |
| 6 | Anne Birt | 78 | ETTALONG PELICANS | 4:35.73 | 5 |
| | 55.77 | | 3:19.62 () | 4:35.73 (1:16.11) | |
| 7 | Marion Dreyer | 77 | ETTALONG PELICANS | 4:53.09 | 4 |
| | 1:04.32 | 2:22.35 (1:18.03) | 3:36.38 (1:14.03) | 4:53.09 (1:16.71) | |
| 8 | Anne Besser | 78 | NOOSA | 4:56.20 | 3 |
| | 1:06.84 | 2:23.78 (1:16.94) | 3:39.52 (1:15.74) | 4:56.20 (1:16.68) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 22 Women 80-84 200 LC Metre Freestyle**

| | | | | | |
|-----|---------------|-------------------|----------------------|-------------------|----|
| 1 | Roslyn Mclean | 81 | MORNINGTON PENINSULA | 3:55.04 | 10 |
| | 53.45 | 1:54.05 (1:00.60) | 2:55.41 (1:01.36) | 3:55.04 (59.63) | |
| 2 | Lois Hill | 81 | NOOSA | 4:21.42 | 9 |
| | 58.91 | 2:05.95 (1:07.04) | 3:14.63 (1:08.68) | 4:21.42 (1:06.79) | |
| --- | Jan Croft | 81 | NOOSA | DQ | |

Event 22 Women 85-89 200 LC Metre Freestyle

| | | | | | |
|---|----------------|-------------------|-------------------|-------------------|----|
| 1 | Anne Walker | 87 | DARWIN STINGERS | 4:19.06 | 10 |
| | 59.51 | 2:05.94 (1:06.43) | 3:14.55 (1:08.61) | 4:19.06 (1:04.51) | |
| 2 | Barbara Pearce | 87 | MARION | 5:37.05 | 9 |
| | 1:20.08 | 2:50.71 (1:30.63) | 4:16.39 (1:25.68) | 5:37.05 (1:20.66) | |

Event 22 Women 90-94 200 LC Metre Freestyle

| | | | | | |
|---|----------------|-------------------|--------------------|-------------------|----|
| 1 | Dorothy Dickey | 94 | DONCASTER DOLPHINS | 4:45.09 | 10 |
| | 1:05.44 | 2:21.72 (1:16.28) | 3:37.51 (1:15.79) | 4:45.09 (1:07.58) | |

Event 22 Men 18-24 200 LC Metre Freestyle

| | | | | | |
|---|------------------|-------------------|-------------------|-------------------|----|
| 1 | Jack Worthington | 20 | PENRITH | 2:11.58 | 10 |
| | 30.64 | 1:03.48 (32.84) | 1:37.73 (34.25) | 2:11.58 (33.85) | |
| 2 | Oscar Callander | 22 | DARWIN BUFFALOS | 2:13.05 | 9 |
| | 29.26 | 1:02.65 (33.39) | 1:38.45 (35.80) | 2:13.05 (34.60) | |
| 3 | Thomas Micallef | 21 | BLACKTOWN CITY | 2:26.83 | 8 |
| | 33.70 | 1:12.69 (38.99) | 1:51.95 (39.26) | 2:26.83 (34.88) | |
| 4 | Joseph Salt | 24 | SUPERFINS WA | 4:17.43 | 7 |
| | 48.11 | 1:53.30 (1:05.19) | 3:03.39 (1:10.09) | 4:17.43 (1:14.04) | |

Event 22 Men 25-29 200 LC Metre Freestyle

| | | | | | |
|---|----------------|-----------------|--------------------|-----------------|----|
| 1 | Jordan Henry | 28 | BLACKTOWN CITY | 2:11.90 | 10 |
| | 29.79 | 1:03.21 (33.42) | 1:38.13 (34.92) | 2:11.90 (33.77) | |
| 2 | Dean Abbott | 29 | RACKLEY SWIM TEAM | 2:19.78 | 9 |
| | 31.82 | 1:07.51 (35.69) | 1:43.96 (36.45) | 2:19.78 (35.82) | |
| 3 | Jack Collings | 28 | GLAMOURHEAD SHARKS | 2:21.47 | 8 |
| | 32.82 | 1:09.02 (36.20) | 1:45.85 (36.83) | 2:21.47 (35.62) | |
| 4 | Dylan Broadway | 28 | SUPERFINS WA | 3:05.01 | 7 |
| | | 1:29.76 () | 2:17.56 (47.80) | 3:05.01 (47.45) | |
| 5 | James Burt | 28 | SUPERFINS WA | 3:37.66 | 6 |
| | 49.66 | 1:44.50 (54.84) | 2:39.94 (55.44) | 3:37.66 (57.72) | |

Event 22 Men 30-34 200 LC Metre Freestyle

| | | | | | |
|---|----------------|-----------------|--------------------|-------------------|----|
| 1 | Radu Coicici | 33 | POWERPOINTS | 2:00.81 | 10 |
| | 26.93 | 56.95 (30.02) | 1:28.11 (31.16) | 2:00.81 (32.70) | |
| 2 | Mitchell Brown | 34 | GLAMOURHEAD SHARKS | 2:12.29 | 9 |
| | 29.29 | 1:02.54 (33.25) | 1:37.43 (34.89) | 2:12.29 (34.86) | |
| 3 | Ofir Kuberman | 34 | DONCASTER DOLPHINS | 2:21.78 | 8 |
| | 31.71 | 1:08.02 (36.31) | 1:44.70 (36.68) | 2:21.78 (37.08) | |
| 4 | Rhys Fisher | 31 | DEVONPORT DEVILS | 2:27.94 | 7 |
| | 33.55 | 1:10.84 (37.29) | 1:49.94 (39.10) | 2:27.94 (38.00) | |
| 5 | Geoffrey Keron | 32 | SUPERFINS WA | 3:47.18 | 6 |
| | 49.62 | 1:46.84 (57.22) | 2:46.08 (59.24) | 3:47.18 (1:01.10) | |

Event 22 Men 35-39 200 LC Metre Freestyle

| | | | | | |
|---|---------------|-----------------|------------------|-----------------|----|
| 1 | Justin Giles | 36 | GYMPIE GOLD FINS | 2:06.75 | 10 |
| | 27.65 | 58.73 (31.08) | 1:32.13 (33.40) | 2:06.75 (34.62) | |
| 2 | Mark McDonald | 37 | BLACKTOWN CITY | 2:57.98 | 9 |
| | 38.90 | 1:23.93 (45.03) | 2:11.00 (47.07) | 2:57.98 (46.98) | |
| 3 | Dylan Coop | 38 | SUPERFINS WA | 3:14.17 | 8 |
| | 42.76 | 1:31.79 (49.03) | 2:20.04 (48.25) | 3:14.17 (54.13) | |
| 4 | Nathan Curry | 38 | SUPERFINS WA | 3:29.85 | 7 |
| | 47.14 | 1:41.10 (53.96) | 2:35.08 (53.98) | 3:29.85 (54.77) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Men 35-39 200 LC Metre Freestyle)**

| | | | | | |
|---|-----------------|-----------------|-------------------|-------------------|---|
| 5 | Matthew Barndon | 38 | CARINE | 3:45.87 | 6 |
| | 50.69 | 1:47.70 (57.01) | 2:50.20 (1:02.50) | 3:45.87 (55.67) | |
| 6 | Gregory Black | 35 | SUPERFINS WA | 3:54.86 | 5 |
| | 50.02 | 1:48.50 (58.48) | 2:49.92 (1:01.42) | 3:54.86 (1:04.94) | |

Event 22 Men 40-44 200 LC Metre Freestyle

| | | | | | |
|---|------------------|-----------------|-----------------|-----------------|----|
| 1 | Sean Giuricin | 41 | TSA | 2:13.71 | 10 |
| | 29.83 | 1:02.45 (32.62) | 1:37.52 (35.07) | 2:13.71 (36.19) | |
| 2 | David Kellam | 43 | POWERPOINTS | 2:16.56 | 9 |
| | 30.62 | 1:05.49 (34.87) | 1:41.78 (36.29) | 2:16.56 (34.78) | |
| 3 | Daniel Lynch | 43 | BLACKTOWN CITY | 2:24.24 | 8 |
| | 32.42 | 1:08.78 (36.36) | 1:47.33 (38.55) | 2:24.24 (36.91) | |
| 4 | Joshua P Baker | 40 | NORTH SHORE | 2:24.37 | 7 |
| | 33.28 | 1:10.76 (37.48) | 1:48.49 (37.73) | 2:24.37 (35.88) | |
| 5 | Koe Davidson | 44 | POWERPOINTS | 2:50.70 | 6 |
| | 27.79 | | 2:09.92 () | 2:50.70 (40.78) | |
| 6 | Varant Jambazian | 41 | MERRYLANDS | 2:56.99 | 5 |
| | 39.63 | 1:25.46 (45.83) | 2:13.38 (47.92) | 2:56.99 (43.61) | |

Event 22 Men 45-49 200 LC Metre Freestyle

| | | | | | |
|---|-------------------------|-----------------|--------------------|-----------------|----|
| 1 | Louis Whant | 46 | PENRITH | 2:10.95 | 10 |
| | 30.48 | 1:03.90 (33.42) | 1:38.53 (34.63) | 2:10.95 (32.42) | |
| 2 | Christopher Worthington | 45 | MALVERN MARLINS | 2:14.89 | 9 |
| | 30.76 | 1:05.14 (34.38) | 1:40.78 (35.64) | 2:14.89 (34.11) | |
| 3 | Steven Vermey | 45 | PENRITH | 2:15.94 | 8 |
| | 31.79 | 1:06.46 (34.67) | 1:41.64 (35.18) | 2:15.94 (34.30) | |
| 4 | Kodie Webb | 46 | GLAMOURHEAD SHARKS | 2:28.10 | 7 |
| | 33.28 | 1:10.40 (37.12) | 1:49.70 (39.30) | 2:28.10 (38.40) | |
| 5 | Andrew Michelin | 47 | SAPPHIRE COAST | 2:35.97 | 6 |
| | 34.40 | 1:14.59 (40.19) | 2:35.97 (1:21.38) | | |

Event 22 Men 50-54 200 LC Metre Freestyle

| | | | | | |
|----|------------------|-------------------|---------------------|-------------------|----|
| 1 | Mark Preiss | 52 | AQUADOME OTTERS | 2:12.81 | 10 |
| | 30.73 | 1:04.45 (33.72) | 1:38.85 (34.40) | 2:12.81 (33.96) | |
| 2 | Bradley Halicek | 51 | BLACKTOWN CITY | 2:12.95 | 9 |
| | 29.46 | 1:02.49 (33.03) | 1:38.02 (35.53) | 2:12.95 (34.93) | |
| 3 | Trent Lawrence | 53 | PENRITH | 2:17.32 | 8 |
| | 30.47 | 1:06.14 (35.67) | 1:42.57 (36.43) | 2:17.32 (34.75) | |
| 4 | Damien Eyre | 51 | RIVERTON | 2:21.00 | 7 |
| | 33.47 | 1:09.91 (36.44) | 1:46.36 (36.45) | 2:21.00 (34.64) | |
| 5 | James Watson | 50 | SEASIDE PIRATES | 2:21.97 | 6 |
| | 31.92 | 1:08.84 (36.92) | 1:46.70 (37.86) | 2:21.97 (35.27) | |
| 6 | Matthew Dredge | 50 | SUTHERLAND SANDBERN | 2:29.88 | 5 |
| | 34.99 | 1:13.25 (38.26) | 2:29.88 (1:16.63) | | |
| 7 | Adrian Tonkin | 53 | DARWIN STINGERS | 2:34.06 | 4 |
| | 35.43 | 1:14.79 (39.36) | 2:34.06 (1:19.27) | | |
| 8 | Cameron Dawe | 53 | DARWIN STINGERS | 2:45.10 | 3 |
| | | 1:19.95 () | 2:04.05 (44.10) | 2:45.10 (41.05) | |
| 9 | Tony Burt | 54 | MALVERN MARLINS | 2:48.58 | 2 |
| | 38.14 | 1:21.21 (43.07) | 2:05.51 (44.30) | 2:48.58 (43.07) | |
| 10 | Jason Gronowicz | 50 | BLACKTOWN CITY | 2:59.28 | 1 |
| | 38.49 | 1:24.07 (45.58) | 2:12.16 (48.09) | 2:59.28 (47.12) | |
| 11 | Andrew Goldswain | 53 | SUPERFINS WA | 3:24.95 | 1 |
| | 50.32 | 1:44.46 (54.14) | 2:34.13 (49.67) | 3:24.95 (50.82) | |
| 12 | Phillip Smith | 54 | SUPERFINS WA | 5:18.49 | 1 |
| | 1:07.45 | 2:28.79 (1:21.34) | 3:51.67 (1:22.88) | 5:18.49 (1:26.82) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****Event 22 Men 55-59 200 LC Metre Freestyle**

| | | | | | | |
|---|-----------------|-----------------|-----------------------|-----------------|---------|----|
| 1 | Darren Turner | 58 | PENRITH | | 2:14.74 | 10 |
| | 31.85 | 1:06.46 (34.61) | 1:41.71 (35.25) | 2:14.74 (33.03) | | |
| 2 | Martin Banks | 56 | TSA | | 2:17.87 | 9 |
| | 30.93 | 1:05.95 (35.02) | 1:42.10 (36.15) | 2:17.87 (35.77) | | |
| 3 | Brett Davidson | 57 | POWERPOINTS | | 2:23.29 | 8 |
| | 33.47 | 1:09.90 (36.43) | 1:47.12 (37.22) | 2:23.29 (36.17) | | |
| 4 | Ian Pollock | 56 | DARWIN STINGERS | | 2:31.72 | 7 |
| | 33.34 | 1:11.95 (38.61) | 1:53.57 (41.62) | 2:31.72 (38.15) | | |
| 5 | Stephen Hawkins | 59 | WARRINGAH | | 2:34.55 | 6 |
| | 36.56 | 1:16.82 (40.26) | 1:56.66 (39.84) | 2:34.55 (37.89) | | |
| 6 | Arie Walker | 57 | SURREY PARK SEAHORSES | | 2:36.85 | 5 |
| | 35.96 | 1:16.36 (40.40) | 1:57.80 (41.44) | 2:36.85 (39.05) | | |
| 7 | Stephen Wills | 56 | RIVERTON | | 2:38.96 | 4 |
| | 36.41 | 1:16.03 (39.62) | 1:57.62 (41.59) | 2:38.96 (41.34) | | |
| 8 | Brett Roach | 55 | DARWIN BUFFALOS | | 2:50.66 | 3 |
| | 38.07 | 1:22.40 (44.33) | 2:07.56 (45.16) | 2:50.66 (43.10) | | |

Event 22 Men 60-64 200 LC Metre Freestyle

| | | | | | | |
|----|-------------------|-------------------|-----------------------|-------------------|---------|----|
| 1 | Matthew Vincent | 60 | GYMPIE GOLD FINS | | 2:19.73 | 10 |
| | 32.32 | 1:08.23 (35.91) | 1:44.67 (36.44) | 2:19.73 (35.06) | | |
| 2 | Scott Sugden | 61 | NORTH SHORE | | 2:32.54 | 9 |
| | 34.23 | 1:13.38 (39.15) | 1:53.73 (40.35) | 2:32.54 (38.81) | | |
| 3 | Mark Huggins | 63 | MALVERN MARLINS | | 2:32.84 | 8 |
| | 35.77 | 1:15.30 (39.53) | 1:54.96 (39.66) | 2:32.84 (37.88) | | |
| 4 | Peter Williamson | 61 | POWERPOINTS | | 2:33.34 | 7 |
| | 34.53 | 1:13.82 (39.29) | 1:53.39 (39.57) | 2:33.34 (39.95) | | |
| 5 | Anthony Dunne | 61 | CLAREMONT | | 2:36.17 | 6 |
| | 34.95 | 1:14.34 (39.39) | 1:54.98 (40.64) | 2:36.17 (41.19) | | |
| 6 | Nigel Dalton | 60 | NORTH MACKAY SINKERS | | 2:36.47 | 5 |
| | 34.70 | | 1:56.22 () | 2:36.47 (40.25) | | |
| 7 | Glen Walker | 63 | PENRITH | | 2:36.66 | 4 |
| | 36.88 | 1:18.02 (41.14) | 1:58.12 (40.10) | 2:36.66 (38.54) | | |
| 8 | Ronald Massaar | 64 | SUTHERLAND SANDBERN | | 2:40.91 | 3 |
| | 35.86 | 1:17.05 (41.19) | 1:58.90 (41.85) | 2:40.91 (42.01) | | |
| 9 | Simon Horan | 62 | MALVERN MARLINS | | 2:44.82 | 2 |
| | | | 2:01.07 () | 2:44.82 (43.75) | | |
| 10 | Robert Wilson | 62 | MORNINGTON PENINSULA | | 2:49.31 | 1 |
| | 37.45 | 1:21.05 (43.60) | 2:06.66 (45.61) | 2:49.31 (42.65) | | |
| 11 | Ian Phillips | 64 | SURREY PARK SEAHORSES | | 2:49.56 | 1 |
| | 39.79 | 1:23.85 (44.06) | 2:08.96 (45.11) | 2:49.56 (40.60) | | |
| 12 | Tony Tooher | 62 | WARRINGAH | | 2:51.76 | 1 |
| | 39.54 | 1:23.90 (44.36) | 2:09.63 (45.73) | 2:51.76 (42.13) | | |
| 13 | Richard Hughes | 62 | CLAREMONT | | 2:56.96 | 1 |
| | 40.45 | 1:26.79 (46.34) | 2:13.67 (46.88) | 2:56.96 (43.29) | | |
| 14 | Daniel Stampa | 64 | NORTH MACKAY SINKERS | | 2:57.04 | 1 |
| | 39.37 | 1:25.22 (45.85) | 2:12.12 (46.90) | 2:57.04 (44.92) | | |
| 15 | David Cowie | 63 | POWERPOINTS | | 2:57.94 | 1 |
| | 39.90 | 1:25.64 (45.74) | 2:12.44 (46.80) | 2:57.94 (45.50) | | |
| 16 | Andrew McCrindell | 61 | RYDE | | 3:03.58 | 1 |
| | 42.37 | 1:29.94 (47.57) | 2:18.17 (48.23) | 3:03.58 (45.41) | | |
| 17 | John Fisher | 61 | PENRITH | | 3:17.75 | 1 |
| | 45.75 | 1:37.56 (51.81) | 2:29.24 (51.68) | 3:17.75 (48.51) | | |
| 18 | Gordon Simpson | 64 | GIPPSLAND FLIPPERS | | 4:39.68 | 1 |
| | 58.70 | 2:13.20 (1:14.50) | 3:27.16 (1:13.96) | 4:39.68 (1:12.52) | | |

Event 22 Men 65-69 200 LC Metre Freestyle

| | | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|----|
| 1 | Paul Blackbeard | 66 | CLAREMONT | | 2:19.21 | 10 |
| | 31.78 | 1:07.01 (35.23) | 1:43.19 (36.18) | 2:19.21 (36.02) | | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Men 65-69 200 LC Metre Freestyle)**

| | | | | | |
|----|--------------------|-------------------|---------------------|-------------------|---|
| 2 | John Papple | 65 | DARWIN STINGERS | 2:39.80 | 9 |
| | 35.61 | 1:15.54 (39.93) | 1:58.22 (42.68) | 2:39.80 (41.58) | |
| 3 | Hobe Horton | 67 | MIAMI | 2:41.94 | 8 |
| | 36.13 | 1:17.86 (41.73) | 2:01.27 (43.41) | 2:41.94 (40.67) | |
| *4 | Dieter Machate | 65 | INDONESIA | 2:43.12 | 7 |
| | 36.19 | 1:18.61 (42.42) | 2:00.92 (42.31) | 2:43.12 (42.20) | |
| *4 | Keith Bourdon | 67 | WARRINGAH | 2:43.94 | 7 |
| | 37.01 | 1:20.13 (43.12) | 2:03.91 (43.78) | 2:43.94 (40.03) | |
| 5 | Owen Sinden | 69 | BLACKTOWN CITY | 2:47.43 | 6 |
| | 39.55 | 1:22.99 (43.44) | 2:06.61 (43.62) | 2:47.43 (40.82) | |
| 6 | Stephen de Lorenzo | 68 | PENRITH | 2:48.00 | 5 |
| | 38.31 | 1:21.89 (43.58) | 2:06.76 (44.87) | 2:48.00 (41.24) | |
| 7 | Charles Williams | 65 | GLAMOURHEAD SHARKS | 2:57.61 | 4 |
| | 39.26 | 1:25.54 (46.28) | 2:13.91 (48.37) | 2:57.61 (43.70) | |
| 8 | Peter Clements | 65 | ADELAIDE | 3:09.38 | 3 |
| | 43.02 | 1:30.80 (47.78) | 2:19.98 (49.18) | 3:09.38 (49.40) | |
| 9 | Anthony Horadam | 67 | BLACKTOWN CITY | 3:10.08 | 2 |
| | 43.79 | 1:32.66 (48.87) | 2:21.36 (48.70) | 3:10.08 (48.72) | |
| 10 | Sjaak Verschoor | 67 | COOGEE-RANDWICK | 3:16.89 | 1 |
| | 43.07 | 1:31.92 (48.85) | 2:24.57 (52.65) | 3:16.89 (52.32) | |
| 11 | Michael O'Donnell | 69 | DARWIN STINGERS | 3:29.67 | 1 |
| | 44.98 | 1:35.87 (50.89) | 2:32.43 (56.56) | 3:29.67 (57.24) | |
| 12 | Michael Doran | 67 | LAUNCESTON LEMMINGS | 3:45.37 | 1 |
| | 47.63 | 1:47.32 (59.69) | 2:48.34 (1:01.02) | 3:45.37 (57.03) | |
| 13 | Anthony Gallagher | 69 | WARRINGAH | 4:03.57 | 1 |
| | 50.26 | 1:51.64 (1:01.38) | 2:58.88 (1:07.24) | 4:03.57 (1:04.69) | |
| 14 | Rick Cleveland | 67 | LAUNCESTON LEMMINGS | 4:27.66 | 1 |
| | 54.68 | 2:03.43 (1:08.75) | 3:16.17 (1:12.74) | 4:27.66 (1:11.49) | |

Event 22 Men 70-74 200 LC Metre Freestyle

| | | | | | |
|----|--------------------|-------------------|-----------------------|-------------------|----|
| 1 | Ian Young | 72 | MARION | 2:37.28 | 10 |
| | 35.93 | 1:15.56 (39.63) | 1:56.20 (40.64) | 2:37.28 (41.08) | |
| 2 | Anthony Curran | 71 | ETTALONG PELICANS | 2:38.21 | 9 |
| | 36.90 | 1:17.47 (40.57) | 1:57.69 (40.22) | 2:38.21 (40.52) | |
| 3 | Stuart Ellicott | 72 | NORTH SHORE | 2:43.75 | 8 |
| | 36.59 | 1:17.93 (41.34) | 2:01.44 (43.51) | 2:43.75 (42.31) | |
| 4 | Don Taylor | 74 | TOOWOOMBA | 2:53.99 | 7 |
| | 40.61 | 1:25.38 (44.77) | 2:10.89 (45.51) | 2:53.99 (43.10) | |
| 5 | Shane Austin | 70 | SURREY PARK SEAHORSES | 3:05.97 | 6 |
| | 42.07 | 1:30.89 (48.82) | 2:20.35 (49.46) | 3:05.97 (45.62) | |
| 6 | David Tarran | 74 | LANE COVE | 3:15.10 | 5 |
| | 43.93 | 1:36.22 (52.29) | 2:28.78 (52.56) | 3:15.10 (46.32) | |
| 7 | Andrew Prendergast | 74 | MORNINGTON PENINSULA | 3:15.91 | 4 |
| | 41.95 | 1:33.45 (51.50) | 2:26.36 (52.91) | 3:15.91 (49.55) | |
| 8 | Jim Milne | 70 | YARRA ROUGHIES | 3:18.13 | 3 |
| | 41.00 | 1:29.40 (48.40) | 2:23.05 (53.65) | 3:18.13 (55.08) | |
| 9 | Charles Croft | 74 | ARMADALE | 3:28.28 | 2 |
| | 46.97 | 1:39.64 (52.67) | 2:34.43 (54.79) | 3:28.28 (53.85) | |
| 10 | Ian Johnston | 72 | MERRYLANDS | 3:46.13 | 1 |
| | 48.54 | 1:46.69 (58.15) | 2:47.49 (1:00.80) | 3:46.13 (58.64) | |
| 11 | Ross Hall | 71 | MANLY | 4:41.11 | 1 |
| | 1:00.03 | 2:13.31 (1:13.28) | 3:29.11 (1:15.80) | 4:41.11 (1:12.00) | |

Event 22 Men 75-79 200 LC Metre Freestyle

| | | | | | |
|---|--------------|-----------------|-----------------|-----------------|----|
| 1 | Graham Croft | 76 | CLAREMONT | 2:41.91 | 10 |
| | 36.83 | 1:19.03 (42.20) | 2:02.29 (43.26) | 2:41.91 (39.62) | |
| 2 | Gerry Tucker | 75 | MALVERN MARLINS | 2:47.66 | 9 |
| | 38.90 | 1:23.27 (44.37) | 2:07.60 (44.33) | 2:47.66 (40.06) | |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Event 22 Men 75-79 200 LC Metre Freestyle)**

| | | | | | |
|----|------------------|-----------------|----------------------------|-------------------|---|
| 3 | Trevor Skinner | 76 | MALVERN MARLINS | 2:56.91 | 8 |
| | 41.51 | 1:28.29 (46.78) | 2:14.43 (46.14) | 2:56.91 (42.48) | |
| 4 | Rod Clarke | 78 | DONCASTER DOLPHINS | 3:03.12 | 7 |
| | 39.87 | 1:24.19 (44.32) | 2:13.78 (49.59) | 3:03.12 (49.34) | |
| 5 | Michael Ferguson | 76 | LANE COVE | 3:03.55 | 6 |
| | 41.72 | 1:29.31 (47.59) | 2:18.54 (49.23) | 3:03.55 (45.01) | |
| 6 | John Gamlen | 77 | TEA TREE GULLY KINGFISHERS | 3:05.35 | 5 |
| | 41.22 | 1:28.62 (47.40) | 2:17.11 (48.49) | 3:05.35 (48.24) | |
| 7 | Peter Lord | 77 | SURREY PARK SEAHORSES | 3:24.60 | 4 |
| | 45.92 | 1:39.58 (53.66) | 2:35.36 (55.78) | 3:24.60 (49.24) | |
| 8 | Ewen Templeton | 76 | DONCASTER DOLPHINS | 3:29.19 | 3 |
| | 49.13 | 1:44.24 (55.11) | 2:36.92 (52.68) | 3:29.19 (52.27) | |
| 9 | John Bell | 77 | CARINE | 3:30.50 | 2 |
| | 47.48 | 1:40.83 (53.35) | 2:36.73 (55.90) | 3:30.50 (53.77) | |
| 10 | Trevor Mathews | 79 | NOOSA | 3:46.45 | 1 |
| | 46.37 | 1:41.59 (55.22) | 2:42.87 (1:01.28) | 3:46.45 (1:03.58) | |

Event 22 Men 80-84 200 LC Metre Freestyle

| | | | | | |
|---|-----------------|-------------------|----------------------|-------------------|----|
| 1 | Tony Forman | 80 | HOBART AQUATIC | 3:15.78 | 10 |
| | 43.94 | 1:36.21 (52.27) | 2:28.25 (52.04) | 3:15.78 (47.53) | |
| 2 | Michael Peedom | 80 | TUGGERANONG | 3:23.32 | 9 |
| | 45.51 | 1:38.98 (53.47) | 2:34.10 (55.12) | 3:23.32 (49.22) | |
| 3 | David Craig | 80 | WARRINGAH | 4:09.36 | 8 |
| | 50.60 | 1:53.79 (1:03.19) | 3:01.08 (1:07.29) | 4:09.36 (1:08.28) | |
| 4 | Trevor Reynolds | 83 | BELGRAVIA | 4:16.78 | 7 |
| | 51.60 | 1:58.88 (1:07.28) | 3:07.41 (1:08.53) | 4:16.78 (1:09.37) | |
| 5 | Geoff Robinson | 84 | NORTH MACKAY SINKERS | 4:48.75 | 6 |
| | 1:03.56 | 2:19.26 (1:15.70) | 3:35.84 (1:16.58) | 4:48.75 (1:12.91) | |
| 6 | Graham Campbell | 80 | WARRINGAH | 5:06.82 | 5 |
| | 1:07.65 | 2:28.54 (1:20.89) | 3:49.52 (1:20.98) | 5:06.82 (1:17.30) | |

Event 22 Men 90-94 200 LC Metre Freestyle

| | | | | | |
|---|---------------|-------------|-------------------|-------------------|----|
| 1 | Peter Couttie | 94 | MALVERN MARLINS | 7:23.91 | 10 |
| | | 3:44.99 () | 5:37.37 (1:52.38) | 7:23.91 (1:46.54) | |

Event 22 Men 95-99 200 LC Metre Freestyle

| | | | | | |
|---|----------------|-------------------|-------------------|-------------------|----|
| 1 | Charles Renner | 96 | MELVILLE | 5:47.89 | 10 |
| | 1:14.98 | 2:46.82 (1:31.84) | 4:19.99 (1:33.17) | 5:47.89 (1:27.90) | |

Combined Team Scores**Combined Team Scores - Through Event 22**

| | | | | | |
|-----|----------------------|------|-----|-----------------------|------|
| 1. | Darwin Stingers | 1792 | 2. | Claremont | 1524 |
| 3. | Blacktown City | 1434 | 4. | Powerpoints | 1098 |
| 5. | Malvern Marlins | 1071 | 6. | Penrith | 822 |
| 7. | Tsa | 815 | 8. | Doncaster Dolphins | 786 |
| 9. | Glamourhead Sharks | 773 | 10. | Superfins WA | 704 |
| 11. | Mornington Peninsula | 651 | 12. | Warringah | 649 |
| 13. | North Shore | 535 | 14. | Miami | 520 |
| 15. | Darwin Buffalos | 401 | 16. | Surrey Park Seahorses | 399 |
| 17. | Sutherland Sandbern | 395 | 18. | Tuggeranong | 372 |
| 19. | Noosa | 345 | 20. | Seaside Pirates | 306 |
| 21. | Gympie Gold Fins | 292 | 22. | Belgravia | 285 |
| 23. | Manly | 273 | 24. | Ettalong Pelicans | 271 |
| 25. | Hobart Dolphins | 242 | 26. | Rockingham | 223 |
| 27. | Phoenix | 207 | 28. | Gippsland Flippers | 176 |
| 29. | Merrylands | 174 | 30. | Hobart Aquatic | 167 |

2024 MSA Nationals Championships - 3/05/2024 to 7/05/2024**Results****(Combined Team Scores)**

| | | | |
|--------------------------------|-----|----------------------------------|-----|
| 31. Blue Mountains Phoenix | 160 | 32. River City | 156 |
| 33. Beatty Park | 149 | 34. Ryde | 145 |
| 35. North Mackay Sinkers | 138 | 36. Adelaide | 136 |
| 37. Marion | 134 | 38. Toowoomba | 128 |
| 39. Nightcliff | 118 | 40. Genesis Aquatics | 116 |
| 41. Mandurah | 112 | 42. Melville | 111 |
| 43. Brunswick Belugas | 110 | 44. Bunna-barra | 107 |
| 45. Cotton Tree | 102 | 46. Rackley Swim Team | 98 |
| 47. Townsville Aquaholics | 91 | 48. Devonport Devils | 82 |
| 49. UniSA | 80 | 49. North Sydney | 80 |
| 51. Riverton | 79 | 52. Noarlunga | 75 |
| 53. Tea Tree Gully Kingfishers | 73 | 54. Bold Park | 69 |
| 54. Lane Cove | 69 | 56. The University of Queensland | 68 |
| 56. Cockburn | 68 | 58. Carine | 62 |
| 59. Rats of Tobruk | 60 | 60. Coogee-Randwick | 59 |
| 61. Oak Flats | 56 | 62. Laverton Wyndham Aquatics | 53 |
| 63. Perth City | 52 | 63. Singapore | 52 |
| 65. Port Macquarie | 51 | 66. Sapphire Coast | 48 |
| 67. Launceston Lemmings | 45 | 67. United States of America | 45 |
| 69. Aquadome Otters | 44 | 70. Indonesia | 43 |
| 70. New Zealand | 43 | 72. Goulburn Valley Crocs | 40 |
| 73. Molonglo Water Dragons | 39 | 74. Guildford and Kalamunda | 37 |
| 74. Armadale | 37 | 76. Myall | 36 |
| 77. Yarra Roughies | 35 | 78. Beerwah | 29 |
| 79. Northern | 25 | 80. Casey Seals | 24 |
| 81. Swim West | 22 | 82. Tattersalls Club | 19 |
| 82. Ipswich City | 19 | 84. Germany | 17 |
| 85. Barbarians | 15 | 86. Sunshine Coast | 10 |
| 87. Atlantis | 7 | 88. Hervey Bay | 3 |